ECONOMIC LIFE IN A MALABAR VILLAGE

itudy in Indian Rural Economic Organization

BY

S. SUBBARAMA AIYAR, M.A., Dip. Econ.

Gokhale Prizeman Research Scholar, University of Madras or Lecturer in Economics, Madras Christian College

WITH

A FOREWORD

BY

GILBERT SLATER, M.A., D.Sc.

Professor of Indian Economics, University of Madras (1916-21)

BANGALORE CITY
THE BANGALORE PRINTING & PUBLISHING CO., LTD.

PRINTED AT THE BANGALORE PRESS, MYSORE ROAD, BANGALORE CITY 1925

(All Rights Reserved)

To My Gurus

E. M. M.

and

G. S.

X9(1, 1)123. 1 X9(1, 1)123. 1

CONTENTS

				PAGES
Foreword	• •••	•••	•••	i—vi
PREFACE	• •••	•••	•••	viiviii
CHAPTER I.	The Backgroun	nd	•••	1—14
" II.	Land Tenures	•••	•••	15—28
" III.	Holdings and A	Areas of C	Cultivation	ı 28— 37
,, IV.	Crops, Cultivat	ion, Vege	tation	3756
" V.	Agricultural In	nplements	and Stoc	k 5660
, VI.	Credit and Ind	ebtedness		61—76
" VII.	Workmen and	Wages	•••	77–129
" VIII.	Wealth and W	elfare		130-160
APPENDIX TO	CHAPTER IV	•••		161-165
Appendix B	•••	•••	•••	166–168
INDEX				169-175

FOREWORD.

IT was in January 1916, when I took up my duties as Professor of Indian Economics in the University of Madras, that I first made the acquaintance of Mr. S. Subbarama Iyer, then an under-graduate student in the Madras Christian College. He was perhaps the most conspicuous of those who took up with enthusiasm my suggestion that the study of Indian Economics should begin in the Indian villages, and that each student should set himself to master the economic facts and to study the economic problems of his own village during his University vacations. Since then I have followed with interest Mr. Subbarama Iyer's career and have noted the unfailing diligence and enthusiasm with which he has pursued this line of investigation.

The part of India to which Mr. Subbarama Iver belongs by birth, though by descent he belongs to the Tamil country on the other side of India, is one of extraordinary beauty and interest. The tropical sun and the unfailing rains of the south-west monsoon make Malabar a natural garden of extraordinary fertility. The little State of Cochin which occupies a central position on the south-west coast, dividing Travancore on the south from British Malabar on the north. with an area of only 1,479 square miles, of which much is rugged and rocky hill-side, and a good deal is unexploited jungle, yet has a population of 900,000, although it is destitute of mining industries and large scale manufacture, and even its port, the town of Cochin, is outside the State and in British territory. Practically the whole of this dense population may be described as being either directly, or at one remove only, dependent on agriculture. And yet the visitor sees no obvious evidence of any meticulous care to cultivate every possible cultivable plot.

To the sociologist the Malabar country is a veritable museum. Even more than that of other parts of India,

Malabar social life has a property analogous to that of the sands of Egypt, of retaining free from decay every ancient custom which has ever existed there. I remember, for example, visiting a Nair house in the town of Trichur. Inside the house I was received by an young lady highly educated in English, French and Music, and made the acquaintance of a twelve-year old boy studying Algebra with a tutor. In the garden outside there was a cobra shrine to which still a Nambudri Brahman came regularly to do puja to the cobras, perpetuating one of the most ancient and primitive forms of religious observances to be found on the face of the earth. It is impossible in Malabar, if it is possible anywhere, to disentangle the economic, religious and sociological aspects of the life of the people, and reserve each aspect for special study. Thus one of the dominant facts, both from the economic and from the sociological point of view in Malabar, is the Marumakkattayam system of inheritance. Its origin appears obvious. When first in those countries which were the earliest pioneers in settled industry and civilization, Egypt, Babylonia and India, human beings endeavoured to supplement the precarious spoils of the chase by growing crops of wheat or rice, it was the women who dug and hoed the land. The most ancient law of inheritance is that man's tools are inherited by boys and woman's tools by girls. Hence cultivated land as woman's tool, among those pioneers in agriculture who entered the agricultural stage direct from the hunting stage and not through an intermediate pastoral stage, naturally passed from mother to daughter. With increase of population the relative importance of agriculture increased, and that of hunting decreased, until the stage was reached in which property in cultivated land was the important form of property, and this was owned by families based on kinship on the mother's side.

In Babylonia and in Egypt this institution, which has been given the question-begged name of *Matriarchate*, disappeared under the influence of conquest by or war against

pastoral tribes; and in fact it is an unstable institution, which can only last under conditions of undisturbed equilibrium. But Malabar is peculiarly protected by mountains, jungles and the sea, and until the Portuguese came was exempt from foreign conquest. Hence in Malabar we find still living a vigorous form of social organization which perished in Egypt and Babylonia thousands of years ago. To what extent does it deserve to be called Matriarchate? The term we find is not altogether inappropriate. titular head of the family or Tarvad is the eldest woman 1, but the actual administration of the family property is the hands of some male member of the family, usually the eldest man. The women enjoy, a igh degree of fre edom and social equality with me in. The yeng Nair gir i, who is married by her mother usually at the age or a_ to some stranger who may be paid a rupee for taking part in the ceremony, ordinarily never sees her titular husband again, but is entitled to bestow her favours upon any one of the lovers who court her for as long as she pleases, and when she chooses is free to transfer her affections to another. subject only to the rules that she must be content with one mate at a time, and the favoured lovers must all be either of her own caste or of a higher caste. All her children, whatever their paternity, are entitled to maintenance from the family property, and her daughters transmit the same right to their children. Naturally therefore in their very bearing the Nair women evince an exceptional spirit of independence and self-respect; naturally also they show exceptional readiness to avail themselves of new facilities for education.

