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TWENTYSIXTH ROUND : JULY 1971—JUNE 1972

NUMBER 238

VOLUME I

CALORIE AND PROTEIN VALUES OF FOOD ITEMS  
CONSUMED PER DIEM PER CONSUMER UNIT  
IN RURAL AREAS



सत्यमेव जयते

*Issued by*

NATIONAL SAMPLE SURVEY ORGANISATION

DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING

GOVERNMENT OF INDIA

*This report was prepared by the NSS Organisation under the guidance of the Governing Council for NSS Organisation. The views contained in the report are not necessarily those of the Government of India.*

## FOREWORD

In response to a request from the Food and Agriculture Organisation of the United Nations (FAO-UN) for their project to collect information on levels of food consumption in different countries, National Sample Survey Organisation (NSSO) took up the tabulation of NSS consumer expenditure data for providing estimates of calorie intake of the people of different states of India from the information on quantity of different food items available in NSS schedule of enquiry on consumer expenditure. The results were based on the consumer expenditure survey of the NSS twentysixth round (July 1971—June 1972).

The results presented are (a) average calorie and protein intake per consumer unit per day and (b) percentage of total calorie intake per consumer unit under different food groups. These results are shown for groups of households classified by levels of calorie intake per consumer unit per day and per capita monthly expenditure classes. The results for the rural and urban areas of each state and union territory were brought out in a series of brochures. The complete set of results is now being published in two volumes : Volume I contains the technical details of the survey, the procedure adopted in deriving the results presented in the report and the results for rural areas and Volume II contains the corresponding results for urban areas.

The Sample design and schedule of enquiry were prepared by the Survey Design and search Division (SDRD) of the NSSO. The field work of the survey was done by the Field Operations Division (FOD). Processing of the data was done by the Data Processing Division (DPD) of NSSO.

Drafting of the report was the responsibility of Shri S. Sengupta, Deputy Director of the SDRD. S/Shri B. R. Panesar, D. Pant, A. B. Roy Chowdhury, Deputy Directors, M. T. Jacob, M. Bhattacharyya, N. R. Dhar, N. N. Sarkar, S. Ghosal, Assistant Directors, of the DPD were in technical charge of preparation of end results. The overall supervision was done by S/Shri K. Prasad, S. N. Das, A. K. Mukherjee and A. Maitra in preparation of punched cards. F. M. Rao, K. C. Poddar and N. K. Dey in machine tabulation and A. K. Chaudhury, S. Palit, G.R. Vernwal in computation work. But for the strenuous efforts of these officer, this work which was taken up in addition to the normal tabulation load could not have been completed within a reasonable time. Shri Nisith Chowdhury, Asstt. Superintendent helped in scrutinising the end results and Shri A. Roy did the typing of the report.

New Delhi,  
*Dated the 12th November, 1976.*

V. M. DANDEKAR,  
Chairman, Governing Council for  
National Sample Survey Organisation.

## CONTENTS

	PAGE
Section One	1
Section Two	3
Section Three	4
Appendix I	6
Appendix II	8
Appendix III	14
Appendix IV	255



**CONTENTS OF TABLES (RURAL) IN APPENDIX-III**

**TABLE (0) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.**

Table numbers	State/Union Territory	Pages
0.0/R— 0.10/R	All-India	14-24
1.0/R— 1.10/R	Andhra Pradesh	25-35
2.0/R— 2.10/R	Assam	36-46
3.0/R— 3.10/R	Bihar	47-57
4.0/R— 4.10/R	Gujarat	58-68
5.0/R— 5.10/R	Haryana	69-79
6.0/R— 6.10/R	Himachal Pradesh	80-88
7.0/R— 7.10/R	Jammu & Kashmir	89-99
8.0/R— 8.10/R	Kerala	100-110
9.0/R— 9.10/R	Madhya Pradesh	111-121
10.0/R—10.10/R	Manarashtra	122-132
11.0/R—11.10/R	Meghalaya	133-140
12.0/R—12.10/R	Mysore	141-151
14.0/R—14.10/R	Orissa	152-162
15.0/R—15.10/R	Punjab	163-173
16.0/R—16.10/R	Rajasthan	174-184
17.0/R—17.10/R	Tamil Nadu	185-195
18.0/R—18.10/R	Uttar Pradesh	196-206
19.0/R—19.10/R	West Bengal	207-217
21.0/R—21.10/R	Delhi	218-219
22.0/R—22.10/R	Goa, Daman, Diu	220-221
23.0/R—23.10/R	Manipur	222-232
24.0/R— 24.10/R	Pondicherry	233-242
25.0/R—25.10/R	Tripura	243-253

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**Section One**  
**INTRODUCTION**

1.1 The household survey on consumer expenditure of the twentysixth round of National Sample Survey (NSS) which provides the basic data for the present report was conducted during the one year period between July 1975 to June 1976.

1.2 Attempts had earlier been made to study the level of nutrition for some selected areas from the data on quantity of consumption of food articles, collected through the consumer expenditure survey of the NSS. Specifically for this purpose in view, some other agencies have also conducted surveys in smaller regions. The present study provides results for the rural and urban areas of all the states covered by the NSS. This special tabulation work was taken up by the National Sample Survey Organisation at the instance of the Food and Agriculture Organisation of the United Nations (FAO-UN).

1.3 To derive the required results, the households were classified by two different characteristics : (i) level of per capita monthly expenditure and (ii) level of calorie intake per consumer unit per day. The second characteristic is a derived one : quantity estimate for each of the items of a sample household was converted into its equivalent number of calories, using appropriate factors. Aggregating the total calories thus estimated for all the food items consumed by the household during the 30 days preceding the day of enquiry, the required level of calorie intake per diem per consumer unit was derived by dividing the aggregate by the product of 30 and the number of consumer units in the household.

1.4 The field work of the consumer expenditure schedule of the NSS 26th round started in the month of July 1971 and was completed in June 1972, covering a period of one complete year.

1.5 The geographical coverage of the survey was extended over the whole of rural and urban areas of India excepting : North East Frontier Agency (subsequently renamed as Arunachal Pradesh); Ladakh district of Jammu & Kashmir; Mizo Hills (Union Territory of Mizoram) district in Assam; Pal Samari tehsil in district Surguja and Bijapur, Dantewara, Konta and Narayanpur tehsil in district Bastar of Madhya Pradesh, Rajara, Sironcha and Gadh-Chiroli tehsils in district Chanda and Melghat tehsil in district Amaravati of Maharashtra, rural areas of Nagaland; Longai and Kanchanpur in Dharamnagar sub-division and Dumfarnagar in Amarapur sub-division of Tripura; rural areas of union territory of Chandigarh; and union territories of Andaman and Nicobar Islands, Laccadive, Minicoy and Amindivi Islands.

1.6 Information was collected by interviewing one of the members (usually the head) of the sample households. Altogether 11,468 sample households from 4,200 sample villages and 19,459 sample households from 4,375 urban blocks were surveyed.

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The report was submitted in a series of brochures, NSS D Nos. 258/1 to 258/11 and 258 A from April 1975 to March 1976.

## Section Two

### CONCEPTS AND DEFINITIONS

2.1 Some of the basic concepts and definitions used in the NSS surveys on consumer expenditure are noted below.

2.2 *Household* : A household is a group of persons normally living together and taking food from a common kitchen. A boarding house, a hotel or a hostel is treated as a cluster of households, where each individual boarder (with his dependents and guests) forms a separate household. Households fed directly by government such as those in prisons, police quarters, cantonments, hospitals, asylums, relief camps are, however, excluded from the scope of the survey.

2.3 *Household member* : Any person who usually lives and takes principal meal with the household is considered to be a member of the household. Such a person may be the head of the household or a relative or a protege of the head or an employee of the household.

2.4 *Household size* : The number of members (as defined above) in a household gives the household size.

2.5 *Number of consumer units in a household* : According to the calorie requirement of a person in a particular sex age group in relation to that for a 'reference man', the person is converted into a number termed as 'consumer unit'. The factors used in converting persons of various sex-age groups into consumer units are shown in Appendix II. Applying the appropriate conversion factor to each individual of a sample household, the total number of consumer unit is derived.

2.6 *Household consumption* : Value and quantity of food items consumed by the household during a period of 30 days preceding the day of enquiry were collected in the survey. Quantity consumed by cattle etc. were not to be included under domestic consumption. While quantity consumed out of transfer receipt was included, any such quantity disposed as gift or as transfer payment was excluded for deriving the quantity of domestic consumption. Thus the total consumption of food related to the actual consumption made by the normally resident members (excluding temporary stay aways) and guests. This also included consumption of food articles in ceremonies performed in the household during the reference period.

2.7 *Calorie* : It is a unit for measuring energy. The calorie unit of measurement of nutrients in food is 1000 times the conventional 'calorie' unit of energy. Hence in some studies, the unit of nutrient has been expressed as 'Kcal' (i.e. kilo calories or 1000 calories) or simply 'cal' (calorie). Food items like cereals, sugar, potato etc. are converted into glucose which is burnt and is normally the major source of supply of energy in a human body. Similarly most of the food consumed is convertible into energy equivalent. The calorie (Kcal) equivalent per unit quantity of each of the 99 items of food for which information had been collected in the schedule of enquiry is given in Appendix II.

2.8 *Protein* : It is another nutrient derived mainly from meat, egg, fish, pulses and milk. The protein content per unit quantity of food item is shown in the chart given in Appendix II. It is usually expressed as gms. per 100 gms. of edible portion of a food.

### Section Three

#### SUMMARY OF FINDINGS

3.1 The tables presented in this report show marked regional variation in the level of domestic consumption, so far as the energy content of the food consumed is concerned. Apart from wide and interstate variation, the consumption levels between the rural and urban areas within a state were not always close enough.

3.2 The average number of persons per household in India was 5.26 (5.39 for rural and 4.72 for urban). Correspondingly the number of consumer units per household was 4.29 for rural, 3.81 for urban and 4.19 for all-India.

3.3 *Average number of consumer unit per person* : The ratio of number of consumer units to the size of a household was found to be fairly stable-fluctuating within very small range about the value 0.80. So, for all practical purposes 0.80 may be used for conversion from per capita to per consumer unit or *vice versa*. At the all-India level, the ratio was 0.79 both for the rural and the urban areas in the lowest per capita expenditure class (Rs. 00-15) which slowly increased with expenditure level and assumed the values 0.81 in rural areas and 0.84 in urban areas at the highest expenditure class (Rs. 100 and above per capita per month).

3.4 At the all-India level the average calorie and protein intake per consumer unit was found to be 2719 cal and 77 gms respectively. While the calorie intake was slightly lower than the minimum requirement of 2750 cal per day per consumer unit, the level of protein consumption was considerably higher than what is considered to be the minimum requirement. Thus the estimates show that the total food used for domestic consumption could provide nearly the minimum energy requirement for the population as a whole. From the results it is also observed that the major part of the nutrients is derived from the first two food groups which are mainly composed of food-grains-cereals and pulses. So, from the observed results, it can be inferred that the quantity of food grains actually consumed by the population of the country could almost meet the minimum requirement. Some further studies are however needed before any firm conclusion could be made. In spite of this, it is also observed from the results that a large section of the population in most of the states do not get enough food. The real problem seems to be some distributional imbalance where more food than necessary is consumed by some, while a good number of persons are forced to remain satisfied with inadequate food which they are able to procure for their consumption.

3.5 *Pattern of consumption* : It is well known that in our country, the major part of nutrients in food is derived from cereals and starchy roots. Of the total calorie intake, more than 82 percent in rural areas and 71 percent in urban areas is derived from cereals, starchy roots and sugar. This proportion declines progressively with rise in per capita expenditure level, both in rural and urban areas. For the other food groups, an opposite trend is observed. In urban areas, comparatively higher proportions of nutrients are derived from food rich in good varieties of protein (milk, meat, egg, fish etc.) while in rural areas the share claimed by the group 'pulses and nuts' was larger.

3.6 Proportion of households below the required level of calorie intake which has been taken to be 2700 cal per consumer unit was found to be 49 and 56 percent for all-India rural and all-India urban respectively. Generally the proportion was low for the states where the average per consumer unit calorie intake was high. Rural areas of Haryana, Jammu and Kashmir and Punjab with high level of calorie intake (above 3400 per consumer unit) had respectively 22%, 13% and 27% of the households having per unit consumption below 2700 cal per day. Kerala and West Bengal reported very low calorie intake of 1928 and 2250 for the respective rural areas. More than 70 percent of the households of these two states reported consumption less than the minimum level. Per consumer unit intake of calorie was above the minimum requirement in Gujarat (2840), Haryana (3450), Himachal Pradesh (3038), Jammu and Kashmir (3419), Madhya Pradesh (3101), Punjab (3437), Rajasthan (3092), Uttar Pradesh (3180), Delhi (2935) and Manipur (2941). On the other hand the rural areas of most of the eastern and southern states of India reported to have the level of calorie consumption well below the minimum requirement.

3.7 The pattern was however slightly different in the urban areas. In general for the states where the calorie intake per consumer unit in rural areas were considerably higher than the minimum requirement, the corresponding level in the urban areas were much lower. Similarly states with low calorie intake in rural areas recorded higher intake in urban areas. Urban areas of Rajasthan reported the highest level of 3006 calories per consumer unit among the urban areas of all the states. Although for Kerala, the per consumer unit calorie intake in urban areas was higher than that of the rural areas of the state, the level (2103 cal) was much below the minimum requirement. The level of calorie intake was of the same order for all-India rural (2724 cal) and all-India urban (2699 cal). Over the states, the distribution in urban areas thus show much less variation as compared to variations observed over the rural areas of the states.

3.8 Table (S.1) shows the percentage of households consuming less than 2700 cal per consumer unit per day, the median value (50 percentile point) and the mean calorie intake per consumer unit per day for the rural and urban areas of each state and union territory of India.

TABLE (S.1): PERCENTAGE OF HOUSEHOLDS CONSUMING LESS THAN 2700 CALS PER CONSUMER UNIT PER DAY, THE MEDIAN VALUE OF CALORIE INTAKE (50% OF THE HOUSEHOLDS ARE BELOW AND THE REMAINING 50% ABOVE THIS MEDIAN VALUE) AND THE MEAN CALORIE INTAKE PER CONSUMER UNIT PER DAY FOR THE RURAL AND URBAN AREAS OF EACH STATE AND UNION TERRITORY OF INDIA.

State	rural			urban		
	percentage of households consuming less than 2700 cal	intake of calorie median*	mean	Percentage of households consuming less than 2700 cal	intake of calorie median*	mean
(1)	(2)	(3)	(4)	(5)	(6)	(7)
1. Andhra Pradesh . . . . .	54	2588	2666	61	2508	2617
2. Assam . . . . .	55	2605	2665	55	2626	2616
3. Bihar . . . . .	51	2667	2732	44	2814	2763
4. Gujarat . . . . .	45	2840	2822	53	2641	2625
5. Haryana . . . . .	22	3450	3652	45	2820	2789
6. Himachal Pradesh . . . . .	33	3038	3190	38	2946	2823
7. Jammu & Kashmir . . . . .	13	3419	3490	44	2789	2772
8. Kerala . . . . .	74	1928	2023	67	2113	2103
9. Madhya Pradesh . . . . .	37	3101	3536	46	2780	2850
10. Maharashtra . . . . .	59	2514	2567	59	2539	2502
11. Meghalaya . . . . .	61	2587	2577	52	2669	2623
12. Mysore . . . . .	51	2678	2839	63	2432	2372
13. Orissa . . . . .	57	2516	2533	46	2778	2737
14. Punjab . . . . .	27	3437	3711	40	2989	2806
15. Rajasthan . . . . .	38	3092	3213	42	2899	3006
16. Tamil Nadu . . . . .	64	2295	2394	68	2293	2239
17. Uttar Pradesh . . . . .	32	3180	3198	50	2697	2616
18. West Bengal . . . . .	71	2250	2311	61	2551	2431
19. Delhi . . . . .	34	2935	3040	53	2651	2579
20. Goa, Daman & Diu . . . . .	58	2553	2350	54	2622	2614
21. Manipur . . . . .	39	2941	3109	34	2985	2948
22. Pondicherry . . . . .	66	2343	2321	56	2533	2410
23. Tripura . . . . .	47	2751	3027	51	2691	2857
24. All-India . . . . .	49	2730	2724	56	2584	2699

\*Computed by applying, Lagrange's interpolation formula to three consecutive cumulative percentages of households by per consumer unit per day calorie intake groups.

## Appendix I

### SAMPLE DESIGN AND ESTIMATION PROCEDURE

**I.1 Sample Design :** The general sample design for the NSS 26th round consumer expenditure survey was stratified with two stage selection within each stratum. The first stage units are villages in rural areas and blocks in urban areas; the second stage units are households. The sample design was made self-weighting at the region and sub-stratum level in rural areas and at the state level in urban areas.

**I.2 Sample Size :** The total sample size for the household enquiry on consumer expenditure in the rural areas was 4548 villages and in urban areas 4832 blocks.

**I.3 Sampling frame :** For the rural areas the sampling frame was the list of villages as per the 1961 population census, except in Delhi union territory where the 1971 census list of villages had been used. For the urban areas the list of Urban Frame Survey (UFS) blocks and also the 1961 census blocks had been used as the sampling frames, the latter for those town only where UFS has not yet been done. The 1971 census list of blocks has been used as the sampling frame for Delhi union territory.

**I.4 Stratification :** The whole rural areas of the country had been divided into 66 agricultural regions by grouping, within each state or union territory, districts having similar population density and crop pattern. Within each region, strata are formed by grouping tehsils which are (i) contiguous, (ii) having similar crop-pattern, population density and altitude and (iii) having good transport and communication facilities amongst them. The number of persons engaged in agricultural occupations is more or less the same for all strata within a region. Stratification had been done in almost all the states by using the tahsil-wise crop area figures and transport facilities. The number of rural strata formed was 379.

**I.5** For the urban areas in each state/union territory towns with population less than 50,000 formed a stratum (stratum 1) and the remaining towns (excepting the four big cities—Bombay, Calcutta, Delhi and Madras) formed stratum 2. Each of the four big cities formed stratum-3 of its respective state. The total number of urban strata was 47.

**I.6 Allocation :** The all-India sample size had been allocated to the states on a joint consideration of their rural population, area under cereal crops and available investigator strength. This was modified to (i) ensure a minimum of 180 villages in each state excepting some smaller states and union territories, (ii) to take account of state-wise variation in work-load and number of investigators and (iii) to make the sample size a multiple of 12.

**I.7** The total sample size of 4832 blocks in urban areas had been allocated to the states in proportion to their 1961 census urban population. The allocation had been modified (i) to ensure a minimum of 144 sample blocks in a state excepting some smaller states and union territories, (ii) to take account of state-wise variation of work-load and (iii) to make the allocation of blocks to the strata a multiple of 4.

**I.8 Selection of villages :** Village had been selected circular systematically with equal probability in each stratum.

**I.9 Selection of urban blocks :** The blocks within each urban stratum were selected circular systematically with probability proportional to size (pps), the size of a block being taken as its population rounded off to the next multiple of 1000.

**I.10 Selection of households in villages :** All the households in the sample village were divided into four sub-strata on the basis of area of land possessed and means of livelihood. From each of this stratum in general one household had been selected.

I.11 *Selection of households in urban areas* : Households in a sample block were arranged on the basis of size of land owned and self-employed or not. From the arranged frame on an average four households were selected linear systematically.

I.12 *Estimation procedure* :

- s : subscript for s<sup>th</sup> stratum
- t : subscript for t<sup>th</sup> sub-stratum within a sample village
- i : subscript for the i<sup>th</sup> sample village/block
- k : number of strata in the state
- n<sub>s</sub> : number of sample villages in the s<sup>th</sup> stratum
- h : number of households selected
- y : value of the characteristics

Y, the estimate of the State total for the characteristics y is expressed as,

$$Y = \sum_{t=1}^4 \sum_{s=1}^k M_{st} \sum_{i=1}^{n_s} \sum_{j=1}^{h_{sit}} y_{sitj}$$

for the *rural areas*, where M<sub>st</sub> is the constant multiplier for the t<sup>th</sup> sub-stratum of the s<sup>th</sup> stratum. And

$$Y = M \sum_{s=1}^k \sum_{i=1}^{n_s} \sum_{j=1}^{t_{si}} Y_{sij}$$

for the *urban areas*, where M is the constant multiplier for the concerned schedule.

## Appendix II

### A NOTE ON THE PROCEDURE OF ESTIMATION OF CALORIE & PROTEIN CONSUMPTION LEVEL FROM THE INFORMATION COLLECTED IN CONSUMER EXPENDITURE SURVEY, NSS 26TH ROUND

II.1. The basic information needed for deriving the results presented in this report were taken from the consumer expenditure schedule of the NSS 26th round (July 1971—June 1972). As the NSS survey was not primarily planned as a nutrition survey, the main bulk of the tabulation work and the principal problem of computation consisted in conversion of quantity data of food consumption to the corresponding energy units. In this note, the list of calorie and protein conversion factors for different food items and the procedure for deriving those have been presented.

II.2. *Explanatory notes on Tables* : Tables have been prepared separately for the rural and urban areas of each state and union territory of India. The households are classified by per capita monthly expenditure group and the amount of calorie intake per consumer unit per diem group. For each of these group of households the table shows—

- (a) number of households in the sample;
- (b) average size (number of persons) of household ;
- (c) number of consumer unit per household ;
- (d) percentage of calorie intake from five broad food groups; and
- (e) average intake of calorie and protein (gm.) per consumer unit per diem.

II. 3. For the classificatory items the following sets of groups were used in tabulation :

A. *Calorie intake per diem per consumer unit group*

- (1) upto—1500, (2) 1500—1700, (3) 1701—1900, (4) 1901—2100,  
(5) 2101—2300, (6) 2301—2500, (7) 2501—2700, (8) 2701—3000, (9) 3001—3,500  
(10) 3501—4000, (11) 4001 & above and (12) all groups.

B. *Per capita monthly consumer expenditure (in rupees) group*

- (1) 00—15, (2) 15—21, (3) 21—24, (4) 24—28, (5) 28—34, (6) 34—43, (7) 43—55,  
(8) 55—75, (9) 75—100, (10) 100 and above and (11) all classes;  
[00—15 means, 00—14.99, 15—21 means 15—20.99 and so on]

C. *Food groups*

- I. cereals, potato, sugar, jaggery and cereal substitutes;
- II. pulses, nuts and seeds;
- III. milk and milk products; meat, egg and fish;
- IV. edible oils;
- V. fruits, vegetables, spices and prepared food.

II.4. *Data source* : As already stated, the information collected in the consumer expenditure survey of the NSS twenty-sixth round were used. Information on the subject in the round were collected from 4548 villages and 4832 urban blocks. In each sample village and sample block, 4 households were surveyed on an average. The value and quantity of food consumed by a

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\*Factors applied for conversion of individuals to consumer unit is shown at the end of the Appendix.



sample household during a period of 30 days preceding the day of enquiry was noted for 101 food items. For the purpose of tabulation, the food quantities have been converted into their equivalent calorie and protein content.

**II 5. Conversion factors :** The factors used for converting the quantity estimates of different food items into their respective calorie and protein equivalents were generally taken from a bulletin of the Indian Council of Medical Research<sup>1</sup> and few others were taken from those used in the study conducted by HTAL on behalf of USAID<sup>2</sup>. While for a number of items the conversion factors were directly available from the Bulletin, for the other items recourse to some indirect methods had to be taken. In fact, the consumption data recorded in NSS schedules, for a large number of food items, are not straightway amendable to direct conversion into calorie terms. Indirect approaches had to be adopted by using results of some other studies. The nature of problems that were to be resolved while deriving the appropriate conversion factors are enumerated below :—

- (a) in the schedule of enquiry there was only one item as 'fresh fish'. But there is quite a large number of varieties of fish which are consumed by the people of the country. While one variety may have popular acceptance in one region another type may be more liked in some other region. The quantity available for consumption of a particular variety will also vary to a large extent from region to region. Neither the proportion edible nor the calorie and protein content for those different varieties of fish are the same. The observed differences in the respective proportions of the nutrients are quite large among certain varieties. Hence, some amount of arbitrariness in determining the conversion factors for an item like 'fresh fish' cannot be avoided.
- (b) The 'standard unit' for some items like 'banana', 'coconut', 'mango', 'pineapple' etc. is 'number'. But the equivalence chart presents, for obvious reasons, the number of calories and weight of protein per 100 gms. of edible portion. There is a number of variety of banana which vary in size (hence in weight) and the calorie and protein content per unit of weight of each variety may also differ. The proportion edible need not be necessarily the same also. To derive the calorie and protein value of such an item taking into consideration the relative effects of all these variables, would pose serious problems.
- (c) For some miscellaneous items like 'other fruits', other vegetables etc., no direct procedure can be applied for assessing their food values. For some such items the quantity data are not recorded. Units being different (for some items weight and for others number) for the constituents of those miscellaneous categories, aggregation of quantity data was not possible. Even if quantity data were available, those would have been of very little use.
- (d) Other composite items like 'cooked meals', 'ice cream', 'prepared sweets', 'snacks', 'pickles', jam, jelly etc. pose more serious problems. The constituents of such an item may vary within widely apart limits and in effect wide divergence in energy value per unit quantity of two samples of the same item may occur.

**II 6. Derivation of conversion factors :** From the total number of 101 items listed under food group for the purpose of consumer expenditure schedule of the NSS twenty sixth round, salt 'tea, leaf', 'coffee powder' and 'other beverages' were left out. Out of the remaining 95 items, calorie and protein content could be directly estimated from the nutrition table for 56 items. For the rest of the items indirect methods had to be applied due to the difficulties already enumerated. It is of course worth noting here that the weightage for most of the items in the last group is generally low as compared to those covered by the second category. Hence even if there is any element of error in estimation of energy equivalence of any of those items for which indirect procedure of estimation had to be adopted, its effect would be very little on the total calorie and protein

<sup>1</sup> W.R. Aykroyd, C. Gopalan and S. C. Balasubramaniam—“The Nutritive value of Indian Food and the Planning of Satisfactory Diets” *Indian Council, of Medical Research* (1966).

<sup>2</sup> Factors were derived by actual weighing in the survey conducted by M/S. Hindusthan Thompson Associates (on behalf of USAID). The summary results have been published in “*A Study of Food Habits in Calcutta*” (1972).

Consumption. From the results of the NSS twentyfifth round, July 1970—June 1971, it was observed that the items of food amenable to direct conversion, covered about 87 per cent of the total expenditure on food in rural areas and 72 per cent of that in urban areas.

II 7. *Procedure of estimation of conversion factors* : For difference in nature of the problems involved in the derivation of the conversion factors for different items, the procedures for estimation of the factors could not be kept uniform. Enumerated below are the methods applied according to the nature of problem involved in derivation of the factors.

- A. Where an item was found to be the same as an item in the list for which the conversion factors are readily available and the units are also the same for both, the standard factors were directly applied.
- B. Where the conversion factors per unit weight were directly available from the table but the unit of data collection is number, results of other studies were used.
- C. Where the quantity is standard unit but being a residual item like 'other milk products', its direct conversion to energy value was not possible. In such cases the value and quantity data for the identifiable items in the particular group was used. The procedure followed to derive indirectly the conversion factors for the item 'other milk products' is summarised below :
  - (i) the quantity and value data were pooled over a small sample of households, randomly selected from each of the states, separately for the items—milk (liquid), condensed and powdered milk, ghee, butter and curd;
  - (ii) the quantity data for the above mentioned identifiable items were then converted into the respective calorie and protein values by using standard factors. The total money value of those items were directly available from the data ;
  - (iii) quantity of protein and number of calories per rupee were then derived from the pooled data for all the identifiable items in the milk group ;
  - (iv) the value data for the item 'other milk products' of the group was then converted into calorie and protein, assuming that the same number of calories and gms. of protein would also be available for one rupee as those were found to be in (iii).
- D. There are some items like 'prepared sweets', 'salted refreshments', etc. for which the dimension of the conversion factors could not easily be derived. The recipe of some popular varieties were first ascertained. The ingredients used for preparing those items were converted into equivalent numbers of calories and grammes of protein. The average price for such varieties were ascertained. Thus the amount of calorie and protein derivable from such items per rupee spent were estimated<sup>3</sup>.
- E. The calorie and protein content of a cooked meal was assumed to be 1200 calorie and 30 gms. of protein, so that two meals would approximately provide the per diem requirement of proximate principles for one consumer unit.
- F. There is not much nutritive value in coffee powder and tea leaves as such. The nutritive value of prepared coffee and tea really is due to the milk and sugar used in the preparation<sup>4</sup>. Hence the calorie and protein content of a cup of coffee or tea were estimated from the quantity of milk and sugar usually added to a cup.
- G. Items like 'fish', dry fish, etc., are no better than the miscellaneous items for the purpose of ascertaining the nutritive values. Here the average values of calorie and protein per unit of quantity for some popular varieties have been used. The quantity of protein so derived was of the order of 14 per cent of the gross weight of fresh fish. If only the edible portion of fish is taken, the proportion of protein is nearly 20 percent<sup>5</sup>.

<sup>3</sup> Adoption of such procedure has also been suggested in "Programme of Food Consumption Surveys"—*Food and Agriculture Organisation of the United Nations, Rome, 1964.*

<sup>4</sup> K. Srilakshmi—"Food and Health", *National Institute of Indian Council of Medical Research, Hyderabad 1967.*

<sup>5</sup> Protein content of fresh fish has been observed to vary between 15 and 23 per cent of the edible portion : *Maxine E. McDivitt & Sumati R. Mudambi—"Human Nutrition Principle and Applications in India" (1969).*

II 8. The following chart showing the nutritive equivalence rates applied to food consumption data for preparation of tables presented in Appendix III.

CHART SHOWING PROTEIN AND CALORIE AND PROTEIN CONTENT PER UNIT QUANTITY OF FOOD (EDIBLE PORTION ONLY) ITEMS ENLISTED IN THE CONSUMER EXPENDITURE SCHEDULE OF NSS 26TH ROUND

food item	unit	no. of calories per unit	protein per unit (in gm. 0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Cereals</i>				
Rice and its products	Kg.	3400	75.0	I
Wheat and its products	Kg.	3460	118.0	I
Jowar and its products	Kg.	3490	104.0	I
Bajra and its product	Kg.	3032	97.4	I
Maize and its products	Kg.	3420	111.0	I
Ragi and its products	Kg.	3280	73.0	I
Barley and its products	Kg.	3360	115.0	I
Small millets and its products	Kg.	2615	97.2	I
Gram and its products	Kg.	3600	171.0	I
Cereal substitutes	Kg.	1100	16.0	I
<i>Pulses</i>				
Arhar	Kg.	3350	223.0	II
Gram (split grain)	Kg.	3720	208.0	II
Moong	Kg.	3480	245.0	II
Masur	Kg.	3430	251.0	II
Urd	Kg.	3470	240.0	II
Khesari	Kg.	3450	282.0	II
Pea	Kg.	3200	200.0	II
Soyabean	Kg.	4320	432.0	II
Other pulses	Kg.	3400	220.0	II
Pulse products	Kg.	3400	220.0	II
<i>Milk and Products</i>				
Milk (liquid)	Kg.	1000	40.0	III
Baby food	Kg.	3570	380.0	III
Milk (condensed, powdered)	Kg.	4960	258.0	III
Ghee	Kg.	8750	..	IV
Butter	Kg.	7290	..	IV
Curd	Kg.	600	31.0	III
Other milk products	Re.	800	20.0	III
<i>Edible Oils</i>				
Vanaspati	Kg.	9000	..	IV
Mustard oil	Kg.	9000	..	IV
Coconut oil	Kg.	9000	..	IV
Gingelly oil	Kg.	9000	..	IV
Groundnut oil	Kg.	9000	..	IV
Linsced oil	Kg.	9000	..	IV
Refined oil	Kg.	9000	..	IV
Edible oil (others)	Kg.	9000	..	IV
Oil seed	Kg.	5410	220.0	II

food item	unit	no. of calories per unit	protein per unit (in gm. 0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Meat, egg &amp; fish</i>				
Goat meat	Kg.	1180	214.0	III
Mutton	Kg.	1940	185.0	III
Beef	Kg.	1140	226.0	III
Pork	Kg.	1140	187.0	III
Buffalo meat	Kg.	860	194.0	III
Other meat	Kg.	900	180.0	III
Poultry	No.	709	169.0	III
Other birds	No.	709	169.0	III
Egg	No.	100	7.5	III
Fish (fresh)	Kg.	1050	140.0	III
Fish (dry)	Kg.	3000	650.0	III
<i>Vegetables</i>				
Potato	Kg.	970	16.0	I
Onion	Kg.	540	15.0	I
Tomato	Kg.	200	9.0	V
Brinjal	Kg.	218	12.7	V
Cabbage	Kg.	238	15.8	V
Cauliflower	Kg.	210	18.2	V
Root vegetables	Kg.	600	25.0	I
Leafy vegetables	Kg.	550	40.0	V
Other vegetables	Rc.	700	40.0	V
<i>Fresh Fruits</i>				
Banana	No.	84	0.8	V
Orange, Lemon	No.	50	0.9	V
Mango	No.	135	1.3	V
Coconut	No.	888	9.0	II
Guava	No.	53	0.7	V
Pineapple	No.	460	4.0	V
Grapes	Kg.	600	6.0	V
Other fresh fruits	Rc.	1000	10.0	V
<i>Dry Fruits &amp; Nuts</i>				
Coconut Copra	Kg.	6620	68.00	II
Ground nut	Kg.	5490	267.00	II
Cashew nut	Kg.	5960	212.00	II
Dates	Kg.	1440	12.00	V
Raisin	Kg.	3050	18.00	V
Other dry fruits & nuts	Kg.	2500	200.00	V
<i>Sugar</i>				
Sugar	Kg.	3900	1.00	I
Gur (cane)	Kg.	3830	4.00	I
Khandsari	Kg.	3980	..	I
Sugar candy	Kg.	3980	..	I
Sugar (others)	Kg.	3500	10.00	I

food item	unit	No. of calories per unit	protein per unit (in gm.0.0)	food group
(1)	(2)	(3)	(4)	(5)
<i>Spices</i>				
Turmeric	Gm.	3.49	0.06	V
Black pepper	Gm.	3.04	0.12	V
Pepper, dry chillies	Gm.	2.46	0.16	V
Green chillies	Gm.	0.29	0.03	V
Garlic	Gm.	1.23	0.05	V
Tamarind	Gm.	1.98	0.02	V
Ginger	Gm.	0.54	0.01	V
Curry powder	Gm.	0.80	0.08	V
Other spices	Gm.	0.60	0.06	V
<i>Beverages, Refreshments</i>				
Tea	Cups	27	0.30	V
Coffee	Cups	40	0.80	V
Biscuits confectionaries	Kg.	2450	78.00	V
Bread	Kg.	2450	78.00	V
Salted refreshments	Re.	600	3.00	V
Prepared sweets	Re.	500	6.00	V
Cooked meals	No.	1200	30.00	V
Pickles	Gm.	4.00	0.11	V
Sauce	Gm.	0.60	0.03	V
Jam, Jelly	Gm.	2.50	0.01	V
Processed food (others)	Re.	600	20.00	V

Conversion of individuals to consumer unit

sex	Number of consumer unit/s by age (in years)											
	under 1	1-3	4-6	7-9	10-12	13-15	16-19	20-39	40-49	50-59	60-69	70+
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
male	0.43	0.54	0.72	0.87	1.03	0.97	1.02	1.00	0.95	0.90	0.80	0.70
female	0.43	0.54	0.72	0.87	0.93	0.80	0.75	0.71	0.68	0.64	0.51	0.50

DETAILED TABLES

Appendix III

TABLE (0.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA No. of sample villages 4200 Per capita monthly expenditure group 1 all expenditure classes

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						total	average per diem per consumer calorie	intake per consumer unit protein (gm.)
				I	II	III	IV	V				
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500 . . . . .	651	6.61	5.01	85.60	4.30	2.37	3.15	4.58	100.00	1221	35	
1501—1700 . . . . .	455	5.94	4.77	86.89	4.06	2.45	3.16	3.44	100.00	1604	45	
1701—1900 . . . . .	576	5.93	4.75	86.73	4.11	2.57	3.21	3.38	100.00	1801	52	
1901—2100 . . . . .	762	5.86	4.71	86.03	4.47	2.64	3.47	3.39	100.00	2002	57	
2101—2300 . . . . .	854	5.95	4.79	85.31	5.21	2.94	3.47	3.07	100.00	2203	64	
2301—2500 . . . . .	947	5.65	4.51	85.37	4.89	3.55	3.33	2.86	100.00	2399	70	
2501—2700 . . . . .	882	5.73	4.55	84.40	5.18	3.98	3.53	2.91	100.00	2599	77	
2701—3000 . . . . .	1234	5.43	4.31	84.65	5.54	4.05	3.01	2.75	100.00	2842	84	
3001—3500 . . . . .	1774	5.21	4.13	84.07	5.45	4.60	3.16	2.72	100.00	3227	96	
3501—4000 . . . . .	1174	4.94	3.92	82.88	6.23	4.75	3.35	2.79	100.00	3717	111	
4001 & above . . . . .	2159	4.35	3.42	74.50	12.47	6.12	3.44	3.47	100.00	5248	170	
all groups . . . . .	11468	5.39	4.29	82.43	7.34	4.56	3.46	2.21	100.00	2724	76	

TABLE (3.1/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs.00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	267	6.44	5.16	90.10	3.03	1.44	2.43	3.00	100.00	1164	35
1501—1700	62	6.51	5.00	93.00	2.11	1.38	1.70	1.81	100.00	1586	47
1701—1900	41	5.87	4.56	93.56	2.79	0.38	1.66	1.61	100.00	1794	55
1901—2100	26	5.85	4.52	92.62	3.84	0.73	1.43	1.38	100.00	1997	67
2101—2300	8	5.38	4.21	93.55	2.41	0.36	0.51	3.17	100.00	2160	61
2301—2500	17	6.89	5.17	91.58	2.89	2.25	2.02	1.26	100.00	2387	74
2501—2700	6	6.98	5.16	86.75	9.26	0.21	1.97	1.81	100.00	2606	84
2701—3000	5	4.55	3.52	93.25	1.53	0.79	0.54	3.89	100.00	2846	93
3001—3500	3	5.14	3.86	99.54	..	0.02	0.42	0.02	100.00	3004	95
3501—4000	4	5.22	4.09	54.53	43.52	1.08	0.29	0.58	100.00	3765	180
4001 & above	5	6.40	4.82	48.34	50.03	0.55	0.60	0.48	100.00	4459	215
all groups	444	6.33	4.99	89.40	5.16	1.22	1.95	2.27	100.00	1493	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group							average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	218	6.07	5.06	85.71	4.65	2.09	3.37	4.18	100.00	1260	35	
1501—1700	192	6.04	4.87	88.29	3.91	1.94	2.79	3.07	100.00	1597	44	
1701—1900	189	5.90	4.71	89.94	3.54	1.28	2.63	2.61	100.00	1798	52	
1901—2100	190	6.32	4.98	90.14	3.37	2.40	2.60	2.49	100.00	1999	60	
2101—2300	132	6.02	4.71	90.44	3.57	1.46	2.32	2.21	100.00	2201	67	
2301—2500	107	5.62	4.34	89.75	3.84	2.44	2.17	1.80	100.00	2376	73	
2501—2700	69	5.95	4.62	91.02	3.95	1.68	1.90	1.45	100.00	2596	86	
2701—3000	47	5.29	3.96	89.48	5.86	0.90	1.77	1.99	100.00	2810	86	
3001—3500	32	5.62	4.41	94.39	1.86	1.07	1.16	1.52	100.00	3159	100	
3501—4000	15	5.63	4.33	80.87	16.09	0.30	0.82	1.92	100.00	3723	138	
4001 & above	16	5.03	3.85	42.65	47.73	4.41	2.35	2.86	100.00	5380	282	
all groups	1207	5.97	4.74	88.17	5.13	1.70	2.46	2.54	100.00	1957	60	



TABLE (0.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs.21—24

calorie intake per diem per consumer unit	no. of sample house holds	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	55	5.90	4.76	81.51	5.23	4.08	3.46	5.72	100.00	1372	40
1501—1700 . . . . .	74	5.97	4.85	86.11	3.82	2.13	3.84	4.10	100.00	1618	45
1701—1900 . . . . .	110	5.95	4.76	87.03	4.06	3.04	2.89	2.98	100.00	1799	52
1901—2100 . . . . .	111	6.03	4.81	87.98	4.07	1.89	3.02	3.04	100.00	2010	58
2101—2300 . . . . .	116	5.96	4.76	88.63	4.73	1.81	2.54	2.29	100.00	2189	63
2301—2500 . . . . .	98	6.22	4.88	88.58	4.87	1.78	2.72	2.05	100.00	2378	73
2501—2700 . . . . .	70	6.23	4.94	87.31	3.91	2.45	4.26	2.07	100.00	2581	76
2701—3000 . . . . .	83	6.00	4.68	91.50	3.76	1.61	1.77	1.36	100.00	2832	86
3001—3500 . . . . .	61	6.17	4.75	88.90	6.79	1.27	1.55	1.49	100.00	3235	113
3501—4000 . . . . .	16	5.79	4.52	85.01	11.27	0.71	1.63	1.38	100.00	3630	119
4001 & above . . . . .	19	5.67	4.32	70.49	25.24	0.61	1.73	1.93	100.00	5004	190
<b>all groups . . . . .</b>	<b>813</b>	<b>6.03</b>	<b>4.78</b>	<b>87.54</b>	<b>5.46</b>	<b>1.95</b>	<b>2.66</b>	<b>2.39</b>	<b>100.00</b>	<b>2287</b>	<b>69</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group: Rs- 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	45	6.20	4.97	77.79	7.00	4.18	3.25	7.78	100.00	1279	34
1501—1700 . . . . .	56	5.51	4.50	80.93	5.90	4.70	4.21	4.26	100.00	1619	44
1701—1900 . . . . .	82	6.39	5.10	84.23	4.56	3.45	4.24	3.52	100.00	1799	51
1901—2100 . . . . .	172	5.65	4.58	85.42	4.92	2.91	3.52	3.23	100.00	2001	56
2101—2300 . . . . .	163	5.88	4.71	86.71	5.21	2.25	3.28	2.55	100.00	2202	59
2301—2500 . . . . .	176	5.74	4.60	87.74	4.10	2.92	2.78	2.46	100.00	2402	71
2501—2700 . . . . .	123	6.18	4.77	87.02	4.95	3.36	2.83	1.84	100.00	2599	77
2701—3000 . . . . .	143	5.90	4.60	86.95	6.06	2.70	2.27	2.02	100.00	2824	85
3001—3500 . . . . .	131	4.75	3.66	88.85	4.95	2.07	2.19	1.94	100.00	3209	98
3501—4000 . . . . .	46	5.19	3.97	85.88	5.69	2.20	1.73	4.50	100.00	3653	116
4001 & above . . . . .	37	4.47	3.41	64.92	29.99	1.47	1.35	2.27	100.00	5037	213
all groups . . . . .	1174	5.70	4.51	85.61	6.11	2.76	2.81	2.71	100.00	2431	73

TABLE (0.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs-28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	33	5.68	4.61	73.59	5.09	3.87	4.98	12.47	100.00	1216	33
1501—1700	38	5.27	4.35	80.28	5.77	5.07	4.49	4.39	100.00	1614	43
1701—1900	86	6.12	4.99	82.63	4.76	4.46	4.15	4.00	100.00	1813	50
1901—2100	131	5.80	4.74	83.38	5.38	3.62	3.97	3.65	100.00	2007	55
2101—2300	204	6.08	4.93	83.57	5.41	3.80	3.94	3.28	100.00	2201	62
2301—2500	219	5.65	4.54	85.28	5.01	3.35	3.62	2.74	100.00	2499	69
2501—2700	201	5.58	4.48	85.62	5.28	3.15	3.30	2.65	100.00	2606	76
2701—3000	293	5.46	4.28	86.21	5.09	3.45	2.86	2.39	100.00	2842	85
3001—3500	297	5.60	4.43	86.75	5.28	3.11	2.55	2.31	100.00	3223	97
3501—4000	134	5.01	3.83	88.14	5.15	2.60	2.51	1.60	100.00	3698	115
4001 & above	112	4.94	3.81	77.95	16.95	1.44	2.30	1.36	100.00	4658	168
all groups	1748	5.57	4.44	84.81	6.34	3.16	3.10	2.59	100.00	2734	82

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs-34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	16	5.23	4.37	65.27	9.99	8.90	7.26	8.58	100.00	1042	29
1501—1700	24	5.14	4.01	78.28	7.95	3.95	4.85	4.97	100.00	1634	48
1701—1900	32	5.96	4.91	81.37	5.81	3.43	3.72	5.67	100.00	1799	51
1901—2100	81	5.42	4.40	77.41	5.16	5.40	5.11	6.92	100.00	1993	51
2101—2300	147	5.85	4.79	81.57	5.62	4.61	4.30	3.90	100.00	2209	62
2301—2500	153	5.43	4.43	81.74	5.44	5.39	4.22	3.21	100.00	2423	68
2501—2700	221	5.58	4.50	83.01	5.65	4.13	4.22	2.99	100.00	2598	74
2701—3000	311	5.57	4.51	83.52	6.20	4.54	3.28	2.46	100.00	2845	82
3001—3500	489	5.46	4.31	85.14	5.06	4.38	3.15	2.27	100.00	3210	93
3501—4000	273	5.18	4.09	86.23	5.12	3.76	2.73	2.16	100.00	3725	112
4001 & above	281	4.21	3.16	77.13	11.40	3.68	3.30	4.49	100.00	5053	168
all groups	2028	5.26	4.20	82.58	6.63	4.25	3.44	3.10	100.00	3127	93

TABLE (0.7/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	5	4.17	3.38	60.44	7.43	11.03	9.49	11.61	100.00	1234	33
1501—1700 . . . . .	7	6.12	5.19	71.88	3.43	4.28	5.53	14.88	100.00	1651	37
1701—1900 . . . . .	25	5.26	4.42	74.38	7.42	5.53	6.69	5.98	100.00	1828	51
1901—2100 . . . . .	31	5.09	4.29	74.01	7.53	5.08	7.38	6.00	100.00	1999	58
2101—2300 . . . . .	55	5.55	4.61	76.74	8.34	4.53	5.78	4.61	100.00	2217	64
2301—2500 . . . . .	106	5.35	4.30	78.88	7.07	5.19	4.81	4.05	100.00	2406	67
2501—2700 . . . . .	109	5.57	4.55	79.44	5.85	6.79	4.16	3.76	100.00	2598	74
2701—3000 . . . . .	197	4.98	4.02	80.30	5.48	6.88	4.09	3.25	100.00	2864	82
3001—3500 . . . . .	375	5.10	4.10	81.50	5.73	6.07	3.87	2.83	100.00	3244	94
3501—4000 . . . . .	312	5.25	4.19	82.35	5.73	5.79	3.75	2.38	100.00	3735	108
4001 & above . . . . .	433	6.48	5.04	79.51	11.02	4.36	2.59	2.52	100.00	4828	153
all groups . . . . .	1655	5.10	4.08	80.30	7.81	5.39	3.59	2.91	100.00	3513	105

