

THE HEALTH OF THE PEOPLE

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by

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HEALTH IS ONE OF our most cherished possessions. Like most precious things in life, its true value is not appreciated until it is lost. Unfortunately, we are not then in the best position to obtain the best provisions for regaining it. The patient stricken down with tuberculosis, panting with asthma and bronchitis, or bedridden with heart trouble is not the best protagonist for an improved health service. If human suffering, agony and sickness are to be relieved, then the healthy must take an interest before sickness overtakes them.

This book is dedicated to those among the healthy who are striving to improve the conditions of the treatment of the sick.