Economically the *Marumakkattayam* system of inheritance tends to a high rate of natural increase, and to the multiplication of a class of young men who may be described as very poor gentlemen. The family tends to increase in numbers in excess of the resources of the family property, but the young men are not trained to labour, and if they have to labour they prefer to do so far away from their

native villages. Hence the Malayali is scattered over India, occupying a great variety of positions, from high offices of State to service in the cheap refreshment rooms known as "coffee hotels".

Another institution also of fundamental importance, both economically and sociologically, is the intense demarcation of castes which prevails in Malabar and the fact that those who by their manual labour mainly support the population are untouchables. The fact that the caste system is more highly developed and is more rigid in Malabar than in any other part of India, is, by the way, a convincing though disregarded disproof of the common theory that caste arose through successive conquests of the Indian plains by invaders penetrating through the north-vest passes.

Though naturally protected against foreign conquest or dominance, Malabar is also very fairly situated for commercial contact with the rest of the world. The backwaters and the regularity of the winds, which during several months in a year give Malabar a sheltered shore, combined with a great abundance of fish, made this coast, like that of Norway, and the Greek and Malaysian archipelagos, one of the world's schools for the first elements of navigation; and the Cromlechs and Kist-Vaens of Cochin show that contact by seatrade with distant countries long preceded the first dawn of history. Perhaps there has never been a time ever since in which there has not been some sort of trade by sea between Malabar and Mesopotamia. The Palghat gap again, between the high tablelands of the Nilgiris on the north and the Palnis on the south, gives an easy means of communication with the Karnatic plains. Among the sociological legacies of this ancient intercourse is the church of the Syrian Christians, who claim that their church was founded by the Apostle Thomas, and there is good evidence to show that it must at least be nearly as ancient as this claim would assert; and the community of Jews of Cochin who were settled there at a still earlier period, though their tradition that their settlement took place in the days of king Solomon can hardly be accepted.

The pepper of Malabar has been for centuries one of the great stimulants to European mercantile enterprise; and to-day harbour works are in progress, which will enable ocean-going ships to sail over the bar and enter the great sheltered harbour that lies between the towns of Cochin and Ernaculam. But while thus in touch with the trade and civilization of the world, Malabar still has, in such castes as the Nayadis, some of the most savage and primitive folk in the world; and the Veddahs of Travancore, like those of Ceylon, nest like birds in the trees.

Hence society in Malabar is extraordinarily complex, and this complexity is reproduced, as Mr. Subbarama Iyer has shown, even in individual villages.

The essential economic problem of this country may perhaps be stated paradoxically as resulting from the fact that there is little recognition among the people of such a thing as an economic problem. One caste, it is true, has recognized in its institution the economic aspect of life, and solved the economic problem in a very efficient way. The Nambudri Brahmans exercise social domination over other castes; they also hold definite rights of ownership over the land; they effectively guard against impoverishment by the rigid rule that only the eldest son in each family may marry. The younger sons court Nair women, and their children are maintained by the Nair Tarvads. But so far as the other castes are concerned they live according to hereditary customs and by their hereditary occupations, taking little care for the morrow; and when they become too numerous for support even by the extreme bounty of Nature in their own land, they betake themselves to other countries, near or distant, to sink or swim in the current of But age-long custom is giving way under the pressure of present-day necessity and external influences. Tarvads frequently break up. There is a tendency for Nairs to enter into permanent monogamous marriages. Many a Nair father insists upon leaving property to his own sons and himself providing for their future; and even the depressed and untouchable castes are now beginning to insist on being treated as human beings and to claim access to schools and markets, and to the unrestricted use of the public roads. The past of Malabar is full of mystery; but the future is equally full of interest and uncertainty.

GILBERT SLATER.

PREFACE.

THIS book aims at describing the essential features of economic life in rural Malabar. Dr. Harold Mann has familiarized us with the method of making an intensive survey of the economic conditions of a single village. A similar survey, with some modifications, of a typical village, Nelluvaya in the northern-most Taluk of the Cochin State, where paddy is the principal crop of cultivation, is embodied in this volume.

Too much emphasis, however, should not be laid on the conditions of a particular village however typical it may appear to be for some purposes. It is well-known that in India locality is not the unifying bond of organization, but kinship and caste with which is associated occupation as well. Again, it is not true that the "village system", as loosely used by some writers, was at any time economically self-sufficient; inter-village and, in some cases, inter-provincial movements of goods were quite well-known. A village producing paddy, for instance, may depend on other neighbouring villages for cloth, oil, chillies, salt and other articles of necessaries, comforts and luxuries of life which were usually produced by hereditary castes of workers who tended to congregate in convenient centres of trade from where peddlers used to go round hawking the commodities from door to door.

It is necessary, therefore, to take a wider sweep in our investigations and naturally attention is mainly paid to conditions in the Cochin State in which our village is situated. But the general description, in all essential points, applies to conditions in the rest of Malabar. In several parts of Travancore, the southern Taluks of the Cochin State and in the fringe of the coast of "British" Malabar, where coconut is the principal crop of cultivation and facilities for fishing abound, conditions of production are somewhat different, but the general facts of economic life here described are of equal applicability.