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	5	2.91	2.74	65.44	5.36	8.26	13.61	7.33	100.00	1384	44
1501—1700 . . . . .	1	2.07	1.71	80.25	2.68	10.98	3.84	2.25	100.00	1627	41
1701—1900 . . . . .	5	4.42	3.88	83.70	3.33	4.49	3.50	4.98	100.00	1849	60
1901—2100 . . . . .	17	4.94	4.36	72.94	6.42	5.70	7.76	7.18	100.00	2049	57
2101—2300 . . . . .	25	7.91	6.50	75.60	7.79	5.08	4.54	6.99	100.00	2292	63
2301—2500 . . . . .	50	5.25	4.44	71.05	7.45	8.90	5.71	6.89	100.00	2401	72
2501—2700 . . . . .	54	4.59	3.72	73.25	6.14	9.10	3.94	7.57	100.00	2605	76
2701—3000 . . . . .	103	5.04	4.14	78.03	5.43	7.28	4.97	4.29	100.00	2974	82
3001—3500 . . . . .	245	4.71	3.85	77.70	6.36	7.53	4.40	4.01	100.00	3258	93
3501—4000 . . . . .	236	4.47	3.65	79.11	6.28	6.49	4.09	4.03	100.00	3718	104
4001 & above . . . . .	578	4.32	3.46	75.56	11.45	6.36	3.50	3.13	100.00	5086	160
all groups . . . . .	1319	4.56	3.70	76.38	9.24	6.71	3.93	3.74	100.00	4016	121

TABLE (0.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	3.14	2.71	81.12	1.81	0.39	2.64	14.04	100.00	1144	29
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	5.17	4.17	86.45	6.47	0.97	4.34	1.77	100.00	1709	52
1901—2100	2	5.50	4.50	77.78	4.86	6.00	7.93	3.43	100.00	2019	62
2101—2300	2	3.88	2.94	72.20	19.48	0.99	4.57	2.76	100.00	2271	75
2301—2500	13	1.52	1.44	45.53	6.30	3.56	5.32	39.29	100.00	2439	64
2501—2700	17	5.22	4.23	72.29	5.54	11.14	4.26	6.77	100.00	2620	77
2701—3000	35	4.30	3.46	69.54	7.37	8.61	3.87	10.61	100.00	2849	83
3001—3500	88	4.26	3.43	74.46	7.02	8.26	4.91	5.35	100.00	3275	95
3501—4000	94	3.81	3.19	71.94	7.96	9.02	6.28	4.80	100.00	3742	105
4001 & above	341	4.07	3.29	74.35	10.69	8.29	3.87	2.80	100.00	5500	172
all groups	598	4.07	3.31	73.77	9.71	8.40	4.29	3.83	100.00	4574	139

Calorie and Protein Values of Food Items in Rural Areas

TABLE (0.10/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD-GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	4.14	3.00	4.42	..	12.63	..	82.95	100.00	1029	24
1501—1700 . . . . .	1	6.00	4.50	67.24	13.09	6.43	4.42	8.82	100.00	1526	39
1701—1900 . . . . .	5	1.61	1.41	24.22	..	0.74	2.16	72.88	100.00	1829	44
1901—2100 . . . . .	1	3.05	2.65	92.28	..	4.69	1.41	1.62	100.00	2043	66
2101—2300 . . . . .	2	4.14	3.57	23.03	21.30	19.40	16.23	20.04	100.00	2212	85
2301—2500 . . . . .	8	3.15	2.62	63.49	9.08	5.07	2.42	19.94	100.00	2438	61
2501—2700 . . . . .	12	4.57	3.66	52.28	6.93	15.35	7.52	17.92	100.00	2613	80
2701—3000 . . . . .	17	1.18	1.14	20.75	3.47	4.68	2.80	68.30	100.00	2844	75
3001—3500 . . . . .	53	3.17	2.60	63.50	5.85	13.76	4.61	12.28	100.00	3309	97
3501—4000 . . . . .	44	3.38	2.80	65.06	9.57	9.36	7.11	8.90	100.00	3714	101
4001 & above . . . . .	337	3.68	2.95	67.03	10.40	11.28	5.07	6.22	100.00	7297	216
all groups . . . . .	482	3.52	2.84	66.04	9.95	11.33	5.15	7.53	100.00	6181	182



TABLE (1.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 314

calorie intake per diem per consumer unit	no. of sample households	average house hold size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit.		
				I cereals	II p	III	IV	V	total	calories	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	59	5.40	4.39	84.66	3.26	2.36	4.23	5.49	100.00	1218	33
1501—1700	48	5.95	4.72	88.32	3.19	1.56	3.47	3.46	100.00	1610	42
1701—1900	77	5.81	4.67	87.59	2.72	2.64	3.67	3.38	100.00	1798	50
1901—2100	90	5.19	4.16	86.02	3.58	1.99	4.12	4.29	100.00	1997	54
2101—2300	85	5.23	4.17	86.23	3.82	2.32	3.86	3.77	100.00	2181	58
2301—2500	85	5.10	4.07	84.23	4.57	2.87	3.95	4.38	100.00	2403	65
2501—2700	80	5.00	3.91	86.19	3.70	2.85	3.42	3.84	100.00	2604	71
2701—3000	102	4.50	3.59	84.99	4.15	3.22	3.44	4.20	100.00	2869	78
3001—3500	151	4.29	3.42	85.11	4.56	2.81	3.40	4.12	100.00	3230	86
3501—4000	87	3.96	3.14	82.05	5.87	3.99	3.90	4.19	100.00	3731	99
4001 & above	145	3.18	2.42	71.62	6.10	3.54	3.27	15.47	100.00	5795	165
all groups	1010	4.72	3.75	82.86	4.48	2.92	3.62	6.12	100.00	2666	73

TABLE (I.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : 'Rs.00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	21	6.11	4.91	90.29	2.11	1.06	3.36	3.18	100.00	1150	31
1501—1700 . . . . .	6	5.87	4.39	91.54	2.79	0.43	2.78	2.46	100.00	1611	45
1701—1900 . . . . .	5	4.30	3.08	91.40	2.25	0.63	3.00	2.72	100.00	1764	56
1901—2100 . . . . .	4	4.67	3.41	94.38	1.30	0.65	1.73	1.94	100.00	2001	62
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	10.00	7.65	96.34	0.29	0.22	1.69	1.46	100.00	2320	32
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	5.00	3.85	94.76	..	..	1.63	3.61	100.00	2866	71
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	38	5.86	4.58	91.73	1.87	0.77	2.86	2.77	100.00	1414	37

TABLE (1.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 15—21

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	19	4.84	3.89	86.58	2.77	0.75	3.52	6.38	100.00	1337	38
1501—1700	28	6.52	5.15	88.55	3.32	1.44	3.42	3.27	100.00	1604	41
1701—1900	37	5.78	4.69	90.08	2.45	1.31	3.25	2.91	100.00	1790	49
1901—2100	26	5.65	4.40	88.32	3.80	0.60	4.23	3.05	100.00	2001	56
2101—2300	14	5.74	4.23	90.26	2.16	0.62	3.99	2.97	100.00	2167	61
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	5	6.76	5.25	93.94	1.83	0.89	1.74	1.60	100.00	2605	80
2701—3000	1	6.00	4.27	90.59	4.36	0.55	2.36	2.14	100.00	2974	86
3001—3500	3	2.97	2.46	95.41	0.55	1.05	1.48	1.51	100.00	3334	83
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	1.00	0.50	..	..	..	..	100.00	100.00	4783	120
all groups	134	5.73	4.52	89.13	2.89	1.03	3.44	3.51	100.00	1821	50

Calorie and Protein Values of Food Items in Rural Areas

TABLE (13/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs.21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	6	3.84	3.05	86.00	1.49	3.03	4.63	4.85	100.00	1454	37
1501—1700	9	5.49	4.47	88.73	2.64	1.58	3.52	3.53	100.00	1618	45
1701—1900	12	5.28	4.09	86.04	3.50	3.03	3.76	3.67	100.00	1767	51
1901—2100	9	6.74	5.36	91.17	1.74	0.69	2.73	3.67	100.00	2038	58
2101—2300	12	5.35	4.29	91.36	2.74	0.44	2.72	2.74	100.00	2200	58
2301—2500	7	5.18	4.00	88.29	3.05	0.54	2.56	5.56	100.00	2409	68
2501—2700	8	4.22	3.09	92.33	1.64	0.71	1.77	3.55	100.00	2599	73
2701—3000	6	4.34	3.31	90.61	3.15	0.36	2.88	3.00	100.00	2818	88
3001—3500	7	4.21	3.33	88.90	1.31	0.44	1.34	8.01	100.00	3209	88
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	5.00	3.64	95.69	0.99	..	1.77	1.55	100.00	4643	125
all groups	77	5.06	3.97	89.84	2.36	1.04	2.70	4.06	100.00	2188	61

TABLE (1.4/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER-CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group 1 Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	6	5.45	4.71	80.39	5.64	3.72	4.54	5.71	100.00	1196	36
1501—1700	2	4.83	3.98	82.54	5.13	2.13	3.24	6.96	100.00	1652	45
1701—1900	7	6.60	5.34	88.83	1.85	1.60	4.21	3.51	100.00	1813	50
1901—2100	22	4.70	3.91	85.29	3.93	2.58	3.90	4.30	100.00	2000	53
2101—2300	20	5.06	4.02	86.08	4.39	2.81	3.42	3.30	100.00	2195	63
2301—2500	20	4.85	3.80	87.69	4.07	1.17	3.49	3.58	100.00	2381	65
2501—2700	10	5.69	4.38	87.25	3.73	2.45	3.59	2.98	100.00	2566	70
2701—3000	8	6.02	4.83	91.98	3.52	0.74	1.83	1.93	100.00	2780	76
3001—3500	18	3.68	2.88	90.94	2.74	1.32	2.34	2.66	100.00	3170	86
3501—4000	2	3.00	2.09	82.94	..	..	0.65	16.41	100.00	3846	87
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	115	4.98	3.99	87.61	3.81	1.85	3.23	3.50	100.00	2291	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	4.20	3.22	66.75	6.08	4.85	6.71	15.61	100.00	1058	25
1501—1700	1	2.00	1.71	81.26	..	2.40	5.38	10.96	100.00	1631	41
1701—1900	8	5.97	4.91	78.87	3.18	8.05	5.21	4.69	100.00	1833	54
1901—2100	10	5.39	4.42	83.82	3.78	2.99	4.52	4.89	100.00	1991	56
2101—2300	18	4.97	4.08	84.64	3.34	2.40	4.86	4.76	100.00	2158	85
2301—2500	19	6.01	4.88	86.69	4.12	2.31	3.52	3.36	100.00	2374	62
2501—2700	24	4.36	3.52	86.99	3.79	1.72	2.96	4.54	100.00	2620	71
2701—3000	25	4.27	3.36	89.67	2.80	1.28	3.21	3.04	100.00	2851	74
3001—3500	25	4.41	3.40	87.59	3.20	1.81	4.02	3.38	100.00	3232	84
3501—4000	4	3.01	2.33	93.28	0.55	0.68	1.77	3.72	100.00	3870	92
4001 & above	6	3.34	2.44	92.42	1.55	1.99	1.46	2.58	100.00	4642	124
all groups	144	4.67	3.74	86.67	3.27	2.30	3.71	4.05	100.00	2529	67

TABLE (1.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State: ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	7.50	6.47	67.82	6.59	9.93	8.72	6.94	100.00	1063	30
1501—1700 . . . . .	1	8.00	6.35	78.14	4.94	2.70	8.59	5.63	100.00	1650	43
1701—1900 . . . . .	7	6.74	5.52	85.45	3.60	3.80	3.16	3.99	100.00	1841	49
1901—2100 . . . . .	13	4.69	3.72	79.04	4.00	4.43	5.23	7.30	100.00	1950	47
2101—2300 . . . . .	16	5.46	4.52	81.94	5.72	4.13	3.77	4.44	100.00	2190	56
2301—2500 . . . . .	17	4.49	3.61	76.63	5.93	6.00	6.21	5.23	100.00	2420	67
2501—2700 . . . . .	24	5.47	4.29	82.06	4.55	4.48	4.73	4.18	100.00	2607	68
2701—3000 . . . . .	23	4.08	3.32	86.88	4.21	2.51	3.15	3.25	100.00	2893	78
3001—3500 . . . . .	50	4.37	3.48	87.39	4.32	1.76	3.10	3.43	100.00	3206	85
3501—4000 . . . . .	19	3.84	2.71	86.43	4.02	3.64	2.53	3.38	100.00	3775	102
4001 & above . . . . .	22	2.96	2.06	53.70	7.13	1.12	1.76	36.29	100.00	8201	273
<b>all groups . . . . .</b>	<b>194</b>	<b>4.47</b>	<b>3.55</b>	<b>78.16</b>	<b>5.05</b>	<b>3.00</b>	<b>3.45</b>	<b>10.34</b>	<b>100.00</b>	<b>3049</b>	<b>85</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (1.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
upto 1000	11	4.40	3.01	20.82	2.83	2.00	2.71	2.72	100.00	1437	35
1001-1500	12	4.10	3.12	21.00	3.13	2.73	3.00	3.00	100.00	1620	41
1501-1700	12	4.10	3.12	21.00	3.13	2.73	3.00	3.00	100.00	1620	41
1701-1900	12	7.00	6.4225	79.6511	5.0300	7.5800	5.2100	2.5300	100.00	1796	42
1901-2100	51	2.970	2.692	84.79	5.27	1.82	3.74	4.38	100.00	2011	58
2101-2300	55	4.320	3.473	80.26	5.22	4.91	4.70	4.61	100.00	2170	61
2301-2500	15	4.54	3.60	81.92	4.24	4.09	3.71	6.04	100.00	2454	68
2501-2700	11	4.30	3.40	80.00	5.00	4.00	4.00	4.00	100.00	2400	60
2701-3000	19	4.51	3.63	80.58	5.78	5.22	4.38	4.04	100.00	2912	81
3001-3500	30	4.77	3.91	80.60	6.02	5.59	4.06	3.73	100.00	3237	87
3501-4000	28	4.37	3.46	84.93	4.89	2.72	3.62	3.84	100.00	3667	95
4001 & above	27	2.90	2.16	72.26	3.74	1.98	2.39	19.63	100.00	5433	147
all groups	131	4.13	3.30	79.83	5.01	3.78	3.59	7.79	100.00	3416	92



TABLE (1.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	4	2.00	1.66	80.25	2.68	10.98	3.84	2.25	100.00	1648	41
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	8.00	6.81	78.52	3.45	4.77	7.69	5.57	100.00	2007	47
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	6	5.04	4.27	79.24	5.43	4.88	4.55	5.90	100.00	2403	77
2501—2700	7	5.56	4.44	82.30	4.93	5.70	3.72	3.35	100.00	2590	69
2701—3000	13	4.69	3.77	76.50	4.85	8.15	5.08	5.42	100.00	2891	80
3001—3500	16	4.12	3.33	77.93	7.16	3.90	4.07	6.94	100.00	3315	90
3501—4000	24	3.95	3.18	79.31	7.50	5.47	4.06	3.66	100.00	3741	104
4001 & above	44	3.62	2.88	79.72	5.38	4.16	3.74	7.00	100.00	4824	131
all group	112	4.09	3.29	79.11	6.06	5.00	4.08	5.75	100.00	3656	101

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (1.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 75-100

Calorie intake per diem per consumer unit	no. of sample households	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2301 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	2	4.01	3.04	77.39	4.55	6.59	5.02	6.45	100.00	2622	63
2701—3000 . . . . .	4	6.54	5.21	77.53	5.96	7.35	4.34	4.82	100.00	2860	74
3001—3500 . . . . .	1	9.00	2.43	63.16	20.48	6.74	5.36	4.26	100.00	3449	117
3501—4000 . . . . .	5	4.16	3.30	68.33	10.29	8.86	4.74	7.78	100.00	3683	95
4001 & above . . . . .	23	3.51	2.71	78.55	5.45	5.05	3.95	7.00	100.00	5322	141
all groups . . . . .	35	3.99	3.11	76.86	6.35	5.91	4.18	6.70	100.00	4319	113

**TABLE (1.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	6.00	5.10	87.22	5.83	0.89	3.52	2.54	100.00	2343	54
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	2	1.00	0.98	2.37	2.12	2.09	..	93.42	100.00	2864	71
3001—3500 . . . . .	1	4.00	3.60	59.47	2.96	15.46	7.84	14.27	100.00	3200	86
3501—4000 . . . . .	5	5.31	4.23	65.12	12.03	5.51	10.61	6.73	100.00	3788	95
4001 & above . . . . .	21	2.77	2.21	71.91	10.38	6.90	5.45	5.36	100.00	6759	186
all groups . . . . .	30	3.02	2.44	69.05	10.31	6.58	6.26	7.80	100.00	5585	150

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM				Per capita monthly expenditure group : all expenditure classes								
				No. of sample villages : 156								
calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	15	5.76	4.38	86.71	3.75	1.85	3.83	3.86	100.00	1273	34	
1501—1700	13	6.39	5.08	87.41	2.61	3.06	3.34	3.58	100.00	1608	42	
1701—1900	18	6.26	5.09	86.39	4.18	2.38	4.38	2.67	100.00	1836	48	
1901—2100	27	6.15	5.01	87.21	2.97	2.61	3.43	3.78	100.00	2005	51	
2101—2300	50	6.21	4.97	85.84	3.60	3.73	4.15	2.68	100.00	2201	56	
2301—2500	53	5.88	4.69	85.47	3.84	3.11	4.44	3.14	100.00	2408	62	
2501—2700	53	6.13	4.92	85.54	4.68	3.41	3.69	2.68	100.00	2578	68	
2701—3000	55	5.40	4.36	86.59	3.78	3.43	3.30	2.90	100.00	2837	73	
3001—3500	68	6.02	4.81	86.50	3.50	3.94	3.75	2.31	100.00	3168	80	
3501—4000	30	5.76	4.60	86.36	3.46	4.90	3.20	2.08	100.00	3706	94	
4001 & above	31	5.34	4.22	84.74	3.44	5.94	3.25	2.63	100.00	4565	121	
all groups	413	5.90	4.72	86.08	3.69	3.79	3.70	2.74	100.00	2665	69	

TABLE (2.1)/(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	3.85	89.73	3.36	..	2.26	4.65	100.00	862	21
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	5.00	3.85	89.73	3.36	..	2.26	4.65	100.00	862	21

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (2-2/R) : PERCENTAGE (0-100) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ASSAM

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	7	6.24	4.80	88.89	2.52	1.22	3.43	3.94	100.00	1272	33
1501—1700 . . . . .	5	7.67	5.93	87.99	1.33	3.60	3.04	4.04	100.00	1607	39
1701—1900 . . . . .	1	6.00	4.48	94.70	1.37	..	1.84	2.09	100.00	1822	41
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	2	7.12	5.28	90.16	3.25	0.83	4.14	1.62	100.00	2205	50
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	15	6.79	5.22	88.84	1.97	2.22	3.22	3.75	100.00	1473	36

TEABL (2-3/R) : PERCENTAGE (0-00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calories from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	3	4.89	3.76	82.58	5.20	4.16	4.46	3.60	100.00	1452	41
1501—1700 . . . . .	1	8.00	6.96	94.20	1.08	0.74	2.83	1.15	100.00	1521	36
1701—1900 . . . . .	4	5.28	4.24	90.62	2.05	1.04	3.96	2.33	100.00	1778	42
1901—2100 . . . . .	3	9.87	8.10	91.59	2.04	1.91	2.41	2.05	100.00	2030	51
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	4.00	2.79	88.11	3.51	1.08	4.61	2.69	100.00	2332	58
2501—2700 . . . . .	1	4.00	2.97	91.32	3.05	..	4.00	1.63	100.00	2525	59
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	13	5.99	4.79	89.62	2.68	1.85	3.49	2.36	100.00	1780	44

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (2.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ASSAM

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	4.48	3.40	73.29	8.23	4.43	6.26	2.74	100.00	1409	44
1501—1700	5	5.45	4.34	86.15	4.27	2.31	3.73	3.34	100.00	1624	46
1701—1900	5	5.35	4.40	87.02	3.43	3.38	3.23	2.84	100.00	1812	48
1901—2100	8	6.29	5.01	88.26	3.26	2.51	3.19	2.78	100.00	1990	49
2101—2300	5	4.39	3.55	91.19	1.68	1.82	2.77	2.34	100.00	2165	55
2301—2500	9	8.03	6.10	89.41	3.63	1.48	3.36	2.12	100.00	2394	64
2501—2700	2	5.03	3.89	87.42	3.93	1.74	3.04	3.87	100.00	2537	66
2701—3000	1	2.00	1.58	90.88	1.33	0.64	3.50	3.65	100.00	2711	62
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>37</b>	<b>6.14</b>	<b>4.83</b>	<b>88.49</b>	<b>3.48</b>	<b>2.04</b>	<b>3.32</b>	<b>2.67</b>	<b>100.00</b>	<b>2103</b>	<b>55</b>

National Sample Survey



TABLE (2.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

4-16 CSO (ND) 76

State : ASSAM

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	6.00	4.56	85.71	4.09	1.03	2.38	6.79	100.00	1384	38
1501—1700 . . . . .	2	3.00	2.79	80.28	7.33	5.40	4.59	2.40	100.00	1639	50
1701—1900 . . . . .	7	7.49	6.13	84.28	5.32	2.72	4.93	2.75	100.00	1863	50
1901—2100 . . . . .	7	5.91	4.99	88.15	2.03	2.37	2.79	4.66	100.00	2010	54
2101—2300 . . . . .	22	6.25	4.87	86.47	2.96	4.08	3.44	3.05	100.00	2212	56
2301—2500 . . . . .	11	4.98	3.89	86.67	3.46	2.76	4.92	2.19	100.00	2427	59
2501—2700 . . . . .	12	5.71	4.39	87.19	4.55	1.93	3.97	2.36	100.00	2560	67
2701—3000 . . . . .	7	7.44	5.79	89.23	2.65	2.89	2.59	2.64	100.00	2801	72
3001—3500 . . . . .	1	1.00	0.50	78.61	1.65	3.46	6.93	9.35	100.00	3461	93
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
<b>all groups . . . . .</b>	<b>70</b>	<b>6.05</b>	<b>4.78</b>	<b>86.95</b>	<b>3.43</b>	<b>3.01</b>	<b>3.70</b>	<b>2.91</b>	<b>100.00</b>	<b>2290</b>	<b>59</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITAL MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 34-43

State : ASSAM

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	4.27	83.25	6.35	2.05	5.36	2.99	100.00	1311	32
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	2.00	1.71	77.29	5.25	3.88	9.33	4.25	100.00	1880	61
1901—2100	6	4.17	3.25	79.22	4.94	4.28	6.71	4.85	100.00	2010	55
2101—2300	17	6.71	5.54	84.17	4.56	3.92	5.11	2.24	100.00	2200	56
2301—2500	20	6.02	4.98	86.80	3.17	2.95	4.74	2.34	100.00	2402	60
2501—2700	22	7.21	5.83	87.64	4.04	2.70	3.24	2.38	100.00	2582	66
2701—3000	22	6.33	5.07	87.07	3.65	3.53	3.37	2.38	100.00	2799	72
3001—3500	22	7.78	5.95	89.30	3.47	2.85	2.81	1.57	100.00	3158	80
3501—4000	4	7.21	5.36	91.15	4.05	1.31	1.95	1.54	100.00	3726	94
4001 & above	3	5.48	4.12	95.61	0.92	0.88	1.44	1.15	100.00	4390	102
all groups	118	6.72	5.34	87.82	3.68	2.95	3.48	2.07	100.00	2742	70

TABLE (2.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7.00	6.07	86.94	2.90	1.74	3.81	4.61	100.00	1945	50
2101—2300	3	3.67	3.16	81.98	5.79	1.01	6.73	4.49	100.00	2137	53
2301—2500	6	5.22	4.26	78.89	6.34	6.16	5.08	3.53	100.00	2427	68
2501—2700	10	6.99	5.87	80.81	5.20	6.65	4.21	3.13	100.00	2599	71
2701—3000	15	4.36	3.58	84.71	3.91	3.50	3.80	4.08	100.00	2910	75
3001—3500	20	6.35	5.24	87.37	2.76	3.51	3.78	2.58	100.00	3176	78
3501—4000	8	6.41	5.06	86.49	3.17	5.87	2.69	1.78	100.00	3635	93
4001 & above	3	7.57	6.09	91.13	3.28	2.01	1.94	1.64	100.00	5067	128
all groups	66	5.82	4.77	85.33	3.70	4.38	3.75	2.84	100.00	3041	78

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)		
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	6.00	4.83	75.00	5.66	4.35	6.70	8.29	100.00	2087	54		
2101—2300	1	14.00	10.08	83.93	4.84	4.78	4.23	2.22	100.00	2110	55		
2301—2500	3	6.41	5.38	81.70	4.42	6.25	4.98	2.65	100.00	2398	60		
2501—2700	4	3.70	2.94	74.82	10.06	6.54	4.51	4.07	100.00	2598	77		
2701—3000	8	4.17	3.52	85.52	5.42	2.68	3.11	3.27	100.00	2922	74		
3001—3500	13	4.46	3.64	80.30	4.60	5.67	6.26	3.17	100.00	3168	82		
3501—4000	15	4.79	4.01	84.06	3.10	6.13	4.06	2.65	100.00	3738	96		
4001 & above	13	6.23	4.95	84.33	4.21	6.80	2.93	1.73	100.00	4290	120		
all groups	59	4.96	4.05	82.95	4.45	5.79	4.12	2.69	100.00	3433	91		

**TABLE (2.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ASSAM

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	1.00	1.01	..	..	..	..	100.00	100.00	2403	60
2501—2700	1	1.00	1.00	83.77	2.20	5.37	5.93	2.73	100.00	2531	75
2701—3000	1	1.00	1.00	63.27	7.90	20.40	5.18	3.25	100.00	2894	91
3001—3500	7	3.36	2.93	79.64	4.65	7.84	4.29	3.58	100.00	3162	86
3501—4000	2	5.51	4.91	80.33	5.76	7.95	3.56	2.40	100.00	3870	103
4001 & above	7	5.30	4.09	82.77	2.78	6.51	3.91	4.03	100.00	5042	129
all groups	20	3.64	3.03	80.20	3.54	7.24	4.00	5.02	100.00	4120	108

Calorie and Protein Values of Food Items in Rural Areas

TABLE (2.10)R : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	1.00	1.00	..	..	..	..	100.00	100.00	2400	60
2501—2700	1	1.00	1.00	62.81	6.31	8.61	16.68	5.59	100.00	2697	99
2701—3000	1	1.00	0.95	70.22	6.22	4.04	8.12	11.40	100.00	2915	86
3001—3500	5	2.56	2.19	73.73	5.73	11.59	4.74	4.21	100.00	3287	97
3501—4000	1	4.00	3.45	76.68	5.37	6.99	9.33	1.63	100.00	3807	96
4001 & above	5	2.48	2.13	73.61	4.76	9.64	6.35	5.64	100.00	4494	127
all groups	14	2.32	2.02	72.25	5.06	9.61	6.32	6.76	100.00	3861	110

TABLE (3.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 384

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	69	6.74	5.41	89.63	3.79	0.99	1.70	3.89	100.00	1211	38
1501—1700	55	5.73	4.65	89.48	5.05	1.23	1.99	2.25	100.00	1575	45
1701—1900	55	5.92	4.62	89.84	5.22	1.01	2.19	1.74	100.00	1785	54
1901—2100	54	6.69	5.37	89.46	4.59	1.83	2.35	1.77	100.00	2011	58
2101—2300	69	6.44	5.13	88.65	5.65	1.48	2.19	2.03	100.00	2200	66
2301—2500	75	6.36	5.04	87.66	5.02	3.25	1.89	2.18	100.00	2401	73
2501—2700	69	5.43	4.39	88.19	4.67	1.57	2.38	3.19	100.00	2602	78
2701—3000	100	5.53	4.36	87.18	6.45	2.21	2.09	2.07	100.00	2832	87
3001—3500	141	5.42	4.29	86.18	6.21	3.09	2.54	1.98	100.00	3197	97
3501—4000	99	5.27	4.18	86.38	5.28	3.51	2.30	2.53	100.00	3750	112
4001 & above	152	5.06	4.02	82.74	8.10	3.83	3.03	2.30	100.00	4949	153
all groups	938	5.77	4.60	86.59	6.05	2.68	2.40	2.28	100.00	2732	83

TABLE (3.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	46	6.60	5.27	90.89	2.81	1.09	1.63	3.58	100.00	1130	34
1501—1700	13	6.32	4.91	92.99	2.30	0.82	1.40	2.49	100.00	1583	43
1701—1900	9	5.10	3.78	97.68	0.60	..	1.04	0.68	100.00	1784	46
1901—2100	4	7.25	5.25	90.60	5.78	0.50	1.15	1.97	100.00	1948	64
2101—2300	1	5.00	3.63	92.81	2.82	0.67	0.92	2.78	100.00	2243	74
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	73	6.39	5.00	92.19	2.65	0.84	1.47	2.85	100.00	1320	39



TABLE (3.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT BY AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	20	6.51	5.31	90.28	4.24	0.95	1.91	2.62	100.00	1346	40
1501—1700 . . . . .	31	5.73	4.75	90.26	5.50	0.66	1.86	1.72	100.00	1563	45
1701—1900 . . . . .	25	5.71	4.42	88.60	7.42	0.35	1.62	2.01	100.00	1787	60
1901—2100 . . . . .	20	6.46	5.13	92.72	3.88	0.31	1.54	1.55	100.00	1996	59
2101—2300 . . . . .	18	4.89	3.75	94.13	2.11	0.32	1.67	1.77	100.00	2223	64
2301—2500 . . . . .	18	5.94	4.63	85.23	4.69	7.16	1.28	1.64	100.00	2368	76
2501—2700 . . . . .	7	5.01	3.79	91.96	5.18	0.25	1.56	1.05	100.00	2599	78
2701—3000 . . . . .	3	5.20	3.60	91.63	4.87	0.38	1.11	2.01	100.00	2754	90
3001—3500 . . . . .	1	4.00	2.92	91.94	4.68	..	0.76	2.62	100.00	3363	113
3501—4000 . . . . .	1	1.00	0.50	91.77	..	..	1.95	6.28	100.00	3696	120
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	144	5.81	4.60	90.08	4.81	1.72	1.59	1.80	100.00	1898	57

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	8.95	7.14	80.28	8.52	0.57	1.47	9.16	100.00	1425	53
1501—1700 . . . . .	7	4.95	2.63	82.72	7.51	3.29	3.93	2.55	100.00	1589	46
1701—1900 . . . . .	10	6.68	5.38	91.65	3.37	0.87	2.63	1.48	100.00	1801	53
1901—2100 . . . . .	8	5.34	4.36	91.39	3.24	1.27	2.12	1.98	100.00	2015	55
2101—2300 . . . . .	14	5.83	4.74	87.58	8.03	0.28	1.56	2.55	100.00	2201	67
2301—2500 . . . . .	9	7.09	5.31	88.90	6.43	1.16	1.93	1.58	100.00	2359	73
2501—2700 . . . . .	9	6.09	5.05	94.92	1.24	0.50	1.59	1.75	100.00	2622	74
2701—3000 . . . . .	7	4.67	3.50	93.49	3.48	1.22	1.22	0.59	100.00	2780	84
3001—3500 . . . . .	6	7.38	5.68	95.42	3.23	0.11	0.93	0.31	100.00	3200	115
3501—4000 . . . . .	1	3.00	2.19	93.17	4.60	..	1.85	0.38	100.00	3695	125
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	73	6.14	4.87	90.67	4.77	0.80	1.81	1.95	100.00	2229	69

TABLE (3.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	1	9.00	7.42	94.70	0.58	0.49	3.09	1.14	100.00	1308	34
1501—1700 . . . . .	2	5.26	4.37	85.33	5.27	3.21	1.55	4.64	100.00	1625	45
1701—1900 . . . . .	5	8.13	6.43	84.30	6.46	4.39	3.44	1.41	100.00	1754	57
1901—2100 . . . . .	16	6.73	5.53	85.50	5.90	3.37	3.28	1.95	100.00	2029	58
2101—2300 . . . . .	20	7.14	5.77	88.52	5.96	1.32	2.42	1.78	100.00	2191	63
2301—2500 . . . . .	14	6.84	5.43	90.93	3.42	1.30	1.86	2.49	100.00	2407	74
2501—2700 . . . . .	14	7.68	5.92	88.78	5.27	2.34	2.24	1.37	100.00	2584	83
2701—3000 . . . . .	17	6.04	4.68	89.26	6.39	0.70	1.46	2.19	100.00	2796	79
3001—3500 . . . . .	10	3.80	2.82	90.44	6.10	0.38	1.40	1.68	100.00	3178	102
3501—4000 . . . . .	3	1.56	0.86	88.25	4.16	..	3.18	4.41	100.00	3611	111
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	102	6.45	5.12	88.68	5.49	1.65	2.15	2.03	100.00	2375	70

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	6.26	5.03	78.88	10.01	3.32	3.28	4.51	100.00	1564	50
1701—1900	4	4.62	3.80	74.12	6.80	10.80	2.35	5.93	100.00	1831	56
1901—2100	5	8.89	7.17	88.35	3.82	3.04	3.05	1.74	100.00	2040	56
2101—2300	14	7.67	6.03	86.20	5.55	3.63	2.52	2.10	100.00	2195	72
2301—2500	20	6.26	5.03	88.78	5.23	1.54	2.70	1.75	100.00	2431	71
2501—2700	20	5.45	4.47	88.05	5.61	1.92	2.28	2.14	100.00	2609	79
2701—3000	35	5.54	4.45	86.42	7.78	1.95	2.16	1.69	100.00	2861	39
3001—3500	31	5.44	4.28	88.33	6.74	1.41	2.16	1.36	100.00	3196	92
3501—4000	10	5.69	4.33	92.90	3.41	0.86	1.24	1.59	100.00	3675	100
4001 & above	5	7.35	5.43	87.54	8.63	1.64	1.49	0.70	100.00	4324	149
all groups	146	5.98	4.75	87.81	6.36	1.93	2.22	1.68	100.00	2796	85

TABLE (3.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	5.70	4.50	82.46	8.01	1.84	5.23	2.46	100.00	1718	54
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	4.79	3.86	84.05	6.28	0.12	5.87	3.68	100.00	2226	72
2301—2500	7	7.96	6.69	82.06	8.38	5.33	1.58	2.65	100.00	2430	70
2501—2700	12	4.03	3.45	84.65	5.68	1.49	4.50	3.68	100.00	2603	71
2701—3000	24	5.26	4.23	87.78	4.94	2.03	2.73	2.52	100.00	2858	81
3001—3500	53	6.04	4.78	85.62	5.50	4.17	2.87	1.84	100.00	3156	95
3501—4000	38	5.62	4.51	89.30	4.97	1.92	1.73	2.08	100.00	3742	115
4001 & above	20	4.60	3.51	86.95	7.08	2.42	2.00	1.55	100.00	4426	144
all groups	158	5.51	4.39	86.78	5.75	2.94	2.48	2.05	100.00	3305	100

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : BIHAR

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	4.00	3.48	76.14	6.56	10.79	4.34	2.17	100.00	1984	68
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	5	4.98	4.03	86.00	5.75	0.38	2.04	5.83	100.00	2450	62
2501—2700	4	2.24	1.93	53.19	3.10	1.25	2.47	39.99	100.00	2577	65
2701—3000	8	5.59	4.63	79.20	6.06	8.41	3.09	3.24	100.00	2863	92
3001—3500	25	4.98	4.00	82.31	7.64	4.37	3.10	2.58	100.00	3257	100
3501—4000	26	5.77	4.51	81.46	6.64	6.63	2.99	2.28	100.00	3790	112
4001 & above	47	5.67	4.55	85.76	8.83	1.92	2.22	1.27	100.00	4423	138
all groups	116	5.37	4.30	83.67	7.90	3.57	2.58	2.28	100.00	3812	116

TABLE (3.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	2.38	2.25	79.57	5.06	11.42	2.01	1.94	100.00	2417	67
2501—2700	2	1.00	0.96	21.66	3.19	..	1.71	73.44	100.00	2525	63
2701—3000	4	5.29	4.51	78.34	8.09	6.39	3.86	3.32	100.00	2799	94
3001—3500	12	3.46	2.97	73.25	7.08	7.63	3.82	8.22	100.00	3321	101
3501—4000	15	4.88	3.98	82.14	5.07	5.25	3.64	3.90	100.00	3763	110
4001 & above	48	4.98	4.03	80.73	7.74	6.13	2.44	2.96	100.00	4850	150
all groups	83	4.65	3.82	80.14	7.23	6.15	2.79	3.69	100.00	4322	133

Calorie and Protein Values of Food Items in Rural Areas

TABLE (3.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group Rs. 75-100

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	13.00	10.92	70.59	3.57	20.40	3.83	1.61	100.00	2867	92
3001—3500	3	4.83	4.62	70.30	14.34	6.83	5.09	3.44	100.00	3361	112
3501—4000	4	1.64	1.52	63.65	8.01	3.42	2.97	21.95	100.00	3772	113
4001 & above	19	3.58	2.92	80.07	9.38	4.46	3.51	2.58	100.00	6221	198
all groups	27	3.61	3.01	78.63	9.43	5.07	3.60	3.27	100.00	5607	178



TABLE (3.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

5-16CSO/ND/76

State : BIHAR

Per capita monthly expenditure group Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	1.00	1.00	..	..	..	..	100.00	100.00	2654	61
2701—3000	1	1.00	1.00	11.41	..	2.33	..	86.26	100.00	2862	67
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	1	1.00	1.00	81.77	6.03	1.05	4.00	7.15	100.00	3747	107
4001 & above	13	5.34	4.26	72.74	6.30	6.28	9.21	5.47	100.00	9342	241
all groups	16	4.60	3.71	71.98	6.23	6.20	9.09	6.50	100.00	9047	233

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.0/R)—PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita Monthly expenditure group : all expenditure classes

No. of Sample villages : 162

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	per centage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	26	7.83	7.74	85.82	4.36	2.99	4.56	2.27	100.00	1079	32
1501—1700	15	5.64	4.43	76.88	6.33	6.22	6.93	3.64	100.00	1596	46
1701—1900	22	6.26	5.13	80.62	4.61	3.86	6.16	4.75	100.00	1826	54
1901—2100	39	5.67	4.60	76.65	5.80	4.60	7.54	5.41	100.00	2009	59
2101—2300	34	7.75	6.25	79.67	5.11	6.53	5.91	2.78	100.00	2196	64
2301—2500	39	5.88	4.82	79.58	5.02	6.40	6.17	2.83	100.00	2399	71
2501—2700	25	6.01	4.61	80.95	5.81	6.56	4.59	2.09	100.00	2610	80
2701—3000	60	5.89	4.74	78.87	5.68	7.41	5.93	2.11	100.00	2856	84
3001—3500	68	5.28	4.16	77.79	5.79	8.09	6.07	2.26	100.00	3230	94
3501—4000	40	4.84	3.83	76.52	6.23	8.37	6.07	2.81	100.00	3742	107
4001 & above	103	3.99	3.19	75.61	6.16	9.76	6.16	2.31	100.00	4865	138
all groups	471	5.52	4.19	78.24	5.66	7.16	6.08	2.86	100.00	2822	82

TABLE (4.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	13	7.27	5.79	88.13	3.13	1.79	4.24	2.71	100.00	1213	37
1501—1700	1	6.00	4.53	90.99	0.78	2.34	3.15	2.74	100.00	1576	47
1701—1900	1	5.00	3.61	90.67	1.78	2.81	2.39	2.35	100.00	1737	53
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	1.00	0.50	70.34	2.93	12.56	11.35	2.82	100.00	7928	47
all groups	16	6.80	5.37	87.90	2.95	2.16	4.29	2.70	100.00	1275	39

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	10	8.87	10.86	85.36	4.47	3.87	4.68	1.62	100.00	936	28
1501—1700	2	5.95	4.77	88.54	2.73	3.13	3.28	2.32	100.00	1580	49
1701—1900	9	6.21	5.19	87.65	2.61	2.13	5.43	2.18	100.00	1825	54
1901—2100	6	7.10	5.49	85.90	2.54	5.23	4.01	2.32	100.00	1995	62
2101—2300	2	10.36	8.22	83.89	9.12	2.76	2.58	1.65	100.00	2207	72
2301—2500	4	5.14	3.94	92.23	1.35	1.16	3.62	1.64	100.00	2333	72
2501—2700	1	8.00	6.12	93.59	1.06	1.31	1.82	2.22	100.00	2693	85
2701—3000	1	17.00	12.72	87.84	4.92	2.87	2.58	1.79	100.00	2739	92
3001—3500	1	7.00	5.59	91.01	0.58	0.07	0.77	0.57	100.00	3489	88
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	36	6.95	6.42	88.22	2.80	2.96	4.09	1.93	100.00	1621	49

TABLE (4.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE IN TAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(6)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	4.32	81.94	7.12	..	7.18	3.76	100.00	1451	43
1501—1700	2	10.71	8.54	73.07	6.16	7.88	10.59	2.30	100.00	1665	41
1701—1900	4	7.77	6.41	83.07	5.08	4.98	4.95	1.92	100.00	1762	54
1901—2100	7	4.93	4.07	81.20	4.12	3.87	8.37	2.44	100.00	1983	57
2101—2300	2	7.34	5.82	73.55	8.26	7.13	9.41	1.65	100.00	2134	65
2301—2500	5	6.98	5.65	87.88	5.35	1.99	2.83	1.95	100.00	2406	74
2501—2700	4	6.04	4.77	88.16	6.29	1.64	1.99	1.92	100.00	2599	84
2701—3000	1	8.00	6.50	85.61	0.63	2.66	9.79	1.31	100.00	2829	76
3001—3500	1	4.00	2.68	84.63	3.45	3.53	7.21	1.18	100.00	3105	90
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4000 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>27</b>	<b>6.37</b>	<b>5.15</b>	<b>84.63</b>	<b>5.19</b>	<b>3.14</b>	<b>5.05</b>	<b>1.99</b>	<b>100.00</b>	<b>2218</b>	<b>67</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	1	7.00	6.00	83.94	9.26	0.47	3.55	2.78	100.00	1407	39
1501—1700 . . . . .	6	5.67	4.49	77.40	5.90	6.70	6.22	3.78	100.00	1562	46
1701—1900 . . . . .	3	5.42	4.50	73.19	6.33	6.48	11.64	2.36	100.00	1877	52
1901—2100 . . . . .	10	5.66	4.47	79.15	8.15	5.09	5.20	2.41	100.00	2011	60
2101—2300 . . . . .	11	8.75	6.92	83.38	3.66	6.76	4.34	1.86	100.00	2240	66
2301—2500 . . . . .	6	6.64	5.19	79.40	3.23	6.28	7.84	3.25	100.00	2390	70
2501—2700 . . . . .	6	6.04	4.52	84.77	2.83	6.66	4.30	1.44	100.00	2624	80
2701—3000 . . . . .	9	6.67	5.38	83.52	3.64	7.36	3.74	1.74	100.00	2833	88
3001—3500 . . . . .	4	5.98	4.48	83.92	3.90	7.49	3.42	1.27	100.00	3137	97
3501—4000 . . . . .	1	9.00	7.08	92.48	2.21	3.32	1.17	0.82	100.00	3629	115
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	57	6.52	5.13	82.39	4.24	6.33	4.98	2.06	100.00	2366	71

TABLE (4.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	5.71	5.18	73.28	10.57	5.46	7.68	3.01	100.00	1638	47
1701—1900	4	6.64	5.13	73.53	4.36	4.11	5.12	12.88	100.00	1846	52
1901—2100	6	3.57	2.96	76.84	8.95	4.21	7.32	2.68	100.00	2070	59
2101—2300	10	6.80	5.78	79.93	3.89	5.12	8.26	2.80	100.00	2178	58
2301—2500	13	4.59	3.92	79.37	5.41	5.82	7.03	2.37	100.00	2383	68
2501—2700	4	5.05	3.67	79.13	5.38	4.97	7.75	2.77	100.00	2622	80
2701—3000	16	4.84	3.92	82.61	4.71	5.49	4.94	2.25	100.00	2805	86
3001—3500	10	5.34	4.20	81.01	6.23	5.62	5.09	2.05	100.00	3264	100
3501—4000	3	5.30	3.71	81.91	8.50	2.73	4.51	2.35	100.00	3716	122
4001 & above	1	9.00	6.54	92.33	1.28	4.48	1.10	0.81	100.00	4156	125
all groups	69	5.23	4.21	80.74	5.30	5.15	5.87	2.94	100.00	2616	77

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per I house holds	percentage of calorie from food group					total	average intake per diem per consumer unit	
				II	III	IV	V	calorie		protein (gm)	
				(5)	(6)	(7)	(8)				(9)
upto— 1500	1	9.00	7.14	32.92	8.31	35.74	15.60	7.43	100.00	1347	31
1501—1700	2	4.24	2.90	61.41	11.11	9.06	12.30	6.12	100.00	1682	49
1701—1900	1	5.00	4.48	71.39	13.78	3.82	3.64	7.37	100.00	1841	64
1901—2100	6	6.09	5.03	68.93	5.75	2.50	8.48	14.34	100.00	2029	55
2101—2300	9	7.59	6.02	76.32	6.88	7.47	5.44	3.89	100.00	2175	65
2301—2500	5	7.99	6.32	76.22	5.87	7.30	7.13	3.48	100.00	2450	70
2501—2700	8	6.43	5.14	69.69	11.38	11.27	5.03	2.63	100.00	2572	78
2701—3000	17	6.69	5.32	76.53	8.17	6.35	7.15	1.80	100.00	2904	84
3001—3500	20	5.06	3.89	79.21	5.42	7.57	5.60	2.20	100.00	3136	92
3501—4000	4	3.25	2.58	80.97	6.27	7.20	3.88	1.68	100.00	3775	117
4001 & above	7	3.55	2.77	87.13	3.16	4.33	3.97	1.41	100.00	4347	134
all groups	80	5.71	4.51	79.60	6.78	6.88	6.05	3.39	100.00	2766	81



