

# THE NATIONAL SAMPLE SURVEY

TWENTYSIXTH ROUND : JULY 1971—JUNE 1972

NUMBER 238

VOLUME I

CALORIE AND PROTEIN VALUES OF FOOD ITEMS  
CONSUMED PER DIEM PER CONSUMER UNIT  
IN RURAL AREAS



*Issued by*

NATIONAL SAMPLE SURVEY ORGANISATION

DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING

GOVERNMENT OF INDIA

*This report was prepared by the NSS Organisation under the guidance of the Governing Council for NSS Organisation. The views contained in the report are not necessarily those of the Government of India.*

## FOREWORD

In response to a request from the Food and Agriculture Organisation of the United Nations (FAO-UN) for their project to collect information on levels of food consumption in different countries, National Sample Survey Organisation (NSSO) took up the tabulation of NSS consumer expenditure data for providing estimates of calorie intake of the people of different states of India from the information on quantity of different food items available in NSS schedule of enquiry on consumer expenditure. The results were based on the consumer expenditure survey of the NSS twentysixth round (July 1971—June 1972).

The results presented are (a) average calorie and protein intake per consumer unit per day and (b) percentage of total calorie intake per consumer unit under different food groups. These results are shown for groups of households classified by levels of calorie intake per consumer unit per day and per capita monthly expenditure classes. The results for the rural and urban areas of each state and union territory were brought out in a series of brochures. The complete set of results is now being published in two volumes : Volume I contains the technical details of the survey, the procedure adopted in deriving the results presented in the report and the results for rural areas and Volume II contains the corresponding results for urban areas.

The Sample design and schedule of enquiry were prepared by the Survey Design and search Division (SDRD) of the NSSO. The field work of the survey was done by the Field Operations Division (FOD). Processing of the data was done by the Data Processing Division (DPD) of NSSO.

Drafting of the report was the responsibility of Shri S. Sengupta, Deputy Director of the SDRD. S/Shri B. R. Panesar, D. Pant, A. B. Roy Chowdhury, Deputy Directors, M. T. Jacob, M. Bhattacharyya, N. R. Dhar, N. N. Sarkar, S. Ghosal, Assistant Directors, of the DPD were in technical charge of preparation of end results. The overall supervision was done by S/Shri K. Prasad, S. N. Das, A. K. Mukherjee and A. Maitra in preparation of punched cards. F. M. Rao, K. C. Poddar and N. K. Dey in machine tabulation and A. K. Chaudhury, S. Palit, G.R. Vernwal in computation work. But for the strenuous efforts of these officer, this work which was taken up in addition to the normal tabulation load could not have been completed within a reasonable time. Shri Nisith Chowdhury, Asstt. Superintendent helped in scrutinising the end results and Shri A. Roy did the typing of the report.

New Delhi,  
*Dated the 12th November, 1976.*

V. M. DANDEKAR,  
Chairman, Governing Council for  
National Sample Survey Organisation.

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