That there is a fundamental unity in Indian civilization is sufficiently established. It remains to point out that in the policy of open-door that Malabar kept from the beginning as regards foreign commerce and intercourse long before the English East India Company was started. the way in which the diverse castes, creeds and races never import for the most part their social and religious differences into spheres of economic relationship, and, at the present time, in its preponderance of agriculture, the recent decay of some indigenous industries, the consequent pressure of the population on the soil and the unique opportunity that this affords for a few big landlords and temple-estates to rack-rent their tenants, the unequal distribution of village resources brought about by this fact as well as by the collection of Government kists which are mostly spent on a highly centralized administrative machinery, the extreme dependence of the rural classes on imported commodities and the consequent withdrawal of funds from rural areas to export and import centres and even to places outside India, the low earning capacity of the majority of the people and their consequent inability to make savings, the comparative absence of institutions for facilitating investment in rural industries—in these features of its past and present economic situation, Malabar is an epitome of India.

It is with great pleasure and gratitude I acknowledge the assistance I received from Dr. Gilbert Slater who contributes a Foreword to this volume. This work, undertaken in fact at his suggestion, had the benefit of his perusal and criticism at every stage of its progress. I have also to acknowledge with gratitude the help I received from Mr. I. Raman Menon, Director of Agriculture, Cochin State, who made valuable suggestions in the chapter on "Crops, Cultivation. Vegetation". I am solely responsible, however, for the subject-matter and its arrangement, comments and criticisms as embodied in this volume.

APPENDIX TO CHAPTER IV.

I am indebted to Mr. I. Raman Menon, Superintendent of Agriculture, Cochin, for the following note:—

There are no scientific names for the several varieties of paddy met with in the State or for the matter of fact in any other Province.

I would give the following general classification:-

- (a) Wild paddy found growing in ponds and marshes.
 - (b) Cultivated paddy varieties.

The second set comprises the following:-

- (1) Hill paddy (Modan, Puravka) sown in dry lands or hills with the monsoon and harvested in September-October.
- (2) Wet land paddy—Wet land paddy may roughly be divided into two main classes:—
 - (a) Those sown with the monsoon and harvested in August to October (Viruppu).
 - (b) Those sown with the monsoon or later and harvested in December to February (Mundakan).

Viruppu varieties are also suitable for sowing in Puncha or Kole lands (sown in December to February and harvested in April-May).

The above classification of varieties of paddy is based on the duration of growth.

It is found that the duration varies from 2 months to 10 months.

Navara.—This can be harvested in 2 months to 75 days from date of sowing and it is possible to grow this type of

paddy with more or less success at any time of the year. Generally it appears as a late *Viruppu* crop as well as a late *Puncha* or *Kole* crop. Sometimes it is taken as a late *Mundakan* crop. Then comes *Cheera* which is a 3 months' crop. This too is generally grown as a *Viruppu* as well as a *Puncha* crop. Occasionally it is grown as a *Mundakan* crop as well. I have also seen it sown and harvested in Thulam (October to November).

There are also varieties of duration varying from 3½ to 5½ months.

All varieties which are grown as *Mundakan* and harvested from December to February are of durations varying from 6½ to 10 months.

Thus the whole art consists in finding out the correct type and growing it, in such a way as to get the crop ready for the harvest at a favourable season. The paddy should generally be ready for harvest in months in which the rainfall should be low. *Chingom* and *Kanni* fall between two monsoons and are not generally so rainy as the other rainy months of the two monsoons.

The type of paddy grown depends on the following:-

- (1) Nature of the soil,
- (2) Supply of water, and
- (3) Availability of labour, both at sowing and harvest time.

With a plentiful supply of water and manures one can grow any type of paddy in any type of lands. Except in the Chittur Taluk there is no irrigation scheme of any importance in the State. The ryot depends on the monsoon. The sowing of the 1st crop (Viruppu) thus commences soon after a good shower in Medom (April-May). He expects his first crop to be ready for harvest before the end of Kanni (September-October), so that he may plant his second crop which

should ordinarily be ready for harvest at the end of *Dhanu* (December-January). If the ryot is assured of a plentiful supply of water in *Vrichigom* and *Dhanu* (November-January), he can raise a better crop and thus delay his harvest till the end of *Makaram* (January-February). It will be seen that, in the matter of selection of the types of paddy, the ryot has gained sufficient experience and is generally quite sure of his ground.

Another important matter which governs has action is labour. The cultivation of paddy is generally a very tedious piece of work. It is not possible either to sow or transplant or harvest a large extent and hence he distributes work by selecting proper types of paddy so that his sowing and harvest progress gradually without any hitch.

Long-duration types are sown first in *Medom* (April-May). These are followed by other types which are of less duration and these are again followed by types which could be harvested in the course of 60 to 75 days.

The following table illustrates the whole method:-

Type of Paddy	Date of Sowing	Date of Harvest			
Aryan Velutharikaz- hama Vattan 3½ months	Medom (AprMay)	Kanni (SeptOct.)			
Vattan $3\frac{1}{2}$ months	Medom (AprMay)	Early in Chingom (Aug.)			
Chembavu 4 months	Medom-Edavom (April-June) Edavom-Mithunom	Chingom (middle) (Aug.)			
	i (May-Iniv)	(AugOct.)			
Navara	Mithunam-Karki- tagom (June-Aug.)	Kanni (SeptOct.)			