TABLE (4.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	6.43	5.44	68.99	6.94	6.03	12.37	5.67	100.00	1985	59
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	4	5.63	4.57	72.14	5.77	8.79	8.51	4.79	100.00	2411	67
2501—2700	1	5.00	4.21	73.71	4.85	12.26	5.60	3.58	100.00	2544	69
2701—3000	9	5.58	4.35	76.37	4.95	11.01	5.37	2.30	100.00	2868	80
3001—3500	15	6.24	5.23	75.06	5.88	9.54	6.98	2.54	100.00	3309	94
3501—4000	17	5.75	4.53	75.85	6.22	9.79	6.61	1.53	100.00	3730	104
4001 & above	16	3.43	2.62	82.73	4.64	5.98	5.17	1.48	100.00	4798	142
all groups	65	5.28	4.23	76.63	5.69	8.74	6.71	2.23	100.00	3406	97

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs- 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	6.22	5.60	67.48	7.97	13.75	7.07	3.73	100.00	2442	75
2501—2700	1	7.00	5.64	64.96	11.03	8.51	13.83	1.67	100.00	2692	70
2701—3000	3	5.64	4.96	67.76	4.45	15.76	9.72	2.31	100.00	2890	82
3001—3500	11	5.70	4.57	74.70	6.87	8.08	7.59	2.76	100.00	3251	89
3501—4000	12	3.86	3.16	73.08	6.64	7.86	6.85	5.57	100.00	3782	105
4001 & above	29	4.58	3.54	75.39	5.97	10.29	6.31	2.04	100.00	4618	125
all groups	58	4.80	3.90	73.52	6.39	10.16	6.86	3.07	100.00	3745	104

TABLE (4.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita expenditure group : Rs- 75—100

calorie intake per diem per consumer unit	no. of Sample households	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	5.00	4.09	75.98	4.84	6.30	9.10	3.78	100.00	2015	62
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	3	5.33	4.33	77.87	5.45	7.11	5.14	4.43	100.00	2848	81
3001—3500	3	3.51	2.73	74.02	7.12	9.34	7.24	2.28	100.00	3350	90
3501—4000	3	4.07	3.23	67.11	6.51	12.94	8.33	5.11	100.00	3773	104
4001 & above	31	3.82	3.34	72.41	7.95	10.51	6.59	2.54	100.00	4907	141
all groups	41	3.93	3.32	72.70	7.57	10.19	6.80	2.74	100.00	4260	123

Calorie and Protein Values of Food Items in Rural Areas

TABLE (4.10)(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: GUJARAT

Per capita monthly expenditure group : Rs-100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	4.00	3.71	48.04	11.05	16.04	14.58	10.29	100.00	2773	97
3001—3500	3	6.73	5.27	63.95	5.36	19.58	8.03	3.08	100.00	3356	96
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	18	3.70	2.89	68.62	6.35	13.72	7.56	3.75	100.00	5894	165
all groups	22	3.98	3.13	67.87	6.33	14.30	7.71	3.79	100.00	5417	153

TABLE (5.0/(R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group all expenditure classes

No. of sample villages : 61

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group							average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	1	4.00	2.97	4.43	..	12.67	..	82.90	100.00	1008	24	
1501—1700	2	11.30	8.81	90.39	6.17	0.89	1.61	0.94	100.00	1566	57	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	
1901—2100	10	6.68	5.55	91.34	2.54	2.70	1.65	1.77	100.00	2022	59	
2101—2300	6	10.11	8.27	83.56	4.58	6.33	3.55	1.98	100.00	2158	68	
2301—2500	6	9.39	7.32	84.15	1.97	11.34	0.68	1.86	100.00	2412	75	
2501—2700	8	6.00	4.59	82.88	6.23	5.99	2.17	2.73	100.00	2593	83	
2701—3000	16	6.54	5.09	82.85	3.85	8.78	1.96	2.56	100.00	2856	91	
3001—3500	33	7.18	5.61	77.35	4.45	13.91	1.37	2.92	100.00	3206	105	
3501—4000	22	6.93	5.49	80.51	4.32	11.04	1.46	2.67	100.00	3724	119	
4001 & above	62	5.37	4.23	75.63	3.86	17.08	1.78	1.65	100.00	5516	169	
all groups	166	6.57	5.17	78.70	4.00	13.36	1.69	2.25	100.00	3652	115	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State HARYANA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	15.00	11.17	93.87	5.03	..	..	1.10	100.00	1680	62
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	8.68	6.81	89.12	2.54	3.86	3.03	1.45	100.00	2040	58
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	9.69	7.50	90.10	3.04	3.07	2.42	1.37	100.00	1955	59

TABLE (5.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	10.00	7.99	88.49	6.79	1.38	2.49	0.85	100.00	1510	55
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	7.67	6.80	93.16	1.58	1.83	1.28	2.15	100.00	2011	61
2101—2300	1	6.00	4.85	98.53	0.77	..	..	0.70	100.00	2136	67
2301—2500	1	8.00	6.46	91.31	..	1.62	3.89	3.18	100.00	2386	80
2501—2700	1	5.00	3.77	81.83	12.35	..	4.48	1.34	100.00	2663	90
2701—3000	1	6.00	3.72	86.93	5.58	3.60	1.35	2.54	100.00	2985	110
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>8</b>	<b>7.32</b>	<b>5.94</b>	<b>91.29</b>	<b>3.11</b>	<b>1.68</b>	<b>1.92</b>	<b>2.00</b>	<b>100.00</b>	<b>2118</b>	<b>70</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	5.44	4.36	87.99	5.02	4.19	1.43	1.37	100.00	2032	60	
2101—2300	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	7.00	5.65	93.58	3.44	..	2.00	0.98	100.00	2650	93	
2701—3000	1	7.00	5.38	79.85	14.98	4.63	..	0.54	100.00	2879	90	
3001—3500	..	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..	..
all groups	5	6.08	4.85	88.04	6.67	2.91	1.31	1.07	100.00	2363	75	



TABLE (5.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : HARYANA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	14.22	11.39	82.84	5.88	5.60	4.22	1.46	100.00	2154	66
2301—2500	1	9.00	7.03	83.97	2.72	11.50	..	1.81	100.00	2423	70
2501—2700	1	6.00	4.40	81.23	5.13	7.15	1.29	5.20	100.00	2640	87
2701—3000	2	6.77	4.88	86.51	4.90	5.70	0.41	2.48	100.00	2892	90
3001—3500	1	8.00	5.94	72.98	9.88	16.08	..	1.06	100.00	3009	101
3501—4000	2	9.00	7.03	90.96	5.02	1.96	1.37	0.69	100.00	3700	123
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	9	9.12	7.02	84.20	5.60	6.94	1.60	1.66	100.00	2736	87

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	9.00	7.59	80.49	4.57	10.70	2.72	1.52	100.00	2181	68
2301—2500	3	9.37	7.26	83.74	3.27	10.55	0.30	2.14	100.00	2399	75
2501—2700	1	6.00	4.16	73.01	4.32	17.08	2.79	2.80	100.00	2580	81
2701—3000	3	4.66	3.54	84.57	5.09	7.96	1.04	2.34	100.00	2831	90
3001—3500	4	8.13	6.47	84.09	3.70	9.04	0.66	2.51	100.00	3187	107
3501—4000	1	6.00	4.38	86.92	0.73	11.47	..	0.88	100.00	3630	117
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	14	7.53	5.87	83.03	3.71	10.13	0.93	2.20	100.00	2737	88

TABLE (5.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	1.00	0.80	91.72	7.17	..	..	1.11	100.00	2021	64
2101—2300	1	8.00	6.81	77.47	3.16	6.82	6.14	6.41	100.00	2153	73
2301—2500	1	11.00	8.45	80.70	..	18.75	..	0.55	100.00	2446	77
2501—2700	2	7.04	5.66	81.41	6.39	7.26	2.29	2.65	100.00	2571	74
2701—3000	3	4.33	3.70	75.30	4.09	10.59	7.12	2.90	100.00	2833	85
3001—3500	12	7.61	5.96	82.03	3.81	11.49	1.22	1.45	100.00	3210	103
3501—4000	7	7.54	5.88	87.78	4.20	5.16	1.41	1.45	100.00	3749	125
4001 & above	7	5.43	4.25	60.57	3.58	33.71	1.18	0.96	100.00	5014	118
all groups	34	6.59	5.21	76.78	3.78	16.18	1.73	1.53	100.00	3490	103

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no- of sample household	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	11.00	8.84	97.99	..	..	..	2.01	100.00	1995	57
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	8.00	6.30	85.19	12.47	1.58	..	0.76	100.00	2505	86
2701—3000	4	7.57	6.13	82.34	2.07	13.15	0.68	1.16	100.00	2905	92
3001—3500	11	6.39	5.29	72.23	4.12	17.46	1.77	4.42	100.00	3248	111
3501—4000	7	7.18	5.75	75.03	4.10	16.94	1.04	2.89	100.00	3732	119
4001 & above	7	6.60	5.73	85.03	3.79	7.57	2.07	1.54	100.00	4830	161
all groups	31	6.89	5.55	78.81	3.79	13.14	1.51	2.75	100.00	3606	119

TABLE (5.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer units			
				I	II	III	IV	V		calorie	protein (gm)		
				(5)	(6)	(7)	(8)	(9)		(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	3.00	2.14	81.67	4.26	4.66	2.79	6.62	100.00	2509	76		
2701—3000	..	..	..	..	..	..	..	..	..	..	..	..	..
3001—3500	2	3.32	2.87	67.62	3.04	22.23	3.38	3.73	100.00	2485			
3501—4000	3	6.86	5.66	71.88	5.70	19.05	1.31	2.06	100.00	3657	108		
4001 & above	14	5.27	4.27	79.94	4.38	12.10	2.24	1.34	100.00	5109	157		
all groups	20	5.13	4.18	77.93	4.52	13.69	2.16	1.70	100.00	4574	140		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (5.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs- 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit		
				I	II	III	IV	V		calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	
1501—1700	..	..	..	..	..	..	..	..	..	..	..	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	
1901—2100	..	..	..	..	..	..	..	..	..	..	..	
2101—2300	..	..	..	..	..	..	..	..	..	..	..	
2301—2500	..	..	..	..	..	..	..	..	..	..	..	
2501—2700	..	..	..	..	..	..	..	..	..	..	..	
2701—3000	..	2	11.97	9.31	87.10	1.64	4.58	2.09	4.59	100.00	2732	89
3001—3500	..	3	9.61	6.18	74.61	6.51	13.41	1.58	3.89	100.00	3145	92
3501—4000	..	2	2.92	2.29	56.67	3.00	14.68	6.50	19.15	100.00	3861	100
4001 & above	..	17	5.65	4.49	77.00	3.69	15.20	2.29	1.82	100.00	4417	137
all groups	..	24	6.39	4.87	76.84	3.83	13.91	2.35	3.07	100.00	3947	121

TABLE (5.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	4.00	2.97	4.43	..	12.67	..	82.90	100.00	1007	23
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	17	4.50	3.44	73.65	3.81	19.30	1.23	2.01	100.00	8278	262
all groups	18	4.46	3.41	73.06	3.78	19.24	1.22	2.70	100.00	7793	245

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

No. of sample villages : 60

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.74	68.75	13.71	11.22	5.14	1.18	100.00	1491	49
1501—1700	1	9.00	7.13	69.64	9.13	13.18	7.45	0.60	100.00	1694	54
1701—1900	2	6.48	5.24	82.36	5.83	6.96	1.67	3.18	100.00	1850	62
1901—2100	5	7.14	5.96	69.14	9.08	11.32	8.92	1.54	100.00	2035	64
2101—2300	4	8.67	7.08	80.97	6.38	10.30	1.03	1.32	100.00	2206	70
2301—2500	6	5.92	4.56	84.09	5.90	3.39	4.58	2.04	100.00	2467	73
2501—2700	6	11.03	8.30	82.74	6.29	7.78	2.10	1.09	100.00	2641	80
2701—3000	7	6.50	5.17	83.69	6.87	7.14	1.11	1.19	100.00	2906	91
3001—3500	21	6.30	4.85	83.18	5.70	6.91	2.34	1.87	100.00	3234	100
3501—4000	12	5.35	4.27	79.02	6.01	10.15	2.65	2.17	100.00	3721	113
4001 & above	24	3.87	2.95	83.08	4.44	8.12	2.47	1.89	100.00	5643	169
all groups	89	5.82	4.56	81.84	5.94	7.70	2.76	1.76	100.00	3150	98



TABLE (6.3/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	4.87	86.50	4.48	5.53	..	3.49	100.00	1857	62
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	12.00	9.39	96.26	2.41	..	1.25	0.08	100.00	2552	70
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	6.72	5.41	89.09	3.94	4.06	0.33	2.58	100.00	1963	64

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	9.00	7.13	69.64	9.13	13.18	7.45	0.60	100.00	1694	54
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7.00	4.92	81.93	5.97	10.87	..	1.23	100.00	2025	63
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	10.20	7.86	87.75	5.13	2.55	2.95	1.62	100.00	2478	74
2501—2700	1	8.00	6.44	86.20	8.04	5.45	..	0.31	100.00	2672	91
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	5	9.62	7.43	85.13	5.86	4.42	3.20	1.39	100.00	2333	71

**TABLE (6.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	5.00	3.40	77.83	2.57	5.99	13.46	0.15	100.00	1966	51
2101—2300	2	8.30	6.72	79.18	4.84	12.42	2.28	1.28	100.00	2225	72
2301—2500	1	3.00	2.48	78.90	8.12	..	9.82	3.16	100.00	2463	70
2501—2700	1	10.00	7.76	90.25	2.82	5.28	..	1.65	100.00	2646	83
2701—3000	2	7.28	6.11	89.29	6.19	3.99	0.05	0.48	100.00	2861	90
3001—3500	5	7.92	5.73	84.76	4.92	5.23	2.66	2.43	100.00	3255	100
3501—4000	1	5.00	3.43	92.61	1.71	4.80	..	0.88	100.00	3925	123
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	13	6.60	5.10	85.63	5.38	4.77	2.45	1.77	100.00	2948	91

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (6.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs- 34—43

calorie intake per diem per consumer unit	no. of sample household holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.74	68.75	13.71	11.22	5.14	1.18	100.00	1491	49
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	6.00	5.37	81.71	10.15	7.50	..	0.64	100.00	2110	71
2301—2500	3	3.64	2.66	76.11	6.76	8.58	5.96	2.59	100.00	2434	70
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	4	5.90	4.61	81.56	7.25	8.23	1.70	1.26	100.00	2942	93
3001—3500	5	10.88	8.52	87.98	5.05	5.47	0.71	0.79	100.00	3255	101
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	3	7.21	5.40	96.92	1.39	..	0.83	0.86	100.00	4649	149
all groups	17	5.78	4.54	84.55	6.07	6.39	1.81	1.18	100.00	2988	94

TABLE (6.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs- 43—55

calorie intake per diem per consumer unit	no- of sample households	average household size	no- of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	10.00	7.97	63.38	12.00	13.53	9.32	1.77	100.00	1817	59
1901—2100	1	7.00	6.13	62.59	10.57	13.24	11.96	1.64	100.00	2046	66
2101—2300	1	12.00	9.43	82.84	6.27	9.15	..	1.74	100.00	2200	66
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	13.90	10.14	77.75	7.51	10.34	3.03	1.37	100.00	2659	80
2701—3000	1	14.00	10.03	78.10	6.24	11.46	..	4.20	100.00	2755	86
3001—3500	5	3.10	2.57	76.58	8.88	10.01	2.69	1.84	100.00	3266	108
3501—4000	7	8.27	6.42	83.14	4.95	10.06	1.00	0.85	100.00	3772	116
4001 & above	2	5.55	3.85	75.99	4.68	8.37	1.08	9.88	100.00	4921	138
all groups	20	7.07	5.55	76.81	7.00	10.49	3.31	2.39	100.00	3013	93

Calorie and Protein Values of Food Items in Rural Areas

TABLE (6.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	6.00	4.79	80.47	8.91	8.95	..	1.67	100.00	1965	64
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	1.00	1.00	59.12	13.48	21.12	5.85	0.43	100.00	2564	70
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	4	6.74	5.48	76.57	4.35	10.96	5.31	2.81	100.00	3061	88
3501—4000	1	6.00	5.09	80.14	9.75	0.22	3.29	6.60	100.00	3582	109
4001 & above	7	3.35	2.67	83.96	5.03	6.80	3.24	0.97	100.00	5223	159
all groups	14	4.02	3.25	82.30	5.57	6.78	3.48	1.87	100.00	4384	133

TABLE (6.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs.75—100

calorie intake per diem per consumer unit	no- of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	11.00	8.78	87.42	4.97	4.42	1.68	1.51	100.00	2040	59
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	2.00	1.71	74.44	10.35	14.28	..	0.93	100.00	3241	109
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	6	3.98	3.00	86.34	3.92	6.17	2.45	1.12	100.00	6964	208
all groups	8	4.10	3.17	85.73	4.36	6.51	2.26	1.14	100.00	5643	169

TABLE (6.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1910—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	1.00	1.00	65.76	13.88	6.68	9.04	4.64	100.00	3319	96
3501—4000	3	2.41	2.07	62.89	7.45	18.54	7.77	3.35	100.00	3633	103
4001 & above	6	1.81	1.28	43.91	9.30	41.28	3.13	2.38	100.00	8289	201
all groups	10	2.14	1.75	54.88	8.36	27.98	5.82	2.96	100.00	4762	127



TABLE (7.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

7-16 C.S.O./N.D.J/76

State : Jammu & Kashmir

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 353

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	7	6.93	5.63	74.72	5.46	10.45	3.41	5.96	100.00	1365	41
1501—1700 . . . . .	2	1.39	1.30	82.00	5.57	2.65	7.04	2.74	100.00	1646	46
1701—1900 . . . . .	5	7.85	6.70	84.38	2.12	4.40	3.20	5.90	100.00	1842	57
1901—2100 . . . . .	9	6.43	5.41	83.84	3.47	6.67	3.94	2.08	100.00	2021	63
2101—2300 . . . . .	10	7.08	5.69	82.46	3.74	4.50	4.32	4.98	100.00	2205	68
2301—2500 . . . . .	36	5.87	4.77	85.23	2.96	4.58	2.94	4.29	100.00	2443	74
2501—2700 . . . . .	46	6.31	5.12	83.80	3.88	4.95	3.65	3.72	100.00	2595	77
2701—3000 . . . . .	99	6.15	4.95	82.04	3.76	7.29	3.59	3.32	100.00	2854	85
3001—3500 . . . . .	227	6.25	4.98	83.57	2.76	6.15	3.75	3.77	100.00	3241	91
3501—4000 . . . . .	164	5.92	4.75	83.53	2.45	6.84	3.56	3.62	100.00	3700	104
4001 & above . . . . .	204	5.15	4.10	80.86	3.18	8.16	3.48	4.32	100.00	4821	138
all groups . . . . .	809	5.91	4.73	82.59	3.01	6.93	3.59	3.88	100.00	3490	100

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir	Per capita monthly expenditure group : Rs. 00—15											
	calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein (gm)
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	7.00	5.64	85.56	5.74	3.43	2.69	2.58	100.00	1482	43	
1501—1700	..	..	..	..	..	..	..	..	..	..	..	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	
1901—2100	..	..	..	..	..	..	..	..	..	..	..	
2101—2300	..	..	..	..	..	..	..	..	..	..	..	
2301—2500	(1)	6.00	4.77	93.64	3.00	..	1.30	2.06	100.00	2424	81	
2501—2700	..	..	..	..	..	..	..	..	..	..	..	
2701—3000	..	..	..	..	..	..	..	..	..	..	..	
3001—3500	1	2.00	1.57	97.63	..	0.63	1.14	0.60	100.00	3355	79	
3501—4000	..	..	..	..	..	..	..	..	..	..	..	
4001 & above	..	..	..	..	..	..	..	..	..	..	..	
<b>all groups</b>	<b>3</b>	<b>6.05</b>	<b>4.84</b>	<b>89.97</b>	<b>4.13</b>	<b>1.72</b>	<b>1.97</b>	<b>2.21</b>	<b>100.00</b>	<b>1876</b>	<b>57</b>	

TABLE (7.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	2	6.52	5.24	58.36	7.49	24.53	2.47	7.15	100.00	1205	38
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	7.79	6.93	86.43	1.65	2.48	2.82	6.62	100.00	1841	56
1901—2100	3	5.47	4.61	86.76	5.58	3.84	2.99	0.83	100.00	1990	64
2101—2300	2	4.99	3.80	80.39	5.22	11.11	1.82	1.46	100.00	2176	69
2301—2500	7	5.60	4.35	91.70	0.68	1.94	2.54	3.14	100.00	2444	74
2501—2700	4	5.67	4.40	90.07	3.77	2.25	1.66	2.25	100.00	2532	84
2701—3000	6	5.13	3.74	87.79	2.98	13.66	3.05	2.52	100.00	2841	95
3001—3500	4	6.76	5.34	88.70	0.22	8.84	..	2.24	100.00	3102	102
3501—4000	2	6.01	4.74	85.52	1.07	7.25	1.39	4.77	100.00	3652	128
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	32	5.72	4.49	87.41	2.54	4.82	2.23	3.00	100.00	2449	79

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.3/R) : PER CENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	2	11.15	8.98	80.87	2.12	7.86	3.88	5.27	100.00	1856	57
1901—2100 . . . . .	1	8.00	6.74	79.50	4.33	14.64	..	1.53	100.00	1995	69
2101—2300 . . . . .	1	7.00	6.50	85.52	0.82	3.98	3.17	6.51	100.00	2183	75
2301—2500 . . . . .	9	8.58	7.13	82.25	5.45	7.12	2.05	3.13	100.00	2449	77
2501—2700 . . . . .	9	6.14	4.92	87.73	3.14	3.28	2.76	3.09	100.00	2594	83
2701—3000 . . . . .	13	7.78	6.13	86.14	3.80	5.48	2.04	2.54	100.00	2875	90
3001—3500 . . . . .	8	6.54	5.26	84.86	3.11	8.51	1.13	2.39	100.00	3132	103
3501—4000 . . . . .	2	6.86	4.81	85.56	0.30	11.94	0.76	1.44	100.00	3523	116
4001 & above]. . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	45	7.27	5.84	85.44	3.50	6.16	2.05	2.85	100.00	2728	87

TABLE (7.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	12.00	10.19	77.61	..	2.71	8.25	11.43	100.00	1427	42
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	4.00	2.97	78.42	6.54	9.37	4.22	1.45	100.00	1797	59
1901—2100	2	8.00	6.75	81.65	1.25	9.08	5.42	2.60	100.00	2053	61
2101—2300	4	9.39	7.36	82.67	5.24	3.26	4.08	4.75	100.00	2213	70
2301—2500	7	5.61	4.64	86.49	3.69	3.78	3.62	2.42	100.00	2445	72
2501—2700	6	6.32	5.15	85.03	5.10	3.47	3.53	2.87	100.00	2608	74
2701—3000	15	5.55	4.35	84.50	2.65	6.20	3.03	3.62	100.00	2898	89
3001—3500	17	6.40	5.03	85.46	5.16	4.87	1.83	2.68	100.00	3157	102
3501—4000	7	5.04	3.74	78.24	3.12	15.52	1.66	1.46	100.00	3773	124
4001 & above	6	6.92	5.58	70.77	2.72	22.61	0.68	3.22	100.00	4202	142
all groups	66	6.24	4.94	82.57	3.75	7.93	2.71	3.04	100.00	2888	91

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (7.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER-CAPITA MONTHLY EXPENDITURE CLASSES**

State : Jammu & Kashmir Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	7.05	5.66	86.51	2.44	3.68	3.44	3.93	100.00	2078	59
2101—2300	2	5.50	4.49	81.45	0.93	2.99	7.52	7.11	100.00	2223	59
2301—2500	4	6.47	5.53	89.67	0.93	2.86	3.15	3.39	100.00	2436	78
2501—2700	11	5.82	4.74	79.69	4.32	7.83	4.25	3.91	100.00	2594	78
2701—3000	33	6.82	5.43	80.94	3.64	8.32	4.06	3.04	100.00	2835	83
3001—3500	56	6.48	5.11	85.17	2.85	5.30	3.54	3.14	100.00	3225	93
3501—4000	24	5.71	4.44	84.67	2.72	7.58	2.32	2.71	100.00	3708	112
4001 & above	13	5.22	3.75	85.21	3.30	6.72	1.78	2.99	100.00	4500	144
<b>all groups</b>	<b>145</b>	<b>6.22</b>	<b>4.90</b>	<b>83.80</b>	<b>3.09</b>	<b>6.64</b>	<b>3.34</b>	<b>3.13</b>	<b>100.00</b>	<b>3213</b>	<b>95</b>

TABLE (7.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	3.00	2.50	89.61	2.94	0.37	3.84	3.24	100.00	1561	38
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	3.00	2.14	68.78	5.21	17.17	7.29	1.55	100.00	2154	63
2301—2500	2	5.00	4.18	73.00	6.36	12.80	6.65	1.19	100.00	2412	64
2501—2700	9	7.82	6.52	82.74	2.94	5.38	4.40	4.54	100.00	2625	69
2701—3000	14	6.48	5.48	80.63	4.79	7.33	4.41	2.84	100.00	2830	82
3001—3500	66	6.23	4.91	82.57	2.99	6.51	3.94	3.99	100.00	3263	89
3501—4000	51	6.43	5.12	84.94	2.55	5.62	3.54	3.35	100.00	3646	102
4001 & above	23	5.89	4.63	74.58	4.83	9.33	2.49	8.77	100.00	4690	145
all groups	167	6.32	5.06	81.74	3.36	6.77	3.66	4.47	100.00	3455	98

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (7.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 13—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	1.00	1.00	77.72	7.06	3.93	8.84	2.45	100.00	1698	50
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	3	4.83	3.76	77.08	0.31	10.25	6.52	5.84	100.00	2450	58
2501—2700	2	7.22	5.79	81.32	1.12	6.78	6.29	4.49	100.00	2665	66
2701—3000	12	4.84	4.21	77.43	4.41	10.29	3.37	4.50	100.00	2881	82
3001—3500	41	5.87	4.77	83.27	2.31	6.38	4.00	4.04	100.00	3247	89
3501—4001	47	6.04	4.99	84.35	2.59	4.76	4.14	4.16	100.00	3736	100
4001 & above	45	5.82	4.53	83.32	3.22	7.74	3.06	2.66	100.00	4441	125
all groups	151	5.79	4.69	83.23	2.85	6.63	3.68	3.61	100.00	3728	103



TABLE (7.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	calorie	total	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	2	1.00	1.00	..	..	..	..	100.00	100.00	900	23
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	1	1.00	1.00	..	..	..	..	100.00	100.00	2089	54
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	2	6.60	5.45	68.98	8.61	5.71	6.57	10.13	100.00	2522	82
2701—3000 . . . . .	3	6.14	4.99	77.71	2.50	5.27	3.35	11.17	100.00	2887	76
3001—3500 . . . . .	22	6.45	5.23	81.78	1.74	6.33	5.30	4.85	100.00	3306	87
3501—4001 . . . . .	19	5.48	4.53	79.89	2.09	8.85	4.53	4.64	100.00	3740	102
4001 & above . . . . .	68	5.19	4.24	82.36	2.09	7.38	3.91	4.26	100.00	4654	126
all groups . . . . .	117	5.50	4.49	81.67	2.09	7.39	4.26	4.59	100.00	4134	112

Calorie and Protein Values of Food Items in Rural Areas

TABLE (7.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIES INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Jammu & Kashmir

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	3.00	2.53	70.12	6.42	15.23	5.85	2.38	100.00	2537	78
2701—3000	2	4.61	3.73	74.30	4.78	9.46	5.98	5.48	100.00	2794	80
3001—3500	7	6.34	5.10	77.92	1.54	7.77	5.30	7.47	100.00	3262	82
3501—4001]	9	5.37	4.47	78.12	1.32	11.91	4.37	4.28	100.00	3752	102
4001 & above	22	3.79	3.12	81.41	2.56	7.42	4.74	3.87	100.00	5344	144
all groups	42	4.45	3.66	80.03	2.22	8.68	4.73	4.34	100.00	4474	120

**TABLE (7.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Jammu & Kashmir

Per capita monthly expenditure groups : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	1	1.00	1.00	..	..	..	..	100.00	100.00	1227	30
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	3	1.00	1.00	..	..	..	..	100.00	100.00	2472	60
2501—2700	1	1.00	1.00	..	..	..	..	100.00	100.00	2534	61
2701—3000	1	1.00	1.00	69.69	..	11.38	10.20	8.73	100.00	2942	79
3001—3500	5	5.91	4.91	81.25	0.37	6.71	6.67	5.00	100.00	3265	89
3501—4001	3	1.05	1.04	65.21	1.41	13.27	8.68	11.43	100.00	3688	103
4001 & above	27	3.78	3.06	77.53	4.74	8.68	4.63	4.42	100.00	6875	205
<b>all groups</b>	<b>41</b>	<b>3.32</b>	<b>2.73</b>	<b>76.58</b>	<b>4.47</b>	<b>8.61</b>	<b>4.75</b>	<b>5.59</b>	<b>100.00</b>	<b>6390</b>	<b>190</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

No. of villages : 170

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	95	6.74	5.37	80.70	5.81	4.11	2.14	7.24	100.00	1159	29
1501—1700 . . . . .	54	6.26	5.03	83.45	6.37	3.27	2.26	4.65	100.00	1631	38
1701—1900 . . . . .	43	6.31	4.95	82.55	4.79	4.86	2.00	5.80	100.00	1793	47
1901—2100 . . . . .	42	6.79	5.42	80.63	6.65	4.22	2.09	6.41	100.00	2005	50
2101—2300 . . . . .	42	6.35	5.23	74.47	8.37	4.68	2.24	10.24	100.00	2187	54
2301—2500 . . . . .	37	5.59	4.26	80.15	6.76	4.71	2.32	6.06	100.00	2402	61
2501—2700 . . . . .	47	4.94	3.82	80.58	6.06	4.50	2.47	6.39	100.00	2584	62
2701—3000 . . . . .	50	4.23	3.30	71.92	9.37	6.98	2.45	9.28	100.00	2857	76
3001—3500 . . . . .	69	4.00	3.29	74.59	7.27	7.05	2.20	8.89	100.00	3258	83
3501—4000 . . . . .	53	4.27	3.47	73.61	9.58	6.84	3.20	6.77	100.00	3756	98
4001 & above . . . . .	76	3.62	2.82	74.37	9.57	5.97	2.59	7.50	100.00	5792	132
all groups . . . . .	608	5.78	4.60	78.22	7.15	5.08	2.31	7.24	100.00	2023	50

TABLE (8.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	19	6.90	5.49	87.59	3.37	4.70	1.82	2.52	100.00	893	22
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	19	6.90	5.49	87.59	3.37	4.70	1.82	2.52	100.00	893	22

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	26	6.51	5.23	81.02	6.24	4.38	2.10	6.26	100.00	1141	30
1501—1700	9	5.56	4.55	85.21	7.32	3.88	1.58	2.01	100.00	1588	36
1701—1900	1	4.00	2.79	87.21	4.71	2.09	3.28	2.71	100.00	1806	37
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>36</b>	<b>6.30</b>	<b>5.08</b>	<b>82.06</b>	<b>6.51</b>	<b>4.25</b>	<b>1.98</b>	<b>5.20</b>	<b>100.00</b>	<b>1229</b>	<b>31</b>

TABLE (8.3/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample house-holds	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	13	6.05	4.73	81.46	4.77	3.68	2.62	7.47	100.00	1275	30
1501—1700	6	6.46	5.25	90.18	2.32	3.12	2.24	2.14	100.00	1617	37
1701—1900	6	6.02	4.62	89.59	1.33	3.43	1.59	4.06	100.00	1781	45
1901—2100	1	4.00	3.27	90.14	2.42	4.88	0.38	2.18	100.00	1941	46
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	5.00	4.29	94.34	2.75	1.61	0.28	1.02	100.00	2512	53
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	6.00	4.77	97.82	0.42	0.96	0.35	0.45	100.00	8950	206
all groups	28	5.92	4.64	88.04	2.60	3.22	1.76	4.38	100.00	1716	41

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State: Kerala

Per capita, monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample house- holds	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	20	7.43	5.81	78.40	7.40	3.64	2.06	8.50	100.00	1249	31
1501—1700 . . . . .	12	6.92	5.54	85.85	6.48	2.05	1.37	4.25	100.00	1646	37
1701—1900 . . . . .	9	10.11	7.95	82.21	4.14	6.04	1.49	6.12	100.00	1777	49
1901—2100 . . . . .	4	4.16	3.08	88.10	3.68	4.13	1.18	2.91	100.00	1946	50
2101—2300 . . . . .	1	6.00	4.38	94.53	0.79	..	0.31	4.37	100.00	2208	47
2301—2500 . . . . .	2	4.61	2.92	93.11	1.69	1.42	0.91	2.87	100.00	2326	58
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	2.00	1.18	97.28	..	2.08	..	0.64	100.00	2846	66
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	49	7.10	5.51	81.80	5.97	3.82	1.70	6.71	100.00	1466	37



TABLE (8.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

8-16 CSO/ND/76

State : Kerala

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer Unit		
				I	II	III	IV	V	total	calorie	protein
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto 1500 . . . . .	14	6.36	5.37	75.63	4.37	4.51	2.50	12.99	100.00	1391	35
1501—1700 . . . . .	12	5.63	4.66	90.47	2.79	2.10	1.97	2.67	100.00	1652	38
1701—1900 . . . . .	11	5.15	3.94	82.77	6.37	5.24	3.01	2.61	100.00	1782	44
1901—2100 . . . . .	20	7.16	5.69	83.83	5.20	3.67	2.34	4.96	100.00	2020	48
2101—2300 . . . . .	11	4.60	3.71	82.99	6.34	3.85	1.51	5.31	100.00	2211	52
2301—2500 . . . . .	4	8.38	5.72	87.18	3.99	2.53	3.16	3.14	100.00	2432	63
2501—2700 . . . . .	6	5.80	4.49	90.48	2.91	1.71	1.58	3.32	100.00	2581	56
2701—3000 . . . . .	1	7.00	4.60	79.73	8.77	7.44	2.33	1.73	100.00	2805	96
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	79	6.16	4.88	83.92	4.89	3.66	2.36	5.17	100.00	1900	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.6/R) , PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	Total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	2	4.50	3.83	78.51	5.82	5.32	2.40	7.95	100.00	1305	33
1501—1700	10	7.90	5.75	72.85	13.43	4.91	2.93	5.88	100.00	1640	44
1701—1900	8	6.18	5.12	75.23	6.32	5.84	2.62	9.99	100.00	1799	47
1901—2100	8	7.41	6.32	73.95	5.69	5.21	1.20	13.95	100.00	2061	50
2101—2300	7	5.83	5.06	71.70	4.85	4.00	1.43	18.02	100.00	2173	62
2301—2500	4	8.74	7.13	90.29	2.72	2.37	1.41	3.21	100.00	2361	55
2501—2700	9	5.06	4.01	88.44	3.57	2.43	1.63	3.93	100.00	2539	60
2701—3000	5	3.46	2.67	86.05	5.36	2.81	2.00	3.78	100.00	2827	63
3001—3500	4	4.50	3.72	86.66	2.51	3.51	1.13	6.19	100.00	3244	84
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	5.00	3.92	52.35	41.86	1.93	2.17	1.69	100.00	4407	189
all groups	58	5.58	4.49	80.71	5.75	3.84	1.72	7.98	100.00	2320	59

State : Kerala

.Per capita monthly expenditure group : Rs. 34-43

TABLE (8.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	5	6.01	5.09	69.93	4.11	4.37	5.36	16.23	100.00	1665	36
1701—1900 . . . . .	6	4.77	3.95	74.76	8.51	3.73	1.51	11.49	100.00	1870	49
1901—2100 . . . . .	6	8.23	6.48	70.22	14.92	4.75	2.60	7.51	100.00	1941	57
2101—2300 . . . . .	14	6.18	5.06	70.68	10.83	6.84	2.34	9.31	100.00	2200	54
2301—2500 . . . . .	14	4.88	4.02	74.59	9.36	6.77	2.17	7.11	100.00	2391	62
2501—2700 . . . . .	17	4.51	3.41	79.04	7.57	6.15	3.30	3.94	100.00	2609	66
2701—3000 . . . . .	16	5.56	4.50	74.71	8.67	7.60	2.65	6.37	100.00	2816	77
3001—3500 . . . . .	9	3.42	2.73	81.81	4.84	4.20	1.47	7.68	100.00	3196	70
3501—4000 . . . . .	5	2.89	2.30	78.74	4.93	4.06	2.03	10.24	100.00	3835	98
4001 & above . . . . .	3	4.83	3.52	93.41	2.00	2.54	0.36	1.69	100.00	7296	85
all groups . . . . .	95	5.24	4.22	77.09	7.95	5.41	2.21	7.34	100.00	2603	61

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	6.77	5.34	74.85	7.46	1.93	1.80	13.96	100.00	1863	47
1901—2100	3	7.33	6.09	69.34	12.13	8.78	3.47	6.28	100.00	2012	54
2101—2300	9	8.68	7.15	74.37	8.57	3.33	2.89	10.84	100.00	2167	53
2301—2500	9	4.49	3.69	74.25	9.14	4.79	2.70	9.12	100.00	2424	68
2501—2700	10	5.34	4.02	70.94	9.91	6.65	3.33	9.17	100.00	2619	64
2701—3000	15	5.18	4.12	73.67	8.47	7.50	2.84	7.52	100.00	2889	81
3001—3500	30	4.83	3.94	75.32	9.84	7.49	2.60	4.75	100.00	3260	83
3501—4000	21	4.44	3.58	79.82	8.02	4.74	2.60	4.82	100.00	3765	96
4001 & above	14	2.20	1.66	75.23	13.50	3.34	2.18	5.75	100.00	5839	145
all groups	113	5.11	4.11	75.09	9.43	5.61	2.73	7.14	100.00	2955	75

TABLE (8.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	1.00	1.00	..	..	..	..	100.00	100.00	106	2
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	3	6.33	5.65	74.89	7.51	7.41	1.77	8.42	100.00	2448	59
2501—2700 . . . . .	2	2.30	2.06	41.02	3.48	10.94	3.09	41.47	100.00	2627	78
2701—3000 . . . . .	5	5.07	3.81	51.98	19.89	10.76	2.59	14.78	100.00	2925	82
3001—3500 . . . . .	11	4.60	3.69	68.13	8.72	8.62	3.39	11.14	100.00	3316	90
3501—4000 . . . . .	14	4.30	3.55	68.99	10.68	10.81	4.10	5.42	100.00	3753	98
4001 & above . . . . .	20	3.58	2.90	63.31	11.53	5.31	2.47	17.38	100.00	4572	108
all groups . . . . .	56	4.17	3.35	63.46	12.09	8.46	3.07	12.92	100.00	3614	93

Calorie and Protein Values of Food Items in Rural Areas

TABLE (8.10/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Kerala

Per capita monthly expenditure group : Rs.100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	..	..	..	..	..	..	..	..	100.00	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	7.00	5.11	70.56	5.98	10.26	1.89	11.31	100.00	2486	63
2501—2700 . . . . .	2	2.76	2.18	42.78	7.36	8.88	3.61	37.37	100.00	2529	65
2701—3000 . . . . .	7	1.13	1.04	27.42	2.75	3.21	1.12	65.50	100.00	2858	69
3001—3500 . . . . .	15	2.21	1.96	46.72	9.61	14.07	2.75	26.85	100.00	3288	89
3501—4000 . . . . .	13	5.20	4.31	64.40	13.94	7.28	3.84	10.54	100.00	3699	103
4001 & above . . . . .	37	3.90	3.08	64.05	12.79	10.82	4.76	7.58	100.00	5563	155
all groups . . . . .	75	3.21	2.63	59.62	11.87	10.37	4.02	14.12	100.00	4293	118

TABLE (9.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOODGROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PERCAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 298

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	38	6.53	5.40	88.99	4.05	1.70	2.46	2.80	100.00	1229	38
1501—1700 . . . . .	24	7.58	6.09	91.96	2.47	1.21	2.33	2.03	100.00	1587	46
1701—1900 . . . . .	30	5.81	4.77	90.77	4.03	0.88	2.21	2.11	100.00	1845	57
1901—2100 . . . . .	54	5.35	4.48	90.34	3.66	1.43	1.96	2.61	100.00	2011	62
2101—2300 . . . . .	61	6.31	5.10	88.22	5.46	2.09	2.11	2.12	100.00	2208	65
2301—2500 . . . . .	72	5.60	4.60	87.63	4.58	2.95	2.74	2.10	100.00	2404	72
2501—2700 . . . . .	63	5.04	4.21	85.69	5.69	3.81	2.64	2.17	100.00	2615	79
2701—3000 . . . . .	94	5.25	4.11	84.16	7.92	2.87	2.81	2.24	100.00	2855	89
3001—3500 . . . . .	139	4.98	3.97	83.83	6.89	3.95	3.22	2.11	100.00	3258	103
3501—4000 . . . . .	106	4.98	3.96	83.85	9.71	2.47	2.55	1.42	100.00	3719	123
4001 & above . . . . .	347	5.25	4.22	55.62	37.21	3.36	2.51	1.30	100.00	5770	259
all groups . . . . .	1028	5.38	4.34	77.88	14.75	2.89	2.60	1.88	100.00	2261	129

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 00.15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	23	7.18	5.90	91.28	3.55	0.58	1.81	2.78	100.00	1200	37
1501—1700	11	9.23	7.17	94.38	1.87	0.71	1.51	1.53	100.00	1587	47
1701—1900	7	6.16	4.76	92.53	4.41	0.22	1.41	1.43	100.00	1848	66
1901—2100	6	4.78	4.04	91.59	5.54	0.48	1.59	0.80	100.00	1958	69
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	4	7.12	5.59	96.11	2.15	1.03	0.48	0.23	100.00	2447	88
2501—2700	3	6.42	4.68	79.99	17.31	0.13	1.26	1.31	100.00	2628	90
2701—3000	3	3.04	2.35	92.39	0.96	0.03	0.10	6.52	100.00	2766	100
3001—3500	2	5.36	3.90	99.60	..	..	0.40	..	100.00	3080	98
3501—4000	4	5.19	4.08	54.53	43.52	1.08	0.29	0.58	100.00	3758	180
4001 & above	4	7.16	5.44	47.86	51.06	0.29	0.36	0.43	100.00	4407	214
all groups	67	6.47	5.30	80.70	16.21	0.53	1.10	1.46	100.00	1979	73



**TABEL (9.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Maihya Pradesh

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	4	6.29	5.21	90.95	3.13	1.97	1.54	2.41	100.00	1372	43
1501—1700 . . . . .	9	5.76	5.29	88.01	4.25	1.95	3.38	2.41	100.00	1621	50
1701—1900 . . . . .	15	6.16	5.22	90.22	3.86	1.28	2.29	2.35	100.00	1793	55
1901—2100 . . . . .	27	6.04	4.89	92.37	2.24	0.92	1.48	2.99	100.00	1998	61
2101—2300 . . . . .	25	6.48	5.17	91.57	4.05	0.92	1.85	1.61	100.00	2177	63
2301—2500 . . . . .	20	5.43	4.09	92.69	2.63	0.79	2.06	1.83	100.00	2393	71
2501—2700 . . . . .	13	5.06	4.12	90.84	4.37	2.03	0.92	1.84	100.00	2575	86
2701—3000 . . . . .	6	5.41	3.93	88.04	7.36	1.05	2.60	0.95	100.00	2881	92
3001—3500 . . . . .	3	6.81	5.26	89.82	8.48	0.11	0.83	0.76	100.00	3187	116
3501—4000 . . . . .	5	7.78	6.18	90.85	8.75	0.04	0.23	0.13	100.00	3737	162
4001 & above . . . . .	11	6.82	5.38	41.37	55.32	0.10	2.64	0.57	100.00	5642	278
all groups . . . . .	138	6.02	4.82	83.03	13.17	0.73	1.62	1.45	100.00	514	88

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	5	2.21	1.92	87.93	4.43	1.29	3.28	3.07	100.00	1032	37
1501—1700 . . . . .	1	4.00	3.41	87.40	2.19	..	5.70	4.71	100.00	1542	35
1701—1900 . . . . .	2	3.06	3.18	86.75	7.60	0.24	3.10	2.31	100.00	1877	54
1901—2100 . . . . .	8	5.59	5.49	86.67	6.62	2.49	2.41	1.81	100.00	2016	69
2101—2300 . . . . .	12	6.24	5.12	91.74	2.82	1.46	1.59	2.39	100.00	2164	59
2301—2500 . . . . .	8	7.00	5.46	90.44	4.16	1.01	2.62	1.77	100.00	2415	68
2501—2700 . . . . .	7	4.23	3.27	88.47	5.79	0.56	3.49	1.69	100.00	2578	75
2701—3000 . . . . .	15	5.48	4.28	93.80	3.17	0.39	1.30	1.34	100.00	2836	86
3001—3500 . . . . .	12	6.46	5.14	82.06	14.08	1.12	1.48	1.26	100.00	3315	123
3501—4000 . . . . .	3	10.06	7.70	69.57	26.54	0.87	1.65	1.37	100.00	3563	136
4001 & above . . . . .	10	7.32	5.67	45.93	51.20	0.81	1.37	0.69	100.00	5061	244
all groups . . . . .	83	6.01	4.85	80.49	15.18	0.99	1.80	1.54	100.00	2852	98

TABLE (9.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	3.00	2.71	65.03	7.92	9.96	10.25	6.84	100.00	540	14
1501—1700 . . . . .	2	5.93	4.72	78.96	5.11	8.39	4.12	3.42	100.00	1542	51
1701—1900 . . . . .	2	3.00	2.44	82.72	7.40	0.56	2.46	6.86	100.00	1875	66
1901—2100 . . . . .	7	3.85	3.25	87.40	3.12	2.83	3.62	3.03	100.00	2022	52
2101—2300 . . . . .	8	6.25	5.00	87.79	5.63	1.55	2.90	2.13	100.00	2215	74
2301—2500 . . . . .	21	5.29	4.66	86.94	5.37	3.19	2.46	2.04	100.00	2406	68
2501—2700 . . . . .	12	5.01	3.98	85.80	6.73	3.17	2.66	1.64	100.00	2610	79
2701—3000 . . . . .	17	5.43	4.33	85.38	7.94	1.92	2.23	2.53	100.00	2842	86
3001—3500 . . . . .	19	3.83	3.07	89.12	4.60	2.66	1.75	1.87	100.00	3221	97
3501—4000 . . . . .	4	6.30	4.93	90.48	7.14	0.97	0.83	0.58	100.00	3596	111
4001 & above . . . . .	18	5.30	4.12	49.20	47.54	1.30	1.35	0.61	100.00	5557	269
all groups . . . . .	111	4.74	4.03	76.86	17.21	2.21	2.05	1.67	100.00	369	108

