

# REPORT OF AN EXPERT COMMITTEE ON THE WORK OF PSYCHOLOGISTS AND PSYCHIATRISTS IN THE **SERVICES**

LONDON: HIS MAJESTY'S STATIONERY OFFICE 1947

TWO SHILLINGS NET

## PRIVY COUNCIL OFFICE

# REPORT OF AN EXPERT COMMITTEE ON THE WORK OF PSYCHOLOGISTS AND PSYCHIATRISTS IN THE SERVICES

Crown Copyright Reserved

LONDON: HIS MAJESTY'S STATIONERY OFFICE

1947

## **FOREWORD**

- (1) In 1942 His Majesty's Government appointed an Expert Committee to investigate and appraise the work of psychologists and psychiatrists in the Services and to consider its application to other purposes. The Report of this Expert Committee is now published, since it is felt that it may be of general interest.
- (2) The Government is not necessarily committed to all the conclusions or recommendations of the Report; but they have been fully studied and have been implemented in considerable measure.
- (3) Since the Report was written, a great deal of psychological and psychiatric work has been done in all Services, and surveys are now being undertaken to decide whether further material, including much of the evidence on which the Report was based, could usefully be published.

PRIVY COUNCIL OFFICE.

March, 1947.

## **CONTENTS**

| 1.           | INTRODUCTION .                                  | •      | •         | •                | •        |            | •          | <b>a</b> . | •              | GRAPHS<br>1-5      |
|--------------|---|--------|-----------|------------------|----------|------------|------------|------------|----------------|--------------------|
| II.          | SERVICE PSYCHO                                  |        |           | . <sub>F</sub> , |          | •          |            |            |                |                    |
|              | (a) The scope of psyc                           | _      |           | <br>. 1          | •        | , •        | •          | •          | •              | 6-10               |
|              | (b) Service application                         |        |           |                  |          | •<br>1     | -1         |            | *;             | 11-16              |
| ,            | (c) The training of au (d) Service use of oth   |        |           |                  | psycho   | logic      | ai wo      | rk.        | •              | 17–19              |
|              | (e) Psychology in the                           |        |           |                  | · • , ,  | •          | •          | •          | , <del>-</del> | 20<br>21           |
|              | (f) Special considera                           |        |           | 11119            | • .      | *          | • . •      | •          | •              | 22-24              |
|              |   |        | *-        |                  | • • •    | • .        | •          | •          | •              |                    |
| III.         | SERVICE PSYCHIA                                 |        |           |                  | •        |            | •          | •          | •              | 25                 |
|              | (a) The scope of psyc                           |        |           |                  |          |            | vices      | •          | •              | 26-28              |
|              | (b) Psychiatric proble                          |        |           |                  |          | •          | •          | •          | •.             | 29-30              |
|              | (c) The sphere of Ser                           |        |           |                  | •        | <i>;</i> • |            | • ,        | •.             | 31–35              |
|              | (d) The magnitude of                            |        |           |                  |          | •,         | •          |            | •              | 36-43              |
|              | (e) Special training o                          |        |           |                  |          |            |            | •          |                | 44                 |
| •            | (f) The psychiatric tra                         | _      | •         | -                |          |            |            |            |                |                    |
|              | (g) Psychiatry and psy                          |        |           |                  | _        | •          |            | 1 Setai    | æ.             | 46                 |
|              | (h) Psychiatry in the                           | armed  | lorce     | S OI C           | omer c   | ounti      | nes        | •          | •              | 47–48              |
| IV.          | DEVELOPMENTS I<br>OF MEN AND WOR<br>PRESENT WAR |        | _         |                  |          |            |            | _          | _              | i<br>49-56         |
| **           | CONCRETEDIONS AN                                |        |           | 43.4T            | NITS A C | PT ( ) 1   | -          |            |                |                    |
| ٧.           | CONCLUSIONS AN                                  |        | ECON      | ME!              | NDAT     | NOI        | <b>S</b> — |            |                | <i>55</i> .50      |
|              | (a) Work of Psycholo                            | _      | •         | •                | •        | •          | •          | •          | •              | 57-58              |
|              | (b) Work of Psychiat                            | rists  | •         | •                | •        | •          | •          | •          | •              | 59 <del>-6</del> 0 |
| VI.          | CONCLUDING NO                                   | TE     | •         | •                | •        | •          | • '        | •          | •              | 61                 |
|              |   | LIST   | OF A      | PPEN.            | DICES    |            |            |            |                | ,                  |
| APPE         | NDIX '  |        |           |                  |          |            |            |            |                | PAGE               |
|              | Prefatory Note .                                |        |           |                  | •        | •          | •          |            | •              | 23                 |
| Į.           | Service Psychology                              |        |           |                  |          |            |            | •          |                | 23                 |
| II.          | Service Psychiatry                              | •      | •         | •                | •        |            | •          | •          |                | 45                 |
| III.         | Sources and Reference                           | es     | •         |                  | :        | •          | •          | •          | •              | 74                 |
| . <b>IV.</b> | List of agencies which logical work for the     |        |           |                  | or are   | _          | _          | n psycl    | ho-            | 82                 |
| V.           | Stages of aircrew sel-<br>referring cases to    |        |           |                  |          |            |            | nents      | for            | 83                 |
| 377          | Military and history ha                         |        | a a k a L | اد م             | of NI -  | L          | aa 104     | 12 /T~L    | مما            |                    |
| VI.          | Military psychiatric ho                         | spital | s at th   | ena.             | 01 140   | vemo       | CT 174     | is (180    | )168           | - 86               |

|        | Recommendations for disposal of general servi, intake referred to Army psychiatrists (Table 7).   |
|--------|---|
| 1      | Recommendations for disposal of cases referred to psychiatrists at Army Selection Centres (Table 8)   |
|        | Recommendations by Army psychiatrists for disposal of outpatients (Table 9)   |
|        | Recommendations by Army psychiatrists for disposal of in-<br>patients (Table 10)  |
| VШ.    | Recommendations for disposal of aircrew at N.Y.D.N. Centres (Table 11)  |
|        | Recommendations for disposal of airmen and W.A.A.F. at N.Y.D.N. Centres (Table 12)  |
| -      | Predisposition in relation to disposal of flying personnel (Table 13) Flying stress in relation to disposal of flying personnel (Table 14). |
| IX.    | Admission and disposal of Service cases at E.M.S. Neurosis Centres (Tables 15 and 16)   |
| Χ.     | Extracts from the Report of the Southborough Committee (1922) on "Shell-Shock"  |
| List o | of Abbreviations .  |
|        | Note.—The numbers in brackets in the text refer to the Sources  |