MUNDAKAN (Single Crop and Second Crop).

Sowing in Nursery	Transplantation	Harvest
Chittani, Mesathari, etc. Mithunom (June-July)	End of Karkitagom and early in Chingom	Dhanu (DecJan.)
Second Crop.	(8-7	
Chemban and Athiyan Karkitagom (July-Aug.)	Chingom and Kanni (AugOct.)	Dhanu (DecJan.)
Cheriyaryan and other short-duration varieties.		oad-cast in Kanni rvested in Dhanu

Navara also is sown in Thulam (October-November) and harvested in Dhanu (December-January).

It may be stated as a general rule that no type of paddy whose duration of growth is less than 3 months is transplanted. It is also the rule that the paddy should be in the nursery for one week for every month of its growing period, i.e. to say, if the type is one which takes four months to ripen it should be in the nursery for four weeks. Paddy which is transplanted, will generally be late by one fortnight for harvest.

We have on the West Coast any number of types of paddy to suit our different types of lands and the various conditions. The introduction of foreign varieties has to be done with great care. So far I have not come across with any satisfactory exotic type.

The following is a list of pests affecting paddy:-

Common Name	Scientific Name	Nature of Attack			
Rice-bug	Leptocorisa Varicornis	Sucks the grain in its milky stage.			
Rice-case-worm	Nymphula Depunctalis	Attacks growing plants in the young stage.			
Rice-stem-borer	Schoenobius Bipunctifer	Attacks the flowering stage.			
Grass-hopper	Hieroglyphus Bania	Attacks leaves and flowers.			
Rice-beetle	Hispa Armigera	Attacks leaves.			
Leaf-worm	Parnara Matheas	Attacks leaves.			
Swarming cater- pillars	Spodoptera Mauritia	Attacks leaves (very com- mon in Puncha and Kole lands).			

All these are more or less serious pests of paddy.

APPENDIX B.

An elaborate questionnaire on the scheme for economic survey of an Indian village is contained in Vol. I of this Series (Some South Indian Villages, edited by Dr. Slater, pp. 22-28). The following forms prepared and used by me for collecting information may be found useful for "field" work:—

No. 1.—POPULATION.

No.		но	USE			POPULATION						LITERACY								
	Tiled	Thatched	Area	Cost or Value	Caste	No. of Families	Men	Women	Boys	Girls	.: M.	Height F.	. W	\$. W		M.	ited	Books	

No.

HOLDING (OWN)

LAND TAKEN OUT FOR CULTIVATION

GOVERNMENT REVENUE

CROP

	No.							
Er Vari	Agr Imj		Extent					
Enter the Varieties here	Agricultural Implements		Nature of the soil (wet, dry, etc.)					
			Blocks					
Enter the Varieties here	Water Lifts		Value					
the s here	Lifts		Extent					
No.		No.	Nature of the soil (wet, dry, etc.)					
Depth		3.—DE	Blocks					
Quantity of Water	Wells	No. 3.—DEAD STOCK	Nature of lease					
Uses		госк.	Landlord's Share					
Cost			Tenant's Share					
No.			Land Revenue					
Quantity of Water	Other I		Water-Cess					
Uses	Other Reservoirs of Water		Others					
	ìrs		Area					
Cost			Yield					
Remarks			Remarks					

No.-4.--LIVE-STOCK.

No.		C	cows			She-Buffaloes			Bullocks Buffaloes		Sheep, Goats Figs		Donkeys		Horses		Poultry								
	Number	Milking	Non-Milking	Price	Calves	Number	Milking	Non-Milking	Price	Calves	Number	Price	Number	Price	Number	Price	Number	Price	Number	Price	Number	Price	Number	Price	Remarks

No. 5.—INCOME AND INDEBTEDNESS.

No.	INCOME							REMARKS				
	Ear Mem	ning	Occupa-	of A	ount nnual ome		otal ount		Rate of	Source of	Purpose	Note particularly the amount of tem- porary loans - in
	Men	Women	tion	Kind	Money	Kind	Money	Security	Interest	Borrowing	of Loan	money, food-grains, seed grains, etc. — and their rates of interest.

Measures and Weights used in Cochin.*

I. Measures of Capacity.—

DRY MEASURE.

Coc	HIN.	Madras Presidency.			
2 Ollaks	=1 Uri.	412 fluid ounces=1 Madras			
2 Uris	=1 Nalı.	Seer.			
3 Nalis	=1 Padi.	62½ fluid ounces=1 Madras			
4 Nalis	≔1 Edangali	Measure.			
	(standard)	8 Madras measures=			
10 Edangalis	=1 Para.	1 Malabar Para.			
Note.—1 Eda	angali contains				
two rathal	s of raw rice.				

LIQUID MEASURE.

-- 1 Moli

4 thavis	 -	I INSTIT
4 nalis	• =	1 Edangali (standard).
10 edangalis	==:	l Para.
12 edangalis	==	1 Chotana.
25 chotanas	==	1 Candy.
Note.—1 Edangali	contains	44 ounces of water.

Note.—1 Edangali contains 44 ounces of water.

II. Table of Weights.—

1 thania

Used in weighing all articles other than gold, silver, precious stones and medicines.

6 ⁴ / ₅ rupees weight	=1 Palani.
61 palams or 421 Rs. weight	=1 Rathal (standard)
20 rathals	=1 Thulam.
25 rathals	=1 Maund.
20 maunds	=1 Candy.