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	3	8.81	7.28	84.99	5.93	2.52	4.43	2.13	100.00	1247	42
1501—1700 . . . . .	1	7.00	5.55	86.70	4.13	1.03	5.45	2.69	100.00	1605	36
1701—1900 . . . . .	3	5.90	5.09	91.84	3.07	0.76	2.45	1.88	100.00	1837	44
1901—2100 . . . . .	5	4.54	3.86	85.42	5.73	2.69	3.04	3.12	100.00	2001	60
2101—2300 . . . . .	6	6.29	4.84	81.46	7.99	5.06	1.69	3.80	100.00	2168	70
2301—2500 . . . . .	10	5.45	4.37	82.11	5.74	6.06	3.90	2.19	100.00	2398	74
2501—2700 . . . . .	15	5.30	4.44	86.73	4.34	3.68	3.01	2.24	100.00	2635	72
2701—3000 . . . . .	24	5.18	4.04	87.07	5.04	2.97	3.01	1.91	100.00	2846	86
3001—3500 . . . . .	19	4.67	3.63	88.83	4.39	3.76	1.88	1.14	100.00	3230	102
3501—4000 . . . . .	20	3.96	3.07	87.12	6.54	2.64	2.29	1.41	100.00	3675	116
4001 & above . . . . .	32	6.89	5.45	55.42	40.64	1.28	1.65	1.01	100.00	5137	225
all groups . . . . .	138	5.46	4.36	74.78	18.80	2.57	2.30	1.55	100.00	3281	115.9

TABLE (9.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM, PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	I'	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	8.00	6.29	51.52	5.09	30.29	4.35	8.75	100.00	1097	24
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	3.00	2.25	69.12	10.20	9.04	6.85	4.79	100.00	1947	60
2101—2300	5	5.71	4.88	85.58	5.67	4.78	2.12	1.85	100.00	2185	58
2301—2500	3	5.00	4.53	86.84	5.95	2.00	2.73	2.48	100.00	2429	83
2501—2700	8	5.29	4.59	79.41	4.58	9.96	3.80	2.25	100.00	2624	82
2701—3000	16	6.76	5.43	72.93	16.80	4.44	3.37	2.46	100.00	2866	99
3001—3500	43	5.36	4.26	84.06	5.91	3.92	3.98	2.13	100.00	3292	99
3501—4000	25	5.46	4.34	87.02	5.20	2.81	3.30	1.67	100.00	5728	115
4001 & above	57	5.43	4.35	59.26	35.51	2.35	1.87	1.01	100.00	5534	242
all groups	159	5.52	4.46	73.27	18.86	3.40	2.85	1.62	100.00	3840	139

Calorie and Protein Values of Food Items in Rural Areas

TABLE(9.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM.)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	9.40	11.94	55.75	34.55	3.57	3.33	2.80	100.00	2265	87
2301—2500	2	4.18	3.69	71.50	10.87	7.94	7.07	2.62	100.00	2405	69
2501—2700	2	1.00	0.98	45.01	2.16	..	2.33	50.50	100.00	2651	85
2701—3000	7	3.20	2.55	81.17	6.24	5.76	3.13	3.70	100.00	2887	85
3001—3500	24	4.89	3.91	79.53	6.60	6.02	5.14	2.71	100.00	3204	96
3501—4000	28	4.87	4.03	83.28	6.44	4.01	4.07	2.20	100.00	3795	116
4001 & above	64	5.07	4.03	58.02	35.45	2.86	2.53	1.14	100.00	5864	248
all groups	129	4.87	2.96	67.14	24.13	3.67	3.31	1.75	100.00	4538	172

TABLE (9.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDR DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average hold-hold size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	4.00	3.61	30.20	6.21	44.09	8.14	11.36	100.00	1021	20
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	3	5.20	4.29	65.35	7.29	13.35	9.34	4.67	100.00	2269	65
2301—2500 . . . . .	3	5.93	4.49	64.54	6.61	15.04	7.20	6.61	100.00	2330	66
2501—2700 . . . . .	3	7.48	6.13	81.17	6.86	3.04	6.47	2.46	100.00	2689	88
2701—3000 . . . . .	4	3.85	2.98	74.52	7.10	7.04	7.71	3.63	100.00	2937	76
3001—3500 . . . . .	8	4.61	4.22	79.85	5.10	7.63	4.33	3.09	100.00	3248	104
3501—4000 . . . . .	9	3.01	2.36	78.15	7.33	6.42	5.87	2.23	100.00	3698	118
4001 & above . . . . .	69	5.09	4.03	59.67	30.43	5.19	3.10	1.61	100.00	5897	237
all groups . . . . .	100	4.74	3.84	62.79	25.77	5.80	3.67	1.97	100.00	4969	190

Calorie and Protein Values of Food Items in Rural Areas

TABLE (9.9/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Madhya Pradesh

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	2	5.18	3.84	71.42	10.42	10.00	5.27	2.89	100.00	2897	77
3001—3500	4	5.16	3.89	67.55	8.81	10.49	5.66	7.49	100.00	3275	99
3501—4000	3	1.97	1.65	81.21	5.58	4.17	4.76	4.28	100.00	3905	121
4001 & above	39	4.66	3.72	54.91	35.30	4.61	3.28	1.90	100.00	7433	310
all groups	48	4.48	3.54	56.90	32.21	5.09	3.52	2.28	100.00	6474	261



9-16 C.S.O. (N.D.)/76

TABLE (9.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM, PER CONSUMER UNIT AND PERCAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 100 & above

State : Madhya Pradesh

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	4.12	86.73	..	2.66	7.74	2.87	100.00	1882	55
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	1.00	1.00	29.07	44.24	8.79	3.23	14.67	100.00	2323	67
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	5	1.00	1.00	66.14	4.82	10.06	6.25	12.73	100.00	3297	107
3501—4000	5	2.68	2.27	75.26	7.57	9.66	4.61	2.90	100.00	3674	100
4001 & above	43	3.49	2.91	53.94	32.95	7.20	3.78	2.13	100.00	9863	391
all groups	55	3.22	2.69	54.86	31.71	7.27	3.85	2.31	100.00	8957	350

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

No. of sample villages : 256

Per capita expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of clorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto 1500 . . . . .	49	5.45	4.45	80.30	6.69	3.87	4.70	4.44	100.00	1286	40
1501—1700 . . . . .	44	6.19	5.04	83.80	4.81	4.01	4.69	2.69	100.00	1675	51
1701—1900 . . . . .	51	6.24	5.00	82.68	6.02	3.35	4.80	3.15	100.00	1819	56
1901—2100 . . . . .	75	5.71	4.49	80.08	7.05	4.21	5.46	3.20	100.00	2082	63
2101—2300 . . . . .	85	6.00	4.77	80.63	7.62	3.30	4.96	3.49	100.00	2225	68
2301—2500 . . . . .	82	5.78	4.50	81.33	6.88	3.42	4.97	3.40	100.00	2415	74
2501—2700 . . . . .	80	5.12	4.08	82.73	6.74	3.14	4.51	2.88	100.00	2619	79
2701—3000 . . . . .	105	5.13	4.09	84.11	6.41	3.03	3.91	2.54	100.00	2838	86
3001—3500 . . . . .	109	4.66	3.62	81.85	7.16	3.99	4.27	2.73	100.00	3219	99
3501—4000 . . . . .	70	5.14	4.01	79.70	7.98	4.34	4.70	3.28	100.00	3666	114
4001 & above . . . . .	104	3.32	2.56	79.63	8.26	4.18	5.08	2.85	100.00	4971	146
all groups . . . . .	854	5.24	4.15	81.42	7.07	3.70	4.71	3.10	100.00	2567	78

TABLE (10.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 00-1

calorie in take per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	19	6.15	4.92	86.58	4.85	2.70	3.45	2.42	100.00	1160	38
1501-1700	3	6.45	5.20	96.07	0.56	0.15	1.51	1.71	100.00	1544	49
1701-1900	1	5.00	3.85	90.92	2.17	..	2.20	4.71	100.00	1758	55
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	1	6.00	4.46	96.13	..	1.84	..	2.03	100.00	2149	55
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	24	5.99	4.79	87.51	3.82	2.05	2.97	3.65	100.00	1247	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.2/R) : PERCENTAGE (0.000) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 15—21

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	17	5.55	4.61	81.44	6.54	4.21	5.17	2.64	100.00	1338	41
1501—1700	20	5.69	4.50	85.97	4.55	2.82	4.40	2.26	100.00	1577	48
1701—1900	16	6.19	4.87	88.77	3.69	1.44	3.41	2.69	100.00	1813	57
1901—2100	10	5.76	4.46	90.01	3.30	1.19	3.26	2.24	100.00	2001	65
2101—2300	10	5.77	4.29	83.60	6.29	0.94	2.84	6.24	100.00	2219	72
2301—2500	6	6.29	4.69	88.14	2.64	2.23	5.54	1.45	100.00	2378	7
2501—2700	1	3.00	1.97	86.90	4.59	1.30	5.84	1.28	100.00	2608	80
2701—3000	1	6.00	4.61	90.83	5.31	0.03	1.66	2.17	100.00	2739	90
3001—3500	1	4.00	2.79	97.08	1.80	..	0.65	0.46	100.00	3254	75
3501—4000	1	2.00	1.41	61.10	1.03	..	1.33	36.54	100.00	3996	117
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	83	5.72	4.49	86.12	4.64	2.12	3.93	3.19	100.00	1786	56

TABLE (10.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: Maharashtra

Per capita monthly expenditure group : Rs- 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	number of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	3	6.83	5.63	74.58	5.76	11.65	5.16	2.85	100.00	1367	42
1501—1700	11	6.47	5.32	83.79	5.31	3.48	4.46	2.96	100.00	1623	46
1701—1900	11	6.86	5.53	84.30	5.11	4.24	3.51	2.84	100.00	1792	57
1901—2100	14	6.19	4.61	79.64	8.33	3.55	4.15	4.33	100.00	1972	63
2101—2300	11	6.11	4.86	86.69	6.20	2.14	2.93	2.04	100.00	2183	65
2301—2500	14	6.86	5.31	85.84	6.76	1.15	3.55	2.70	100.00	2421	79
2501—2700	3	4.41	3.35	90.75	3.72	1.37	2.72	1.44	100.00	2537	84
2701—3000	2	6.21	5.33	95.69	1.99	0.54	0.99	0.79	100.00	2843	74
3001—3500	2	4.50	3.25	91.22	4.11	0.49	1.77	2.41	100.00	3128	102
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	71	6.38	5.03	84.85	6.06	2.77	3.52	2.80	100.00	2037	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM-) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra.

Per capita monthly expenditure group : Rs. 24—28.

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	5	5.58	4.50	69.51	7.10	7.43	6.03	9.93	100.00	1416	40
1501—1700 . . . . .	4	5.75	4.97	78.63	6.03	7.50	5.57	2.27	100.00	1609	48
1701—1900 . . . . .	7	7.28	5.83	81.06	7.51	3.72	4.74	2.97	100.00	1796	52
1901—2100 . . . . .	22	5.70	4.49	82.19	6.40	3.63	4.70	3.08	100.00	1972	59
2101—2300 . . . . .	20	5.74	4.62	84.36	7.27	2.15	3.75	2.47	100.00	2229	3
2301—2500 . . . . .	11	5.19	4.09	86.42	5.20	1.75	3.64	2.99	100.00	2405	75
2501—2700 . . . . .	18	5.08	3.97	88.23	4.95	1.78	3.10	1.94	100.00	2614	74
2701—3000 . . . . .	8	8.83	6.65	87.83	3.58	3.44	3.01	2.14	100.00	2797	88
3001—3500 . . . . .	2	5.00	3.64	78.51	4.85	12.88	2.58	1.18	100.00	3197	87
3501—4000 . . . . .	2	2.96	2.08	63.69	27.54	2.94	4.17	1.66	100.00	3556	141
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	99	5.73	4.53	84.07	6.03	3.23	3.92	2.75	100.00	2205	66

TABLE (10.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM-) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	2	3.00	2.23	65.19	5.25	4.26	3.88	21.42	100.00	1487	43
1501—1700 . . . . .	3	6.64	5.52	79.63	4.97	6.22	6.20	2.98	100.00	1612	51
1701—1900 . . . . .	8	5.75	4.63	78.26	9.14	3.54	6.06	3.00	100.00	1747	57
1901—2100 . . . . .	20	5.32	4.26	74.34	7.47	8.02	6.95	3.22	100.00	1985	58
2101—2300 . . . . .	20	6.45	4.99	76.86	10.36	5.02	4.98	2.78	100.00	2198	66
2301—2500 . . . . .	19	6.05	4.73	84.14	6.71	2.89	4.29	1.97	100.00	2450	77
2501—2700 . . . . .	21	6.38	5.14	83.55	7.30	2.39	4.41	2.35	100.00	2584	83
2701—3000 . . . . .	25	4.48	3.46	84.48	5.96	2.87	4.29	2.40	100.00	2817	85
3001—3500 . . . . .	14	5.42	4.17	85.15	6.67	2.64	3.55	1.99	100.00	3138	100
3501—4000 . . . . .	5	4.50	3.46	90.90	2.78	1.85	2.73	1.74	100.00	3670	111
4001 & above . . . . .	3	1.61	1.10	88.58	6.10	1.53	2.81	0.98	100.00	4342	136
all groups . . . . .	140	5.43	4.27	81.93	6.87	3.69	4.63	2.88	100.00	2449	76

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra.

Per capita monthly expenditure group : Rs- 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	5.00	4.07	64.62	17.14	2.43	6.47	9.34	100.00	932	23
1501—1700	3	7.61	5.97	82.67	5.69	2.91	4.36	4.37	100.00	1664	55
1701—1900	1	1.00	1.00	79.29	6.78	2.36	6.11	5.46	100.00	1851	53
1901—2100	7	6.21	5.16	78.09	8.78	5.46	4.57	3.10	100.00	2018	63
2101—2300	14	5.81	4.76	79.59	7.00	5.74	5.02	2.65	100.00	2237	67
2301—2500	10	4.49	3.52	75.82	6.84	7.67	6.78	2.89	100.00	2443	72
2501—2700	16	4.10	3.28	79.43	9.46	3.18	5.13	2.80	100.00	2596	84
2701—3000	42	5.23	4.26	84.90	6.90	2.34	3.49	2.37	100.00	2846	86
3001—3500	33	4.57	3.47	84.74	5.55	3.08	4.24	2.39	100.00	3203	97
3501—4000	12	6.68	5.01	77.77	7.44	4.82	4.45	5.52	100.00	3716	123
4001 & above	11	2.79	2.10	83.57	4.91	5.56	3.63	2.33	100.00	4336	133
all groups	151	4.97	3.94	81.78	6.89	3.93	4.41	2.99	100.00	2749	84



TABLE (10.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 43—55

Calorie intake per diem per consumer unit.	no. of sample households	average household size	average no. of consumer units per household	percentage of calorie from food rcup						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	6	5.41	4.56	70.07	8.90	7.03	9.65	4.35	100.00	1840	54
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	5	5.83	4.77	77.95	7.31	2.35	8.40	3.99	100.00	2243	63
2301—2500	12	6.75	5.17	78.92	9.01	3.97	5.82	2.28	100.00	2385	67
2501—2700	14	5.06	4.05	78.58	7.14	5.49	5.57	3.22	100.00	2668	77
2701—3000	15	4.98	4.01	79.68	6.21	6.43	5.05	2.63	100.00	2869	87
3001—3500	27	4.92	3.83	78.92	9.03	4.09	5.19	2.77	100.00	3271	100
3501—4000	22	5.14	3.95	83.52	6.84	3.25	3.82	2.57	100.00	3692	110
4001 & above	21	4.05	3.05	86.25	6.39	1.75	3.40	2.21	100.00	4551	137
all groups	122	5.22	4.10	80.72	7.64	3.61	5.25	2.78	100.00	3004	89

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10-8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500 . . . . .	1	3.00	2.84	82.30	5.17	2.61	7.51	2041	100.00	1433	48
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	2	4.43	4.11	77.59	8.26	1.95	9.52	2.68	100.00	2059	66
2101—2300 . . . . .	4	10.51	8.18	74.25	10.15	6.94	4.35	4.31	100.00	2216	70
2301—2500 . . . . .	7	5.17	4.18	72.45	7.77	5.17	6.16	8.45	100.00	2401	74
2501—2700 . . . . .	3	6.63	5.55	82.41	5.33	2.93	4.54	4.79	100.00	2642	84
2701—3000 . . . . .	8	5.29	4.18	76.63	9.94	3.75	6.76	2.92	100.00	2877	89
3001—3500 . . . . .	19	4.31	3.50	79.25	8.35	5.48	4.19	2.73	100.00	3256	105
3501—4000 . . . . .	19	5.22	4.30	74.74	10.63	6.00	5.49	3.14	100.00	3540	113
4001 & above . . . . .	32	3.08	2.45	79.87	7.56	4.03	5.71	2.83	100.00	4776	136
all groups . . . . .	95	4.22	3.43	77.88	8.53	4.60	5.77	3.22	100.00	3455	105

TABLE (10.9/ R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	1	5.00	3.99	86.44	6.47	0.97	4.35	1.77	100.00	1730	52	
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	3	1.55	1.47	25.94	4.63	4.08	5.48	59.87	100.00	2387	61	
2501—2700 . . . . .	3	2.80	2.53	56.90	7.70	10.09	9.24	16.07	100.00	2675	73	
2701—3000 . . . . .	3	2.52	2.09	72.17	11.33	6.47	5.12	4.91	100.00	2722	76	
3001—3500 . . . . .	9	5.21	4.51	75.71	9.74	5.08	5.51	3.96	100.00	3242	101	
3501—4000 . . . . .	8	4.46	3.68	68.62	12.04	7.62	9.33	2.39	100.00	3710	117	
4001 & above . . . . .	19	4.02	3.26	73.29	11.32	6.25	5.77	3.37	100.00	5106	160	
all groups . . . . .	46	3.76	3.14	71.63	10.41	6.23	6.48	5.25	100.00	4036	126	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (10.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Maharashtra

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	4.00	3.71	48.53	16.27	12.97	18.89	3.34	100.00	2569	85
2701—3000	1	1.00	1.00	..	..	7.35	..	92.65	100.00	2722	69
3001—3500	2	1.61	1.40	60.21	3.14	12.16	2.07	22.42	100.00	3155	88
3501—4000	1	3.00	2.38	78.20	14.53	..	3.98	3.29	100.00	3937	134
4001 & above	18	3.20	2.39	75.13	10.39	4.74	6.22	3.52	100.00	6417	173
all groups	23	2.91	2.24	73.21	10.19	5.22	6.23	5.15	100.00	5755	157

TABLE (11.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER-CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

No. of sample villages : 16

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(1)	(2)	(3)	(4)	(5)	(6)			(7)
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	4	6.52	5.42	84.44	0.52	4.56	3.17	7.31	100.00	1594	44	
1701—1900	7	5.53	4.59	88.06	0.54	4.76	1.86	4.78	100.00	1781	49	
1901—2100	8	5.28	4.26	83.40	0.93	5.74	2.50	7.43	100.00	1974	55	
2101—2300	12	6.37	5.08	91.19	0.48	3.82	1.40	3.11	100.00	2198	58	
2301—2500	10	4.89	2.85	86.17	0.76	5.28	1.92	5.87	100.00	2406	67	
2501—2700	19	4.43	3.57	81.44	1.75	8.33	1.80	6.68	100.00	2590	79	
2701—3000	10	4.64	3.75	78.49	1.95	9.10	1.92	8.53	100.00	2847	86	
3001—3500	7	3.24	2.55	74.16	2.33	13.55	2.84	7.12	100.00	3179	110	
3501—4000	8	2.72	2.34	63.20	0.89	4.85	1.37	29.68	100.00	3616	97	
4001 & above	5	4.09	3.29	87.29	1.29	4.93	2.37	4.12	100.00	4834	146	
all groups	90	4.68	3.79	81.97	1.27	6.74	2.03	7.99	100.00	2577		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group: Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	5.00	4.29	93.62	0.85	2.37	0.45	2.71	100.00	561	4	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	6.00	4.46	96.13	..	1.84	..	2.03	100.00	2149	55	
2301—2500	..	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..	..
all groups	..	..	..	..	..	..	..	..	..	..	..	..

TABLE (11.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	7.00	5.64	82.71	1.33	6.75	0.69	8.52	100.00	1536	44	
1701—1900	3	5.84	5.03	88.84	0.95	5.86	1.20	3.15	100.00	1758	47	
1901—2100	1	5.00	3.60	91.83	3.46	2.34	..	2.37	100.00	2087	59	
2101—2300	2	5.00	4.33	90.22	..	4.46	2.26	3.06	100.00	2131	56	
2301—2500	..	..	..	..	..	..	..	..	..	..	..	
2501—2700	1	2.00	1.35	95.66	..	1.41	..	2.93	100.00	2633	68	
2701—3000	..	..	..	..	..	..	..	..	..	..	..	
3001—3500	..	..	..	..	..	..	..	..	..	..	..	
3501—4000	..	..	..	..	..	..	..	..	..	..	..	
4001 & above	..	..	..	..	..	..	..	..	..	..	..	
all groups	8	5.60	4.67	88.16	0.93	5.39	1.23	4.29	100.00	1808	49	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11.6/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (G.M.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
up to 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	6.00	5.02	87.47	..	3.27	3.53	5.73	100.00	1695	46
1701—1900	1	5.00	3.69	87.11	..	2.85	2.25	7.79	100.00	1807	48
1901—2100	3	4.61	3.94	87.34	1.39	5.52	1.77	3.98	100.00	1943	56
2101—2300	4	6.00	4.85	91.85	0.79	4.37	0.94	2.05	100.00	2229	60
2301—2500	3	8.33	6.47	93.51	1.28	3.07	0.63	1.51	100.00	2438	62
2501—2700	3	2.30	1.73	95.34	0.38	1.13	0.33	2.82	100.00	2636	66
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	15	4.85	3.91	90.98	0.88	3.69	1.32	3.13	100.00	2148	58



10-16 CSO/ND/76

TABLE (11.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	7.00	5.98	81.24	..	3.86	6.33	8.57	100.00	1586	44
1701—1900	3	5.21	4.18	87.02	..	3.36	2.82	6.80	100.00	1813	51
1901—2100	3	8.00	6.18	85.07	0.35	6.70	3.53	4.35	100.00	1990	53
2101—2300	4	8.00	6.29	90.92	0.46	4.09	1.33	3.20	100.00	2241	58
2301—2500	3	4.85	3.84	83.53	..	6.03	2.22	8.22	100.00	2381	69
2501—2700	5	5.51	4.35	82.17	1.86	6.93	1.23	7.81	100.00	2563	76
2701—3000	4	5.48	4.39	82.22	2.26	6.75	0.89	7.88	100.00	2846	80
3001—3500	1	3.00	2.20	77.03	3.23	13.16	2.11	4.47	100.00	3235	112
3501—4000	1	5.00	4.30	90.83	3.65	2.40	1.91	1.21	100.00	3651	88
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	25	5.86	4.65	84.35	1.19	6.07	2.16	6.23	100.00	23.23	65

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (11.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Meghalaya

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	1.00	1.02	..	..	..	..	100.00	100.00	1922	48
2101—2300	1	7.00	5.59	79.75	11.89	4.20	4.88	9.28	100.00	2201	61
2301—2500	4	3.27	2.62	80.25	0.95	7.10	3.15	8.55	100.00	2398	69
2501—2700	8	4.90	4.06	78.05	2.04	10.49	1.98	7.44	100.00	2588	82
2701—3000	2	5.55	4.36	79.67	0.43	10.62	0.61	8.67	100.00	2800	87
3001—3500	2	4.00	3.26	81.76	..	10.03	2.94	5.27	100.00	3130	108
3501—4000	4	4.08	3.45	75.14	0.63	6.62	1.63	15.98	100.00	3583	100
4001 & above	1	8.00	6.37	90.76	1.09	2.70	1.43	4.02	100.00	4951	154
all groups	23	4.45	3.64	78.48	1.13	8.61	1.91	9.87	100.00	2876	88

TABLE (11.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State Meghalaya

Per capita monthly expenditure group: Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (g m)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	5.50	4.44	82.56	1.46	8.17	4.51	3.30	100.00	2620	84
2701—3000	3	3.42	2.88	71.76	3.55	10.80	5.02	8.87	100.00	2921	91
3001—3500	3	3.43	2.63	62.84	4.41	18.22	2.13	12.40	100.00	3244	118
3501—4000	2	1.00	0.88	..	..	..	..	100.00	100.00	3679	92
4001 & above	2	5.00	4.14	91.95	1.20	2.82	1.58	2.45	100.00	4592	138
all groups	12	3.57	2.93	77.02	2.16	7.23	2.57	11.02	100.00	3620	113

Calorie and Protein Values of Food Items in Rural Areas

TABLE (11/10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Meghalaya				Per capita monthly expenditure group : Rs. 100 & above									
calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit				
				I	II	III	IV	V	total	calorie	protein (gm)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)		
upto 1500	..	..	..	..	..	..	..	..	..	..	..		
1501—1700	..	..	..	..	..	..	..	..	..	..	..		
1701—1900	..	..	..	..	..	..	..	..	..	..	..		
1901—2100	..	..	..	..	..	..	..	..	..	..	..		
2101—2300	..	..	..	..	..	..	..	..	..	..	..		
2301—2500	..	..	..	..	..	..	..	..	..	..	..		
2501—2700	..	..	..	..	..	..	..	..	..	..	..		
2701—3000	1	2.00	1.80	76.52	2.27	5.14	2.98	13.09	100.00	2796	87		
3001—3500	1	2.00	1.70	77.88	2.20	11.88	5.76	2.28	100.00	3063	90		
3501—4000	1	1.00	0.97	..	..	..	..	100.00	100.00	3796	99		
4001 & above	2	2.09	1.55	71.16	1.68	12.73	5.37	9.06	100.00	5599	168		
all groups	5	1.83	1.49	64.42	1.63	10.51	4.54	18.80	100.00	4330	127		

TABLE (12.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER AND UNIT BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 169

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	29	6.81	5.45	86.10	4.45	1.99	2.48	4.98	100.00	1288	34
1501—1700	20	5.99	4.75	85.29	6.15	1.88	3.69	2.99	100.00	1608	43
1701—1900	25	6.86	5.40	87.99	4.73	3.01	1.90	2.37	100.00	1818	53
1901—2100	31	5.99	4.74	87.31	4.96	1.96	1.86	3.91	100.00	2019	59
2101—2300	37	5.61	4.46	86.00	6.71	2.42	2.02	2.85	100.00	2208	63
2301—2500	41	5.68	4.55	85.27	6.22	3.53	2.10	2.88	100.00	2397	67
2501—2700	42	6.62	5.36	86.31	5.74	3.33	2.38	2.24	100.00	2590	73
2701—3000	53	5.58	4.43	86.86	6.23	2.45	1.89	3.57	100.00	2840	78
3001—3500	63	6.17	4.90	85.86	5.67	2.82	1.79	2.86	100.00	3236	87
3501—4000	35	4.68	3.79	82.50	6.93	4.03	2.61	3.93	100.00	3677	90
4001 & above	84	4.12	3.12	77.19	11.37	4.37	2.45	4.62	100.00	5695	150
all groups	460	5.63	4.47	83.81	7.22	3.23	2.21	3.53	100.00	2839	77

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group Rs. 00—15

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	11	7.45	5.75	92.94	2.19	1.81	1.25	1.81	100.00	1332	37
1501—1700 . . . . .	5	6.31	4.83	93.39	2.25	0.23	2.16	1.97	100.00	1532	49
1701—1900 . . . . .	1	6.00	4.86	97.70	1.22	..	..	1.08	100.00	1888	43
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	1	5.00	3.40	96.76	2.30	..	..	0.94	100.00	2174	61
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
<b>all groups . . . . .</b>	<b>18</b>	<b>6.83</b>	<b>5.23</b>	<b>93.79</b>	<b>2.14</b>	<b>1.13</b>	<b>1.23</b>	<b>1.71</b>	<b>100.00</b>	<b>1465</b>	<b>41</b>

TABLE (12.2/R) : PERCENTAGE (0.00) OF CALORIE IN TAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit.	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	14	6.65	5.51	81.95	5.51	1.54	3.25	7.75	100.00	1233	31
1501—1700	10	5.71	4.59	84.99	6.50	2.16	3.41	2.94	100.00	1658	44
1701—1900	10	6.99	5.32	92.29	4.02	0.71	0.80	2.18	100.00	1820	51
1901—2100	9	6.45	5.05	91.29	3.66	0.65	1.49	2.91	100.00	2009	61
2101—2300	6	5.31	4.11	92.31	3.84	0.67	0.69	2.49	100.00	2152	63
2301—2500	3	5.71	4.36	87.83	4.89	5.43	0.31	1.54	100.00	2353	60
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	4.36	3.66	96.29	1.11	..	1.49	1.11	100.00	2748	92
3001—3500	2	2.50	1.97	94.14	3.45	0.26	1.16	0.99	100.00	3271	37
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	55	6.21	4.91	88.86	4.49	1.36	1.80	3.49	100.00	1760	49

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (12.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Mysore

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	3	4.99	3.69	74.71	11.23	2.74	5.87	5.45	100.00	1317	40
1501—1700 . . . . .	1	4.00	3.23	91.63	5.21	0.24	1.10	1.82	100.00	1689	37
1701—1900 . . . . .	7	6.73	5.48	85.34	5.07	5.26	1.97	2.36	100.00	1806	55
1901—2100 . . . . .	5	6.85	5.28	88.59	4.43	1.82	2.09	3.07	100.00	2036	64
2101—2300 . . . . .	11	6.50	5.08	88.67	5.64	1.46	1.85	2.38	100.00	2193	66
2301—2500 . . . . .	5	3.82	2.96	90.01	4.95	1.47	1.47	2.10	100.00	2407	73
2501—2700 . . . . .	3	6.62	5.25	93.33	2.49	0.37	0.98	2.83	100.00	2579	64
2701—3000 . . . . .	2	3.99	2.98	96.74	0.63	1.66	0.97	..	100.00	2989	76
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	1	8.00	6.31	94.56	1.18	2.09	1.26	0.91	100.00	3784	48
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	38	5.93	4.66	89.35	4.30	2.29	1.67	2.39	100.00	2188	62



**TABLE (12.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUP OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Mysore

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per house hold	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto 1500 . . . . .	1	6.00	5.05	79.02	6.76	7.61	1.99	4.62	100.00	1491	42
1501—1700 . . . . .	2	5.55	4.33	78.89	8.41	2.12	6.08	4.50	100.00	1607	40
1701—1900 . . . . .	5	6.69	5.14	81.82	5.92	4.48	5.09	2.69	100.00	1801	51
1901—2100 . . . . .	10	6.08	4.93	82.61	6.07	3.35	1.93	6.04	100.00	2028	54
2101—2300 . . . . .	4	4.71	3.93	83.52	8.82	2.08	2.94	2.64	100.00	2230	73
2301—2500 . . . . .	10	5.74	4.46	89.59	4.27	1.41	1.85	2.88	100.00	2409	67
2501—2700 . . . . .	7	6.53	5.08	87.31	5.46	2.26	3.12	1.85	100.00	3549	78
2701—3000 . . . . .	6	5.96	4.65	85.05	9.90	1.71	1.42	1.92	100.00	2778	74
3001—3500 . . . . .	3	5.79	4.53	94.01	2.13	0.50	0.63	2.73	100.00	3188	78
3501—4000 . . . . .	2	7.36	5.23	87.55	3.50	0.48	0.22	8.25	100.00	3592	90
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
<b>all groups . . . . .</b>	<b>50</b>	<b>6.01</b>	<b>4.72</b>	<b>86.40</b>	<b>5.74</b>	<b>2.08</b>	<b>2.11</b>	<b>3.67</b>	<b>100.00</b>	<b>2398</b>	<b>66</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	8.00	6.52	75.16	11.00	4.37	5.94	3.53	100.00	1550	34
1701—1900	2	8.26	6.49	82.19	7.50	2.11	4.05	4.15	100.00	1861	54
1901—2100	3	5.10	4.23	90.18	6.61	0.30	0.09	2.82	100.00	2000	52
2101—2300	8	6.69	5.45	83.84	6.75	4.09	2.28	3.04	100.00	2235	56
2301—2500	10	6.34	5.29	86.09	5.36	3.16	2.46	2.93	100.00	2325	64
2501—2700	18	6.49	5.28	83.99	8.00	2.89	2.83	2.29	100.00	2612	72
2701—3000	17	6.20	4.77	86.16	5.08	1.97	2.29	4.50	100.00	2835	80
3001—3500	11	7.01	5.38	89.09	6.10	1.56	0.96	2.29	100.00	3251	83
3501—4000	1	3.00	2.29	87.50	5.90	2.69	0.70	3.21	100.00	3762	95
4001 & above	6	2.66	1.23	85.61	5.81	3.41	2.30	2.87	100.00	6159	160
all groups	77	6.06	4.75	85.76	6.32	2.55	2.21	3.16	100.00	2678	72

**TABLE(12.6/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

Per capita monthly expenditure group Rs 34—43

State : Mysore

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	800	6.93	83.67	4.84	2.41	4.08	5.00	100.00	1594	46	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	
1901—2100	3	4.24	3.09	82.95	4.71	5.43	3.84	3.07	100.00	1990	58	
2101—2300	5	5.01	3.92	80.20	10.45	2.80	2.28	4.27	100.00	2248	65	
2301—2500	10	6.84	5.62	82.02	7.36	5.09	2.43	3.10	100.00	2448	69	
2501—2700	9	6.00	4.82	81.88	6.02	7.05	2.52	2.53	100.00	2604	75	
2701—3000	20	6.00	4.93	85.16	7.20	2.96	2.04	2.64	100.00	2848	77	
3001—3500	28	5.97	4.84	86.63	5.24	3.33	1.91	2.89	100.00	3195	88	
3501—4000	7	3.81	2.93	80.84	10.36	3.16	3.03	2.61	100.00	3577	93	
4001 & above	11	3.96	3.01	83.47	6.22	1.72	4.19	4.40	100.00	5978	158	
all groups	94	5.47	4.39	84.13	6.77	3.43	2.55	3.12	100.00	3116	85	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	3.25	2.93	81.42	8.31	3.53	3.86	2.88	100.00	2158	63
2301—2500	3	3.72	2.99	58.10	21.59	9.97	4.61	5.73	100.00	2389	66
2501—2700	5	7.82	6.66	89.34	3.43	3.82	1.48	1.93	100.00	2685	76
2701—3000	6	3.95	3.33	83.77	7.26	4.66	1.41	2.90	100.00	2863	80
3001—3500	11	7.33	5.84	85.03	6.73	3.04	2.00	3.20	100.00	3348	94
3501—4000	14	4.32	3.60	86.00	6.29	2.58	2.94	2.19	100.00	3729	64
4001 & above	15	5.48	4.44	74.59	18.54	3.02	1.70	2.15	100.00	4993	134
all groups	56	5.44	4.48	81.19	10.88	3.35	2.06	2.52	100.00	3560	99

TABLE (12.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	3.00	2.63	74.04	10.38	..	11.02	4.56	100.00	2070	65
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	6	4.50	3.45	81.94	7.98	3.55	3.18	3.35	100.00	3197	83
3501—4000	7	3.80	3.19	82.56	7.30	3.48	1.95	4.71	100.00	3695	91
4001 & above	26	3.54	2.74	80.01	8.34	5.27	1.87	4.51	100.00	5261	143
all groups	40	3.71	2.92	80.66	8.12	4.70	2.10	4.42	100.00	3658	120

Calorie and Protein Values of Food Items in Rural Areas

TABLE (12.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Mysore

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	1.00	1.00	..	..	..	..	100.00	100.00	2738	62
3001—3500	1	10.00	9.38	88.32	2.69	5.30	2.05	1.64	100.00	3115	89
3501—4000	3	6.74	5.88	73.47	7.17	9.89	4.14	5.33	100.00	3713	81
4001 & above	18	4.06	3.27	76.56	12.90	5.45	2.96	2.13	100.00	5773	147
all groups	23	4.51	3.75	75.24	11.16	6.53	3.22	3.85	100.00	4955	122

**TABLE (12.10/R) : PERCENTAGE(0.00)OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Mysore

Per capita monthly expenditure group : Rs- 100 & above

calorie intake per diem per consumer unit	no. of sample house holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	14.00	10.86	78.00	6.25	8.23	4.14	3.38	100.00	3336	94
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	8	5.81	4.84	68.28	12.04	5.78	2.16	11.74	100.00	6193	160
all groups	9	6.03	5.01	68.59	11.85	5.86	2.22	11.48	100.00	6025	156

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (14.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Orissa

No. of sample villages : 180

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	38	5.80	4.77	92.87	0.87	0.76	1.64	3.86	100.00	1212	34
1501—1700	21	5.98	4.73	90.62	1.35	0.73	1.89	5.41	100.00	1622	40
1701—1900	13	5.01	3.99	92.26	2.02	0.96	2.24	2.52	100.00	1807	45
1901—2100	49	5.77	4.68	91.43	2.19	1.35	1.85	3.18	100.00	2001	52
2101—2300	44	5.35	4.24	91.87	2.50	1.21	1.99	2.43	100.00	2190	55
2301—2500	52	4.74	3.78	91.91	2.68	0.86	1.84	2.71	100.00	2388	60
2501—2700	43	5.53	4.38	91.64	2.49	1.14	1.95	2.78	100.00	2586	68
2701—3000	53	4.44	3.49	88.67	3.53	1.64	2.04	4.12	100.00	2837	74
3001—3500	84	4.96	3.86	88.07	4.17	2.06	2.07	3.63	100.00	3242	85
3501—4000	40	3.34	2.68	85.14	3.80	2.03	3.38	5.65	100.00	3700	92
4001 & above	66	3.40	2.70	85.49	5.54	2.02	3.30	3.65	100.00	5002	131
all groups	521	4.91	3.91	89.46	3.27	1.50	2.23	3.54	100.00	2533	66



TABLE (14.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	26	5.96	4.88	93.80	0.42	0.45	1.73	3.60	100.00	1164	33
1501—1700	..	5.19	3.88	95.56	0.67	1.67	0.68	1.42	100.00	1657	41
1701—1900	5	4.71	3.56	94.15	0.61	1.00	1.10	3.14	100.00	1769	47
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	9.00	6.54	97.38	0.78	0.12	0.20	1.52	100.00	2311	61
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>38</b>	<b>5.52</b>	<b>4.63</b>	<b>94.40</b>	<b>0.51</b>	<b>0.70</b>	<b>1.37</b>	<b>3.02</b>	<b>100.00</b>	<b>1324</b>	<b>36</b>

TABLE (14.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per die m per consumer unit	no. of sample house- holds	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	8	5.48	4.54	90.94	2.55	1.38	1.36	3.77	100.00	1349	37
1501—1700 . . . . .	9	6.03	5.07	92.47	1.14	0.63	1.94	3.82	100.00	1612	40
1701—1900 . . . . .	19	5.13	4.12	93.62	1.61	1.10	1.91	1.76	100.00	1828	44
1901—2100 . . . . .	18	6.19	4.85	93.46	2.12	0.77	1.18	2.47	100.00	2032	50
2101—2300 . . . . .	9	5.28	4.19	96.45	0.78	0.18	1.14	1.45	100.00	2190	55
2301—2500 . . . . .	11	5.17	3.94	96.54	1.07	0.34	0.41	1.64	100.00	2388	59
2501—2700 . . . . .	6	5.01	3.57	95.21	1.65	0.25	1.11	1.78	100.00	2563	66
2701—3000 . . . . .	1	5.00	3.46	84.17	9.24	1.10	1.93	3.56	100.00	2792	84
3001—3500 . . . . .	2	3.70	2.82	96.25	1.86	0.32	0.30	1.27	100.00	3129	74
3501—4000 . . . . .	1	8.00	6.37	97.64	1.74	..	..	0.62	100.00	3676	83
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	84	5.39	4.26	94.16	1.74	0.6	..	2.20	100.00	2013	50

TABLE (14.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs-21—24

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	6.00	5.20	93.17	0.75	1.20	1.38	3.50	100.00	1468	38
1501—1700	3	8.36	6.15	83.44	2.91	0.04	3.02	10.59	100.00	1605	40
1701—1900	4	5.65	4.42	88.83	3.50	0.53	3.64	3.50	100.00	1780	44
1901—2100	12	6.23	5.13	92.42	1.55	0.22	1.60	4.21	100.00	2021	54
2101—2300	18	5.26	4.12	91.74	2.71	1.13	2.37	2.05	100.00	2184	52
2301—2500	10	5.02	3.96	92.00	3.69	0.59	1.72	2.00	100.00	2359	60
2501—2700	4	9.75	7.45	92.85	1.45	0.74	0.98	3.98	100.00	2619	63
2701—3000	4	5.22	3.99	95.00	1.76	0.42	0.74	2.08	100.00	2788	67
3001—3500	3	4.10	2.81	94.75	1.55	0.81	0.69	2.20	100.00	3349	83
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	2	4.06	2.90	98.51	..	..	0.47	1.02	100.00	4635	128
all groups	61	5.64	4.40	91.95	2.34	0.60	1.89	3.22	100.00	2214	56

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (14.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ORISSA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	Average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	5.82	5.18	83.99	0.33	..	1.26	14.42	100.00	1679	46
1701—1900	3	2.97	2.61	88.51	3.00	1.30	2.07	5.12	100.00	1781	50
1901—2100	12	5.23	4.21	91.10	2.66	1.36	2.42	2.46	100.00	1970	50
2101—2300	8	4.65	3.70	89.38	3.25	2.56	2.01	2.80	100.00	2186	61
2301—2500	12	4.21	3.51	91.60	2.18	1.30	2.08	2.84	100.00	2410	60
2501—2700	7	5.19	3.98	95.51	1.16	0.20	1.62	1.51	100.00	2565	59
2701—3000	12	4.30	3.43	91.75	3.12	1.36	1.74	2.03	100.00	2810	73
3001—3500	9	3.89	2.88	93.13	1.29	0.46	1.22	3.90	100.00	3166	77
3501—4000	3	2.66	1.99	95.62	1.47	0.14	0.84	1.93	100.00	3868	93
4001 & above	2	1.50	0.86	95.67	..	0.27	..	4.06	100.00	4256	106
all groups	70	4.48	3.58	91.71	2.34	1.19	1.87	2.89	100.00	2404	61

TABLE (14.5/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	7.00	5.52	80.96	1.82	11.16	2.87	3.19	100.00	1423	56
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	4	6.07	5.21	85.28	3.30	5.01	2.35	4.06	100.00	1952	60
2101—2300	6	8.00	6.48	88.15	4.14	1.86	1.83	4.02	100.00	2199	59
2301—2500	12	5.47	4.52	86.68	5.45	1.10	3.42	3.35	100.00	2405	60
2501—2700	10	6.37	4.98	91.98	1.72	1.48	1.86	2.96	100.00	2627	69
2701—3000	18	4.38	3.39	91.52	2.25	1.34	2.28	2.61	100.00	2863	74
3001—3500	23	4.26	3.35	88.05	3.69	0.78	1.32	6.16	100.00	3198	79
3501—4000	6	1.90	1.24	94.88	..	0.21	1.38	3.53	100.00	3703	94
4001 & above	6	1.26	0.81	93.60	0.19	0.49	1.49	4.23	100.00	5711	131
all groups	86	4.64	3.67	89.49	3.05	1.43	2.01	4.02	100.00	2731	71

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (14.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ORISSA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	1.00	0.64	..	..	..	..	100.00	100.00	1250	42
1501—1700 . . . . .	1	3.00	2.68	95.19	..	0.61	3.68	0.52	100.00	1520	35
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	3	4.56	3.85	90.00	0.33	2.61	2.37	4.69	100.00	2048	51
2101—2300 . . . . .	2	6.33	5.17	91.53	1.35	0.71	1.73	4.68	100.00	2242	55
2301—2500 . . . . .	6	2.75	2.26	88.16	0.67	1.76	2.96	6.45	100.00	2408	60
2501—2700 . . . . .	12	5.14	4.34	90.58	3.17	1.11	1.83	3.31	100.00	2563	72
2701—3000 . . . . .	9	5.36	4.23	85.69	5.30	2.42	2.04	4.55	100.00	2846	77
3001—3500 . . . . .	25	6.04	4.68	88.59	4.61	2.33	2.59	1.88	100.00	3222	88
3501—4000 . . . . .	9	4.33	3.45	91.15	2.10	1.56	2.93	2.26	100.00	3631	88
4001 & above . . . . .	8	4.25	3.19	93.03	1.53	1.11	1.71	2.62	100.00	4466	11
all groups . . . . .	76	5.01	4.00	89.11	3.67	1.92	2.32	2.98	100.00	3004	81

TABLE(14.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	1.00	0.90	..	..	..	..	100.00	100.00	1111	37
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	4	4.52	3.70	78.03	8.23	4.26	6.74	2.74	100.00	2598	72
2701—3000 . . . . .	5	3.17	2.76	88.72	1.82	2.53	2.88	4.05	100.00	2880	76
3001—3500 . . . . .	12	5.15	4.00	89.03	2.93	2.64	2.77	2.63	100.00	3335	85
3501—4000 . . . . .	9	4.80	3.90	88.50	3.73	2.19	2.86	2.72	100.00	3719	93
4001 & above . . . . .	11	3.60	2.94	90.47	3.68	1.68	1.45	2.72	100.00	4188	105
<b>all groups</b>	<b>42</b>	<b>4.22</b>	<b>3.41</b>	<b>88.53</b>	<b>3.57</b>	<b>2.34</b>	<b>2.64</b>	<b>2.92</b>	<b>100.00</b>	<b>3506</b>	<b>89</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	3.00	2.69	77.69	4.27	1.97	6.20	9.87	100.00	2250	56
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	2	4.48	3.53	80.60	6.11	4.23	6.10	2.96	100.00	2895	77
3001—3500	8	5.12	4.31	80.33	7.55	4.17	2.01	5.94	100.00	3343	91
3501—4000	6	2.67	2.20	79.59	4.45	2.79	3.02	10.15	100.00	3666	90
4001 & above	23	3.25	2.64	84.79	6.01	2.51	2.60	4.09	100.00	4666	121
all groups	41	3.60	2.97	82.61	6.21	3.06	2.67	5.45	100.00	3941	103



TABLE (14.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	1.00	1.02	4.70	6.30	..	..	89.00	100.00	2765	62
3001—3500	2	7.53	5.97	72.51	8.48	6.04	7.76	5.21	100.00	3262	97
3501—4000	4	4.62	3.97	79.25	7.03	2.61	6.51	4.60	100.00	3743	99
4001 & above	7	4.89	4.09	82.41	6.21	3.46	4.86	3.06	100.00	4647	128
all groups	14	4.46	3.79	78.85	6.69	3.21	5.62	5.63	100.00	4076	110