^{*} These are the standards prescribed by the State in Cochin, but there are several varieties of local measures, still in use, in British Malabar, and Travancore, and in different taluks of Cochin itself, all bearing the same names as Nalis, Edangalis, Paras, etc.

INDEX.

Brahmin,-(contd.) Agricultural Credit, -See Credit. Tulu.—See Embrandiri. Agricultural Department, Cochin,-39, Brahmini bulls.—60. 43, 44, 50, 56. Brazier, - See Musari. Agricultural Department, Madras, -42. Brinjals (solanum melongenao), -55. Agricultural Farm, Trichur,-39, 49. Buffaloes, -58, 59, 60. Agricultural implements,—See Imple-Bullock carts,—7, 112. Agricultural indebtedness, -See Indebtedness. Agricultural stock, -See Stock. Agriculture, -Cajamus indicus, --- See Red-gram. Carpenter, See Maracari. Denotation of,—6. Cattle, breeding and feeding.—60. Numbers supported by, -- 6. Chakiyar (name of caste), -30, 146. Amaranth (amaranthus gangeticus),-Chakiyar kooth (Puranic recitation),— 146. Ambalavasis (Temple castes),-136. Chaliyan (Weaver caste),-85. Ambattan (barber caste), -117. Animists, -2. Chama (panicum miliare),-47, 48. Chamayam (compensation for improve-Arecapalm, arecanut,---4, 8, 11, 12, 55, ment),-28, 31. 56, 69, 74, 130. Changati Kuri,-65, 66. Arimodan (type of paddy),-45. Arrow-root (maranta gurandinacea), -55. Charka (spinning wheel), -90. Artisan castes (See also Kammalans), Chattan (Ayyappan),-79, 101, 142, Chatterton, Sir Alfred,-91. **-64**, 72, 81**-84**, 150-151. Chazhi (pest of paddy, -43. Arum campanulatum,—See Elephant Cheera (type of paddy),-162, 163. yam. Chemban (type of paddy),-164. Aryan (type of paddy),—163. Astrology,-121, 143. Chembavu (type of paddy),-163. Athiyan (type of paddy),-164. Chempu, -- See Colocasia. Chena, -See Elephant yam. Avara.—See Bean. Chenkathali (type of plantain),-54. Avurvedic lore,—130. Cheria Kunnan (type of plantain),-Ayurvedic treatment of diseases.— Cheriyaryan (type of paddy),-164. 137-138. Ayyappan,-See Chattan. Cheruma (a depressed caste),-2, 79, 80, 127. 141, 147, 149. Chetans (known also as Devangus),—85, Banana. -51, 52, 53, 54, 100, 101, Barber. - See Velakatalavan. Chetti (name of a caste),-2, 13, 14. Barber woman.—118, 138, 139. Chetti (type of plantain),-54. Bean (lab-lab), —55. Chingan (type of plantain).—54. Beggary,-152. Chit fund, -See Kuri. Bitter gourd (momordica charantia),—55. Chittani (type of paddy),—164. Blacksmith.—See Karuvan. Cholera,-137. Christian Missions, -80. Bodily ailments,—137. Bombay, -85. Christian (Syrian),-2, 13, 14, 58, 59, 72, 80, 84, 115, 140, 144, 154. Brahmin,-Civil List,—16. Clothing,—75, 85, 89, 131, 132. Nambudiri,—9, 10, 16, 19, 25, 30, 135, 141, 144, 157. Cochin-Kanayannur Tamil,--12, 14, 72, 73, 85, 141, 144, (a 146, 153. Cochin),—4.

in

C-{contd.}

Cochin State -Area and population. -- 2. Forest tracts in, -3. Back-waters in. -3. Soil in,-4. Rivers in,-4. Water-power in.-4. Industries in. --6. Villages in. -- 6, 7, 8, Transport facilities in, -- 7. Land tenures in.—15-23. Area of temple property (Devasicom) in -23 Irrigation in.-49, 162, Sugarcane cultivation in. -- 50. Rise in land values in,-61. Co-operative movement in,-68. Means of investment in. -73, 74. Abolition of slavery in,-79. Weavers in .- 85-87. The Ezhuva community in. -92. Potters in,-110, 111. Moplahs in,-111. Svrian Christians in,-115. Sources of income for people in,-130. Diseases and Medical aid in.-137. Avurvedic treatment in.-138. Criminal offences in.-139. Religious processions in temples in,--Education in.—143-147. Depressed classes in,-147-149. Unemployment. under-employment. in. -149-152. Beggary in,-152-153. Oottupuras in.-153. Communal efforts in .- 153-154. Village panchayats in,-154-155. Distribution of wealth in,-156, 157. Types of paddy in,-161-164. Cock-festival.—141. Coconut palm, -1, 6, 8, 50, 51, 55, 56, 69, 130. Coffee,-1, Coffee drinking .- 134. Coimbatore, 85. Colocasia (caladium esculentum).-55. Conjeevaram, -- 85. Co-operative Credit Society,-61, 67, 68, 73, 90, 155. Co-operative Purchase and Sale Society, **--9**0. Cost and profits of cultivation,-Bananas,-52, 53, 54. Chama (panicum miliare),-47.

Gingelly (sesamum indicum),-49.