Calorie and Protein Values of Food Items in Rural Areas

TABLE (14.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita Monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem . per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calori	perotein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	1.00	1.02	..	3.00	..	..	97.00	100.00	2899	71
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	1	1.00	1.02	16.91	3.11	6.14	..	73.84	100.00	3728	97
4001 & above	7	3.00	2.58	70.71	12.64	2.00	8.75	5.90	100.00	12072	315
all groups	9	2.16	1.92	66.28	11.94	2.10	8.11	11.57	100.00	10125	264

**TABLE (15.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FCCD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : PUNJAB

Per capita monthly expenditure group : all expenditure classes

No. of sample village : 90

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	8.00	6.39	88.03	..	10.55	..	1.42	100.00	1483	34
1501—1700 . . . . .	1	3.00	2.58	84.97	2.82	1.66	3.73	6.82	100.00	1557	50
1701—1900 . . . . .	5	6.78	5.29	81.47	4.51	6.74	2.65	4.63	100.00	1779	55
1901—2100 . . . . .	5	7.33	6.24	84.02	3.47	8.05	3.16	1.30	100.00	1992	67
2101—2300 . . . . .	8	7.23	5.85	77.30	4.28	10.14	3.23	5.05	100.00	2197	71
2301—2500 . . . . .	7	6.01	4.92	83.71	2.54	8.27	2.27	3.21	100.00	2387	74
2501—2700 . . . . .	11	7.33	5.83	79.00	4.82	9.58	3.49	3.11	100.00	2607	79
2701—3000 . . . . .	13	6.77	5.25	76.95	4.92	10.31	4.35	3.47	100.00	2850	89
3001—3500 . . . . .	31	6.83	5.47	80.38	4.26	10.42	2.69	2.25	100.00	3271	100
3501—4000 . . . . .	20	5.31	4.25	76.08	3.52	12.79	3.28	4.33	100.00	3736	112
4001 & above . . . . .	85	5.08	3.99	67.65	4.22	15.16	3.49	9.48	100.00	5633	164
all groups . . . . .	187	6.03	4.80	73.64	4.18	12.63	3.30	6.25	100.00	3711	111

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (15.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : PUNJAB

Per capita monthly expenditure group : Rs 00—15

calories intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	10.00	7.63	94.26	3.31	1.56	0.50	0.37	100.00	1961	71
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	10.00	7.63	94.26	3.31	1.56	0.50	0.37	100.00	1961	71

**TABLE (15.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : PUNJAB

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	prot in (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	1	8.00	6.39	88.03	..	10.55	..	1.42	100.00	1483	34
1501—1700 . . . . .	1	3.00	2.58	84.97	2.82	1.66	3.73	6.82	100.00	1557	50
1701—1900 . . . . .	1	12.00	9.19	87.89	5.94	1.58	1.90	2.69	100.00	1720	59
1901—2100 . . . . .	1	4.00	3.95	91.69	6.14	0.11	0.59	1.47	100.00	1938	73
2101—2300 . . . . .	1	6.00	4.76	85.57	4.42	0.31	2.76	6.94	100.00	2280	78
2301—2500 . . . . .	1	5.00	3.69	83.98	5.46	2.29	2.56	5.71	100.00	2381	81
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	6	6.19	4.98	87.10	4.77	2.06	1.96	4.11	100.00	1893	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.3/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB . . . . . Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	1.00	0.70	41.45	4.41	5.11	2.30	46.73	100.00	1865	54
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	2.00	1.31	97.55	..	..	..	2.45	100.00	4009	119
all groups	2	1.34	0.91	79.24	1.44	1.67	0.75	16.90	100.00	2915	86

**TABLE (15.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : PUNJAB

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	4.33	80.70	4.32	6.81	1.89	6.28	100.00	1836	54
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	7.00	5.46	87.89	1.86	6.73	2.43	1.09	100.00	2268	73
2301—2500	1	5.00	3.69	90.53	..	2.84	3.41	3.22	100.00	2381	67
2501—2700	1	6.00	4.66	86.37	6.91	2.07	2.49	2.16	100.00	2589	83
2701—3000	2	9.56	6.59	84.86	4.42	5.35	2.49	2.88	100.00	2781	84
3001—3500	2	7.52	6.31	88.75	6.48	3.26	1.16	0.35	100.00	3452	110
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>8</b>	<b>6.96</b>	<b>5.36</b>	<b>86.96</b>	<b>5.44</b>	<b>3.90</b>	<b>1.84</b>	<b>1.86</b>	<b>100.00</b>	<b>2815</b>	<b>88</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 28—34

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer house units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
1	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	8.00	6.60	76.86	3.94	14.81	2.57	1.82	100.00	1769	51
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	8.30	6.88	73.76	3.86	13.69	5.10	3.59	100.00	2149	70
2301—2500	1	4.00	3.15	85.79	3.09	7.26	..	3.86	100.00	2370	66
2501—2700	3	8.57	6.86	78.53	4.81	9.85	3.94	2.87	100.00	2564	82
2701—3000	4	5.69	4.31	84.44	4.46	4.20	4.00	2.90	100.00	2858	84
3001—3500	3	6.78	5.17	85.90	3.73	4.29	3.41	2.67	100.00	3222	94
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	7.00	5.98	75.72	5.14	12.85	3.12	3.17	100.00	4025	121
all groups	15	7.09	5.66	80.22	4.30	8.85	3.70	2.93	100.00	2713	82



TABLE (15.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	7.59	6.59	77.68	2.93	12.77	4.94	1.68	100.00	2020	63	
2101—2300	2	8.18	6.52	77.37	5.34	12.32	0.85	4.12	100.00	2211	72	
2301—2500	1	6.00	5.14	92.13	..	3.98	2.39	1.50	100.00	2446	70	
2501—2700	2	6.28	5.07	85.06	2.31	7.78	2.40	2.45	100.00	2685	64	
2701—3000	2	7.00	5.45	73.86	5.91	12.21	4.88	3.14	100.00	2825	91	
3001—3500	6	6.99	5.70	84.12	4.78	7.14	2.25	1.71	100.00	3257	101	
3501—4000	2	7.30	5.34	81.92	1.68	3.27	2.77	10.36	100.00	3863	114	
4001 & above	..	..	..	..	..	..	..	..	..	..	..	..
all groups	18	7.14	5.81	81.18	4.15	8.89	2.99	2.79	100.00	2774	85	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	3.00	2.18	53.21	4.59	9.97	5.98	26.25	100.00	2300	64
2301—2500	1	10.00	8.82	76.09	3.56	18.95	..	1.40	100.00	2343	78
2501—2700	3	5.83	4.73	78.92	4.19	9.32	3.85	3.72	100.00	2641	8
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	5	6.69	5.04	70.05	4.03	20.57	2.34	3.01	100.00	3246	101
3501—4000	5	6.08	4.89	79.58	3.29	11.67	1.76	3.70	100.00	3777	109
4001 & above	8	6.90	5.21	76.64	3.84	8.81	5.01	5.70	100.00	4567	126
all groups	23	6.40	5.02	75.90	3.79	12.82	3.17	4.32	100.00	3487	103

TABLE (15.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	proteins (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	7.00	5.99	83.31	2.05	4.80	6.01	3.83	100.00	1875	53
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	9.00	7.82	86.81	3.16	6.05	1.82	2.16	100.00	2113	55
2301—2500	2	6.50	5.57	82.64	1.75	7.93	4.05	3.63	100.00	2404	74
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	5	6.79	5.62	70.97	4.69	15.16	4.85	4.33	100.00	2888	92
3001—3500	9	6.77	5.57	77.18	3.31	13.66	3.46	2.39	100.00	3223	99
3501—4000	5	7.01	5.87	76.57	2.55	13.25	4.13	3.50	100.00	3664	119
4001 & above	18	5.33	3.98	70.66	4.61	14.03	2.55	8.15	100.00	4839	142
all groups	41	6.12	4.87	73.53	3.97	13.55	3.26	5.69	100.00	3739	113

Calorie and Protein Values of Food Items in Rural Areas

TABLE (15.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: PUNJAB

Per capita monthly expenditure group : Rs.75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	9.72	7.54	73.81	5.87	13.30	3.55	3.47	100.00	2592	79
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	5	6.97	5.52	76.11	3.76	12.02	4.10	4.01	100.00	3335	95
3501—4000	4	4.12	3.24	71.56	5.11	15.66	5.48	2.19	100.00	3694	108
4001 & above	29	4.67	3.75	74.47	4.50	14.13	3.81	3.09	100.00	5133	154
all groups	40	5.19	4.13	74.28	4.62	14.03	3.95	3.12	100.00	4419	132

TABLE (15.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group: Rs-100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	5.00	3.88	83.70	3.68	8.33	1.15	3.14	100.00	3551	104
3501—4000	4	3.06	2.49	64.34	5.24	20.37	3.11	6.94	100.00	3699	110
4001 & above	28	4.90	3.95	58.67	3.86	17.94	3.51	16.02	100.00	7307	207
all groups	33	4.72	3.80	59.48	3.90	17.79	3.44	15.39	100.00	6873	195

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : all expenditure classes  
No. of sample villages : 128

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I ..	II..	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	5	6.90	5.71	87.78	1.33	8.48	0.67	1.74	100.00	1442	48
1501—1700 . . . . .	5	7.29	5.51	90.29	1.58	5.55	1.75	.83	100.00	1605	50
1701—1900 . . . . .	2	6.51	5.74	94.14	2.46	2.23	..	1.17	100.00	1812	56
1901—2100 . . . . .	13	5.70	4.67	89.62	2.16	3.76	2.61	1.85	100.00	1991	64
2101—2300 . . . . .	20	7.03	5.77	86.54	2.83	6.85	1.99	1.79	100.00	2188	70
2301—2500 . . . . .	30	6.54	5.29	86.04	2.88	7.29	2.18	1.61	100.00	2380	77
2501—2700 . . . . .	30	7.36	5.74	87.61	3.44	4.35	2.70	1.90	100.00	2590	86
2701—3000 . . . . .	29	7.04	5.80	83.46	3.25	10.08	1.43	1.78	100.00	2790	90
3001—3500 . . . . .	48	6.89	5.56	88.37	2.20	5.08	2.06	2.29	100.00	3187	105
3501—4000 . . . . .	46	4.52	3.63	85.43	2.71	7.57	2.19	2.10	100.00	3683	117
4001 & above . . . . .	90	4.53	3.61	80.37	3.56	10.35	3.53	2.19	100.00	5316	163
all groups . . . . .	318	5.94	4.78	84.64	3.01	7.76	2.57	2.02	100.00	3213	102

TABLE (16.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	proteins (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	6.89	5.56	93.21	..	4.82	0.41	1.56	100.00	1457	49
1501—1700	4	7.37	5.54	90.55	1.59	5.29	1.74	0.83	100.00	1605	50
1701—1900	1	9.00	7.02	95.49	3.01	..	..	1.50	100.00	1759	60
1901—2100	3	5.00	3.84	92.56	2.64	0.69	2.14	1.97	100.00	2065	66
2101—2300	4	6.99	5.85	96.01	1.92	0.61	0.54	0.92	100.00	2146	64
2301—2500	5	6.93	5.31	88.34	3.21	5.37	1.68	1.40	100.00	2356	79
2501—2700	1	3.00	1.97	93.14	2.30	0.51	2.88	1.17	100.00	2644	82
2701—3000	1	16.00	12.64	93.43	3.37	2.37	0.41	0.42	100.00	2911	97
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	22	6.48	5.07	91.48	2.28	3.55	1.44	1.25	100.00	1997	64

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (16.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : RAJASTHAN

Per capita monthly expenditure Rs.15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm-)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	6.00	4.97	85.77	1.43	10.13	1.90	0.77	100.00	1601	48
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	7	6.20	5.02	86.60	1.99	6.05	1.98	1.38	100.00	1975	62
2101—2300	8	7.16	5.88	86.58	3.10	6.82	2.13	1.37	100.00	2198	72
2301—2500	4	4.98	4.10	91.37	2.62	1.78	2.65	1.58	100.00	2401	77
2501—2700	11	7.81	6.23	92.92	1.34	2.94	1.65	1.15	100.00	2591	86
2701—3000	5	4.75	3.90	93.73	1.69	2.21	0.70	1.67	100.00	2791	86
3001—3500	4	10.39	8.43	94.18	0.14	2.45	0.82	2.41	100.00	3064	106
3501—4000	3	5.93	4.70	97.87	0.20	0.29	0.47	1.17	100.00	3820	129
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	43	6.89	5.59	91.54	1.60	3.81	1.51	1.54	100.00	2522	83



TABLE (16.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto=1500	1	14.00	12.15	76.23	3.85	17.00	0.85	2.07	100.00	1453	47
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	5.48	93.81	2.32	2.79	..	1.08	100.00	1826	5
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	5	7.74	6.25	82.88	2.29	9.61	2.42	2.80	100.00	2185	71
2301—2500	3	9.53	7.84	89.09	1.88	4.86	2.89	1.28	100.00	2366	77
2501—2700	4	8.24	6.16	81.82	6.05	8.26	1.92	1.95	100.00	2522	89
2701—3000	3	10.57	8.36	89.65	1.77	6.04	0.49	2.05	100.00	2753	93
3001—3500	5	6.04	4.84	92.51	2.51	1.36	2.23	1.39	100.00	3163	111
3501—4000	4	4.82	4.25	96.21	0.25	0.36	1.57	1.61	100.00	3605	121
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	26	7.38	5.95	88.58	2.66	5.01	1.93	1.82	100.00	2654	90

Calorie and Protein Values of Food Items in Rural Areas

**TABLE (16.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : RAJASTHAN

Per capita monthly expenditure group : Rs, 24—28

calorie intake per diem per consumer unit	no. of sample house holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	6.50	5.61	88.83	2.56	1.97	4.10	2.54	100.00	1960	63
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	14	6.49	5.32	83.37	2.80	9.90	2.03	1.90	100.00	2379	75
2501—2700	2	6.39	4.81	83.07	4.74	8.39	1.67	2.13	100.00	2602	86
2701—3000	3	7.73	6.44	85.32	3.76	6.72	2.23	1.97	100.00	2837	94
3001—3500	8	6.89	5.47	88.27	2.81	4.52	3.17	1.23	100.00	3096	102
3501—4000	6	3.51	2.80	88.08	3.42	4.51	2.82	1.17	100.00	3618	112
4001 & above.	1	1.00	0.64	96.16	1.79	0.42	..	1.63	100.00	4943	178
all groups	36	5.85	4.79	85.99	3.16	6.50	2.60	1.75	100.00	2674	86

**TABLE (16.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	7.00	5.02	87.99	..	7.81	2.50	1.70	100.00	2393	71
2501—2700	5	5.53	4.19	90.08	2.10	2.97	2.32	2.53	100.00	2653	83
2501—3000	9	5.74	4.68	77.36	3.42	13.89	2.14	3.19	100.00	2861	98
3001—3500	12	6.38	5.00	85.16	1.53	7.53	1.90	3.88	100.00	3327	106
3501—4000	7	4.81	3.57	81.95	3.75	9.60	2.50	2.20	100.00	3669	116
4001 & above	7	4.92	3.99	95.14	1.48	0.80	0.96	1.62	100.00	4386	152
all groups	41	5.58	4.38	86.60	2.17	6.62	1.82	2.79	100.00	3405	112

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	4.33	3.66	83.25	5.61	7.69	2.48	0.97	100.00	2475	79
2501—2700	5	9.04	7.30	84.43	5.09	2.66	5.48	2.34	100.00	2610	86
2701—3000	6	8.58	7.26	81.19	4.01	12.74	0.86	1.20	100.00	2712	85
3001—3500	6	7.05	5.76	87.67	2.31	5.86	2.38	1.78	100.00	3163	97
3501—4000	10	4.52	3.60	79.93	3.05	12.88	1.84	2.30	100.00	3750	118
4001 & above	11	4.59	3.63	83.26	3.49	7.68	3.64	1.93	100.00	4529	145
all groups	40	6.22	5.07	83.22	3.62	8.54	2.78	1.84	100.00	32.78	104

**TABLE (16.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	1.00	63.00	11.97	13.80	7.76	3.47	100.00	967	36
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	3	3.29	2.73	76.59	6.63	10.36	2.13	4.29	100.00	2214	91
2301—2500	1	6.00	5.15	77.47	3.87	15.10	2.42	1.14	100.00	2411	79
2501—2700	2	7.50	6.48	78.15	3.50	7.40	4.78	6.17	100.00	2543	78
2701—3000	2	7.00	5.67	70.97	4.06	20.69	3.46	0.82	100.00	2862	95
3001—3500	7	5.81	4.92	84.65	4.44	6.65	2.49	1.77	100.00	3244	106
3501—4000	6	4.66	3.80	76.68	4.52	10.63	3.31	5.16	100.00	3594	110
4001 & above	19	4.46	3.40	79.93	4.18	11.62	2.17	2.10	100.00	4681	150
all groups	41	4.89	3.91	79.58	4.29	11.24	2.53	2.36	100.00	3807	122

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	5	6.28	5.16	77.44	5.61	12.91	1.66	2.38	100.00	3319	102
3501—4000	8	5.98	4.94	79.71	3.28	12.03	2.72	2.26	100.00	3766	117
4001 & above	27	5.09	4.17	80.10	4.97	9.77	3.00	2.16	100.00	5169	167
all groups	40	5.24	4.30	79.94	4.86	10.10	2.92	2.18	100.00	4893	157

TABLE (16.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs.75—100

calorie intake per diem unit per consumer	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I.	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
npt—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	2	2.82	2.31	76.55	0.54	18.93	2.68	1.30	100.00	3596	114
4001 & above	7	4.72	3.88	76.12	2.32	16.17	2.23	3.16	100.00	5649	179
all groups	9	4.55	3.70	76.13	2.26	16.27	2.25	3.09	100.00	5533	175

Calorie and Protein Values of Food Items in Rural Areas

TABLE (16.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Rajasthan

Per capita monthly expenditure group : Rs. 100 & above .

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per house- hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	3.00	2.60	92.28	..	4.69	1.41	1.62	100.00	2049	66
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	5.00	4.33	80.95	3.42	5.14	4.39	6.10	100.00	3155	101
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	18	3.67	2.88	75.01	2.39	13.66	6.59	2.35	100.00	7539	186
all groups	20	3.60	2.87	75.59	2.32	13.31	6.42	2.36	100.00	6891	172



TABLE (17.0/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 303

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	Calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	98	5.72	4.60	84.92	3.89	2.09	3.84	5.26	100.00	1256	34
1501—1700 . . . . .	56	4.96	4.02	83.77	4.10	3.23	3.98	4.92	100.00	1607	42
1701—1900 . . . . .	70	5.11	4.09	85.18	3.48	2.21	3.12	6.01	100.00	1797	47
1901—2100 . . . . .	83	5.14	4.17	84.14	4.58	2.51	3.88	4.89	100.00	1993	51
2101—2300 . . . . .	86	4.79	3.84	86.10	4.11	2.48	3.65	3.66	100.00	2196	57
2301—2500 . . . . .	71	4.07	3.32	85.67	4.02	2.32	3.78	4.21	100.00	2399	62
2501—2700 . . . . .	43	4.26	3.35	83.26	4.69	3.61	4.36	4.08	100.00	2596	69
2701—3000 . . . . .	69	4.24	3.38	83.33	4.73	3.72	3.70	4.52	100.00	2831	73
3001—3500 . . . . .	102	3.47	2.75	77.88	6.32	5.06	4.32	6.42	100.00	3231	86
3501—4000 . . . . .	58	4.40	3.44	81.94	6.12	3.98	4.06	3.90	100.00	3755	100
4001 & above . . . . .	117	2.41	1.79	69.57	19.43	3.68	2.87	4.45	100.00	5932	202
all groups . . . . .	853	4.40	3.51	81.31	6.97	3.22	3.70	4.80	100.00	2394	66

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	31	5.83	4.66	87.54	3.45	1.28	3.02	4.71	100.00	1128	32
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	31	5.83	4.66	87.54	3.44	1.29	3.02	4.71	100.00	1128	32

TABLE (17.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	47	5.76	4.58	85.95	3.86	1.44	4.02	4.73	100.00	1298	34
1501—1700	24	5.30	4.14	88.53	2.99	1.49	2.29	4.70	100.00	1607	43
1701—1900	24	5.00	3.92	89.72	2.71	1.83	2.55	3.19	100.00	1782	48
1901—2100	13	5.72	4.56	91.52	2.37	0.57	2.49	3.05	100.00	2004	51
2101—2300	7	5.58	4.27	93.80	2.24	0.10	1.89	1.97	100.00	2193	59
2301—2500	6	4.81	3.98	90.60	4.92	0.42	1.89	2.17	100.00	2379	66
2501—2700	1	2.00	1.48	94.09	1.76	0.25	1.97	1.93	100.00	2569	67
2701—3000	3	5.24	3.92	93.29	2.16	0.15	1.43	2.97	100.00	2759	66
3001—3500	3	3.11	2.09	93.82	2.84	0.43	1.27	1.64	100.00	3071	86
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	5.00	3.84	35.78	0.93	61.45	0.84	1.00	100.00	4167	500
all groups	129	5.38	4.24	87.91	3.16	2.47	2.78	3.68	100.00	1679	48

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	11	6.29	5.22	80.94	4.26	4.84	4.76	5.20	100.00	1341	36
1501—1700 . . . . .	10	5.26	4.43	83.67	4.64	2.37	4.79	4.53	100.00	1611	42
1701—1900 . . . . .	11	5.74	4.48	87.89	3.38	1.32	3.05	4.36	100.00	1772	45
1901—2100 . . . . .	10	5.60	4.48	89.37	3.22	1.07	2.39	3.95	100.00	2020	53
2101—2300 . . . . .	9	5.55	4.42	90.32	2.62	0.84	3.58	2.64	100.00	2185	60
2301—2500 . . . . .	1	8.00	6.71	94.46	1.41	1.88	0.57	1.68	100.00	2373	81
2501—2700 . . . . .	3	4.11	3.17	90.80	2.35	2.30	2.25	2.30	100.00	2591	64
2701—3000 . . . . .	1	3.00	2.25	87.20	4.61	2.50	2.32	3.37	100.00	2706	83
3001—3500 . . . . .	1	7.00	5.01	75.69	20.82	0.48	0.83	2.18	100.00	3254	98
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	1	13.00	10.57	59.76	2.24	1.69	0.63	35.68	100.00	4538	129
all groups . . . . .	58	5.63	4.52	86.04	4.23	1.96	3.34	4.43	100.00	1864	50

TABLE 17.4/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 24—28

calorie intake per diem per consumer unit	no- of sample households	average household size	no- of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	4	3.68	3.14	77.49	3.78	4.71	2.65	11.37	100.00	1399	38
1501—1700 . . . . .	8	4.93	4.05	79.63	3.70	6.92	5.13	4.62	100.00	1611	41
1701—1900 . . . . .	13	5.17	4.14	86.95	3.20	1.90	3.16	4.79	100.00	1778	46
1901—2100 . . . . .	19	5.13	4.14	85.90	4.60	2.82	3.40	3.28	100.00	1979	51
2101—2300 . . . . .	22	4.49	3.41	87.34	3.97	1.53	3.14	4.02	100.00	2193	56
2301—2500 . . . . .	10	3.92	3.07	90.85	1.96	1.52	2.58	3.09	100.00	2387	63
2501—2700 . . . . .	6	4.49	3.48	86.48	5.85	1.52	2.51	3.64	100.00	2610	70
2701—3000 . . . . .	5	5.19	3.86	88.27	4.19	0.94	2.60	4.00	100.00	2797	80
3001—3500 . . . . .	2	3.44	2.51	90.68	3.60	0.99	2.41	2.32	100.00	3150	79
3501—4000 . . . . .	1	3.00	1.97	95.63	0.37	0.55	0.99	2.46	100.00	3815	114
4001 & above - - - - -	2	1.00	0.75	31.66	..	..	0.63	67.71	100.00	8032	219
all groups - - - - -	92	4.54	3.57	85.84	3.71	2.23	3.08	5.14	100.00	2115	55

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu Per capita monthly expenditure group : Rs- 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	6.03	4.86	78.20	5.69	3.01	4.36	8.74	100.00	1387	36
1501—1700	12	4.67	3.88	76.03	6.37	5.89	5.86	5.85	100.00	1606	43
1701—1900	13	5.81	4.74	84.35	4.35	3.55	3.57	4.18	100.00	1847	48
1901—2100	19	5.27	4.38	82.82	6.08	2.18	4.19	4.73	100.00	1984	49
2101—2300	26	4.46	3.70	85.71	4.85	2.21	4.05	3.18	100.00	2192	55
2301—2500	26	4.27	3.48	86.77	4.03	1.94	3.60	3.66	100.00	2384	61
2501—2700	13	3.75	2.96	87.09	3.88	2.13	3.30	3.60	100.00	2576	70
2701—3000	15	3.91	2.99	88.77	3.44	1.56	2.97	3.26	100.00	2850	72
3001—3500	8	3.84	2.87	77.19	8.11	9.37	2.44	2.89	100.00	3185	91
3501—4000	4	4.00	3.04	92.65	2.41	1.04	2.20	1.70	100.00	3644	102
4001 & above	6	1.55	0.93	89.13	3.38	0.19	2.14	5.16	100.00	4531	139
all groups	146	4.42	3.57	84.94	4.74	2.80	3.65	3.87	100.00	2263	59

TABLE (17.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs.34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto—1500	1	3.00	2.74	63.64	5.14	9.54	9.09	12.59	100.00	1204	34
1501—1700	2	2.00	1.84	80.46	4.72	0.95	6.44	7.43	100.00	1529	46
1701—1900	2	7.00	5.74	79.31	6.14	3.85	4.72	5.98	100.00	1829	49
1901—2100	12	4.82	3.80	73.78	6.14	6.13	6.64	7.31	100.00	1955	49
2101—2300	18	4.88	4.00	81.28	4.42	5.13	4.48	4.69	100.00	2222	55
2301—2500	18	3.81	3.15	83.27	4.23	4.25	4.59	3.66	100.00	2435	59
2501—2700	12	3.63	2.88	79.81	4.83	5.69	4.59	5.08	100.00	2598	75
2701—3000	19	4.02	3.33	83.93	4.76	3.91	3.79	3.61	100.00	2857	74
3001—3500	26	4.24	3.39	82.48	5.23	3.81	4.80	3.68	100.00	3218	89
3501—4000	16	4.49	3.55	87.32	5.54	1.93	2.78	2.43	100.00	3813	106
4001 & above	20	1.74	1.19	91.84	2.29	1.02	2.37	2.48	100.00	4986	126
all groups	146	3.86	3.09	83.40	4.70	3.78	4.19	3.93	100.00	2808	74

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	3	5.52	4.68	83.77	4.80	2.64	4.51	4.28	100.00	1809	51
1901—2100	5	2.62	2.26	66.93	5.27	3.68	4.46	17.66	100.00	2010	53
2101—2300	4	5.03	4.29	78.96	6.54	5.39	2.88	6.23	100.00	2163	58
2301—2500	8	3.44	2.82	74.47	6.18	4.07	10.15	5.13	100.00	2442	65
2501—2700	8	5.51	4.55	78.33	5.28	4.94	6.87	4.58	100.00	2603	64
2701—3000	16	4.93	4.03	80.19	6.04	4.96	4.57	4.24	100.00	2815	74
3001—3500	26	3.75	3.02	80.00	6.09	5.06	4.66	4.19	100.00	3280	85
3501—4000	12	3.95	3.09	80.33	5.95	5.63	4.97	3.12	100.00	3722	98
4001 & above	32	2.99	2.24	87.43	4.47	2.58	2.79	2.73	100.00	4802	123
all groups	114	3.89	3.12	81.81	5.44	4.17	4.49	4.09	100.00	3253	84



**TABLE (17.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : Tamil Nadu

Per capita monthly expenditure group : Rs- 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	5	3.56	4.65	72.63	6.54	5.97	6.58	8.28	100.00	2057	54
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	2.55	2.17	54.25	6.26	0.14	2.01	37.34	100.00	2393	63
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	7	4.64	3.70	72.39	6.26	10.16	5.21	5.98	100.00	2858	75
3001—3500	23	2.55	2.04	73.17	7.22	6.95	4.84	7.82	100.00	3221	82
3501—4000	19	4.66	3.69	75.35	7.97	5.47	4.63	6.58	100.00	3737	92
4001 & above	30	2.57	1.93	47.56	44.39	2.47	2.42	3.16	100.00	7667	330
all groups	86	3.13	2.46	59.85	26.61	4.36	3.58	5.60	100.00	4563	158

Calorie and Protein Values of Food Items in Rural Areas

TABLE (17.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Tamil Nadu

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..	..
2701—3000	3	1.26	1.15	36.63	2.11	2.58	3.64	55.04	100.00	2782	64	
3001—3500	8	3.24	2.67	72.86	5.57	5.85	6.34	9.38	100.00	3246	78	
3501—4000	5	6.77	5.46	70.18	9.03	7.74	7.97	5.08	100.00	3872	102	
4001 & above	9	1.82	1.39	87.47	5.54	1.16	3.27	2.56	100.00	7930	209	
all groups	25	2.74	2.22	78.36	5.79	3.86	4.99	7.00	100.00	4683	119	

**TABLE (17.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : Tamil Nadu Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	4	1.14	1.13	..	..	..	..	100.00	100.00	1805	40
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	5	1.79	1.70	40.73	2.22	3.21	0.88	52.96	100.00	3310	76
3501—4000	1	8.00	6.15	56.16	10.03	9.72	16.30	7.79	100.00	3592	85
4001 & above	16	2.74	2.21	67.31	9.18	7.48	6.95	9.08	100.00	5893	146
all groups	26	1.99	1.74	55.42	6.90	5.95	5.24	26.49	100.00	4265	103

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.0/R) : PERCENTAGE (0.00) OF CALORIE PER CONSUMER UNIT DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh

No. of sample villages : 328

Per capita monthly expenditure group : all expenditure classe-

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per unit consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	33	6.69	5.38	86.23	6.71	1.38	4.09	1.59	100.00	1285	41
1501—1700	26	6.05	4.92	83.64	5.43	4.83	3.24	2.86	100.00	1620	53
1701—1900	37	6.50	5.20	86.93	5.20	2.86	2.88	2.13	100.00	1803	57
1901—2100	59	6.65	5.26	87.16	5.44	1.88	3.50	2.02	100.00	2007	63
2101—2300	64	6.16	4.92	85.67	7.10	2.04	3.60	1.59	100.00	2216	72
2301—2500	88	6.15	4.82	85.65	6.11	3.24	3.29	1.71	100.00	2396	78
2501—2700	91	6.24	4.93	80.47	6.80	5.68	4.76	2.29	100.00	2606	84
2701—3000	150	6.14	4.82	85.59	6.26	3.81	2.73	1.61	100.00	2844	90
3001—3500	233	5.38	4.25	84.35	6.23	4.62	3.09	1.71	100.00	3244	104
3501—4000	173	5.29	4.20	84.64	6.15	4.12	3.20	1.89	100.00	3723	117
4001 & above	330	4.54	3.56	82.23	6.55	5.61	3.93	1.68	100.00	4936	155
all groups	1284	5.82	4.38	83.93	6.33	4.47	3.49	1.78	100.00	3198	102

TABLE (18.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh.

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto —1500	18	6.90	5.48	89.69	4.93	0.85	3.22	1.31	100.00	1345	43
1501—1700	9	4.89	3.82	89.43	4.85	1.23	2.57	1.92	100.00	1560	50
1701—1900	10	6.82	5.48	92.22	3.68	0.45	2.08	1.57	100.00	1782	58
1901—2100	6	5.58	4.32	94.10	3.69	..	0.93	1.28	100.00	2010	69
2101—2300	1	5.00	3.84	95.01	4.04	..	0.90	0.05	100.00	2159	50
2301—2500	4	6.10	4.39	90.23	4.07	0.51	3.68	1.51	100.00	2423	75
2501—2700	2	15.07	11.74	91.73	3.13	0.22	2.43	2.49	100.00	2575	80
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	50	6.45	5.06	91.25	4.19	0.56	2.51	1.49	100.00	1712	55

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18-2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : Uttar Pradesh

Per capita monthly expenditure group : Rs. 15.21

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	8	7.75	6.35	82.08	10.68	1.35	3.71	2.18	100.00	1238	41
1501—1700	10	7.08	5.86	82.96	4.76	5.87	3.06	3.35	100.00	1636	53
1701—1900	11	6.98	5.63	87.86	4.56	2.42	3.19	1.97	100.00	1797	55
1901—2100	29	7.37	5.80	87.78	4.74	1.63	3.50	2.35	100.00	1997	64
2101—2300	25	6.43	5.07	89.87	4.56	0.83	2.93	1.81	100.00	2221	72
2301—2500	24	5.83	4.50	89.43	5.13	1.01	2.65	1.78	100.00	2377	78
2501—2700	19	5.85	4.49	88.64	5.93	1.48	2.53	1.42	100.00	2606	91
2701—3000	17	5.57	4.27	87.32	8.00	0.51	2.07	2.10	100.00	2811	83
3001—3500	7	5.46	3.94	95.23	1.87	0.06	1.91	0.93	100.00	3208	102
3501—4000	2	5.35	3.88	93.28	5.33	..	0.90	0.49	100.00	3549	116
4001 & above	2	2.99	1.90	88.32	1.82	7.90	0.48	1.48	100.00	4111	145
all groups	154	6.39	5.00	88.53	5.30	1.46	2.79	1.92	100.00	2216	72

TABLE (18.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : Uttar Pradesh

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	3.85	2.97	85.65	6.60	3.19	2.91	1.65	100.00	1401	38
1501—1700 . . . . .	3	6.47	5.05	82.32	4.33	6.20	4.01	3.14	100.00	1621	59
1701—1900 . . . . .	7	6.55	5.13	82.81	7.36	5.43	2.30	2.10	100.00	1845	59
1901—2100 . . . . .	9	6.97	5.50	84.13	6.14	3.54	4.53	1.66	100.00	2031	63
2101—2300 . . . . .	8	6.43	5.24	87.60	8.01	0.79	2.84	0.76	100.00	2223	74
2301—2500 . . . . .	17	6.51	5.15	87.70	5.14	2.46	3.27	1.43	100.00	2399	77
2501—2700 . . . . .	10	7.73	6.42	78.27	6.05	3.50	11.14	1.04	100.00	2574	78
2701—3000 . . . . .	24	6.87	5.41	90.24	4.77	1.64	2.16	1.19	100.00	2839	89
3001—3500 . . . . .	15	6.68	5.06	88.77	7.03	1.87	1.63	0.70	100.00	3242	117
3501—4000 . . . . .	5	4.38	3.18	90.85	5.80	..	1.79	1.56	100.00	3694	119
4001 & above . . . . .	2	5.86	4.56	87.62	6.66	0.52	4.68	0.52	100.00	4622	158
all groups . . . . .	102	6.62	5.21	87.22	5.91	2.25	3.43	1.19	100.00	2625	85

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Uttar Pradesh

Per capita monthly expenditure group : Rs-24-28

calorie intake per diem per consumer unit	no. of sample house- hold	average house- hold size	no. of consumer units per house- hold	percentage of calorie from Food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.60	76.46	15.35	3.84	4.32	0.03	100.00	1336	29
1501—1700	2	7.45	6.22	73.13	14.52	5.21	5.76	1.38	100.00	1676	50
1701—1900	3	8.68	6.86	80.98	6.96	5.59	5.26	1.21	100.00	1792	57
1901—2100	6	6.12	4.89	84.08	6.88	3.68	3.81	1.55	100.00	2004	58
2101—2300	10	5.44	4.39	84.12	8.41	2.12	3.91	1.44	100.00	2187	73
2301—2500	15	4.97	4.03	86.31	6.99	1.92	3.32	1.46	100.00	2419	77
2501—2700	17	7.77	6.00	83.91	6.40	5.66	2.79	1.24	100.00	2617	83
2701—3000	32	5.90	4.56	85.15	7.47	3.09	2.67	1.62	100.00	2852	93
3001—3500	32	5.10	3.89	88.82	6.49	0.85	2.61	1.23	100.00	3242	106
3501—4000	13	5.81	4.46	82.93	7.27	1.59	1.89	6.32	100.00	3664	122
4001 & above	8	4.51	3.38	90.86	6.19	0.75	1.46	0.74	100.00	4328	149
all groups	139	5.73	4.45	85.76	7.04	2.47	2.70	2.03	100.00	2880	94



TABLE (18.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	5.46	4.42	69.29	6.65	5.94	15.55	2.57	100.00	940	27
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	4.34	3.30	80.24	8.41	5.22	3.64	2.49	100.00	1842	64
1901—2100	7	6.28	5.10	85.09	7.16	2.84	3.70	1.21	100.00	2017	62
2101—2300	11	5.84	4.78	79.62	9.83	4.62	4.64	1.29	100.00	2228	73
2301—2500	18	6.19	4.83	82.23	7.33	6.10	2.92	1.42	100.00	2383	80
2501—2700	14	5.45	4.31	81.47	6.45	5.98	4.11	1.99	100.00	2605	81
2701—3000	34	6.74	5.28	84.94	5.84	4.96	2.77	1.49	100.00	2835	89
3001—3500	63	5.97	4.85	86.72	5.82	2.88	2.64	1.94	100.00	3223	103
3501—4000	42	6.02	4.67	87.57	6.06	2.30	2.73	1.34	100.00	3704	120
4001 & above	22	5.17	4.17	90.91	4.12	0.44	3.61	0.92	100.00	4343	140
all groups	217	5.97	4.75	86.32	5.95	3.15	3.04	1.54	100.00	3128	104

TABLE (18.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no- of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	2.00	1.83	83.73	6.70	4.45	2.47	2.65	100.00	1649	60
1701—1900	2	5.92	4.90	77.45	4.62	2.13	2.44	13.36	100.00	1756	56
1901—2100	1	5.00	3.61	2.69	15.39	..	1.05	0.87	100.00	1974	46
2101—2300	5	6.42	5.14	83.41	7.95	2.00	4.26	2.38	100.00	2211	67
2301—2500	8	7.66	6.17	78.13	6.56	7.69	4.39	3.23	100.00	2428	76
2501—2700	16	5.76	4.53	78.85	9.36	3.63	6.33	1.83	100.00	2605	84
2701—3000	28	5.57	4.50	82.58	6.77	6.26	2.65	1.74	100.00	2863	91
3001—3500	48	5.17	4.11	82.94	6.59	6.13	2.99	1.35	100.00	3269	102
3591—4000	52	5.31	4.25	86.19	5.32	4.12	2.93	1.44	100.00	3717	116
4001 & above	62	4.20	3.22	85.11	5.76	2.85	5.03	1.25	100.00	4740	149
all groups	224	5.08	4.02	84.05	6.22	4.32	3.88	1.53	100.00	3540	111

TABLE (18.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	2.00	1.71	75.31	3.78	..	17.77	3.14	100.00	1728	43
1901—2100	1	4.00	3.58	81.13	6.11	..	8.05	4.71	100.00	2081	60
2101—2300	2	8.02	6.39	78.03	8.39	6.81	5.34	1.43	100.00	2204	78
2301—2500	1	24.00	19.83	83.91	3.60	6.19	4.41	1.89	100.00	2402	79
2501—2700	7	4.99	4.16	76.55	8.16	10.14	3.40	1.75	100.00	2627	81
2701—3000	12	5.45	4.23	80.26	6.56	5.88	5.06	2.24	100.00	2857	90
3001—3500	41	4.78	3.81	81.34	6.29	6.76	3.82	1.79	100.00	3229	103
3501—4000	34	5.51	4.44	11.61	6.68	6.36	4.01	1.34	100.00	3770	116
4001 & above	78	5.53	4.28	84.22	6.21	5.61	2.61	1.35	100.00	4679	146
all groups	177	5.36	4.24	82.62	6.41	6.09	3.36	1.52	100.00	3844	120

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	4.00	3.55	87.77	3.79	4.78	2.30	1.36	100.00	1835	67
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	10.00	8.26	55.41	20.78	12.69	9.33	1.79	100.00	2336	85
2501—2700	2	3.52	3.11	53.27	4.27	25.10	1.86	15.50	100.00	2606	87
2701— 000	1	7.00	5.69	97.73	..	..	1.86	0.41	100.00	2842	80
3001—3500	16	5.74	4.58	73.66	7.23	11.42	5.81	1.88	100.00	3292	102
3501—4000	14	4.60	3.82	82.51	5.73	6.63	3.34	1.79	100.00	3776	109
4001 & above	77	4.67	3.73	80.10	7.90	6.06	4.21	1.73	100.00	5110	157
All groups	112	4.84	3.90	79.25	7.53	6.99	4.27	1.96	100.00	4441	136

TABLE (18.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	4.00	2.97	74.88	19.94	..	3.30	1.88	100.00	2296	78
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	6.54	5.35	80.58	4.69	11.06	1.31	2.36	100.00	26213	82
2701—3000	2	6.48	5.27	78.04	3.69	12.13	3.91	2.23	100.00	2908	101
3001—3500	7	3.02	2.46	74.37	7.81	7.52	4.83	5.47	100.00	3319	103
3501—4000	11	2.82	2.43	72.90	8.37	8.80	7.48	2.45	100.00	3757	116
4001 & above	45	3.72	3.00	77.92	7.04	9.48	3.86	1.70	100.00	5350	170
all groups	68	3.59	2.92	76.99	7.26	9.26	4.38	2.11	100.00	4579	145

Calorie and Protein Values of Food Items in Rural Areas

TABLE (18.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

per capita monthly expenditure group : Rs. 100 and above

calorie intake per diem per consumer unit	No. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	6.00	5.04	26.10	24.29	21.59	18.51	9.51	100.00	2251	90
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	2	6.59	5.04	53.14	7.85	20.32	7.94	10.75	100.00	2620	84
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	4	4.33	3.36	67.16	6.31	17.02	5.65	3.86	100.00	3319	105
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	34	3.14	2.53	70.42	7.35	11.64	5.96	4.63	100.00	6473	198
all groups	47	3.73	2.36	62.16	7.37	13.20	6.18	5.09	100.00	5091	157

TABLE (19.0/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

no. of sample villages : 275

per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	73	5.61	4.54	88.39	3.14	1.42	3.48	3.57	100.00	1233	36
1501—1700 . . . . .	55	5.98	4.81	89.98	2.14	0.93	2.99	3.96	100.00	1614	45
1701—1900 . . . . .	68	5.78	4.70	87.84	2.75	1.94	3.83	3.64	100.00	1798	50
1901—2100 . . . . .	80	5.60	4.40	87.44	3.32	1.88	3.63	3.73	100.00	2003	55
2101—2300 . . . . .	94	5.82	4.78	86.18	3.15	2.32	4.29	4.06	100.00	2211	60
2301—2500 . . . . .	79	5.45	4.42	85.65	4.02	2.88	3.68	3.77	100.00	2406	67
2501—2700 . . . . .	68	5.92	4.77	84.88	3.58	3.39	3.89	4.26	100.00	2605	70
2701—3000 . . . . .	85	5.08	4.09	85.54	3.19	3.56	4.28	3.43	100.00	2826	75
3001—3500 . . . . .	90	5.07	4.07	85.28	3.54	3.44	4.13	3.61	100.00	3207	85
3501—4000 . . . . .	55	4.60	3.62	85.08	3.53	3.85	4.03	3.51	100.00	3729	95
4001 & above . . . . .	35	4.18	3.23	82.30	3.55	5.79	3.72	4.64	100.00	4646	122
all groups . . . . .	782	5.48	4.41	86.18	3.30	2.83	3.89	3.80	100.00	2311	63

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.1R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : WEST BENGAL

per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .	32	5.81	4.64	89.12	3.17	1.49	2.88	3.34	100.00	1114	34
1501—1700 . . . . .	3	6.75	5.09	94.30	0.30	0.66	2.74	2.00	100.00	1534	46
1701—1900 . . . . .	1	7.00	5.52	93.65	1.17	0.53	1.53	3.12	100.00	1781	43
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	36	5.88	4.68	89.64	2.89	1.40	2.84	3.23	100.00	1149	35



TABLE (19.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : WEST BENGAL

per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	33	5.58	4.59	89.48	3.05	1.03	3.42	3.02	100.00	1335	38
1501—1700	28	6.27	5.00	90.99	1.77	0.79	2.63	3.82	100.00	1594	44
1701—1900	17	5.31	4.31	91.22	1.26	0.51	2.54	4.47	100.00	1788	49
1901—2100	14	5.42	3.95	89.23	2.30	1.33	3.35	3.79	100.00	1984	56
2101—2300	2	5.39	4.18	95.68	1.00	0.43	1.51	1.38	100.00	2216	70
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	1.00	0.50	84.60	8.33	..	4.32	2.75	100.00	2779	87
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	1.00	0.51	..	..	..	..	100.00	100.00	4706	118
all groups	96	5.56	4.43	89.97	2.15	0.89	2.94	4.05	100.00	1607	45

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	Total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	2	6.85	5.52	86.21	3.34	1.95	4.92	3.58	100.00	1203	35
1501—1700	19	6.11	5.02	89.63	2.21	0.75	3.25	4.16	100.00	1638	46
1701—1900	23	5.30	4.17	88.16	2.76	2.22	3.35	3.51	100.00	1806	51
1901—2100	21	5.65	4.42	91.50	2.48	0.84	2.62	2.56	100.00	1989	52
2101—2300	9	5.57	4.18	87.76	3.18	1.71	3.90	3.45	100.00	2162	56
2301—2500	5	4.31	3.38	92.19	2.18	1.02	1.74	2.87	100.00	2389	65
2501—2700	1	6.00	4.87	90.72	..	..	1.18	8.10	100.00	2609	66
2701—3000	2	3.44	2.27	94.06	1.33	0.08	2.00	2.53	100.00	2934	68
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	82	5.54	4.39	89.72	2.46	1.27	3.04	3.51	100.00	1881	51

TABLE (19.4/R) : PERCENTAGE (0. 00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average in take per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	5.00	3.75	84.51	3.04	1.68	7.53	3.24	100.00	1248	41
1501—1700 . . . . .	4	3.18	2.54	79.83	6.94	4.98	4.00	4.25	100.00	1662	51
1701—1900 . . . . .	12	6.09	4.91	86.96	3.76	1.96	4.80	2.52	100.00	1815	51
1901—2100 . . . . .	25	5.76	4.65	86.41	4.19	1.70	3.68	4.02	100.00	2022	57
2101—2300 . . . . .	21	5.64	4.58	88.73	2.58	1.21	3.85	3.63	100.00	2202	56
2301—2500 . . . . .	12	6.98	5.58	89.03	4.17	2.01	2.27	2.52	100.00	2405	67
2501—2700 . . . . .	7	7.04	5.24	92.39	1.82	0.48	2.62	2.69	100.00	2594	62
2701—3000 . . . . .	2	5.65	4.31	88.69	5.10	0.63	3.27	2.31	100.00	2818	72
3001—3500 . . . . .	2	4.00	2.92	78.46	3.56	0.65	1.18	14.15	100.00	3226	95
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001—& above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	87	5.88	4.69	87.88	3.52	1.55	3.53	3.52	100.00	2153	58

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

STATE : WEST BENGAL

per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	51
1501—1700	1	4.00	2.83	78.37	6.04	2.32	6.30	6.97	100.00	1683	48
1701—1900	11	7.09	6.06	85.83	3.29	2.84	4.48	3.56	100.00	1783	53
1901—2100	15	5.71	4.65	83.79	4.12	2.98	4.73	4.38	100.00	1985	61
2101—2300	31	6.95	5.83	86.45	3.24	2.03	3.71	4.57	100.00	2219	66
2301—2500	31	5.78	4.70	85.82	3.60	2.65	3.71	4.22	100.00	2412	74
2501—2700	12	5.96	4.94	86.64	4.86	2.27	3.57	2.66	100.00	2598	77
2701—3000	17	5.33	4.16	89.73	2.36	1.65	3.18	3.08	100.00	2849	77
3001—3500	5	7.63	6.02	91.94	1.38	0.99	4.12	1.57	100.00	3276	73
3501—4000	3	1.99	1.11	92.85	0.74	0.40	4.23	1.78	100.00	3752	84
4001 & above	..	..	..	..	..	..	..	..	..	..	—
all groups	126	5.88	4.81	86.71	3.35	2.27	3.83	3.84	100.00	2325	63

TABLE (19.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

percapita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	1.00	1.02	14.28	..	..	..	85.72	100.00	1441	34
1501—1700	..	..	..	..	..	..	..	..	..	—	—
1701—1900	1	5.00	4.62	90.15	2.02	1.47	5.29	1.07	100.00	1841	49
1901—2100	4	5.56	4.48	82.83	1.57	6.15	4.33	5.12	100.00	1936	52
2101—2300	21	5.59	4.65	84.54	2.96	3.09	5.19	4.22	100.00	2217	61
2301—2500	17	5.62	4.52	83.85	4.72	4.21	4.44	2.78	100.00	2402	67
2501—2700	31	6.22	5.06	85.89	3.40	3.33	3.95	3.43	100.00	2611	70
2701—3000	31	5.63	4.52	86.79	3.19	3.18	4.21	2.63	100.00	2810	74
3001—3500	20	4.32	3.30	87.00	3.22	2.05	3.88	3.85	100.00	3175	84
3501—4000	5	4.64	3.49	91.44	2.98	0.53	2.88	2.17	100.00	3730	99
4001 & above	2	4.26	3.04	91.79	..	4.13	3.37	0.71	100.00	4152	125
all groups	133	5.43	4.36	86.21	3.26	3.05	4.20	3.28	100.00	2673	72

Calorie and Protein Values of Food Items in Rural Areas

TABLE (19.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES-

State : West Bengal

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	4.72	3.45	51.83	6.44	13.67	14.00	14.06	100.00	1154	32
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	2	7.74	6.46	72.84	5.24	5.07	10.71	6.14	100.00	1775	48
1901—2100 . . . . .	1	3.00	2.18	75.42	5.36	7.90	8.91	2.41	100.00	1930	50
2101—2300 . . . . .	4	5.32	4.41	79.92	4.90	6.09	6.90	2.19	100.00	2222	68
2301—2500 . . . . .	8	4.05	3.39	81.22	4.97	4.45	5.58	3.78	100.00	2396	67
2501—2700 . . . . .	9	6.39	5.07	79.44	4.25	9.08	4.74	2.49	100.00	1607	71
2701—3000 . . . . .	18	4.69	3.83	80.71	4.10	6.40	5.64	3.15	100.00	2815	76
3001—3500 . . . . .	34	4.88	3.95	85.97	3.53	3.21	4.20	3.09	100.00	3192	85
3501—4000 . . . . .	20	5.44	4.33	87.58	2.79	3.46	3.13	3.04	100.00	3720	94
4001 & above . . . . .	8	3.57	2.56	84.02	2.10	8.26	3.48	2.14	100.00	4223	104
all groups . . . . .	106	4.88	3.92	83.83	3.60	4.97	4.53	3.07	100.00	3031	80

TABLE (19.8/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	1	1.00	1.02	2.34	..	..	..	97.66	100.00	1392	34
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	1	1.00	1.00	16.36	..	..	..	83.64	100.00	1792	42
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	5	6.14	5.17	78.52	7.25	4.99	6.53	4.24	100.00	2244	64
2301—2500 . . . . .	4	4.56	3.91	69.60	4.46	5.23	6.60	14.11	100.00	2395	66
2501—2700 . . . . .	3	4.24	3.45	73.32	8.25	5.67	8.78	3.98	100.00	2555	72
2701—3000 . . . . .	13	4.85	4.23	81.28	3.42	5.43	5.24	4.63	100.00	2846	76
3001—3500 . . . . .	22	5.93	4.91	83.39	4.01	5.18	4.27	3.15	100.00	3218	86
3501—4000 . . . . .	19	5.12	4.14	81.94	4.48	4.99	4.51	4.08	100.00	3740	94
4001 & above . . . . .	10	5.72	4.55	83.59	4.85	3.60	2.96	5.00	100.00	4944	132
all groups . . . . .	78	5.31	4.41	81.62	4.42	4.91	4.59	4.46	100.00	3310	88

TABLE (19.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

per capita monthly expenditure group Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	2	1.00	1.00	73.89	10.76	0.50	9.80	5.05	100.00	2448	72
2501—2700 . . . . .	1	1.00	0.90	67.20	4.86	12.42	6.28	9.24	100.00	2655	75
2701—3000 . . . . .	1	1.00	0.90	..	..	..	..	100.00	100.00	2767	68
3001—3500 . . . . .	7	5.84	4.92	80.88	4.41	5.32	4.34	5.05	100.00	3300	93
3501—4000 . . . . .	4	3.65	3.02	76.32	4.22	7.46	5.93	6.08	100.00	3791	99
4001 & above . . . . .	8	5.17	4.25	84.63	3.49	4.60	4.17	3.11	100.00	4637	123
all groups . . . . .	23	3.94	3.31	80.55	4.05	4.98	4.54	5.88	100.00	3860	105



TABLE (19.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : West Bengal

Per capita monthly expenditure group : Rs100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	1.00	1.00	1.23	..	3.85	..	94.92	100.00	2164	57
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	4	2.56	2.29	56.97	1.61	0.28	3.54	37.60	100.00	2629	64
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	4	2.48	2.16	69.68	5.64	7.76	10.54	6.38	100.00	3636	101
4001 & above	6	2.44	2.02	67.34	4.78	15.31	7.29	5.28	100.00	5080	131
all groups	15	2.43	2.12	64.22	4.06	8.46	7.11	16.15	100.00	3601	94

Calorie and Protein Values of Food Items in Rural Areas

TABLE (21.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Delhi

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 12

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consume unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	1	1.00	1.00	..	..	..	..	100.00	100.00	1258	31
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	1	5.00	3.82	78.00	6.32	9.21	4.14	2.33	100.00	1896	60
1901—2100 . . . . .	2	8.00	6.52	86.88	3.58	3.06	4.37	2.11	100.00	2004	66
2101—2300 . . . . .	3	4.73	3.90	78.92	5.29	11.17	3.36	1.26	100.00	2289	74
2301—2500 . . . . .	4	6.05	4.79	74.80	3.85	12.61	6.22	2.52	100.00	2410	75
2501—2700 . . . . .	2	5.00	4.10	93.30	2.74	1.12	1.30	1.54	100.00	2533	89
2701—3000 . . . . .	4	7.73	6.24	89.45	0.84	7.63	1.37	0.71	100.00	2828	92
3001—3500 . . . . .	6	4.98	3.73	82.21	3.55	9.03	3.75	1.46	100.00	3328	107
3501—4000 . . . . .	3	7.07	5.12	68.37	4.33	24.80	0.31	2.19	100.00	3710	122
4001 & above . . . . .	6	3.84	2.84	75.15	2.92	16.72	3.18	2.03	100.00	4946	152
all groups . . . . .	32	5.97	4.64	79.37	3.08	13.41	2.25	1.89	100.00	3040	99

TABLE (21.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES.

State: Delhi

per capita monthly expenditure group (in rupees)	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
00—15	..	..	..	..	..	..	..	..	..	..	..
15—21	1	9.00	7.31	93.58	2.49	0.94	1.69	1.30	100.00	1941	69
21—24	6	6.14	4.90	93.47	1.47	3.18	1.18	0.70	100.00	2694	89
24—28	1	3.00	2.25	81.71	5.33	..	11.14	1.82	100.00	2393	77
28—34	2	4.00	2.97	83.16	3.44	2.00	7.21	4.19	100.00	2803	87
34—43	8	7.73	6.10	79.80	3.38	12.03	3.29	1.50	100.00	2714	87
43—55	7	4.30	3.47	73.51	3.27	17.64	3.87	1.71	100.00	3114	100
55—75	4	7.66	5.56	68.03	4.14	24.70	0.84	2.29	100.00	3847	123
75—100	2	1.78	1.52	71.33	4.35	11.33	..	12.99	100.00	4098	141
100 & above	1	3.00	2.18	71.41	2.96	13.10	10.01	2.52	100.00	5499	167
all groups	32	5.97	4.64	79.37	3.08	13.41	2.25	1.89	100.00	3040	99

Calorie and Protein Values of Food Items in Rural Areas

TABLE (22.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Goa, Daman, Diu

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 10

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	10.00	7.57	61.41	18.09	10.76	3.19	6.55	100.00	620	20
1501—1700	2	5.67	4.15	72.06	10.20	4.94	5.16	7.64	100.00	1518	40
1701—1900	2	9.50	7.81	87.14	6.17	1.56	0.38	4.75	100.00	1748	40
1901—2100	2	8.78	6.76	81.97	4.48	5.10	1.60	6.85	100.00	1984	54
2101—2300	7	4.79	3.97	73.14	9.35	8.80	3.94	4.77	100.00	2196	71
2301—2500	2	8.00	7.00	82.86	6.40	3.84	2.26	4.64	100.00	2373	58
2501—2700	4	5.85	4.67	88.30	5.99	3.50	0.26	1.95	100.00	2539	61
2701—3000	4	2.88	2.42	63.78	7.06	7.12	4.08	17.96	100.00	2915	88
3001—3500	8	2.81	2.26	68.41	10.83	9.62	5.81	5.33	100.00	3274	91
3501—4000	4	3.38	2.71	63.49	9.19	17.43	3.81	6.08	100.00	3753	170
4001 & above	3	3.14	2.16	66.83	7.79	13.06	8.58	3.74	100.00	5817	172
all groups	39	5.17	4.10	74.36	8.33	8.13	3.78	5.41	100.00	2350	69

Table (22.1/R) : PERCENTAGE (0.0) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Goa, Daman, Diu

expenditure group (Rs.)	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
00—15	1	10.00	7.57	61.42	18.09	10.75	3.19	6.55	100.00	620	19
15—21	1	5.00	3.46	84.43	2.76	1.13	7.06	4.62	100.00	1536	45
21—28	..	..	..	..	..	..	..	..	..	..	..
28—34	2	4.45	3.26	83.15	3.08	5.67	1.51	6.59	100.00	1981	56
34—43	7	7.97	6.52	87.76	6.22	2.47	0.45	3.10	100.00	2164	51
43—55	8	5.02	4.33	75.65	7.30	9.60	3.10	4.35	100.00	2469	83
55—75	11	3.61	2.99	72.19	10.05	7.38	5.15	5.23	100.00	2850	80
75—100	4	4.25	3.09	67.14	6.34	16.66	4.01	5.85	100.00	3371	133
100 & above	5	3.27	2.50	59.28	11.77	11.34	8.26	9.35	100.00	3413	99
all expenditure classes	39	5.17	4.10	74.36	8.32	8.13	3.78	5.41	100.00	2350	69

Calorie and Protein Values of Food Items in Rural Areas

Table (23.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur.

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 95

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	7.67	5.96	90.14	0.90	4.69	1.62	2.65	100.00	1448	39
1501—1700 . . . . .	1	8.00	7.58	90.11	3.26	2.45	2.45	1.73	100.00	1615	45
1701—1900 . . . . .	8	5.58	4.13	91.62	2.37	1.39	2.28	2.34	100.00	1851	47
1901—2100 . . . . .	5	5.76	4.74	93.64	1.29	1.45	1.59	2.03	100.00	1999	50
2101—2300 . . . . .	22	7.03	5.68	90.74	2.63	2.12	1.74	2.77	100.00	2185	57
2301—2500 . . . . .	34	6.48	5.06	91.71	2.35	1.79	2.07	2.08	100.00	2387	62
2501—2700 . . . . .	29	5.78	4.66	93.02	1.68	1.50	1.57	2.23	100.00	2607	66
2701—3000 . . . . .	29	5.35	4.25	91.79	2.78	1.93	1.71	1.79	100.00	2852	74
3001—3500 . . . . .	37	5.59	4.33	92.32	1.62	2.49	1.84	1.73	100.00	3181	82
3501—4000 . . . . .	32	5.45	4.46	93.72	1.47	2.10	1.45	1.26	100.00	3710	93
4001 & above . . . . .	56	4.96	3.84	93.97	1.48	1.87	1.38	1.30	100.00	4924	12
all groups . . . . .	255	5.70	4.50	92.79	1.85	1.98	1.64	1.74	100.00	3109	79

Table (23.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	10.00	8.10	97.03	..	..	..	2.97	100.00	1451	34
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	10.00	8.10	97.03	..	..	..	2.97	100.00	1451	34

Calorie and Protein Values of Food Items in Rural Areas

Table (23.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur Per capita monthly expenditure group : Rs. 16—21

Calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house-hold	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	6.75	5.66	93.85	1.43	1.04	3.27	0.41	100.00	2430	57
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	6.75	5.66	93.85	1.43	1.04	3.27	0.41	100.00	2430	57



Table (23.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 21-24

calorie in take per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	6.00	4.56	86.24	2.39	6.89	3.10	1.38	100.00	2128	62
2301—2500	4	6.88	5.46	94.48	1.02	1.07	2.33	1.10	100.00	2352	56
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	4.00	2.79	89.69	8.84	0.31	0.98	0.18	100.00	2758	73
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	5.00	3.51	90.44	2.95	3.93	1.45	1.23	100.00	4428	116
all groups	7	6.06	4.68	92.98	2.41	1.52	2.10	0.99	100.00	2492	61

Calorie and Protein Values of Food Items in Rural Areas

Table (23.4/R) : PERCENTAGE (0.00) OF CALOIRE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 24-28

calorie in take per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per house-hold	percentage of calotie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	8.00	7.58	90.11	3.26	2.45	2.45	1.73	100.00	1615	45
1701—1900	1	4.00	2.83	92.57	2.14	2.29	1.51	1.49	100.00	1759	47
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	5	8.41	6.57	91.06	0.91	1.24	1.34	5.45	100.00	2191	53
2301—2500	4	8.66	6.75	92.78	3.01	0.81	1.86	1.54	100.00	2382	60
2501—2700	5	6.81	5.40	95.52	0.33	1.05	1.26	1.84	100.00	2626	63
2701—3000	2	5.35	4.09	94.15	1.11	1.36	1.17	2.21	100.00	2819	72
3001—3500	1	8.00	6.14	97.58	..	0.30	1.43	0.69	100.00	3418	77
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	19	7.19	5.63	93.67	1.24	1.09	1.46	2.54	100.00	2443	60

**Table (23.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER BY UNIT GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : Manipur

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	6	5.99	4.50	91.70	2.49	1.21	2.48	2.12	100.00	1836	47
1901—2100	2	4.22	3.60	94.28	1.02	1.24	0.70	2.76	100.00	2018	51
2101—2300	5	7.30	5.85	91.39	3.02	2.56	1.35	1.68	100.00	2208	57
2301—2500	6	8.81	6.76	94.02	1.78	1.52	1.57	1.11	100.00	2372	65
2501—2700	6	8.13	6.83	93.27	1.29	1.70	1.07	2.67	100.00	2608	68
2701—3000	5	6.37	5.15	93.26	2.42	1.80	1.41	1.11	100.00	2803	68
3001—3500	6	5.85	4.39	93.37	0.90	2.56	2.07	1.10	100.00	3166	83
3501—4000	3	5.11	3.92	95.55	0.92	1.74	1.00	0.79	100.00	3759	90
4001 & above	3	7.51	6.05	96.24	1.10	0.94	1.29	0.43	100.00	4746	111
all groups	42	6.65	5.22	93.57	1.66	1.78	1.57	1.42	100.00	2705	69

Calorie and Protein Values of Food Items in Rural Areas

TABLE (23.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTEKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group Rs. : 34.43

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	5.00	3.51	71.76	3.30	17.20	5.93	1.81	100.00	1441	53
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	5.00	3.40	89.41	1.32	2.18	1.18	5.91	100.00	1875	54
1901—2100	3	6.62	5.37	93.41	1.38	1.53	1.93	1.75	100.00	1991	50
2101—2300	8	5.51	4.58	91.30	2.86	1.69	2.44	1.71	100.00	2190	56
2301—2500	6	6.00	4.72	91.41	2.50	1.96	1.89	2.24	100.00	2379	62
2501—2700	10	4.90	4.01	92.99	1.89	1.24	1.42	2.46	100.00	2600	67
2701—3000	11	5.71	4.48	91.33	3.26	1.82	2.11	1.48	100.00	2880	73
3001—3500	14	6.35	5.07	92.68	1.42	3.00	1.40	1.50	100.00	3121	79
3501—4000	9	6.74	5.47	95.39	0.87	1.57	1.02	1.15	100.00	3752	93
4001 & above	11	7.02	5.19	95.33	0.59	1.83	1.15	1.10	100.00	4923	119
all groups	74	6.03	4.77	93.36	1.61	1.98	1.52	1.53	100.00	3146	79

TABLE (23.7/R) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	VI	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	....	....	....	....	....	....	....	....	....	....	....
1701—1900	...	...	....	..	..	..	..	..	..	..	..
1901—2100	....	....	....	....	....	..	..	..	..	..	..
2101—2300	2	8.51	7.03	90.21	3.91	2.94	1.49	1.45	100.00	2134	60
2301—2500	7	5.84	4.47	90.30	3.11	2.50	2.52	1.57	100.00	2402	65
2501—2700	5	5.48	4.24	90.29	3.64	1.94	2.57	1.56	100.00	2580	67
2701—3000	7	4.93	3.97	91.81	2.55	1.81	1.49	2.34	100.00	2849	78
3001—3500	10	4.62	3.50	92.23	2.05	1.62	2.12	1.98	100.00	3273	83
3501—4000	8	5.39	4.39	92.41	2.05	2.29	2.00	1.25	10.000	3658	92
4001 & above	19	5.64	4.45	95.14	1.39	1.28	1.23	0.96	100.00	4908	119
all groups	58	5.45	4.29	92.79	2.18	1.82	1.77	1.44	100.00	3396	87

Calorie and Protein Values of Food Items in Rural Areas

TABLE (23.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROT-  
 PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY  
 MONTHLY PER CAPITA EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample-household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	8.00	6.24	85.71	2.88	2.97	1.64	6.80	100.00	2205	66
2301—2500	3	2.75	2.34	84.50	0.63	4.53	1.08	9.26	100.00	2355	54
2501—2700	3	4.70	3.65	91.33	1.45	2.42	2.34	2.46	100.00	2637	66
2701—3000	2	3.05	2.68	91.34	1.43	3.06	1.49	2.68	100.00	2880	82
3001—3500	5	4.98	3.90	89.95	2.51	2.11	2.32	3.11	100.00	3115	84
3501—4000	8	4.30	3.47	91.71	1.34	3.38	1.77	1.80	100.00	3708	96
4001 & above	9	3.59	2.83	91.51	2.30	2.71	1.61	1.87	100.00	4826	127
all groups	31	4.09	3.27	90.92	1.93	2.86	1.79	2.50	100.00	3607	95

TABLE (23.9/R) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	Percentage of calorie from food group						average intake per diem per consumer	
				I..	II..	III..	IV..	V ..	total'	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	1.00	1.00	..	..	..	..	100.00	100.00	2418	60
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	12.00	9.17	85.24	1.67	6.60	0.59	5.90	100.00	2795	78
3001—3500	1	8.00	7.03	78.06	5.66	10.09	1.90	4.29	100.00	3148	105
3501—4000	4	4.41	3.99	92.80	2.75	1.85	1.44	1.16	100.00	3663	96
4001 & above	7	2.30	1.77	90.31	2.71	3.05	1.00	2.93	100.00	5285	150
all groups	14	3.61	3.05	89.79	2.88	3.23	1.25	2.85	100.00	4012	95

Calorie and Protein Values of Food Items in Rural Areas

TABLE (23.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Manipur

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	1.00	1.00	..	..	..	..	100.00	100.00	2400	60
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	6	2.51	1.97	85.46	4.18	3.70	3.86	2.80	100.00	5483	144
all groups	7	2.42	1.92	84.28	4.12	3.65	3.81	4.14	100.00	5388	142



TABLE (24.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : All expenditure classes

No. of sample villages : 12

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	6	5.22	4.20	81.82	2.54	5.37	4.17	6.10	100.00	1307	33
1501—1700 . . . . .	2	7.00	5.78	78.33	3.63	9.07	5.83	3.14	100.00	1557	43
1701—1900 . . . . .	5	5.50	4.57	76.52	4.53	8.40	5.49	5.06	100.00	1754	48
1901—2100 . . . . .	2	10.00	8.30	82.43	3.80	6.55	4.54	2.68	100.00	1992	55
2101—2300 . . . . .	2	3.50	2.90	75.37	6.90	8.26	4.59	4.88	100.00	2257	74
2301—2500 . . . . .	5	4.91	3.72	76.78	6.15	7.07	4.84	5.16	100.00	2388	75
2501—2700 . . . . .	2	3.68	3.03	84.83	2.06	5.38	4.49	3.24	100.00	2605	71
2701—3000 . . . . .	7	4.93	4.01	80.49	4.74	5.96	5.63	3.18	100.00	2768	78
3001—3500 . . . . .	6	2.94	2.32	57.33	7.28	9.00	6.45	19.94	100.00	2217	86
3501—4000 . . . . .	1	3.00	2.68	84.68	5.52	4.13	2.86	2.81	100.00	3916	91
4001 & above . . . . .	3	3.31	2.67	67.09	5.77	11.87	6.59	6.68	100.00	7683	228
all groups . . . . .	41	4.97	4.02	76.25	4.89	7.48	5.28	6.10	100.00	2321	66

Calorie and Protein Values of Food Items in Rural Areas

16-16 CSO/ND/76

TABLE (24.2/R): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	2	5.00	4.03	84.15	2.94	3.96	6.02	2.93	100.00	1207	33
1501—1700 . . . . .	1	7.00	6.16	87.58	2.88	4.08	3.19	2.27	100.00	1525	40
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	3	5.26	4.30	84.90	2.93	3.99	5.39	2.79	100.00	1265	34

TABLE (24.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	9.00	6.96	68.02	5.58	9.46	6.80	10.14	100.00	1268	34
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	4.00	3.48	85.98	0.74	5.81	3.73	3.74	100.00	1731	50
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>24</b>	<b>5.14</b>	<b>4.27</b>	<b>80.57</b>	<b>2.20</b>	<b>6.90</b>	<b>4.66</b>	<b>5.67</b>	<b>100.00</b>	<b>1560</b>	<b>44</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE(24.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	7.00	5.40	68.22	4.45	14.52	8.72	4.09	100.00	1593	45
1701—1900	1	4.00	2.89	81.94	2.87	4.30	7.24	3.65	100.00	1793	47
1901—2100	1	10.00	7.35	86.78	3.06	5.31	1.95	2.90	100.00	2097	60
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	5.50	4.06	80.42	3.28	6.91	5.88	3.51	100.00	1827	50

TABLE (24.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	7.00	5.85	70.83	6.73	10.97	8.44	3.03	100.00	1823	56
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	4.00	3.54	80.53	4.13	8.89	3.75	2.70	100.00	2261	70
2301—2500	3	3.90	2.84	78.91	5.96	5.32	5.82	3.99	100.00	2368	78
2501—2700	1	6.00	4.41	90.16	2.02	1.03	4.63	2.16	100.00	2648	67
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	6	4.22	3.24	79.82	5.20	6.13	5.41	3.44	100.00	2316	73

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

238

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	8.00	6.94	69.13	6.39	12.19	5.34	6.95	100.00	1710	47
1901—2100	1	10.00	8.43	81.90	3.89	6.71	4.85	2.65	100.00	1979	54
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	3.00	2.63	82.14	2.08	7.58	4.41	3.79	100.00	2584	73
2701—3000	1	5.00	4.03	74.51	10.41	5.49	5.80	3.79	100.00	2712	63
3001—3500	2	2.50	1.90	83.99	3.12	4.82	4.72	3.35	100.00	3348	91
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	6	6.82	5.78	78.95	4.46	7.82	4.94	3.83	100.00	2053	56

National Sample Survey

TABLE (24.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	4.87	82.78	5.98	3.01	3.95	4.28	100.00	1873	51
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	3.00	2.25	67.18	11.29	7.27	5.93	8.33	100.00	2250	80
2301—2500	2	7.38	5.88	74.27	6.38	9.12	3.69	6.54	100.00	2412	72
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	6	4.92	4.01	80.79	4.45	5.98	5.63	3.15	100.00	2771	79
3001—3500	1	3.00	2.44	88.71	1.50	2.24	3.97	3.58	100.00	3098	82
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>11</b>	<b>5.04</b>	<b>4.06</b>	<b>78.74</b>	<b>5.29</b>	<b>6.56</b>	<b>5.11</b>	<b>4.30</b>	<b>100.00</b>	<b>2609</b>	<b>76</b>

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.8/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	12.00	9.09	65.10	8.71	15.26	5.94	4.99	100.00	3334	99	
3501—4000	1	3.00	2.68	84.68	5.52	4.13	2.86	2.81	100.00	3916	91	
4001 & above	2	3.36	2.67	66.88	5.56	12.29	6.08	9.19	100.00	8204	247	
all groups	4	4.47	3.53	67.70	6.15	12.32	5.84	7.99	100.00	6098	178	



TABLE (24.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT, BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	3	5.00	4.04	82.61	1.84	5.54	2.69	7.32	100.00	1380	34
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	1	3.00	2.25	50.48	13.05	10.94	11.47	14.06	100.00	3140	87
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	4	4.50	3.60	73.07	5.17	7.15	5.29	9.32	100.00	1655	42

Calorie and Protein Values of Food Items in Rural Areas

TABLE (24.10) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 100— & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	1.00	1.00	..	..	..	..	100.00	100.00	3080	65
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	3.00	2.64	69.16	7.77	7.80	11.42	3.85	100.00	4778	118
all groups	2	1.38	1.31	33.94	3.82	3.83	5.60	52.81	100.00	3731	85

TABLE (25.0/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : all expenditure classes

No. of sample villages : 93

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	4	7.06	5.78	73.50	4.77	6.76	10.09	4.88	100.00	982	31
1501—1700	4	5.52	4.25	92.98	1.48	1.26	1.89	2.39	100.00	1590	43
1701—1900	12	6.62	5.31	87.91	2.23	3.47	3.10	3.29	100.00	1799	47
1901—2100	18	5.75	4.57	87.47	2.40	3.10	3.89	3.14	100.00	2038	52
2101—2300	11	4.99	4.01	87.79	4.34	1.68	3.36	2.83	100.00	2222	59
2301—2500	32	5.52	4.49	88.52	2.60	2.88	2.48	3.52	100.00	2395	60
2501—2700	21	5.32	4.40	87.64	3.17	2.51	3.01	3.67	100.00	2621	68
2701—3000	40	5.63	4.52	87.58	2.71	3.63	2.68	3.40	100.00	2856	74
3001—3500	33	5.57	4.48	86.05	2.67	3.54	2.87	4.87	100.00	3197	83
3501—4000	16	4.29	3.29	86.37	2.95	3.40	3.83	3.45	100.00	3741	94
4001 & above	29	4.95	3.88	63.13	4.04	2.44	2.19	28.20	100.00	6387	179
all groups	220	5.46	4.38	81.34	3.08	3.03	2.83	9.72	100.00	3027	80

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.1/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)		
upto—1500	1	6.00	5.03	91.99	..	0.14	2.24	5.63	100.00	1334	42
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	5.00	3.90	99.42	..	..	0.31	0.27	100.00	2476	40
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	5.50	4.46	96.38	..	0.06	1.10	2.46	100.00	1826	41

TABLE (25.2/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	7.00	5.64	95.19	0.47	1.12	1.23	1.99	100.00	1624	43
1701—1900	1	9.00	6.86	94.89	..	0.29	2.47	2.35	100.00	1771	41
1901—2100	3	7.68	6.08	94.70	0.44	2.18	1.78	0.90	100.00	2046	48
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	4.00	3.15	97.94	0.54	..	0.71	0.81	100.00	3336	60
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	7	7.02	5.56	95.36	0.41	1.31	1.55	1.37	100.00	1982	46

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.3/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
upto—1500	1	5.00	3.84	5.19	..	49.96	18.24	26.61	100.00	107	14
1501—1700	1	4.00	2.68	86.61	4.23	2.08	3.68	3.40	100.00	1522	51
1701—1900	2	5.90	4.52	88.60	4.33	0.95	4.69	1.43	100.00	1736	44
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	8.00	6.44	95.11	0.79	0.85	1.65	1.60	100.00	2256	58
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	5	5.41	4.07	88.76	3.30	1.84	3.88	2.22	100.00	1467	41

TABLE (25.4/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)		
				(1)	(2)	(3)	(4)	(5)	(6)			(7)	(8)
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	4.00	2.96	89.57	3.22	1.08	3.00	3.13	100.00	1521	37		
1701—1900	4	5.11	4.21	90.23	1.00	2.36	2.81	3.60	100.00	1823	48		
1901—2100	5	4.66	3.81	90.14	2.85	1.33	3.93	1.75	100.00	1979	50		
2101—2300	..	..	..	..	..	..	..	..	..	..	..		
2301—2500	4	5.19	4.07	89.16	1.55	3.07	2.40	3.82	100.00	2362	63		
2501—2700	1	6.00	4.73	93.22	..	4.39	0.98	1.41	100.00	2602	60		
2701—3000	1	7.00	5.06	96.41	..	0.82	0.84	1.93	100.00	2835	66		
3001—3500	1	8.00	6.42	55.06	1.73	0.43	0.76	42.02	100.00	3061	86		
3501—4000	..	..	..	..	..	..	..	..	..	..	..		
4001 & above	..	..	..	..	..	..	..	..	..	..	..		
all groups	17	5.33	4.24	85.84	1.49	2.00	2.29	8.38	100.00	2236	58		

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.5/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

248

State : TRIPURA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)		(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	8.85	7.07	80.34	3.21	9.68	3.60	3.17	100.00	1858	51
1901—2100	3	4.32	3.42	92.91	1.08	1.61	3.17	1.23	100.00	2075	49
2101—2300	4	4.02	3.30	88.32	5.22	1.12	2.68	2.66	100.00	2262	60
2301—2500	6	7.08	5.56	90.23	2.54	1.92	3.05	2.26	100.00	2406	58
2501—2700	3	8.16	6.32	91.84	1.35	1.33	2.20	3.28	100.00	2658	65
2701—3000	3	5.33	4.02	89.51	2.53	1.54	2.99	3.43	100.00	2836	70
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	6.00	4.41	38.04	..	0.52	0.86	60.58	100.00	6322	180
all groups	22	6.20	4.87	84.48	2.26	2.37	2.73	8.16	100.00	2505	68

National Sample Survey



TABLE (25.6/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group							average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto—1500	2	8.54	7.04	65.32	7.41	9.24	14.05	3.98	100.00	1038	31	
1501—1700	..	..	..	..	..	..	..	..	..	..	..	
1701—1900	2	6.67	5.21	89.69	3.87	2.05	2.26	2.13	100.00	1807	47	
1901—2100	5	5.59	4.19	82.74	2.62	2.63	5.14	6.87	100.00	2031	53	
2101—2300	5	5.40	4.29	87.58	4.36	2.00	3.97	2.09	100.00	2204	58	
2301—2500	9	5.73	4.81	89.61	2.29	3.20	1.72	3.18	100.00	2419	60	
2501—2700	7	5.23	4.33	89.18	3.13	2.28	2.81	2.60	100.00	2593	73	
2701—3000	12	6.30	4.99	88.38	2.80	3.01	2.38	3.43	100.00	2866	73	
3001—3500	4	7.14	5.47	93.48	0.71	2.07	1.32	2.42	100.00	3206	76	
3501—4000	3	5.42	4.00	93.80	0.67	0.77	1.38	3.38	100.00	3710	89	
4001 & above	2	6.27	4.89	96.25	0.91	0.59	1.40	0.85	100.00	4397	103	
all groups	51	6.00	4.78	88.82	2.61	2.62	2.76	3.19	100.00	2548	65	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.7/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	7.00	6.11	89.12	0.27	0.33	2.89	7.39	100.00	1701	42
1901—2100	2	8.02	6.85	80.16	4.65	7.65	4.76	2.78	100.00	2077	60
2101—2300	1	4.00	3.23	80.00	4.83	1.75	2.10	11.32	100.00	2213	58
2301—2500	9	5.60	4.65	86.13	3.60	3.37	2.87	4.03	100.00	2372	63
2501—2700	7	5.07	4.39	86.02	4.29	2.79	3.81	3.09	100.00	2634	68
2701—3000	12	5.40	4.36	90.18	2.30	2.70	2.14	2.68	100.00	2871	73
3001—3500	16	5.88	4.77	87.73	2.64	3.22	2.99	3.42	100.00	3150	80
3501—4000	7	4.30	3.31	87.69	2.44	3.05	3.23	3.59	100.00	3763	95
4001 & above	6	3.91	2.87	70.21	1.46	1.36	1.53	25.44	100.00	5358	143
all groups	61	5.36	4.36	85.22	2.77	2.98	2.80	6.23	100.00	2993	37

**TABLE (25.8/R) : PERCENTAGE (100) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : TRIPURA

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..	..
2101-2300	..	..	..	..	..	..	..	..	..	..	..	..
2301-2500	1	3.00	2.25	88.10	..	6.87	2.86	2.17	100.00	2329	61	
2501-2700	3	3.11	2.55	72.74	5.30	3.53	3.96	14.47	100.00	2612	65	
2701-3000	12	5.11	4.25	82.54	3.37	6.07	3.76	4.26	100.00	2836	79	
3001-3500	7	5.88	4.83	85.03	3.85	5.28	3.26	2.58	100.00	3322	92	
3501-4000	2	4.50	3.36	83.73	4.89	2.31	5.50	3.57	100.00	3655	93	
4001 & above	12	5.91	4.67	50.57	3.27	2.79	1.88	41.49	100.00	6523	188	
all groups	37	5.27	4.26	65.57	3.48	3.95	2.73	24.27	100.00	4263	120	

Calorie and Protein Values of Food Items in Rural Areas

TABLE (25.9/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs.75-100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	1.00	0.74	48.07	4.59	..	6.01	41.33	100.00	2435	65
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	3	2.49	1.90	76.24	5.26	8.09	7.63	2.78	100.00	3166	92
3501—4000	4	3.38	2.76	78.82	4.55	7.47	6.01	3.15	100.00	3794	99
4001 & above	4	6.44	5.23	80.08	8.88	2.66	3.75	4.63	100.00	5391	148
all groups	13	3.73	2.99	78.72	7.37	4.35	4.76	4.80	100.00	4484	122

TABLE (25.10/R) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	1.00	0.90	69.35	4.04	8.84	10.61	7.16	100.00	3146	71
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	4	2.20	1.87	83.06	6.93	3.10	3.17	3.74	100.00	11560	326
all groups	5	1.95	1.67	82.60	6.83	3.29	3.42	3.86	100.00	10609	297

Calorie and Protein Values of Food Items in Rural Areas

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**APPENDIX IV**  
**FACSIMILE OF SCHEDULE**

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[1] identification of sample household		(2) household characteristics	
1. serial number		12. village .....	1. <i>households size</i>
2. zone-state-region		13. hamlet(s) .....	(i) adult male
3. stratum		14. Block identity ward IV, unit block/charge circle-block .....	(ii) adult female
4. sub sample		15. house number .....	(iii) child
5. sample village/block*		16. name of head .....	(iv) total
6. substratum/b.h. class*		17. name of informant .....	2. household land possessed (0.00 acres)
7. sample household		18. informant's relation to head	3. household industry occupation code
8. sub-round		19. E (no. of extra copies)	4. household monthly per capita expenditure (Rs. 0.00)
9. state .....			5. household group code
10. district .....			6. household religion code
11. tehsil/town*			

[3] particulars of field work

officer	name	roll no.	date(s)			signature	addl. sch./ sheets
			receipt	operation	despatch		
1. investigator							
2. asstt. supdt.							

[4] household members and their demographic particulars

srl. no.	relation to head	sex (male-1 female-2)	age last birth day	marital status	general education	srl. no.	relation to head	sex (male-1 female-2)	age last birth day	marital status	General education
(1)	(2)	(3)	(4)	(5)	(6)	(1)	(2)	(3)	(4)	(5)	(6)

\*delete whichever is in applicable.

[5] cash purchase and consumption of cereals, gram and cereal substitutes during the month ended on.....

serial no.	items	cash purchase		consumption out of home-grown stock		total consumption	
		quantity in kg. (0.00)	value in Rs. (0.00)	quantity in kg. (0.00)	value in Rs. (0.00)	quantity in kg. (0.00)	value in Rs. (0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	paddy			x	x	x	x
2	rice and its products						
3	wheat						
4	Jowar						
5	bajra						
6	maize						
7	ragi						
8	barley						
9	small millets						
10	total cereals (2 to 9)						
11	gram and its products						
12	cereals and gram total(10+11)						
13	cereal substitutes						

[6] cash purchase and consumption of other food items pan, tobacco intoxicants, fuel & light during the month ended on.....

item code	description of items	standard unit	cash purchase		consumption out of home-grown stock		total consumption	
			quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs. 0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
11	pulses : sub-total (1-10)	x	x		x		x	
19	milk and milk products : sub-total(12-18)	x	x		x		x	
29	edible oil : sub-total(20-28)	x	x		x		x	
41	meat, egg, fish : sub-total (30-40)	x	x		x		x	



[6] cash purchase and consumption of other food items, pan, tobacco, intoxicants, fuel and light during the month ended on.....(cont'd.)

item code	description of item	standard unit	cash purchase		consumption out of home-grown stock		total consumption	
			quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs.0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
51	Vegetables : sub-total (42-50)	x	x		x		x	
63	fresh fruits : sub-total (52-59)	x	x		x		x	
67	dry fruit and nuts : sub-total (61-66)	x	x		x		x	
68	fruits and nuts : sub-total (60+67)	x	x				x	
74	sugar : sub-total (69-73)	x	x		x		x	
77	salt : sub-total (75+76)	x	x		x		x	
87	spices : sub-total (78-86)	x	x		x		x	
102	beverage, refreshments, etc. : sub-total (88-101)	x	x		x			

Sch. 1.0\_4

[6] cash purchase and consumption of other food items, pan, tobacco, intoxicants, fuel and light during the month ended on.....(contd.)

item code	description of items	standard unit	cash purchase		consumption out of home-grown stock		total consumption	
			quantity (0.00)	value in (Rs.0.00)	quantity (0.00)	value in (Rs. 0.00)	quantity (0.00)	value in (Rs. 0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
107	pan : sub-total (103—106)	x	x		x		x	
116	tobacco : sub-total (108—115)	x	x		x		x	
123	intoxicants : sub-total (117—122)	x	x		x		x	
124	pan, tobacco and intoxicants : sub-totals (107+116+123)	x	x		x		x	
137	fuel and light : sub-total (125—136)	x	x		x		x	

[7] cash purchase and consumption of clothing and footwear during the month ended on.....

item code	description of item	type* code	standard unit (metre/number)	cash purchase		consumption out of home-grown stock		total consumption	
				quantity (0.00)	value in Rs. (0.00)	quantity (0.00)	value in Rs. (0.00)	quantity (0.00)	value in Rs. (0.00)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
19	clothing : sub-total (1—18)	x	x	x		x		x	
		x	pair						
		x	pair						
		x	pair						
24	footwear : sub-total (20—23)	x	pair						
25	clothing & footwear : sub-total (19+24)	x	x	x		x		x	

\*Type code : cotton (mill made)—1, cotton (power loom)—2, cotton (handloom)—3, cotton (khadi)—4, wool—5, art silk, rayon or any other synthetic textile—6, pure silk—7, others—8.