Cost and profits of cultivation -(contd.) Horse-gram (dolichos biflorus).-48. Paddy.-Viruppu when transplanted .- 40. Viruppu when not transplanted. Mundakan crop,-41. Puncha.-42. Modan .- 45. 46. Plantains .- 55. Red-gram (cajamas indicus),-46. Cow. -58, 59, 60. Cow-pea (vigna catjang),-55. Cranganore (a town in Cochin).-141. Credit (agricultural).-61. Criminal offences .- 139. Cucumber (cucumis sativus) .- 55. Curcuma longa.—See Turmeric.

D

Dal .- See Red gram.

Debts,—See Indebtedness.
Depressed classes,—13, 64, 80, 147, 148.
Derangas,—See Chetans.
Derascom (temple property).—21, 27, 146.
Devascom Department, Cochin,—22, 153.
Dhanvantari (originator of the Hindu Medicine),—130.
Dharapuram (a town in Madras Presidency),—85.
Distance-pollution,—2, 80, 82, 92, 119.
Dolichos biflorus,—See Horse-gram.
Donkeys,—58.
Dowry,—82, 94.
Dramatic performances,—Nee Natakas.

Ε.

Economic holding. -36, 37. Education in Cochin,-143-147. Efficiency of labour. -77, 78. Elavan, - See Pumpkin. Elephant vam (arum campanulatum), Embrandiri (Tulu Brahmin),-141. Emigration, (as a remedy for unemployment).-151. Eravathodi (name of village in Cochin),-Eravathodikars (weavers),—86. Expenditure of people, See Standard of expenditure. Ezhuthachan (a caste whose hereditary profession is to teach letters),-93, 143. Ezhuvas,-2, 13, 14, 72, 92, 93, 94, 99, 100, 147.

Fairs,—8, 86, 108. Family-budgets,-Cherumas (agricultural serfs),-127-Ezhuvae,---95-99. Kammalans (artisan castes)-Blacksmith, -104. Carpenter,-102-103. Goldsmith,-105. Kusavans (potters),--108-110. Mannan (Washerman caste),-121 -123.Moplahs,-113-114. Nair,-123-125. Panan (earth-worker).—125-127. Syrian Christian,-115-116. Velakatalaran (barber caste),--117-118. Velutedan (washerman caste),-119-121. Fly shuttle loom, -91. Food of cattle, -- 59. Food required by people-74, 75, 131, Forest Department, Cochin, -38, 59, 60. Fragmentation of land,—31-37, 151. Free feeding of Brahmins, -27, 140, 152, 153, 154.

Friendly societies (in England), -67.

Furniture (house),-136, 137.

Gingelly (sesamum indicum), -- 44, 47, 48, Ginger (zingiber officinale), -55. Goats, --58, Goldsmith, -See Thattan. Government (Cochin),-4, 9, 15, 16, 21, 23, 31, 138, 139, 154, 155, 157, 158, Grasshopper, (hieroglyphus bania).-165. Gul,--50. Guru (teacher).—130, 143.

Н

Handloom vs. power loom, 88-89. Handspinning,—86, 90. Hibisens exculentus .- See Lady's finger. Hieroglyphus bania,—See Grass-hopper. Hindus,—2, 58, 140, 145, 152. Hindu temple,-25, 27, 136, 141, 142, 152. Hispa armigera,—See Rice-beetle. Holdings, sizes of,-29, 30, 31. Horse, -- 58.

Horse-gram (dolichos biflorus), -- 14, 47, Houses,—Description of,—8, 92, 101, 107, 134, 135, 136. Value of,—14, 75. Husking paddy,--78.

Illom (a Nambudiri's house),-135. Implements, agricultural, -56, 64. Inam,-18, 21, 25. Incantations and exorcisms, (as means of warding off disease or calamity),-139. Inchi,-See Ginger. Income of people,-69-71, 76, 97, 98, 103, 104, 105, 110, 129, 130. Indebtedness, -61, 71-73, 99, 103, 104, 106, 108, 110. Intensification of cultivation (as a remedy for under employment),-151. Interest on debts, -62, 65, 68, 71, 72, 73, 76, 100, 103, 104. Irrigation,-49, 53, 54, 55, 57, 156, 159, 162. Irumudi kunnan (type of plantain),-54. Irumutipuvvam (type of plantain),-54.

I

Jack tree, the,-8, 50, 51, 69. Janmam (proprietory rights),-15. Janmi (one with complete proprietorship),-15, 23, 49, 63, 74, 156, 157. Janmibhogam (share of Janmi).—15. Jewellery,--73. 74, 131. Jews.—2. Jonakan (Moplahs),-80, 111.

K Kadars (a hill tribe),-81. Kaikolans (a weaver caste),---85. Kali (a Female Deity),-79, 99, 100, 141, 142. Kallasari (Mason),-81, 84. Kammalans (artisan castes),-2, 81, 83, Kanakkan (a. depressed caste),--13, 14, 80, 147, Kanom,— a lease,—17, 18, 19, 20, 21, 22, 23. Deed,-27.

** Incidence of land revenue in,— •• 20.

Incidents of,--19.

K-(contd.)

Kanom,--Origin of,-25, 26. Renewal fees of,-19, 20. Karanavan, (Head of the tarvad family), -9, 19. Karma (doctrine of), -130. Karukulty (a paddy pest),-44. Karuthakutty (a type of paddy),-45. Karuvan (blacksmith),-13, 14, 82, 83, 84, 104. (See also Kammalan.) Kathakali, (Malabar pantomime).-145. Kathali (a type of plantain), -- 54. Kavya (Hindu Science of Poetry), -143. Kerala (Malabar),-1. Kirathandu,—See Amaranth. Kist,--63, 158. Kole (cultivation, of backwater region), 3, 4, 57, 161, 162. Koothumadam (playhouse in temples),— 136. Koran, the,-112, 143. Kornad,—85.

Kouta (Weed of paddy),—43. Koyma (melkoyma),—21, 22. Kulikanam (a variety of Kanom),-20. Kuri (Chit fund),-61, 64, 65, 66, 67. Kurikalyanam,—67. Kurimuppan (Stake-holder or manager of Kuri), -66, 67. Kusavan (Kumbharans, Hindu caste),--106, 110. Kuvva,—See Arrow-root.

Lab-lab,—See Bean. Lady's finger (hibisens exculentus), -55. Landlord versus tenant,-159. Land tenures,—See Cochin. Lawyers,—131, 154. Leaf-worm (parnara matheas),-165. Leather-worker, -- See Tol-kollan. Leisure,-150, 156. Leptocorisa varicornis, -- See Rice-bug. Liquor control,-133. Literacy among Erhuvas, -93. Literacy among Kammalans,-102. M

Madras Presidency,-2, 3, 6, 7, 8, 9. Madura. —85. Mahuli (pest of paddy and areca palm). **-44.** 56. Malabar (British),-6, 7, 12, 15, 23, 63, 67, 68, 78, 86, 111, 144, 149, 150, 151, 157, 158, 159, Malaria,—137.

Malayali (inhabitant of Malabar,) -7, 74, 82, 85, 132. Malayare, --- 81. Malipuram (a port in Cochin).-3. Manchester, -- 85. Mandapam (in a temple),-136. Mango cultivation, -51. Mango tree, --- 8, 50, 69. Maniyilla kunnan (a type of plantain). -54.Manjal,-See Turmeric. Mann, Dr. Harold,--36, 77. Mannan (Washerman caste),-13, 14, 99, 100, 119, 121. Manure, manuring,-38, 39, 52, 53, 54, 56. Maraeari (carpenter),-13, 14, 81. (See also Kammalans or artisan castes.) Maranta aurandinacea, See Arrow-root. Marar (a Hindu caste), -12, 14, 142, 143. Mariamman (Mariathal, the Female Deity of Small-pox),-106, 139. Marumakkattayam (Malabar system of inheritance),—9, 74, 117, 119. Mathan, - See Pumpkin. Medical aid,-134. Melkanom (Melcharth),-21, 23, Mesathari (a type of paddy),-164. Mhote, --57.Michavarom,-19, 20. Midwifery,—138. Milk products,-60, 133. Modan (cultivation),-44, 45, 46, 161. Momordica charantia,-See Bittergourd. Money lender, money-lending,-61, 62, 64, 68, 70. Monsoon,—1, 4, 37, 38, 44, 47, 49, 51, 54, 56, 162. Moore, Lewis,—17, 21, 65, 66, 67. (also Moplahs, Muhammadana),-111-115, 133, 154. Muhammadan,-2, 58, 59, 72, 80, 140. Mukundapuran, a Taluk in Cochin,—4. Mules.—58. Mundakam cultivation,-41, 43, 161, 162, 164, Musari (brazier),-81, 83. (See also-Kammalaus or artisan castes.) Muthanga grass (a weed of paddy),--43. Mutt (in Trichur),-143. Mutti (clod-crusher), -56.

Malavannan (a type of plantain),-54.

Naidus,-2. Nair (Nayar),-2, 9, 10, 12, 14, 16, 70, 72, 123, 136, 144.

Nair Regulation, the, Cochin,-10. Nalukettupura (plan of house),-135. Nambisan, Nambiyassan (a temple caste),-12, 14, 142. Nambiyar, -- 146. Nambudiri.—See Brahmin. Nareenga (grass, a pest of paddy),—43. Natakas (dramatic performance),-145. Nattupuvvam (a type of plantain),-54. Navara (a type of paddy),—161, 163, 164. Nayadi (a hill tribe),—81. Neentra, -See Banana. Neentra vannan, (a type of plantain), -54. Neivannan (a type of plantain),-54. Nelluvaya,-A village in Cochin,-2, 10. Village site,—11. Houses in,-12. Classification of village area,-12. Distribution of caste and population,— 12, 13. House property, value of,-14. Land tenures in,-24, 25. Size and fragmentation of holdings and cultivation,-29-36. Fruit trees in,-51, 69. Best suited to grow bananas,-52. Best suited to grow areca palm,-55. Agricultural stock in, -60. Income, expenditure and indebtedness of people in,-69-76. Nidhis,-61. Nullas (small stream),—49. Nymphula depunctalis, -See Rice-caseworm.

U

Offerings to gods (as means of warding off disease in calamity),—100. 121, 139, 140, 141.
Ollurkara, a place near Trichur,—53.
Onam,—52, 101.
Oottupuras,—153.
Ottam thullal (Recitation of Puranic stories in a special Malayalam metre),—146.
Oxen,—58, 59.

P

Pack-bullocks,—7.
Paddy,—1, 3, 4, 11, 37, 38, 39, 40-42,
44-46, 49, 63, 161.
Palayankotan (a type of plantain),—54.
Palghat gap,—1.
Paliam,—30.
Palath Achan,—15.