[10] summary of consumer expenditure during the month ended on.....

serial number	items	reference		cash purchase (Rs.0.00)	value of home-grown consumption (Rs.0.07)	value of total consumption (Rs.0.00)	serial number	items	reference		cash purchase (Rs.0.00)	value of home-grown consumption (Rs.0.00)	value of total consumption (Rs.0.00)
		block	line						block	line			
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(1)	(2)	(3)	(4)	(5)	(6)	(7)
1	cereals	5	10				15	pan, tobacco and intoxicants	6	133			
2	gram	5	11										
3	cereal substitutes	5	13				16	fuel and light	6	136			
4	pulses	6	11				17	clothing	7	19			
5	milk and milk products	6	19				18	footwear	7	24			
6	edible oil	6	29				19	miscellaneous goods and services	8	61		X	
7	meat, egg and fish	6	41										
8	vegetables	6	51				20	rents	8	65		X	
9	fruits and nuts	6	68				21	taxes	8	66		X	
10	sugar	6	74				22	durable goods	9	58		X	
11	salt	6	77				23	non-food : sub-total	10	15-22		X	
12	spices	6	87				24	total consumer expenditure	10	14+23		X	
13	beverages, refreshments etc.	6	101				25	household size	2	1(iv)	X	X	
14	food sub-total	10	1-13				26	per capita consumer expenditure		X	X		

[11] remarks by investigator

[12] comments by inspecting officer

## List of Items

Block 6	Block 7
<i>pulses :</i>	<i>sugar :</i>
1 arhar (tur)	*69 sugar
2 gram (split grain)	70 gur : cane
3 moong	71 khandsari sugar
4 masur	72 sugar candy
5 urd	73 sugar others
6 khesari	
7 pea	<i>salt :</i>
8 soyabean	75 sea salt
9 other pulses	76 rock and othersalt
10 pulse products	
	<i>spices :</i>
<i>milk and milk products :</i>	78 turmeric (gm.)
12 milk (liquid) (litre)	79 black pepper (gm.)
13 baby food (milk)	80 pepper, dry chillies (gm.)
14 milk (condensed, powder, etc.)	81 green chillies (gm.)
15 ghee	82 garlic (gm.)
16 butter	83 tamarind (gm.)
17 curd	84 ginger (gm.)
18 other milk products	85 curry powder (gm.)
	86 other spices (gm.)
<i>edible oil :</i>	<i>beverages, refreshments :</i>
*20 vanspaati	88 tea (no. of cups)
21 mustard oil	*89 tea leaf
*22 cocoanut oil	90 coffee (no. of cups)
*23 gingelly (til) oil	91 coffee powder
*24 groundnut oil	92 drinking beverages : others (specify)
25 linseed oil	93 biscuits, confectioneries, etc.
26 refined oil	94 bread
27 edible oil (others)	95 salted refreshments
28 oil seeds	96 prepared sweets
	97 cooked meals (no.)
<i>meat, egg, fish :</i>	98 pickles (gm.)
30 goat meat	99 sauce (gm.)
31 mutton	100 jams, jellies (gm.)
32 beef	101 processed food others (gm.)
33 pork	
34 buffalo meat	<i>pan :</i>
35 other meat	103 pan : leaf (no.)
36 poultry (no.)	104 pan : finished (no.)
37 other birds (no.)	105 supari (betel nuts) (gm.)
38 eggs (no.)	106 other ingredients for pan (gm.)
39 fish (fresh)	
40 fish (dry)	<i>tobacco :</i>
	108 biri (no.)
<i>vegetables :</i>	109 cigarettes (no.)
42 potato	110 leaf tobacco
43 onion	111 hookah tobacco
44 tomato	112 cheroot (no.)
45 brinjal	113 snuff (gm.)
46 cabbage	114 zardah, kimam, surti (gm.)
47 cauliflower	115 other tobacco products (gm.)
48 root vegetables (arum, radish etc.)	
49 leafy vegetables	<i>intoxicants :</i>
50 other vegetables	117 opium (gm.)
	118 ganja (gm.)
<i>fresh fruits :</i>	119 toddy (litre)
52 banana (no.)	120 country liquor (litre)
53 orange, lemon (no.)	121 foreign liquor (litre)
54 mango (no.)	122 other drugs and intoxicants (gm.)
55 cocoanut (no.)	
56 guava (no.)	<i>fuel and light :</i>
57 pineapple (no.)	123 coke
58 grapes	126 coal
59 other fresh fruits	127 firewood
	128 electricity (st. unit)
<i>dry fruits and nuts :</i>	129 gas (st. unit)
61 cocoanut, copra	130 dung cake
62 groundnut	131 charcoal
63 cashewnut	*132 kerosene (litre)
64 dates	133 candle (no.)
65 raisin (kish-mish, manacca, etc.)	*134 matches (stick)
66 other dry fruits and nuts	135 methylated spirit (litre)
	136 fuel and light : others
	1 dhoti, saree (metre)
	2 cloth for shirt, pyjama, kurta, blouse, salwar etc. (metre)
	3 cloth for coat, trousers, suit, overcoat etc. (metre)
	*4 readymade garments (no.)
	5 chaddar, dopatta, wrapper, shawl (metre)
	6 headgear (metre)
	7 lungi (metre)
	8 gamcha, towel, handkerchief (no.)
	9 hosiery articles, stockings, banian, underwear, bodies, etc. (no.)
	10 knitted garments : sweater, pullover, cardigan, muffler, scarf, etc. (no.)
	11 bed sheet, bed cover (metre)
	12 rug, blanket (metre)
	13 pillow, quilt, mattress (no.)
	14 cloth for upholstery, curtain, table cloth etc. (metre)
	15 mosquito net (no.)
	16 cotton, cotton yarn (kg.)
	17 knitting wool (gm.)
	18 clothing : others (no.)
	20 leather boots, shoe
	21 leather sandals, chappals etc.
	22 other leather footwear
	23 other footwear
	<b>Block 8</b>
	1 cinema, theatre
	2 mela, fair
	3 sports goods, toys etc.
	4 other amusements
	5 amusements : sub-total
	6 books, journals
	7 newspapers, periodicals
	8 stationery articles
	9 tuition fee (school, college)
	10 other educational expenses
	11 education : sub-total
	*12 allopathic medicine
	13 homeopathic medicine
	14 ayurvedic medicine
	15 unani medicine
	*16 other medicines
	17 medicine : sub-total
	*18 toilet soap
	*19 powder, snow, cream
	*20 tooth paste, tooth powder
	*21 hair oil, hair lotion hair cream
	22 other toilet requisites
	23 toilet articles : sub-total
	24 shaving blades
	25 other shaving requisites
	*26 electric bulbs, tube-lights
	27 electric batteries
	28 other non-durable electric goods.
	29 umbrella, raincoat
	30 walking stick
	31 earthenware
	32 plastic goods
	33 coir, rope etc.
	*34 washing soap
	35 washing soda
	36 other washing requisites
	37 other petty articles
	38 sundry articles : sub-total
	39 private tutor
	40 doctor, nurse, midwife
	41 domestic servant, cook
	42 sweeper
	43 barber, haircutting saloon
	44 washerman, laundry
	45 tailor
	46 priest

Note : The Standard unit is a KILOGRAM unless otherwise specified in bracket,

Sch. 1.0-3

List of Items—*contd.*

- Block 8—*contd.***
- 47 postage, telephone
  - 48 other consumer services
  - 49 consumer services : sub-total
  - 50 railway fare
  - 51 bus, taxi fare
  - 52 steamer, boat fare
  - 53 rickshaw fare
  - 54 horse cab fare
  - 55 bullock cart fare
  - 56 porter's remuneration
  - 57 other hired conveyance
  - 58 imputed value of conveyance owned (specify)
  - 59 conveyance : sub-total
  - 60 others
  - 62 house-rent, garage rent
  - 63 residential land rent
  - 64 consumer rent (other goods)
  - 65 consumer rent : sub-total
  - 66 consumer taxes and cesses

- Block 9**
- 1 bedstead
  - 2 almirah
  - 3 dressing table
  - 4 stool, bench
  - 5 chair
  - 6 coach, sofa

- 7 table, desk
- 8 box, trunk
- 9 suit case, attache, kit bag
- 10 foam rubber cushion (dunlopillo type)
- 11 floor matting (carpet, durree)
- 12 furniture (others)
- 13 furniture : sub-total
- 14 barmonium
- 15 gramophone
- 16 radio
- 17 radiogram
- 18 tape recorder
- 19 other musical instruments
- 20 musical instruments : sub-total
- 21 gold ornaments
- 22 silver ornaments
- 23 jewels, pearls
- 24 ornaments (other)
- 25 ornaments : sub-total
- 26 stainless utensils steel
- 27 bellmetal utensils
- 28 copper utensils
- 29 aluminium utensils
- 30 iron utensils
- 31 brass utensils
- 32 enamel utensils
- 33 crockery (chinaclay)

- 34 other utensils
- 35 utensils : sub-total
- 36 torch light
- 37 fountain pen
- 38 spectacles
- 39 clock, watch
- 40 electric fan
- 41 electric heater, iron
- 42 stove (wick type pressure type)
- 43 pressure cooker
- 44 sewing machine
- 45 washing machine
- 46 typewriter
- 47 refrigerator
- 48 air-conditioner
- 49 perambulator
- \*50 bicycle
- 51 motor cycle, scooter
- 52 motor car
- \*53 tyres and tubes
- 54 other durables (specify)
- 55 residential building and land (cost of repair only)
- 56 other equipments : sub-total
- 57 others

## Sl. No.

- 1 General report No. 1 on the 1st round (October 50-March 51)
- 2 Tables with notes on the 2nd round (April-June 51)
- 3 Tables with notes on the 3rd round (August-November 51)
- 4 Special report on the survey of persons in the "Live-Register" of Delhi Employment Exchange (August-September 53)
- 5 Technical Paper on some aspects of the development of the sample design
- 6 Survey of Faridabad township (March-April 54)
- 7 Couple fertility 2nd round (April-June 51) and 4th round (April-September 52)
- 8 Report on preliminary survey of urban unemployment (September 53)
- 9 Report on the sample survey of displaced persons in the urban areas of the Bombay State (July-September 53)
- 10 1st report on land holdings, rural sector, 8th round (July 54-March 55)
- 11 Report on sample survey of manufacturing industries 1949 & 1950
- 12 A technical note on age grouping
- 13 Report on household transport operations, 7th round (October 53-March 54)
- 14 Report on some characteristics of the economically active population, 4th to 7th round (April 52-March 54)
- 15 Report on sample survey of manufacturing industries, 1951
- 16 Preliminary report on employment and unemployment, 9th round (May-November 55)
- 17 Report on sample survey of employment in Calcutta (1953)
- 18 Tables with notes on consumer expenditure, 4th round (April-September 52)
- 19 Report on small scale manufacture: Household enterprise smaller than registered factories 7th round (October 53-March 54)
- 20 Report on pattern of consumer expenditure, 2nd to 7th rounds (April 51-March 54)
- 21 Household small scale manufacturing establishments (smaller than those covered by industries (Development & Regulations) Act 1951) 9th round (May-November 55)
- 22 Report on sample survey of manufacturing industries, 1952
- 23 Report on sample survey of manufacturing industries, 1953
- 24 Report on household retail trade, 7th to 9th rounds (October 53-November 55)
- 25 Sample verification of live stock census: 1956
- 26 A preliminary report on housing condition, 7th round (October 53-March 54)
- 27 Technical records of sample design, instructions to field workers and list of sample villages and urban books, 9th round (May-November 1955)
- 28 Report on sample survey of manufacturing industries, 54(1)
- 29 Notes on some results of the land utilisation survey, 10th round (December 55-May 56)
- 30 Report on land holdings (2): operational holdings in rural India, 8th round (July 54-April 55)
- 31 Tables with notes on household transport operation, 8th to 10th rounds (July 54-May 56)
- 32(I) Some aspects of cost of cultivation of paddy, wheat, jowar and bajra, 5th to 7th rounds (1951-52 & 1952-53)
- 32(II) Some aspects of costs of cultivation of barley, maize, ragi, gram, small millets, groundnut, cotton and Jute, 5th to 7th rounds (1951-52 & 1952-53)
- 32(III) Some aspects of cost of cultivation of Minor cereals, pulses, sugarcane, oil seeds, potato, spices and tobacco, 5th to 7th rounds (1951-52 & 1952-53)
- 33 Tables with notes on wages, employment, income and indebtedness of agricultural labour households in rural areas, 11th and 12th rounds (August 56-August 57)
- 34 Tables with notes on employment and unemployment, 10th round (December 55-May 56)
- 35 Tables with notes on livestock products, 5th to 7th rounds (April 52-March 54)
- 36 Report on land holdings (3): Some aspects of ownership holdings, 8th round (July 54-March 55)

- 37 Survey of book reader's preference in India, 13th round (September 57-May 58)
- 38 Some results on the land utilisation survey and crop-cutting experiments, 13th round (September 57-May 58)
- 39 Tables with notes on consumer expenditure, 8th round (July 54-March 55)
- 40 Tables with notes on consumer expenditure, 9th round (May-November 55)
- 41 Household retail trade, 10th round (December 55-May 56)
- 42 Report on small scale manufacture : household enterprises smaller than registered factories, 7th to 8th rounds (October 53-April 55)
- 43 Tables with notes on small scale manufacture : household enterprises smaller than registered factories, 9th and 10th rounds (May 55-May 56)
- 44 A note on profession and services, 4th to 8th rounds (April 52-April 55)
- 45 Report on Indian Villages : A study of some social and economic aspects, 10th to 12th rounds (December 55-August 57)
- 46 Tables with notes on consumer expenditure of agricultural labour households in rural areas, 11th and 12th round (August 56-August 57)
- 47 Tables with notes on consumer expenditure, 10th round (December 55-May 56)
- 48 Preliminary estimates of birth and death rates and of the rate of growth of population, 14th round (July 58-July 59)
- 49 Report on morbidity, 7th round (October 53-March 54) and 11th to 13th rounds (August 56-May 58)
- 50 Tables with notes on housing condition, 10th round (December 55-May 56)
- 51 Tables with notes on housing condition, 11th round (August 56-January 57)
- 52 Tables with notes on employment and unemployment, 11th and 12th rounds (August 56-August 57)
- 53 Tables with notes on internal migration, 9th, 11th, 12th and 13th rounds (May 55-May 58)
- 54 Vital rates, 7th round (October 53-March 54)
- 55 Report on sample survey of manufacturing industries, 1954(2) : Exploratory survey of scheduled industries
- 56 Report on sample survey manufacturing industries, 1955(1) : Survey of Scheduled industries
- 57 Report on sample survey of manufacturing industries, 1955(2)
- 58 Report on sample survey of manufacturing industries, 1956(1) : Survey of Scheduled Industries
- 59 Tables with notes on pattern of household ownership and possession of land in rural areas, 1950-51 to 1953-54, 8th round (July 54-April 55)
- 60 Tables with notes on farming condition and practices in rural areas 1953-54, 8th round (July 54-April 55)
- 61 Notes on the results of the land utilisation survey and crop cutting experiments, 11th round (August 56-February 57)
- 62 Report on employment and unemployment, 9th round (May-November 55)—Supplementary to Report No. 16
- 63 Tables with notes on employment and unemployment in urban areas, 13th round (September 57-May 58)
- 64 Indian villages : A study of some social and economic aspects, 13th round (September 57-May 58)
- 65 Tables with notes on Animal husbandry, 11th round (August 56-January 57)
- 66 Report on land holdings (4) : Rural sector, States, 8th round (July 54-April 55)
- 67 Tables with notes on housing condition, 12th round (March-August 57)
- 68 Tables with notes on rural indebtedness, 8th round (July 54-April 55)
- 69 Notes on the results of the land utilisation survey and crop-cutting experiments, 12th round (March-August 57)
- 70 Technical paper on sample design, 14th round (July 58-June 59)
- 71 Consumer expenditure by levels of household expenditure, 13th round (September 57-May 58)



- 72 Tables with notes on milk production, 12th round (March-August 57)
- 73 Some results of the land utilisation survey and crop-cutting experiments, 14th round (July 58-June 59)
- 74 Report on land holdings (5), rural sector some aspects of operational holdings population zones and All India, 8th round (July 54-April 55)
- 75 Report on sample survey of manufacturing industries, 1956(2)
- 76 Fertility and mortality rates in India, 14th round (July 58-June 59)
- 77 Tables with notes on consumer expenditure, 11th round (August 56-February 57)
- 78 Tables with notes on consumer expenditure, 12th round (March-August 57)
- 79 Some results of the land utilisation survey and crop-cutting experiments, 15th round (July 59-June 60)
- 80 Tables with notes on consumer expenditure, 13th round (September 57-May 58)
- 81 Report on land holdings, urban sector, 8th round (July 54-April 55)
- 82 Tables with notes on some aspects of cost of cultivation of paddy, wheat, barley, maize, millets, pulses, oilseeds and vegetables, urban area, 5th to 7th rounds (1951-53)
- 83 Report on sample survey of manufacturing industries, 1957(1)
- 84 Tables with notes on sample survey of manufacturing Industries Survey of Scheduled Industries 1957
- 85 Tables with notes on employment and unemployment in urban areas, 14th round (July 58-June 59)
- 86 Tables with notes on sample survey of manufacturing industries 1957(2)
- 87 Tables with notes on average budget of agricultural labour households in rural areas, 11th and 12th rounds (August 56-August 57)
- 88 Tables with notes on household receipts and disbursements, 14th round (July 58-June 59)
- 89 Tables with notes on dwelling habits of occupants of the two room government residences in New Delhi, July 60
- 90 Tables with notes on the Survey of Scheduled Industries, 1958: Sample Survey of Manufacturing Industries 1958
- 91 Tables with notes on the Annual Survey of Industries, 1959; Sample Sector; Summary Results
- 92 Some Results of Land Utilisation Survey and Crop-cutting Experiments (Sixteenth Round: July 1960-June 1961)
- 93 Tables with notes on the Sample Survey of Manufacturing Industries, 1958. Factory Establishments: Summary Results
- 94 Tables with notes on Small Scale Manufacture: Rural and Urban (Household Enterprises Smaller than Registered Factories) (Fourteenth Round: July 1958-June 1959)
- 95 Tables with notes on Household Indebtedness (Sixteenth Round: July 1960-June 1961)
- 96 Tables with notes on the Annual Survey of Industries 1960: Sample Sector: Summary Results
- 97 Tables with notes on Capital Formation (Fifteenth Round—Rural: July 1959-June 1960)
- 98 Tables with notes on Consumer Expenditure (Preliminary) Fifteenth Round: July 1959-June 1960)
- 99 Tables with notes on Household Non-Registered Trade (Fifteenth Round: July 1959-June 1960)
- 100 Tables with notes on Rural Employment and Unemployment (Fourteenth Round: July 1958-June 1959)
- 101 Tables with notes on Consumer Expenditure (Preliminary) Sixteenth Round: July 1960-June 1961)
- 102 Tables with notes on Consumer Expenditure (Fourteenth Round: July 1958-June 1959)
- 103 Tables with notes on Urban Labour Force (Sixteenth Round: July 1960-June 1961)
- 104 Tables with notes on Consumer Expenditure (Fifteenth Round: July 1959-June 1960)
- 105 Tables with notes on Household Non-Mechanised Transport and Utilisation of Working Animals (Fifteenth Round: July 1959-June 1960)

- 106 Tables with Notes on Land Utilisation Survey and Crop-cutting Experiments (Seventeenth Round: July 1961-June 1962)
- 107 Tables with Notes on Consumer Expenditure (Eleventh and Twelfth Rounds: August 1956-August 1957)
- 108 Report on the Type Study on Consumption and Disposal of Cereals and Capital Formation by Household: 1959-60
- 109 Tables with Notes on Indian Villages (Fourteenth Round: July 1958-June 1959)
- 110 Tables with Notes on Rates of Birth, Death and Growth of Rural Population (Fifteenth Round: July 1959-June 1960)
- 111 Tables with Notes on Sample Survey of Manufacturing Industries, 1958: Factory Establishments: Detailed Results
- 112 Tables with Notes on Land Utilisation Survey and Crop-cutting Experiments (Eighteenth Round: July 1962-June 1963)
- 113 Tables with Notes on Agricultural Holdings in Rural Area (Sixteenth Round: July 1960-June 1961)
- 114 Tables with Notes on Employment and Unemployment in Rural Areas (Sixteenth Round: July 1960-June 1961)
- 115 Tables with Notes on Disposal of Cereals by Producer Households in Rural Areas (Fifteenth Round: July 1959-June 1960)
- 116 Tables with Notes on Family Planning (Sixteenth Round: July 1960-June 1961)
- 117 Tables with Notes on the Enquiry of Physically Handicapped Persons (Sixteenth Round: July 1960-August 1961)
- 118 Tables with Notes on the Annual Survey of Industries, 1961: Sample Sector: Summary Results
- 119 Special study on Morbidity, (November 1960-October 1961)
- 120 Tables with Notes on the Annual Survey of Industries, 1962: Sample Sector: Summary Results
- 121 Preliminary Estimates of Birth and Death Rates and of the Rate of Growth of Population (Eighteenth Round: February 1963-June 1964)
- 122 Tables with Notes on the Annual Survey of Industries, 1959: Sample Sector: Detailed Results
- 123 Tables with Notes on the Annual Survey of Industries, 1963: Sample Sector: Summary Results
- 124 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Eighteenth Round: July 1963-June 1964)
- 125 Technical Paper on Sample Design (Nineteenth Round: July 1964-June 1965)
- 126 Tables with Notes on Internal Migration (Fourteenth Round: July 1958-June 1959 & Fifteenth Round: July 1959-June 1960)
- 127 Tables with Notes on Urban Labour Force (Seventeenth Round: September 1961-July 1962)
- 128 Tables with Notes on Internal Migration (Rural) (Fourteenth Round: July 1958-June 1959)
- 129 Report on Pilot Enquiry on Morbidity (Seventeenth Round: September 1961-July 1962)
- 130 Tables with Notes on Professions and Liberal Arts (Eighteenth Round: February 1963-January 1964)
- 131 Tables with Notes on the Annual Survey of Industries, 1960: Sample Sector: Detailed Results
- 132 Tables with Notes on the Annual Survey of Industries, 1964: Sample Sector: Summary Results
- 133 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Nineteenth Round: July 1964-June 1965)
- 134 Tables with Notes on Income of Rural Labour Households (Eighteenth Round: February 1963-January 1964)
- 135 Tables with notes on Consumer Expenditure (Preliminary) (Seventeenth Round: September 1961-July 1962)

- 136 Tables with Notes on Capital Formation (Urban) (Seventeenth Round: September 1961-July 1962)
- 137 Tables with Notes on Housing Condition (Sixteenth Round: July 1960-August 1961)
- 138 Tables with Notes on Consumer Expenditure (Sixteenth Round: July 1960-August 1961)
- 139 Tables with Notes on the Annual Survey of Industries, 1961: Sample Sector: Detailed Results
- 140 Tables with Notes on Some Aspects of Agriculture in India (Rural) (Eleventh Round: August 1956-February 1957)
- 141 Tables with Notes on Household Consumption of Fuel and Light (Eighteenth Round: February 1963-January 1964)
- 142 Tables with Notes on Consumer Expenditure (Preliminary) (Eighteenth Round: February 1963-January 1964)
- 143 Tables with Notes on Indebtedness of Scheduled Tribe Household (Eighteenth Round: February 1963-January 1964)
- 144 Tables with Notes on Some Aspects of Land Holdings in Rural Areas (State and All-India Estimates) (Seventeenth Round: September 1961-July 1962)
- 145 Tables with Notes on Income of Scheduled Tribe Households (Eighteenth Round: February 1963-January 1964) in rural areas in Manipur & Tripura
- 146 Tables with Notes on Housing Condition (Fifteenth Round: July 1959-June 1960)
- 147 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Twentieth Round: July 1965-June 1966)
- 148 Report on Special Survey on Household Entrepreneurial Activities in Aligarh Town, 1959-60
- 149 Report on Pilot Study on Non-Household Enterprises (Nineteenth Round: February 1964-June 1965)
- 150 Tables with Notes on Housing Condition (Seventeenth Round: September 1961-July 1962)
- 151 Tables with Notes on Consumer Expenditure (Some Selected Items) (Eighteenth Round: February-June 1964) gap period.
- 152 Tables with Notes on Urban Labour Force (Eighteenth Round: February 1963-January 1964)
- 153 Differential Birth, Death and Infant Mortality Rates in Rural Households (Fifteenth Round: July 1959-June 1960)
- 154 Tables with Notes on Couple Fertility (Seventeenth Round: September 1961-July 1962)
- 155 Tables with Notes on Consumer Expenditure (Some Selected Items) (Eighteenth Round: February 1963-January 1964)
- 156 Tables with Notes on Rural Employment and Unemployment (Fifteen Round: July 1959-June 1960)
- 157 Tables with Notes on Urban Employment and Unemployment (Fifteenth Round: July 1959-June 1960)
- 158 Tables with Notes on Consumer Expenditure of Scheduled Tribe Households (Eighteenth Round: June 1963-May 1964) of Manipur and Tripura
- 159 Tables with Notes on Some Aspects of Land Holdings in Rural Areas (Sixteenth Round: July 1960-June 1961)
- 160 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Twenty first Round: July 1966-June 1967)
- 161 Tables with Notes on the Annual Survey of Industries, 1965: Sample Sector: Summary Results
- 162 Tables with Notes on Some Results of Land Holdings in Rural Areas (Seventeenth Round: September 1961-July 1962)
- 163 Tables with Notes on Urban Labour Force (Nineteenth Round: July 1964-June 1965)
- 164 Tables with Notes on Annual Survey of Industries, 1962: Sample Sector: Detailed Results
- 165 Tables with Notes on Some Aspects of Land Holdings in Urban Areas (17th Round: September 1961-July 1962)
- 166 Tables with Notes on Urban Labour Force (20th Round: July 1965-June 1966)
- 167 Tables with Notes on Villages and Towns in India (19th Round: July 1964-June 1965)

- 168 Tables with Notes on the Annual Survey of Industries, 1963: Sample Sector: Detailed Results
- 169 Tables with Notes on Housing Condition of Scheduled Tribe Households of Manipur (18th Round: June 1963-May 1964)
- 170 Tables with Notes on Housing Condition (18th Round: February 1963-January 1964)
- 171 Some Results Relating to Construction of Pucca Houses in Rural and Urban Area (22nd Round: July 1967-June 1968)
- 172 Tables with Notes on Indian Villages: Some Important Results (18th Round: February 1963-January 1964)
- 173 Tables with Notes on Employment and Unemployment in Rural and Urban Areas of India (19th Round: July 1964-June 1965)
- 174 Tables with Notes on the Annual Survey of Industries, 1966: Sample Sector: Summary Results
- 175 Tables with Notes on Differential Fertility and Mortality Rates in India (18th Round: February 1963-January 1964)
- 176 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (22nd Round: July 1967-June 1968)
- 177 Vital rates in India (19th Round: July 1964-June 1965)
- 178 Tables with Notes on Annual Survey of Industries, 1965: Sample Sector: Detailed Results
- 179 Tables with Notes on Consumer Expenditure (Preliminary) (19th Round: July 1964-June 1965)
- 180 Tables with Notes on the Fertility and Mortality Rates in Urban Areas of India (16th Round: July 1960-August 1961)
- 181 Tables with Notes on Urban Labour Force (21st Round: July 1966-June 1967)
- 182 Tables with Notes on Internal Migration (18th Round: February 1963-January 1964)
- 183 Tables with Notes on Post Census Survey of Livestock Numbers—1966 (Rural Sector)
- 184 Tables with Notes on Consumer Expenditure (17th Round: September 1961-July 1962)
- 185 Age pattern of Marriages and Fertility of Couples (19th Round: July 1964-June 1965)
- 186 Tables with Notes on Differential Fertility and Mortality Rates in Rural and Urban Areas of India (19th Round: July 1964-June 1965) (Integrated Household Survey, Schedule 17)
- 187 Pilot Enquiry on Building Construction — Some Results (22nd Round: July 1967-June 1968) Urban
- 188 Tables with Notes on the Annual Survey of Industries, 1964: Sample Sector: Detailed Results
- 189 Tables with Notes on Household Consumer Expenditure and enterprise for the Rural & Urban areas of India (Schedule 17) (19th Round: July 1964-June 1965)
- 190 Tables with Notes on Employment and Unemployment in Rural Areas (17th Round: September 1961-July 1962)
- 191 Tables with Notes on Consumer Expenditure in Urban Areas (18th Round: February 1963-January 1964)
- 192 Tables with Notes on Consumer Expenditure (19th Round: July 1964-June 1965)
- 193 Tables with Notes on Family Planning (22nd Round: 5th Sub-round: March-April 1968)
- 194 Tables with Notes on the Annual Survey of Industries, 1967: Sample Sector: Summary Results
- 195 Tables with Notes on Housing Condition (19th Round: July 1964-June 1965)
- 196 Tables with Notes on Villages and Towns in India: Some Results (19th Round: July 1964-June 1965)
- 197 Tables with Notes on Household Distribution Trade (20th Round: July 1965-June 1966)
- 198 Tables with Notes on the Annual Survey of Industries, 1966: Sample Sector: Detailed Results
- 199 Tables with Notes on Capital Formation (19th Round: July 1964-June 1965)
- 200 Some Results on the Land Utilisation Survey and Crop-cutting Experiments (23rd Round: July 1968-June 1969)

- 201 Tables with Notes on Household Consumer Expenditure enterprise and demographic particulars (20th Round : July 1965-June 1966)
- 202 Tables with Notes on Farm practices (22nd Round : July 1967-June 1968)
- 203 Tables with Notes on Household Enterprise (19th Round : July 1964-June 1965)
- 204 Vital Rates by per capita monthly Household Expenditure (22nd Round : July 1967-June 1968)
- 205 Some Results on Small Scale manufacture in Rural and Urban Areas (23rd Round: July 1968-June 1969)
- 206 Tables with Notes on Birth and Death Rates and Fertility Rates (20th Round : July 1965-June 1966)
- 207 Tables with Notes on household non-registered trade (24th Round: July 1969-June 1970)
- 208 Tables with Notes on Annual Survey of Industries, 1967: Sample Sector : Detailed Results
- 209 Tables with Notes on Consumer Expenditure (20th Round: July 1965-June 1966)
- 210 Birth and Death rates by Recall Period (21st Round : July 1966-June 1967)
- 211 Some Results relating to construction of pucca houses in urban areas (23rd Round : July 1968-June 1969)
- 212 Some results relating to construction of Pucca houses in urban areas (23rd Round : July 1968-June 1969)
- 213 Tables with Notes on Annual Survey of Industries, 1969 (Sample Sector : Summary Results)
- 214 Tables with Notes on Urban Labour Force (22nd Round : July 1967-June 1968)
- \*215 Tables on Land Holdings, Regional, State and All India, 26th Round (July 1971-September 1972)
- 216 Tables with Notes on Consumer Expenditure (Preliminary) 22nd Round : (July 1967-June 1968)
- 217 Tables with Notes on the Annual Survey of Industries, 1968 : Sample Sector : Summary Results
- 218 Tables with Notes on Small Scale manufacture in Rural & Urban Areas 23rd Round (July 1968-June 1969)
- 219 Tables with Notes on the Annual Survey of Industries, 1968 : Sample Sector : Detailed Results
- 220 Tables with Notes on the enquiry of Physically handicapped persons, 24th Round (July 1969-June 1970) and 28th Round (October 1973-June 1974)
- 221 Tables with Notes on the some features of household non-registered Trade, 24th Round (July 1969-June 1970)
- 222 Selective Tables on Employment & Unemployment, Sub-rounds 1 and 2 (October 1972-March 1973) of the 27th Round
- 223 Time disposition, wage rate & attitude towards employment opportunities outside village of the weaker section of the rural population in India, sub-round I (July 1970-September 1970) of the 25th Round
- 224 Tables with Notes of the Annual Survey of Industries, 1970 : Sample Sector : Summary Results
- 225 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round II (October 1970-December 1970) of the 25th Round
- 226 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round III (January 1971-March 1971) of the 25th round
- 227 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round IV (April 1971-June 1971) of the 25th Round
- \*228 Tables with Notes on Consumer Expenditure (23rd Round : July 1968-June 1969)
- \*229 Tables with Notes on Annual Survey of Industries, 1969 (Sample Sector : Detailed Results)
- \*230 Tables with Notes on Consumer Expenditure (Preliminary) (21st Round : July 1966-June 1967)
- \*231 Tables with Notes on Consumer Expenditure (25th Round : July 1970-June 1971)

- \*232 Consumer Expenditure of the Weaker Section of the Rural Population of India (25th Round : July 1970-June 1971)
  - \*233 Earnings, Indebtedness Cultivated Holdings and Assets of the Weaker Section Households in Rural Areas (25th Round : July 1970-June 1971)
  - \*234 Tables with Notes on Dimensions of the Economic Problems of Weaker Section of Rural population of India (25th Round : July 1970-June 1971)
  - \*235 Tables with Notes on Consumer Expenditure (24th Round : July 1969-June 1970)
  - 236 Small Scale Manufacture (non-households) non-registered (23rd Round : 1968-1969)
  - \*237 Time Disposition and Wage Rate for Economically Weaker Section of the Rural Population of India, all sub-rounds combined, 25th Round (July 1970-June 1971)
  - \*238 Calorie and Protein content of Food Items Consumed per diem per Consumer unit in Rural and Urban Areas (26th Round : July 1971-June 1972) Volume I & II
  - \*239 Tables with notes on consumer expenditure for cultivator households in rural areas, 26th Round (July 1971-June 1972)
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NUMBER-238

VOLUME II

CALORIE AND PROTEIN VALUES OF FOOD ITEMS  
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IN URBAN AREAS



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*Issued by*

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**DEPARTMENT OF STATISTICS : MINISTRY OF PLANNING**

**GOVERNMENT OF INDIA**

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## CONTENTS OF TABLE (URBAN)

TABLE (o) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

Table numbers	State/Union Territory	Page
0.0/U—0.10/U	All-India . . . . .	1—6
1.0/U—1.10/U	Andhra Pradesh . . . . .	7—11
2.0/U—2.10/U	Assam . . . . .	12—17
3.0/U—3.10/U	Bihar . . . . .	17—22
4.0/U—4.10/U	Gujarat . . . . .	23—28
5.0/U—5.10/U	Haryana . . . . .	28—33
6.0/U—6.10/U	Himachal Pradesh . . . . .	34—37
7.0/U—7.10/U	Jammu & Kashmir . . . . .	37—42
8.0/U—8.10/U	Kerala . . . . .	43—48
9.0/U—9.10/U	Madhya Pradesh . . . . .	48—53
10.0/U—10.10/U	Maharashtra . . . . .	54—59
11.0/U—11.10/U	Meghalaya . . . . .	59—63
12.0/U—12.10/U	Mysore . . . . .	64—69
— 13.0/U—13.10/U	Nagaland . . . . .	69—73
14.0/U—14.10/U	Orissa . . . . .	79—78
15.0/U—15.10/U	Punjab . . . . .	79—84
16.0/U—16.10/U	Rajasthan . . . . .	84—89
17.0/U—17.10/U	Tamil Nadu . . . . .	90—95
18.0/U—18.10/U	Uttar Pradesh . . . . .	95—100
19.0/U—19.10/U	West Bengal . . . . .	101—106
— 20.0/U—20.10/U	Chandigarh . . . . .	106—107
21.0/U—21.10/U	Delhi . . . . .	107—112
22.0/U—22.10/U	Goa, Daman, Diu . . . . .	112—116
23.0/U—23.10/U	Maripur . . . . .	117—121
24.0/U—24.10/U	Pondicherry . . . . .	122—127
25.0/U—25.10/U	Tripura . . . . .	127—131

TABLE (0.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

No. of sample blocks : 4375

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	1028	6.20	5.03	76.74	5.73	4.99	5.63	6.91	100.00	1238	35
1501-1700	808	6.20	5.01	77.94	5.62	4.88	5.87	5.69	100.00	1604	46
1701-1900	1201	6.18	5.01	77.57	6.07	5.01	6.36	4.99	100.00	1800	51
1901-2100	1569	5.93	4.80	76.79	5.98	5.69	6.62	4.92	100.00	2001	58
2101-2300	1744	5.73	4.64	75.35	6.21	6.28	6.86	5.30	100.00	2201	64
2301-2500	2054	4.92	4.00	72.02	6.22	6.63	6.71	8.42	100.00	2400	69
2501-2700	2075	4.37	3.55	69.26	5.95	7.31	7.06	10.42	100.00	2598	75
2701-3000	2571	4.29	3.48	69.93	6.35	7.76	5.62	10.34	100.00	2799	84
3001-3500	2830	3.92	3.17	69.45	6.58	8.72	6.11	9.14	100.00	3184	94
3501-4000	1525	3.60	2.90	68.65	6.86	8.96	7.34	8.19	100.00	3720	108
4001 & above	2054	2.84	2.24	62.19	7.30	10.20	7.20	13.11	100.00	5217	156
all groups	19459	4.72	3.81	71.08	6.38	7.43	6.54	8.57	100.00	2699	81

TABLE (0.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL INDIA

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	123	6.35	5.06	85.29	3.67	2.23	3.58	5.23	100.00	1018	29
1501-1700	26	6.61	5.02	90.74	3.06	1.60	2.30	2.30	100.00	1599	49
1701-1900	7	6.57	5.31	91.72	3.70	0.37	2.43	1.78	100.00	1815	61
1901-2100	7	6.21	4.72	93.05	2.13	0.67	1.93	2.22	100.00	1985	67
2101-2300	10	4.94	3.97	92.37	1.25	0.74	1.68	3.96	100.00	2213	78
2301-2500	1	4.00	3.22	76.19	2.16	8.23	11.69	1.73	100.00	2391	69
2501-2700	1	1.00	0.63	98.95	..	..	1.05	..	100.00	2526	55
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	2	2.69	2.07	68.07	9.86	7.58	9.62	4.87	100.00	3123	88
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	1.00	0.95	73.43	6.66	12.30	5.97	1.64	100.00	5291	172
all groups	178	6.20	4.90	87.09	3.40	2.03	3.26	4.22	100.00	1228	37

Calorie and Protein Values of Food Items in Urban Area

TABLE (0.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	283	7.06	5.69	82.68	4.81	3.27	4.44	4.80	100.00	1237	35
1501-1700	138	6.63	5.17	86.63	4.69	2.28	3.74	3.26	100.00	1595	46
1701-1900	115	6.75	5.24	87.60	4.21	1.82	3.75	2.62	100.00	1791	54
1901-2100	78	6.58	5.07	88.23	3.98	1.53	3.23	3.03	100.00	1994	62
2101-2300	44	6.25	4.78	90.81	2.89	1.53	2.89	1.88	100.00	2169	69
2301-2500	19	5.05	3.87	91.58	2.82	1.10	2.30	2.20	100.00	2393	78
2501-2700	10	6.22	4.48	93.31	2.14	1.30	1.68	1.57	100.00	2588	85
2701-3000	13	4.64	3.33	93.48	2.02	0.79	1.63	2.08	100.00	2809	96
3001-3500	7	3.46	2.70	71.05	2.91	19.96	2.70	3.38	100.00	3197	81
3501-4000	3	5.42	3.97	73.70	1.22	0.34	1.39	23.35	100.00	3603	110
4001 & above	4	4.87	3.86	62.42	2.34	0.31	0.43	34.50	100.00	6249	124
all groups	714	6.70	5.27	85.44	4.14	2.54	3.71	4.17	100.00	1582	46

TABLE (0.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	140	6.59	5.30	79.07	5.77	4.86	5.89	4.41	100.00	1312	36
1501-1700	108	6.59	5.30	82.12	4.90	3.08	4.82	5.08	100.00	1592	46
1701-1900	137	6.41	5.13	84.55	5.18	2.56	3.85	3.86	100.00	1790	52
1901-2100	103	6.05	4.72	86.05	4.98	2.21	4.17	2.59	100.00	1992	61
2101-2300	74	6.71	5.27	87.40	4.23	2.15	3.73	2.49	100.00	2183	70
2301-2500	61	6.31	4.93	87.23	3.82	1.98	3.19	3.78	100.00	2384	75
2501-2700	22	5.79	4.39	86.54	4.70	2.27	4.38	2.11	100.00	2606	84
2701-3000	30	5.09	3.84	86.52	3.72	2.86	3.77	3.13	100.00	2824	86
3001-3500	12	3.28	2.32	87.34	2.79	3.65	2.14	4.08	100.00	3219	108
3501-4000	6	6.01	4.47	91.76	3.96	1.26	1.89	1.13	100.00	3748	123
4001 & above	6	1.66	1.18	47.71	4.67	5.97	5.88	35.77	100.00	4480	134
all groups	699	6.29	4.99	84.04	4.84	2.93	4.30	3.89	100.00	1821	54

TABLE (0.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	161	5.14	4.98	75.61	5.56	5.13	5.72	6.98	100.00	1273	35
1501-1700	121	6.38	5.13	80.01	5.31	4.59	5.86	4.23	100.00	1607	45
1701-1900	193	6.35	5.12	82.36	5.07	3.43	5.57	3.57	100.00	1803	52
1901-2100	212	6.39	5.00	84.05	4.86	3.05	4.88	3.16	100.00	1986	58
2101-2300	156	6.60	5.25	85.26	4.73	2.79	4.38	2.84	100.00	2190	50
2301-2500	120	5.93	4.62	86.55	4.46	2.72	3.61	2.66	100.00	2395	73
2501-2700	86	5.71	4.41	85.84	4.50	3.11	3.76	2.79	100.00	2588	83
2701-3000	52	5.11	3.87	87.85	4.16	1.87	3.82	2.30	100.00	2807	86
3001-3500	31	4.96	3.73	88.79	3.64	1.26	3.33	2.98	100.00	3192	98
3501-4000	16	4.33	3.36	85.32	3.43	1.56	1.98	7.71	100.00	3682	115
4001 & above	16	4.44	3.44	63.57	1.84	2.09	2.13	30.37	100.00	5652	151
all groups	1164	6.13	4.88	82.68	4.88	3.29	4.70	4.45	100.00	1970	58

TABLE (0.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	113	6.29	5.18	71.76	6.83	7.65	6.94	6.82	100.00	1286	37
1501-1700	175	6.40	5.22	75.46	6.49	5.98	6.29	5.78	100.00	1596	45
1701-1900	267	6.45	5.24	77.56	6.15	5.09	6.43	4.77	100.00	1800	51
1901-2100	316	6.44	5.20	80.68	5.75	4.08	5.66	3.83	100.00	1998	58
2101-2300	280	6.14	4.88	84.61	5.50	3.99	5.15	3.75	100.00	2203	66
2301-2500	282	5.37	4.22	81.38	5.29	3.87	4.86	4.60	100.00	2397	71
2501-2700	202	5.41	4.23	82.99	4.78	3.12	4.27	4.84	100.00	2602	76
2701-3000	174	5.57	4.93	84.39	5.51	2.80	3.54	3.76	100.00	2825	86
3001-3500	132	5.02	3.89	84.92	4.80	3.37	3.51	3.40	100.00	3184	100
3501-4000	27	3.86	2.88	84.26	4.28	2.60	2.75	6.11	100.00	3700	109
4001 & above	24	4.23	3.08	66.98	4.48	5.90	2.48	20.16	100.00	5157	152
all groups	1992	5.95	4.76	80.19	5.60	4.29	5.15	4.77	100.00	2130	62

Calorie and Protein Values of Food Items in Urban Areas

TABLE (0.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

4

ALL-INDIA

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	89	5.75	4.76	66.11	7.37	7.97	8.18	10.37	100.00	1316	37
1501—1700	132	6.16	5.05	72.65	6.53	6.32	7.65	6.85	100.00	1623	46
1701—1900	247	6.03	4.90	73.43	7.01	6.68	7.54	5.34	100.00	1801	51
1901—2100	367	6.16	5.01	76.49	6.08	5.82	6.98	4.63	100.00	2002	58
2101—2300	437	5.75	4.76	76.29	6.29	5.78	7.09	4.55	100.00	2136	61
2301—2500	398	5.64	4.54	77.45	6.21	5.59	6.16	4.59	100.00	2397	69
2501—2700	339	5.39	4.29	79.35	5.55	5.12	5.66	4.32	100.00	2597	76
2701—3000	386	5.38	4.26	80.75	5.82	4.58	5.23	3.62	100.00	2825	84
3001—3500	316	4.84	3.77	81.79	4.99	4.91	4.81	3.50	100.00	3193	97
3501—4000	96	3.88	3.00	85.56	5.94	2.75	3.57	2.18	100.00	3728	116
4001 & above	92	3.42	2.59	57.29	5.10	4.11	2.74	30.76	100.00	5759	175
all groups	2899	5.54	4.45	77.70	6.06	5.47	5.03	5.74	100.00	2343	69

TABLE (0.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

ALL-INDIA

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	52	4.90	4.08	62.62	7.98	7.83	8.11	13.46	100.00	1300	36
1501—1700	65	5.34	4.42	68.49	7.01	8.27	8.02	8.21	100.00	1623	46
1701—1900	123	6.10	5.08	70.98	7.45	6.66	8.54	6.37	100.00	1810	57
1901—2100	261	5.46	4.48	70.27	7.22	8.20	8.23	6.08	100.00	2011	58
2101—2300	336	5.74	4.69	73.37	6.68	7.06	7.52	5.37	100.00	2196	63
2301—2500	425	5.33	4.35	72.48	6.82	6.75	7.38	6.57	100.00	2398	68
2501—2700	387	4.98	4.02	72.96	6.66	7.33	7.30	5.75	100.00	2596	77
2701—3000	468	4.88	3.88	75.17	6.34	6.60	6.83	5.06	100.00	2846	81
3001—3500	496	4.56	3.63	76.76	6.45	6.03	5.82	4.94	100.00	3219	95
3501—4000	225	4.44	3.50	79.42	6.17	5.02	5.19	4.20	100.00	3714	112
4001 & above	163	3.46	2.62	67.27	9.32	6.20	4.73	12.48	100.00	5014	158
all groups	3001	5.04	4.07	73.63	6.82	6.68	6.82	6.05	100.00	2622	76

National Sample Survey

**TABLE (o.8/U) : PERCENTAGE (o.oo) CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

ALL-INDIA

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	24	2.77	2.39	48.75	7.75	10.44	10.93	22.13	100.00	1060	30
1501-1700	31	4.69	3.91	61.16	7.20	7.67	8.57	15.40	100.00	1609	47
1701-1900	70	5.27	4.35	65.42	7.79	9.06	9.34	8.39	100.00	1811	51
1901-2100	151	5.40	4.50	64.17	7.19	10.96	10.02	7.66	100.00	2011	57
2101-2300	253	5.28	4.34	65.51	7.86	9.78	9.27	7.58	100.00	2210	62
2301-2500	378	4.34	3.72	63.63	7.34	9.44	8.55	11.04	100.00	2402	68
2501-2700	466	4.21	3.47	64.52	6.67	9.23	8.75	10.83	100.00	2593	74
2701-3000	563	4.53	3.69	69.00	6.68	8.99	7.80	7.53	100.00	2843	81
3001-3500	644	3.93	3.18	71.03	7.12	7.77	7.31	6.77	100.00	3219	93
3501-4000	355	3.95	3.15	72.21	7.13	7.88	7.56	5.22	100.00	3703	109
4001 & above	362	3.07	2.35	71.72	6.36	9.92	5.74	6.26	100.00	4806	137
all groups	3297	4.26	3.46	68.32	6.99	8.96	7.87	7.86	100.00	2872	82

**TABLE (o.9/U) : PERCENTAGE (o.oo) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

ALL-INDIA

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	16	1.93	1.72	27.86	1.68	4.97	2.25	63.24	100.00	1107	26
1501-1700	7	2.08	1.82	44.71	2.52	6.25	4.66	41.86	100.00	1559	41
1701-1900	30	4.19	3.47	59.91	5.53	11.34	7.62	15.60	100.00	1785	53
1901-2100	46	3.78	3.18	58.80	7.58	9.36	8.94	15.32	100.00	2039	54
2101-2300	96	4.90	4.32	62.25	6.86	11.12	9.17	10.60	100.00	2213	62
2301-2500	204	3.78	3.19	55.88	6.37	10.53	8.43	18.79	100.00	2420	59
2501-2700	266	3.26	2.78	53.33	6.17	10.07	8.91	21.52	100.00	2604	72
2701-3000	397	3.68	3.08	57.30	7.42	9.95	9.24	16.09	100.00	2845	80
3001-3500	393	4.73	3.10	64.43	7.01	10.39	8.81	9.36	100.00	3244	92
3501-4000	465	2.66	2.99	67.51	7.50	9.57	8.44	6.98	100.00	3728	107
3001 & above	289	3.89	2.28	64.30	6.61	8.58	8.09	12.42	100.00	5058	148
all groups	2209	3.55	2.95	61.64	6.90	9.80	8.64	13.02	100.00	3190	91

**TABLE (6.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

ALL-INDIA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calore	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	27	2.47	2.10	40.36	3.54	12.10	5.89	38.11	100.00	1119	22
1501—1700	5	1.00	0.91	12.48	1.47	19.71	0.74	65.60	100.00	1582	106
1701—1900	12	2.62	2.24	34.14	9.15	12.61	12.05	32.05	100.00	1839	50
1901—2100	28	3.27	2.85	51.51	5.85	16.42	9.99	16.23	100.00	2001	56
2101—2300	58	3.48	3.00	52.13	7.75	13.90	10.00	16.22	100.00	2207	62
2301—2500	166	2.58	2.26	42.93	5.63	10.64	8.04	32.76	100.00	2418	65
2501—2700	296	2.62	2.25	43.07	5.43	11.42	8.32	31.76	100.00	2612	71
2701—3000	488	2.71	2.35	43.33	5.88	12.39	7.99	30.41	100.00	2852	98
3001—3500	697	3.02	2.55	48.84	6.96	14.23	9.80	20.17	100.00	3242	90
3501—4000	532	2.87	2.39	53.82	7.29	14.23	9.30	15.36	100.00	3735	105
4001 & above	997	2.53	2.06	55.63	7.88	12.58	11.39	12.52	100.00	5588	167
all groups	3306	2.75	2.31	51.25	7.13	13.07	10.02	18.53	100.00	3750	110

**TABLE (1.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

No. of sample blocks : 384

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	98	5.07	4.09	76.74	4.14	4.72	5.28	9.12	100.00	1222	31
1501—1700	61	5.90	4.76	81.97	4.12	3.73	4.52	5.66	100.00	1609	41
1701—1900	123	5.82	4.64	80.49	4.81	3.67	5.57	5.46	100.00	1787	46
1901—2100	177	5.62	4.51	80.98	4.32	4.74	5.88	5.08	100.00	1998	51
2101—2300	171	5.30	4.23	77.41	5.29	5.65	5.57	6.08	100.00	2201	56
2301—2500	188	4.73	3.80	75.89	5.34	5.46	5.38	7.93	100.00	2401	62
2501—2700	190	4.63	3.70	75.10	5.31	5.68	5.54	8.37	100.00	2600	67
2701—3000	203	4.38	3.47	75.35	5.28	6.04	5.60	7.73	100.00	2845	74
3001—3500	218	3.94	3.15	75.27	5.96	5.97	5.91	6.89	100.00	3206	83
3501—4000	85	3.65	2.91	70.71	6.27	7.40	5.61	10.01	100.00	3732	98
4001 & above	138	3.19	2.50	41.83	8.65	5.69	5.71	38.12	100.00	6805	190
all groups	1652	4.69	3.74	71.57	5.73	5.53	5.51	11.66	100.00	2617	68



**TABLE (1.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	13	5.51	4.33	89.01	2.23	1.55	3.33	3.33	100.00	1073	28
1501—1700	1	7.00	5.13	97.22	..	..	..	2.78	100.00	1573	59
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b>	<b>14</b>	<b>5.64</b>	<b>4.45</b>	<b>89.97</b>	<b>2.01</b>	<b>1.37</b>	<b>2.94</b>	<b>3.71</b>	<b>100.00</b>	<b>1114</b>	<b>30</b>

**TABLE (1.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	25	5.72	4.63	85.24	1.85	2.48	3.80	6.63	100.00	1204	30
1501—1700	12	6.00	4.47	89.50	2.21	2.34	1.99	3.96	100.00	1575	37
1701—1900	14	5.36	4.04	90.01	1.86	1.21	3.80	3.12	100.00	1770	41
1901—2100	8	6.75	5.35	91.70	1.84	2.34	1.82	2.30	100.00	1943	54
2101—2300	1	7.00	5.43	85.42	7.77	0.23	5.03	1.55	100.00	2199	55
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	7.00	4.78	91.19	2.67	1.81	2.36	1.97	100.00	2657	84
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	1	7.00	4.37	45.93	..	0.43	0.95	52.69	100.00	3611	101
4001 & above	2	5.00	4.07	25.64	0.79	0.60	0.97	72.00	100.00	4764	140
<b>all groups</b>	<b>64</b>	<b>5.86</b>	<b>4.55</b>	<b>82.19</b>	<b>1.94</b>	<b>1.88</b>	<b>2.82</b>	<b>11.17</b>	<b>100.00</b>	<b>1669</b>	<b>42</b>