Panan (earthworker),-2, 13, 14, 125. Panayam (mortgage),-21, 26. Panchayats, in Cochin, -9, 154, 155, 159. Panchayat Regulation in Cochin, the, -154. Pandaravaka Verumpattam (simple lease of land in Cochin of which the State is the owner),-40. Panicum miliare,-See Chama. Panikkar (a Hindu caste),-93, 121. Pappada Chetty (a Hindu caste),-13, 14. Pappadams,—13. Paravars (a Hindu caste),-82. Pariahs (parayans),—2, 13, 14, 80, 81. Parnara matheas,—See Leaf-worm. Patasala (a Hindu educational institution),---143. Pathan (pattani),-111. Pathaya (grass, a weed),-43. Pavakka,—See Bitter-gourd. Payar,—See Cow-pea. Pazhom (a type of Jack fruit), -51. Persian Wheel,-57. Peruvaka (a type of hill-paddy),-161. Pests of paddy,-43, 44, 165. Pial school,—93. Pigs,---59. Pisharodi (a Hindu temple caste),—142. Plantains,—8, 51, 52, 53, 54, 70. Planters' crops,-1. Ploughs, ploughing, -38, 39 et seq., 56, 57. Polla (grass, a weed),—43. Polyandry, -82. Poonac (oil-cake),-59. Poozhi Asaris (a Hindu caste),-82, 84. Poromboke,—12, 59. Potavalanga,—See Snake-gourd. Potters, -See Kusavans. Power-loom vs. Handloom,—See Hand loom vs. power loom. Pravartikaran (village headman),-8. Price of land,-61. Price of paddy, -40, 62, 63. Professional class,—6, 130-131. Profits of cultivation, -See Cost and profits of cultivation. Puduval (a Hindu temple caste),-142. Pulayan (a depressed caste),-2, 13, 14, 147, 149, Pumpkin (cucurbita masccima),--55. Pumpkin (cucurbita moschata), -55. Puncha crops, -37, 42, 49, 161, 162. Puramkadom,—21. Puranic stories, -30, 136, 146, 147. Puravaka.-15.

R

Rack-rent, --- 37, 94, Railway,—7, 9, 10. Rainfall,—1, 4, 5, 49. Rajabhogam, -15.Rate of interest. -See Interest. Ravuthan,-111. Reaping, -77, 78. Red-gram (Cajamus indicus, dal),-44, 45, 46. Religious procession.—140. Rent of land (See Rack-rent),-16 et seg., Retail shop,—8. Retail trade,-64. Rheumatism.—137. Rice-beetle (hispa armigera),-165. Rice-bug (leptocorisa varicornis),-165. Rice-case-worm (nymphula depunctalis). Rice-stem borer (schoenobius bipunctifer). -165.Rubber,-1.

S

Sambandam,-9. Samooham,-153. Sastrigal, -146. Saving. -63, 64, 67, 99, 115, 129, Schoenobius bipunctifer, -- See Rice-stemborer. Sesamum indicum, -See Gingelly. Sheep, -- 58. Shoranur Ayurvedic College,—138. Sickle.—56. Single transplantation of paddy,-42, 43. Sirkar, Mr. Jadunath, -88. Size of family, -- 74. Size of holdings, -See Holdings. Slater, Dr. Gilbert, -76, 148. Slave castes, -- 79, 147. Small-pox,-137, 139, Snake-bites,—139. Snake-gourd (trichosanthas diocca), -- 55. Solanum melongenao, See Brinjals. Spinning (See also hand-spinning).-158. Sradh,—81, 141. Standard of expenditure, -74, 75, 76, 77.

Standard of life,-131, 132.

Sugarcane cultivation,-50.

43, 53, 161.

tia),---Ĭ65.

Stock (Agricultural),-56, 60.

Superintendent of Agriculture, Cochin.—

Swarming caterpillars (spodoptera mauri-

Syrian Christians, -See Christians.

Tali-tving ceremony, -93. Talmaki, Mr., 158. Tamarind tree, the,-8, 50, 51, 69. Tarka (Hindu science of Logic),-143. $Tarvad \rightarrow 9, 117, 125.$ Tea,-1. Tenancy Regulation, Cochin,-21, 23. Thattan (Goldsmith).—13, 14, 81, 84, Tobacco. -- 97, 99, 105, 110, 129, 131, Toddy, -80, 87, 101, 121, 129, 131, 133. Toddy tapping,—92.

Tol-kollan (leather-worker),—82, 84. Towns in Cochin,-6, 7, Trade Unionism (in England).-67. Transplantation of areca palm. -56. Transplantation of paddy,-38, 39 et seq., 42, 78, 81, 164. Transport facilities in Cochin.--6, 7, Travancore, -1, 6, 7, 111, 151, Trichosanthas diocca, -See Snake-gourd. Trichur, a town in Cochin. -- 5, 31, 140, 143. Tubercular diseases,---137. Turmeric (curcuma longa), -55.

Talapilli, a Taluk in Cochin,-10.

m

Ulattans (a hill-tribe),—81.
Unemployment (under-employment),—
149.
Uraltans (managers of temples),—21, 22,
23, 142.
Utsutum (an annual festival in Hindu temples),—27, 143.

v

Vadyar (a Brahmin professional priest).

—153.

Vaidikan, (one proficient in the Vedas),
—130.

Vaidyan (Ayurvedic Physiciau),—130.

Valakkachathan (a type of weed of paddy),—43.

Valia kunnan (a type of plantain),—54.

Vallum (Malabar boat),—3.

Valluvans (a depressed caste),—81.

Valutananga,—See Brinjals.

Vannan (a type of plantain),—54.

Varam festival (in Hindu temples),—27.

Vari (a kind of weed),—43.

Varikai (a type of Jack fruit),—51.