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (1.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	14	5.50	4.51	80.09	4.26	5.29	5.07	5.29	100.00	1362	32
1501—1700 . . . . .	11	6.73	5.55	84.79	3.20	2.88	4.47	4.66	100.00	1618	42
1701—1900 . . . . .	16	6.38	5.10	84.55	3.84	2.29	3.57	5.75	100.00	1708	46
1901—2100 . . . . .	13	5.00	3.85	89.35	2.87	1.62	2.79	3.37	100.00	1996	53
2101—2300 . . . . .	2	6.50	4.95	89.07	1.87	3.03	3.52	2.51	100.00	2155	54
2301—2500 . . . . .	4	5.00	3.54	89.62	2.73	1.25	3.72	2.68	100.00	2389	64
2501—2700 . . . . .	1	6.00	4.56	72.18	2.92	2.63	19.74	2.53	100.00	2582	58
2701—3000 . . . . .	2	4.50	3.66	91.52	2.76	0.28	3.54	1.90	100.00	2897	79
3001—3500 . . . . .	1	2.00	1.18	85.79	2.94	0.50	7.61	3.16	100.00	3340	86
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	64	5.75	4.58	85.31	3.37	2.65	4.25	4.42	100.00	1762	46

**TABLE (1.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . .	13	3.85	3.09	72.86	5.41	5.56	5.55	10.62	100.00	1307	36
1501—1700 . . . . .	13	4.45	3.59	79.54	4.41	3.00	4.48	8.57	100.00	1584	41
1701—1900 . . . . .	23	6.48	5.08	83.89	3.82	3.38	5.29	3.62	100.00	1791	46
1901—2100 . . . . .	26	5.96	4.69	86.66	3.16	2.53	3.82	3.83	100.00	1988	48
2101—2300 . . . . .	13	5.77	4.63	86.01	4.35	2.34	4.28	3.02	100.00	2186	58
2301—2500 . . . . .	6	4.67	3.62	89.38	2.56	1.65	3.74	2.66	100.00	2382	62
2501—2700 . . . . .	6	6.83	5.11	89.93	2.85	3.16	2.51	2.10	100.00	2594	71
2701—3000 . . . . .	5	4.40	3.15	88.27	3.07	1.65	4.12	2.89	100.00	2798	74
3001—3500 . . . . .	1	4.00	2.97	91.65	0.60	1.39	3.23	3.13	100.00	3126	75
3501—4000 . . . . .	1	1.00	0.50	86.02	1.41	4.05	1.52	7.00	100.00	3953	94
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	107	5.46	4.27	85.05	3.63	2.87	4.27	4.18	100.00	959	50

TABLE (1.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	7	7.29	5.70	70.59	6.67	8.37	6.78	7.59	100.00	1124	28
1501-1700	14	6.79	5.73	77.83	6.12	4.56	6.19	5.30	100.00	1631	41
1701-1900	30	6.03	4.84	81.16	4.54	3.39	5.14	5.77	100.00	1806	45
1901-2100	42	5.76	4.56	83.24	3.87	3.57	4.42	4.90	100.00	2002	50
2101-2300	32	5.50	4.30	84.57	3.84	3.05	4.28	4.26	100.00	2193	55
2301-2500	33	4.67	3.58	81.44	4.09	3.49	4.19	6.79	100.00	2400	63
2501-2700	21	4.90	3.84	84.59	3.30	2.41	3.03	6.67	100.00	2594	66
2701-3000	16	4.75	3.68	84.13	3.42	1.81	3.31	7.33	100.00	2824	81
3001-3500	7	4.00	3.06	85.34	1.84	3.77	2.70	6.35	100.00	3146	113
3501-4000	1	4.00	2.89	89.87	5.90	0.52	2.11	1.60	100.00	3927	100
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	203	5.47	4.32	82.55	4.05	3.34	4.31	5.75	100.00	2123	55

TABLE (1.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	12	5.08	4.15	69.01	5.89	4.95	7.85	12.30	100.00	1384	36
1501-1700	5	5.20	4.35	78.12	4.14	3.90	6.00	7.75	100.00	1622	38
1701-1900	17	5.47	4.43	76.12	6.63	4.67	6.23	6.35	100.00	1803	48
1901-2100	48	5.52	4.48	80.17	4.42	5.07	5.33	5.01	100.00	1995	52
2101-2300	53	4.91	3.88	79.77	4.81	4.62	5.25	5.55	100.00	2200	54
2301-2500	51	5.04	4.04	79.09	4.91	4.11	4.77	7.12	100.00	2395	62
2501-2700	39	5.46	4.31	83.40	4.05	3.05	4.34	5.16	100.00	2610	67
2701-3000	36	4.86	3.74	81.88	3.58	3.48	4.42	6.64	100.00	2830	73
3001-3500	32	4.25	3.28	86.01	3.42	3.22	3.49	3.86	100.00	3216	80
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	13	4.46	3.47	12.38	5.77	6.84	0.86	70.15	100.00	9808	258
all groups	306	5.05	4.01	72.80	4.60	3.59	4.28	14.70	100.00	2621	67

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (1.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto-1500	49	4	4.00	3.01	31.17	10.97	9.02	11.64	37.20	100.00	870	23
1501-1700		5	5.40	4.41	77.06	4.13	8.42	4.23	6.16	100.00	1641	41
1701-1900		14	5.64	4.57	71.83	7.64	6.08	7.77	6.68	100.00	1808	49
1901-2100		20	5.80	4.82	75.10	6.27	7.00	5.77	5.86	100.00	2011	51
2101-2300		39	6.00	4.87	74.03	5.89	7.02	6.28	6.78	100.00	2215	56
2301-2500		57	5.04	4.10	74.62	5.77	5.79	6.50	7.32	100.00	2402	62
2501-2700		48	5.04	4.06	76.64	6.27	5.97	6.23	4.89	100.00	2600	68
2701-3000		55	4.42	3.48	75.95	5.02	5.97	5.96	7.10	100.00	2861	71
3001-3500		60	4.23	3.29	78.99	6.40	4.77	5.00	4.84	100.00	3154	82
3501-4000		20	3.55	2.70	79.67	4.71	4.66	4.54	6.42	100.00	3718	95
4001 & above		21	3.57	2.71	35.00	20.36	4.28	6.86	33.50	100.00	6944	226
all groups		343	4.79	3.83	71.57	7.47	5.69	6.02	9.25	100.00	2751	73

**TABLE (1.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto-1500	65	3	2.00	1.55	19.86	8.99	12.16	15.01	43.98	100.00	772	21
1501-1700												
1701-1900		7	4.86	4.21	69.98	7.20	6.73	10.72	5.37	100.00	1850	48
1901-2100		13	5.00	4.14	65.11	6.55	11.63	8.84	7.87	100.00	2004	53
2101-2300		21	4.81	3.85	67.81	7.17	9.88	7.86	7.28	100.00	2194	57
2301-2500		19	4.89	3.97	68.71	7.70	10.49	5.37	7.73	100.00	2410	65
2501-2700		37	4.51	3.59	71.53	6.67	7.95	6.67	7.18	100.00	2599	68
2701-3000		56	4.45	3.56	72.45	6.39	8.19	6.44	6.53	100.00	2857	75
3001-3500		49	4.16	3.41	74.15	6.26	6.48	6.21	5.90	100.00	3210	80
3501-4000		20	3.90	3.16	74.80	6.38	6.93	5.43	6.46	100.00	3717	100
4001 & above		35	3.57	2.00	66.51	4.78	3.37	9.46	15.88	100.00	4879	121
all groups		260	4.18	3.37	71.08	6.36	7.44	7.17	7.95	100.00	2911	75

TABLE (1.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	5.00	4.34	65.86	4.12	7.24	3.11	24.67	100.00	1112	27
1501—1700	2	1.50	1.22	25.70	5.44	1.75	5.58	61.53	100.00	1761	45
1701—1900	6	4.33	3.46	67.68	7.34	5.73	5.72	13.53	100.00	2060	51
1901—2100	8	4.38	3.65	64.66	6.14	10.98	5.40	12.82	100.00	2193	55
2101—2300	7	3.86	3.24	63.29	7.59	10.07	8.17	10.88	100.00	2413	66
2301—2500	14	3.36	2.90	46.01	8.45	11.66	9.12	24.76	100.00	2569	67
2501—2700	17	4.18	3.41	67.05	8.00	9.20	6.43	9.32	100.00	2796	74
2701—3000	43	3.21	2.62	69.42	7.25	6.96	6.94	9.43	100.00	3263	84
3001—3500	21	4.48	3.65	73.19	6.36	7.97	5.73	6.75	100.00	3732	94
3501—4000	26	3.19	2.51	43.43	5.94	6.50	4.60	9.53	100.00	7230	209
all groups	146	3.66	2.99	59.84	6.80	7.78	6.03	19.55	100.00	3588	96

TABLE (1.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ANDHRA PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	2.20	1.83	47.43	6.66	15.38	5.82	24.71	100.00	1408	36
1501—1700	200	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7.00	6.15	66.73	4.70	14.94	9.43	4.20	100.00	2070	46
2101—2300	2	3.00	2.72	16.72	19.25	16.67	9.71	37.65	100.00	2277	64
2301—2500	11	2.18	2.03	45.95	5.34	9.47	5.42	33.82	100.00	2418	65
2501—2700	23	2.30	2.03	46.85	4.88	10.33	5.92	32.02	100.00	2602	66
2701—3000	16	2.75	2.48	56.27	6.76	8.55	6.70	21.72	100.00	2864	70
3001—3500	25	3.76	3.16	59.53	7.10	10.79	8.00	14.58	100.00	3250	86
3501—4000	21	2.62	2.16	51.14	8.50	11.46	7.63	21.27	100.00	3763	102
4001 & above	41	3.02	2.44	45.99	7.96	10.70	7.42	27.93	100.00	6614	179
all groups	145	2.88	2.44	49.91	7.47	10.69	7.31	24.62	100.00	4000	106

Calorie and Protein Values of Food Items in Urban Areas

TABLE (2.0 /U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM No. of Sample blocks : 108 Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein(gm)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	4.00	8	6.13	5.18	75.18	7.17	6.48	8.35	2.82	100.00	1215	33
1501—1700		8	7.62	6.24	82.07	5.44	3.00	6.68	2.81	100.00	1628	43
1701—1900		19	6.74	5.53	78.47	4.74	4.76	8.14	3.89	100.00	1801	45
1901—2100		36	7.42	6.06	77.93	5.59	5.59	6.97	3.92	100.00	2024	53
2101—2300		33	6.33	5.27	78.77	5.06	4.89	6.79	4.49	100.00	2216	56
2301—2500		64	4.16	3.56	66.55	4.76	6.40	6.27	16.02	100.00	2395	64
2501—2700		54	4.30	3.64	67.68	5.90	6.81	6.12	13.49	100.00	2596	70
2701—3000		63	5.10	4.20	74.19	6.41	6.25	7.57	5.58	100.00	2836	77
3001—3500		65	4.98	4.04	72.27	6.36	7.29	7.97	6.11	100.00	3217	91
3501—4000		30	3.67	2.98	73.53	5.73	7.62	6.48	6.64	100.00	3741	103
4001 & above		24	3.50	2.83	69.57	6.53	8.90	8.93	6.07	100.00	4530	134
all groups		404	5.08	4.20	72.88	5.82	6.51	7.22	7.57	100.00	2616	71

TABLE (2.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 00—156

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	7.5	1	8.00	6.83	87.00	5.91	..	5.17	1.92	100.00	849	22
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		..	..	..	..	..	..	..	..	..	..	..
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		..	..	..	..	..	..	..	..	..	..	..
2301—2500		..	..	..	..	..	..	..	..	..	..	..
2501—2700		..	..	..	..	..	..	..	..	..	..	..
2701—3000		..	..	..	..	..	..	..	..	..	..	..
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		1	8.00	6.83	87.00	5.91	..	5.17	1.92	100.00	849	22

TABLE (2.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	2	4.50	3.46	86.25	4.84	0.50	5.42	2.99	100.00	1198	28
1501-1700	2	5.00	3.94	89.63	2.62	0.80	3.67	3.28	100.00	1660	40
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	4	4.75	3.70	88.31	3.48	0.69	4.35	3.17	100.00	1444	34

TABLE (2.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	No. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	1	7.00	5.80	84.57	6.19	..	6.07	3.17	100.00	1278	29
1501-1700	2	6.00	4.72	86.20	5.72	0.36	4.93	2.79	100.00	1610	43
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	1	9.00	6.97	88.19	4.31	1.68	4.50	1.32	100.00	1913	49
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	4	7.00	5.56	86.58	5.90	0.78	5.01	2.33	100.00	1618	41

TABLE (2.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER-DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500		1	8.00	6.54	81.80	3.87	5.94	6.73	1.66	100.00	1364	35
1501—1700	26	1	22.00	17.86	79.49	5.95	4.17	8.34	2.05	100.00	1611	40
1701—1900		4	6.75	5.53	87.28	2.73	1.67	5.86	2.46	100.00	1804	43
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		..	..	..	..	..	..	..	..	..	..	..
2301—2500		..	..	..	..	..	..	..	..	..	..	..
2501—2700		..	..	..	..	..	..	..	..	..	..	..
2701—3000		..	..	..	..	..	..	..	..	..	..	..
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups	2	6	9.50	7.76	83.76	4.06	3.08	6.88	2.22	100.00	1668	41

TABLE (2.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500		..	..	..	..	..	..	..	..	..	..	..
1501—1700	30	2	7.50	6.46	79.83	5.95	4.10	7.05	3.07	100.00	1646	46
1701—1900		3	6.00	4.62	81.67	4.32	3.86	6.56	3.59	100.00	1814	46
1901—2100		6	9.50	7.85	88.00	3.42	2.04	3.85	2.69	100.00	1983	48
2101—2300		3	8.00	6.39	84.52	3.60	2.64	6.86	2.38	100.00	2165	52
2301—2500		1	6.00	4.72	86.17	4.07	3.47	4.00	2.29	100.00	2383	59
2501—2700		1	8.00	6.13	85.86	2.52	7.23	1.89	2.50	100.00	2583	65
2701—3000		1	3.00	2.00	89.43	3.91	..	5.13	1.53	100.00	2925	68
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		17	7.71	6.23	85.56	3.79	2.98	4.97	2.70	100.00	2023	50



TABLE (2.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	38.5	..	..	..	..	..	..	..	..	..	..	..
1501-1700		..	..	..	..	..	..	..	..	..	..	..
1701-1900		4	7.75	6.46	76.80	5.28	5.07	9.56	3.29	100.00	1822	46
1901-2100		9	7.11	5.56	78.57	6.66	5.23	6.52	3.02	100.00	2023	54
2101-2300		10	7.80	6.46	84.41	3.94	3.45	5.57	2.63	100.00	2208	56
2301-2500		5	5.00	4.26	84.86	4.71	3.59	3.76	3.08	100.00	2340	60
2501-2700		3	8.67	6.93	80.17	6.20	5.36	5.01	3.26	100.00	2593	68
2701-3000		4	12.00	9.91	86.69	5.67	1.97	4.50	1.17	100.00	2777	71
3001-3500		2	9.00	6.46	87.68	1.70	3.66	4.80	2.16	100.00	3144	80
3501-4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		37	7.84	6.35	83.00	5.03	3.84	5.60	2.53	100.00	2320	60

TABLE (2.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	41	2	7.00	6.17	67.72	7.48	11.81	10.79	2.20	100.00	1352	41
1501-1700		..	..	..	..	..	..	..	..	..	..	..
1701-1900		4	8.00	6.85	75.44	6.37	6.39	7.40	4.40	100.00	2076	46
1901-2100		11	7.64	6.15	77.73	5.16	6.02	7.47	3.62	100.00	2049	54
2101-2300		6	8.17	6.68	81.35	4.91	4.65	5.06	4.03	100.00	2222	55
2301-2500		13	6.85	5.64	76.60	6.76	5.44	7.85	3.35	100.00	2399	66
2501-2700		11	4.73	3.98	81.14	5.72	4.34	4.44	4.36	100.00	2587	71
2701-3000		13	6.15	4.93	80.07	5.68	4.59	6.78	2.88	100.00	2830	76
3001-3500		12	4.67	3.63	79.75	5.32	4.37	5.85	4.71	100.00	3147	83
3501-4000		4	5.50	4.19	89.06	3.49	2.58	2.85	2.02	100.00	3770	92
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		76	6.29	5.12	79.44	5.61	4.98	6.35	3.62	100.00	2478	66

Calorie and Protein Values of Food Items in Urban Areas

TABLE (2.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : ASSAM

Per capita monthly expenditure group : Rs. 55—75

caloric intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	3	4.33	3.45	77.35	4.05	4.49	6.50	7.61	100.00	1783	46
1901—2100	3	7.00	6.16	70.10	9.49	9.64	6.41	4.36	100.00	2026	58
2101—2300	9	3.56	3.06	68.18	5.66	8.65	12.91	4.60	100.00	2234	62
2301—2500	13	6.77	5.66	73.75	4.10	10.27	7.58	4.30	100.00	2393	63
2501—2700	15	5.40	4.59	67.24	7.38	9.24	7.95	8.19	100.00	2576	73
2701—3000	13	5.08	4.07	74.11	5.98	6.33	8.09	5.49	100.00	2821	77
3001—3500	15	5.00	4.00	73.25	7.02	6.22	6.79	6.72	100.00	3204	91
3501—4000	5	5.00	4.07	77.16	6.44	5.97	6.65	3.78	100.00	3655	104
4001 & above	1	5.00	3.83	75.20	5.41	12.11	5.45	1.83	100.00	4312	129
all groups	77	5.27	4.36	72.27	6.22	7.98	7.75	5.78	100.00	2689	75

TABLE (2.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 75—100

caloric intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	2.00	1.83	68.48	7.90	7.05	10.22	6.35	100.00	1604	53
1701—1900	1	7.00	5.45	59.88	4.63	10.45	21.12	3.92	100.00	1834	45
1901—2100	4	4.25	3.66	63.95	6.29	6.52	10.95	12.29	100.00	2058	54
2101—2300	1	13.00	11.37	72.97	9.84	7.38	5.79	4.02	100.00	2278	57
2301—2500	13	2.15	2.03	47.51	4.68	2.87	4.02	40.92	100.00	2408	67
2501—2700	10	4.40	3.75	66.49	6.13	8.40	7.73	11.25	100.00	2642	69
2701—3000	21	4.71	3.99	67.60	7.78	8.42	8.90	7.30	100.00	2870	80
3001—3500	18	5.61	4.59	73.70	5.97	6.96	8.12	5.25	100.00	3230	92
3501—4000	7	3.57	2.88	76.39	7.26	4.57	6.83	4.95	100.00	3809	107
4001 & above	8	3.00	2.00	70.06	6.78	5.40	10.85	6.91	100.00	4365	114
all groups	84	4.29	3.60	68.80	6.68	6.91	8.32	9.29	100.00	2969	82

TABLE (2.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ASSAM

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	1	3.00	2.97	23.71	25.33	22.51	18.80	9.65	100.00	1075	45
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	7.50	6.66	63.41	5.68	12.22	14.22	4.47	100.00	2059	54
2101—2300	4	3.25	2.79	59.67	8.04	5.88	5.76	20.65	100.00	2215	57
2301—2500	19	1.58	1.50	23.56	1.60	4.70	3.16	66.98	100.00	2420	61
2501—2700	14	1.50	1.41	23.09	1.45	2.25	2.92	70.29	100.00	2608	65
2701—3000	11	2.27	2.04	59.60	5.81	10.59	9.12	14.88	100.00	2858	82
3001—3500	18	4.11	3.51	61.59	7.84	11.34	10.89	8.34	100.00	3277	97
3501—4000	14	2.71	2.29	61.26	5.50	13.25	8.07	11.92	100.00	3739	105
4001 & above	15	3.67	2.99	68.93	6.51	10.06	8.43	6.07	100.00	4620	142
all groups	98	2.80	2.43	57.24	5.98	9.94	8.42	18.42	100.00	3249	93

TABLE (3.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

No. of sample blocks : 312

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	48	5.71	4.68	82.29	4.88	2.99	3.73	6.11	100.00	1266	37
1501—1700	37	6.70	5.32	86.82	5.35	1.55	3.89	2.39	100.00	1607	48
1701—1900	54	6.31	5.14	81.57	6.31	2.46	4.18	5.48	100.00	1788	54
1901—2100	79	6.33	5.12	83.31	5.56	2.59	4.70	3.84	100.00	2013	60
2101—2300	99	5.84	4.73	81.44	7.04	2.72	5.00	3.80	100.00	2207	67
2301—2500	107	5.17	4.24	77.26	6.20	3.75	4.47	8.32	100.00	2400	72
2501—2700	129	4.33	3.53	74.00	6.56	4.46	4.88	10.10	100.00	2604	79
2701—3000	180	4.69	3.84	74.67	6.87	4.90	5.82	7.74	100.00	2854	85
3001—3500	201	4.27	3.47	77.16	7.36	4.97	5.35	5.16	100.00	3242	99
3501—4000	152	3.90	3.16	75.94	7.01	6.32	5.87	4.86	100.00	3718	111
4001 & above	157	2.96	2.40	73.49	7.32	7.74	6.46	4.99	100.00	4804	144
All groups	1243	4.68	3.81	77.07	6.78	4.84	5.34	5.97	100.00	2763	83

Calorie and Protein Values of Food Items in Urban Areas

TABLE (3.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

per capita monthly expenditure group : Rs. 00—15

calories intake per diem per consumer unit	no. of households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	13	4.84	3.94	92.28	1.74	0.15	1.66	4.17	100.00	1111	30
1501—1700	2	4.50	3.37	93.37	2.25	..	2.20	2.18	100.00	1518	50
1701—1900	1	7.00	5.61	93.89	2.26	0.30	0.76	2.79	100.00	1762	58
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	1.00	0.68	98.95	..	..	1.05	..	100.00	2526	55
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	17	4.71	3.78	92.77	1.83	0.15	1.61	3.64	100.00	1225	35

TABLE (3.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	12	8.08	6.71	87.66	4.66	0.48	3.72	3.48	100.00	1328	38
1501—1700	14	7.36	5.75	88.41	5.01	1.65	2.84	2.09	100.00	1602	49
1701—1900	9	6.00	4.56	86.96	3.70	0.53	2.05	6.76	100.00	1800	54
1901—2100	8	5.75	4.43	91.37	4.44	0.75	2.04	1.40	100.00	2018	64
2101—2300	2	5.00	3.93	89.21	5.34	..	1.76	3.69	100.00	2171	78
2301—2500	1	6.00	4.33	87.57	10.84	0.14	0.71	0.74	100.00	2450	91
2501—2700	1	6.00	4.48	94.18	3.07	0.93	1.34	0.48	100.00	2507	84
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	47	6.85	5.41	88.63	4.70	0.88	2.65	3.14	100.00	1653	51

TABLE (3.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm.)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 22.5	6	9.83	7.75	78.37	7.42	6.69	5.20	2.32	100.00	1273	41
1501—1700 . . . . .	9	8.67	6.91	86.38	5.86	1.27	4.24	2.25	100.00	1620	48
1701—1900 . . . . .	8	7.88	6.44	82.27	8.40	3.65	3.25	2.43	100.00	1790	58
1901—2100 . . . . .	5	8.02	6.62	89.48	4.18	1.32	3.07	1.95	100.00	1997	62
2101—2300 . . . . .	6	6.67	5.10	88.54	6.68	0.29	2.31	2.18	100.00	2205	70
2301—2500 . . . . .	8	6.50	5.20	91.37	4.01	0.48	1.74	2.40	100.00	2380	73
2501—2700 . . . . .	2	7.50	5.66	90.13	6.10	0.05	1.25	2.47	100.00	2663	74
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	1	1.00	0.50	92.79	3.01	..	1.89	2.31	100.00	3817	103
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	45	7.76	6.16	86.61	6.03	1.97	3.11	2.28	100.00	1863	58

TABLE (3.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm.)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 26	5	4.00	3.38	86.84	5.88	0.61	3.15	3.52	100.00	1270	41
1501—1700 . . . . .	3	5.33	4.60	88.67	3.82	0.79	5.10	1.62	100.00	1599	42
1701—1900 . . . . .	12	7.33	6.01	85.53	6.33	1.56	4.08	2.50	100.00	1811	56
1901—2100 . . . . .	14	6.57	5.40	87.11	5.29	1.35	4.12	2.13	100.00	2023	61
2101—2300 . . . . .	18	6.72	5.37	85.34	7.15	1.15	4.39	1.97	100.00	2176	68
2301—2500 . . . . .	11	6.64	5.21	89.44	4.97	0.65	3.08	1.86	100.00	2379	72
2501—2700 . . . . .	10	4.50	3.48	84.61	6.61	1.15	3.47	4.16	100.00	2608	84
2701—3000 . . . . .	4	7.25	5.67	91.05	2.95	1.62	1.88	2.50	100.00	2822	83
3001—3500 . . . . .	3	5.00	3.66	93.99	3.33	0.34	1.24	1.10	100.00	3298	90
3501—4000 . . . . .	1	4.00	3.09	91.07	6.77	0.27	1.19	0.70	100.00	3841	121
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	81	6.21	4.99	87.21	5.72	1.14	3.63	2.30	100.00	2170	66

Calorie and Protein Values of Food Items in Urban Areas

TABLE (3.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	31	..	..	..	..	..	..	..	..	..	..
1501—1700	4	5.25	3.98	81.79	5.56	2.60	6.69	3.36	100.00	1623	52
1701—1900	10	6.20	5.02	81.10	6.80	2.32	5.05	4.73	100.00	1774	52
1901—2100	26	7.15	5.66	84.70	6.49	1.90	4.47	2.44	100.00	2021	60
2101—2300	27	6.04	4.78	85.00	6.36	2.07	4.38	2.19	100.00	2232	66
2301—2500	16	5.50	4.40	81.29	7.23	2.95	4.05	4.48	100.00	2391	73
2501—2700	14	6.78	5.37	84.03	6.20	1.60	3.36	4.81	100.00	2614	78
2701—3000	19	5.84	4.58	86.06	7.79	0.75	3.12	2.28	100.00	2876	92
3001—3500	14	4.93	3.69	89.96	4.50	1.43	2.22	1.89	100.00	3261	100
3501—4000	2	6.00	4.64	94.71	2.17	1.20	0.62	1.30	100.00	3920	109
4001 & above	1	1.00	0.51	95.69	..	..	3.67	0.64	100.00	4011	107
all groups	133	6.08	4.79	85.09	6.39	1.79	3.77	2.96	100.00	2392	72

TABLE (3.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	38.5	2	3.34	65.03	5.87	11.08	9.30	8.72	100.00	1449	48
1501—1700	3	5.00	4.29	81.19	6.63	2.73	5.08	4.37	100.00	1606	48
1701—1900	6	5.17	4.14	76.17	7.39	6.59	5.04	4.81	100.00	1801	55
1901—2100	14	6.43	5.43	79.08	6.17	4.72	5.90	4.13	100.00	1991	60
2100—2300	20	6.00	4.96	79.83	7.64	3.55	6.17	2.81	100.00	2219	65
2301—2500	22	6.32	5.29	80.28	7.54	3.45	5.72	3.01	100.00	2411	72
2501—2700	26	5.00	3.96	81.90	6.99	3.36	4.27	3.48	100.00	2622	80
2701—3000	31	6.32	5.04	81.88	7.23	3.19	4.31	3.39	100.00	2854	87
3001—3500	25	4.32	3.34	84.99	6.43	2.06	3.61	2.91	100.00	3247	99
3501—4000	10	3.60	2.70	86.65	6.11	1.73	2.77	2.74	100.00	3677	113
4001 & above	3	1.33	0.91	83.95	10.77	0.89	2.71	1.68	100.00	4319	114
all groups	162	5.41	4.37	81.66	7.04	3.28	4.73	3.29	100.00	2577	78

TABLE (3.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	43	3	4.51	75.46	5.19	10.99	4.05	4.31	100.00	1371	39
1501—1700	2	3.00	2.34	83.49	9.08	1.19	2.99	3.25	100.00	1606	45
1701—1900	4	6.00	5.43	75.36	7.63	2.42	7.57	7.02	100.00	1734	46
1901—2100	5	5.00	4.11	79.51	3.82	6.19	7.37	3.11	100.00	2031	57
2101—2300	13	6.38	5.32	77.34	7.84	5.14	5.83	3.85	100.00	2194	68
2301—2500	17	4.65	3.85	74.50	5.55	4.64	5.83	9.48	100.00	2387	71
2501—2700	20	4.25	3.63	78.27	6.25	4.16	5.40	5.92	100.00	2578	78
2701—3000	28	5.61	4.59	78.39	7.38	5.68	5.73	2.82	100.00	2830	86
3001—3500	52	4.83	3.89	79.76	8.62	3.48	4.53	3.61	100.00	3261	102
3501—4000	30	4.47	3.58	81.44	5.87	4.72	4.36	3.61	100.00	3683	111
4001 & above	12	4.75	3.59	85.46	7.18	2.98	2.79	1.59	100.00	4387	133
all groups	186	4.94	4.03	79.56	7.19	4.36	4.90	3.99	100.00	2949	90

TABLE (3.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	65	3	1.01	21.64	..	0.82	..	77.54	100.00	1013	24
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	5.33	4.20	60.32	4.14	8.88	12.49	14.17	100.00	2001	53
2101—2300	8	3.62	3.14	72.09	6.19	3.96	6.66	11.10	100.00	2119	60
2301—2500	13	3.54	2.92	61.53	5.46	4.00	4.26	24.75	100.00	2409	71
2501—2700	22	4.45	3.72	65.72	8.14	7.50	6.83	11.81	100.00	2597	79
2701—3000	37	4.81	3.96	77.07	6.71	5.64	7.00	3.58	100.00	2853	86
3001—3500	47	3.85	3.21	77.20	7.43	5.26	5.48	4.63	100.00	3236	97
3501—4000	38	4.89	3.94	75.79	8.07	6.98	6.38	2.78	100.00	3720	112
4001 & above	29	3.79	3.04	81.94	6.91	4.39	4.00	2.76	100.00	4528	141
all groups	200	4.24	3.48	75.57	7.27	5.76	5.90	5.50	100.00	3234	97

Calorie and Protein Values of Food Items in Urban Areas

TABLE (3.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) —	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	1.00	1.00	..	..	..	..	100.00	100.00	1350	35
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	3	3.67	3.11	54.15	0.69	2.91	7.46	34.79	100.00	1727	47
1901—2100	3	1.00	1.02	..	..	..	..	100.00	100.00	2004	48
2101—2300	3	1.00	1.01	..	..	0.04	..	99.96	100.00	2242	55
2301—2500	9	4.78	4.05	61.97	6.42	12.34	4.38	14.89	100.00	2444	73
2501—2700	16	3.44	2.90	56.45	6.09	8.95	6.43	22.08	100.00	2586	77
2701—3000	27	3.22	2.76	62.24	6.87	6.80	7.60	16.49	100.00	2895	82
3001—3500	28	4.57	3.85	71.44	7.45	7.48	6.83	6.80	100.00	3212	98
3501—4000	29	3.72	2.97	72.36	7.36	7.28	7.10	5.90	100.00	3715	112
4001 & above	33	3.15	2.55	75.41	7.56	7.62	5.79	3.62	100.00	4725	144
all groups	152	3.57	2.97	68.78	7.08	7.65	6.48	10.01	100.00	3317	101

TABLE (3.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : BIHAR

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	3	2.00	1.72	27.65	3.26	7.17	3.16	58.76	100.00	1383	35
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	1.00	1.02	..	..	..	..	100.00	100.00	1765	49
1901—2100	1	1.00	1.02	41.34	..	0.96	..	57.70	100.00	2039	48
2101—2300	2	4.50	3.94	56.67	10.81	11.36	10.85	10.31	100.00	2191	72
2301—2500	10	2.70	2.33	51.66	4.95	4.86	5.08	33.45	100.00	2410	70
2501—2700	17	1.71	1.51	33.19	3.57	7.60	5.56	50.08	100.00	2626	77
2701—3000	34	2.53	2.53	43.19	5.66	9.61	9.29	32.25	100.00	2841	76
3001—3500	32	3.31	2.85	61.28	7.31	10.20	9.14	12.07	100.00	3227	94
3501—4000	41	2.73	2.38	68.03	7.06	8.20	7.18	9.53	100.00	3741	109
4001 & above	79	2.47	2.07	65.66	7.41	10.59	8.83	7.51	100.00	5128	150
all groups	220	2.60	2.24	60.92	6.91	9.64	8.35	14.18	100.00	3789	109



TABLE (4.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT . . . . . No. of sample blocks : 189 . . . . . Per capita monthly expenditure groups : all expenditure classes

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	7.5	37	6.49	5.35	71.64	6.52	8.27	10.07	3.50	100.00	1335	40
1501—1700		29	7.28	5.80	73.10	6.02	7.33	10.10	3.45	100.00	1609	48
1701—1900		57	6.58	5.43	71.88	6.56	7.20	10.71	3.65	100.00	1795	52
1901—2100		59	6.36	5.23	71.22	7.28	7.48	10.57	3.45	100.00	1987	59
2101—2300		63	6.60	5.36	68.20	6.88	9.70	11.50	3.72	100.00	2138	65
2301—2500		75	4.92	4.01	64.29	7.09	8.02	11.25	9.35	100.00	2407	69
2501—2700		76	5.58	4.53	64.50	7.23	9.70	12.60	5.97	100.00	2600	74
2701—3000		82	5.06	4.04	64.41	6.92	10.56	12.35	5.76	100.00	2840	80
3001—3500		101	4.54	3.62	63.35	6.74	11.47	12.69	5.75	100.00	3232	95
3501—4000		61	4.24	3.42	66.66	6.46	9.14	11.15	6.59	100.00	3728	108
4001 & above		108	2.63	2.03	59.78	6.65	12.92	14.24	6.41	100.00	5296	147
all groups		748	5.12	4.14	65.71	6.82	9.85	12.00	5.62	100.00	2625	76

TABLE (4.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT . . . . . Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	7.5	2	9.50	8.03	81.39	4.91	3.03	9.28	1.39	100.00	1208	35
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		..	..	..	..	..	..	..	..	..	..	..
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		..	..	..	..	..	..	..	..	..	..	..
2301—2500		1	4.00	3.22	75.78	2.21	8.32	11.60	2.09	100.00	2411	69
2501—2700		..	..	..	..	..	..	..	..	..	..	..
2701—3000		..	..	..	..	..	..	..	..	..	..	..
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001— above		..	..	..	..	..	..	..	..	..	..	..
all groups		3	7.67	6.43	79.79	4.14	4.54	9.94	1.59	100.00	1409	40

Calorie and Protein Values of Food Items in Urban Areas

TABLE (4.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .	12	7.08	5.72	77.15	5.82	5.76	8.26	3.01	100.00	1372	41
1501—1700 . . . . .	3	8.33	6.47	80.84	3.40	6.65	6.36	2.75	100.00	1580	51
1701—1900 . . . . .	6	7.00	5.42	83.02	2.97	2.97	7.62	3.42	100.00	1755	53
1901—2100 . . . . .	1	9.00	7.17	87.16	2.51	2.38	5.96	1.99	100.00	1931	56
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	2.00	1.20	93.46	3.37	3.17	..	..	100.00	2758	96
3001—3500 . . . . .	1	7.00	6.00	46.03	2.11	46.73	3.79	1.34	100.00	3296	54
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	24	7.08	5.62	77.26	4.15	8.62	7.15	2.82	100.00	1621	46

TABLE (4.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .	7	5.43	4.60	71.89	4.42	6.50	13.26	3.93	100.00	1291	35
1501—1700 . . . . .	5	7.00	5.62	79.37	4.47	4.71	8.83	2.62	100.00	1586	46
1701—1900 . . . . .	4	6.25	4.96	79.29	7.72	4.07	5.92	3.00	100.00	1815	56
1901—2100 . . . . .	3	7.00	5.53	85.57	4.51	3.32	4.89	1.71	100.00	2033	63
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	12.00	9.55	89.32	1.48	4.25	3.83	1.12	100.00	2462	76
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	20	6.55	5.31	80.10	4.73	4.67	7.87	2.63	100.00	1688	50

TABLE (1.4/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	26	4	6.75	5.66	74.72	8.51	5.55	8.75	2.47	100.00	1344	41
1501—1700		10	7.40	5.79	75.16	5.72	6.35	9.56	3.21	100.00	1627	49
1701—1900		12	6.42	5.16	76.59	5.16	5.79	9.72	2.74	100.00	1783	53
1901—2100		9	7.00	5.79	79.22	5.69	3.44	9.07	2.58	100.00	1973	58
2101—2300		4	7.50	5.73	78.23	2.87	6.03	9.08	3.79	100.00	2162	64
2301—2500		1	5.00	3.63	89.10		1.16	6.07	3.67	100.00	2382	66
2501—2700		1	8.00	6.43	72.53	3.48	7.63	15.31	1.05	100.00	2590	84
2701—3000												
3001—3500												
3501—4000												
4001— & above												
all groups		41	6.93	5.55	77.08	5.22	5.32	9.52	2.86	100.00	1814	54

TABLE (1.5/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	31	5	6.00	5.16	62.95	10.95	12.20	8.35	5.55	100.00	1357	44
1501—1700		9	7.11	5.77	66.81	7.46	10.03	11.36	4.34	100.00	1602	47
1701—1900		15	7.80	6.81	69.00	6.52	8.99	11.98	3.51	100.00	1802	50
1901—2000		12	7.50	6.24	72.24	8.64	5.85	10.59	2.68	100.00	1987	60
2101—2300		8	5.88	4.55	73.20	6.76	6.01	10.37	3.66	100.00	2147	65
2301—2500		11	4.64	3.64	75.30	6.34	5.41	8.31	4.64	100.00	2411	73
2501—2700		3	6.67	5.14	71.75	6.88	7.04	10.92	3.41	100.00	2584	75
2701—3000		2	5.00	3.55	77.87	7.80	5.04	7.67	1.62	100.00	2756	84
3001—3500		1	8.00	6.03	70.32		22.69	5.89	1.10	100.00	3378	160
3501—4000		1	9.00	7.02	69.55	8.38	11.20	7.01	3.86	100.00	3656	112
4001 & above		3	2.33	1.47	40.95	1.77	2.68	6.30	48.30	100.00	5072	1104
all groups		70	6.47	5.30	69.96	7.05	7.92	10.16	4.91	100.00	2030	60

Calorie and Protein Values of Food Items in Urban Areas

TABLE (4.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	38.5	5	6.81	5.35	58.33	6.22	19.14	11.76	4.55	100.00	1402	46
1501—1700		1	9.00	7.36	59.72	8.94	9.19	18.05	4.10	100.00	1694	42
1701—1900		13	6.08	4.94	69.31	7.63	7.52	11.77	3.77	100.00	1799	52
1901—2100		17	6.24	5.11	70.52	6.43	9.13	10.21	3.71	100.00	2005	60
2101—2300		25	7.12	5.91	69.47	6.95	8.80	11.56	3.22	100.00	2200	63
2301—2500		18	5.67	4.59	72.23	6.73	7.44	10.34	3.26	100.00	2423	72
2501—2700		17	5.59	4.29	70.04	6.68	7.59	11.88	3.81	100.00	2604	74
2701—3000		12	6.42	5.10	75.29	5.74	7.22	8.77	2.98	100.00	2822	85
3001—3500		13	5.61	4.48	72.88	5.00	11.62	8.59	1.91	100.00	3150	115
3501—4000		..	..	..	..	..	..	..	..	..	..	11
4001 & above		5	3.20	2.59	54.57	2.88	35.13	6.22	1.20	100.00	4471	175
all groups		126	6.10	4.93	70.19	6.33	9.86	10.45	3.17	100.00	2364	72

TABLE (4.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	49	..	..	..	69.10	9.84	4.33	13.22	3.51	100.00	1602	50
1501—1700		1	4.00	3.54	61.56	10.61	10.71	13.22	3.90	100.00	1815	52
1701—1900		5	5.79	4.57	60.50	10.67	9.76	13.53	5.54	100.00	1973	57
1901—2100		12	4.83	3.98	64.55	7.87	10.77	12.05	4.76	100.00	2186	66
2101—2300		18	6.17	5.06	62.33	9.14	8.87	13.78	5.88	100.00	2382	68
2301—2500		16	7.19	5.80	68.36	7.43	8.99	11.36	3.86	100.00	2604	74
2501—2700		20	6.90	5.65	67.61	7.33	8.26	12.41	4.39	100.00	2847	81
2701—3000		21	5.10	4.04	70.00	7.78	7.71	11.13	3.38	100.00	3210	96
3001—3500		22	4.73	3.77	76.70	5.04	7.24	7.25	3.77	100.00	3732	117
3501—4000		13	6.00	4.73	72.16	10.17	6.62	8.81	2.24	100.00	4517	135
4001 & above		6	1.67	1.07	..	..	..	..	..	..	..	..
all groups		134	5.62	4.53	67.84	7.75	8.66	11.45	4.30	100.00	2673	78

TABLE (4.8/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein (gm)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	61	1	3.00	2.63	79.74	1.62	1.94	13.10	3.60	100.00	1306	26
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		1	6.00	5.15	65.20	11.46	5.82	12.01	5.51	100.00	1819	53
1901—2100		5	5.60	4.68	59.53	6.09	15.44	14.64	4.30	100.00	1968	54
2101—2300		7	6.72	5.72	62.86	6.54	15.79	11.73	3.08	100.00	2189	65
2301—2500		11	4.27	3.57	56.93	7.26	11.01	14.23	10.57	100.00	2417	63
2501—2700		21	5.43	4.43	61.02	7.94	11.20	14.94	4.90	100.00	2589	72
2701—3000		31	4.71	3.85	85.11	9.65	17.18	18.72	9.84	100.00	2838	78
3001—3500		26	4.65	3.68	63.80	7.58	8.51	14.37	5.74	100.00	3227	89
3501—4000		27	4.26	3.42	66.72	7.29	8.41	12.13	5.45	100.00	3722	106
4001 & above		25	3.08	2.39	66.55	5.93	10.67	9.32	7.53	100.00	4579	140
all groups		155	4.54	3.68	63.29	7.08	10.58	12.87	6.18	100.00	3061	86

TABLE (4.9/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	87.5	..	..	..	..	..	..	..	..	..	..	..
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		..	..	..	..	..	..	..	..	..	..	..
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		..	..	..	..	..	..	..	..	..	..	..
2301—2500		7	2.86	2.61	41.28	8.65	11.09	12.37	26.61	100.00	2394	66
2501—2700		8	3.75	3.40	50.36	6.25	13.75	13.26	16.38	100.00	2618	68
2701—3000		11	5.45	4.27	55.95	7.57	14.66	15.73	6.09	100.00	2849	75
3001—3500		23	4.13	3.26	58.94	6.59	12.54	14.79	7.14	100.00	3279	92
3501—4000		8	2.87	2.39	58.80	5.24	10.36	13.69	11.91	100.00	3779	102
4001 & above		20	2.85	2.22	64.45	6.45	14.69	11.67	2.74	100.00	4918	138
all groups		77	3.70	3.00	58.19	6.68	13.32	13.71	8.10	100.00	3400	93

Calorie and Protein Values of Food Items in Urban Areas

TABLE (4.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GUJARAT

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	200	1	4.00	3.23	58.82	5.72	3.88	30.74	0.84	100.00	1209	36
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		1	1.00	0.80	..	..	13.50	..	86.50	100.00	1851	49
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		1	3.00	2.60	49.83	9.92	13.85	21.00	5.40	100.00	2198	55
2301—2500		9	1.44	1.26	13.10	1.21	4.54	3.80	77.35	100.00	2423	63
2501—2700		6	3.17	2.72	46.61	7.78	12.14	10.35	22.92	100.00	2617	75
2701—3000		4	3.25	2.61	45.75	7.80	15.56	10.77	20.12	100.00	2938	79
3001—3500		15	3.40	2.75	45.82	7.13	16.63	15.98	14.44	100.00	3290	78
3501—4000		12	2.83	2.38	49.47	7.19	14.30	15.64	13.40	100.00	3722	98
4001 & above		48	2.38	1.86	55.21	7.50	11.75	19.16	6.38	100.00	6153	155
all groups		97	2.60	2.10	50.98	7.24	12.70	17.14	11.94	100.00	4430	112

TABLE (5.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

No. of sample blocks : 69

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	200	10	7.00	5.79	77.84	2.44	7.48	6.90	5.34	100.00	1182	36
1501—1700		12	6.83	5.52	76.56	3.71	7.44	8.68	3.61	100.00	1591	50
1701—1900		10	5.80	4.47	78.07	4.93	9.37	5.66	1.97	100.00	1812	58
1901—2100		21	6.38	5.12	80.38	9.77	6.62	6.91	2.92	100.00	2008	65
2101—2300		22	6.73	5.35	77.04	3.50	9.95	6.27	3.24	100.00	2184	68
2301—2500		22	5.77	4.66	75.47	3.42	9.66	5.68	5.77	100.00	2396	75
2501—2700		20	6.00	4.69	79.65	3.27	7.30	5.59	4.19	100.00	2615	84
2701—3000		35	5.00	4.06	73.40	3.82	11.17	6.69	4.92	100.00	2826	88
3001—3500		38	4.32	3.50	71.22	4.58	13.30	4.71	6.19	100.00	3209	109
3501—4000		26	3.42	2.89	69.85	5.49	15.79	5.19	3.68	100.00	3698	115
4001 & above		46	3.22	2.59	73.14	4.79	12.70	3.93	5.44	100.00	5196	164
all groups		262	5.02	4.05	74.54	4.18	11.09	5.53	4.66	100.00	2789	89

3-18 CSO(ND)/76

TABLE (5.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	.	2	7.00	5.65	84.59	3.83	6.12	3.55	1.91	100.00	1084	37
1501—1700	.	1	4.00	2.74	91.40	..	5.65	..	2.95	100.00	1614	52
1701—1900	.	..	..	..	..	..	..	..	..	..	..	..
1901—2100	.	..	..	..	..	..	..	..	..	..	..	..
2101—2300	.	..	..	..	..	..	..	..	..	..	..	..
2301—2500	.	..	..	..	..	..	..	..	..	..	..	..
2501—2700	.	..	..	..	..	..	..	..	..	..	..	..
2701—3000	.	..	..	..	..	..	..	..	..	..	..	..
3001—3500	.	..	..	..	..	..	..	..	..	..	..	..
3501—4000	.	..	..	..	..	..	..	..	..	..	..	..
4001 & above	.	..	..	..	..	..	..	..	..	..	..	..
all groups	.	3	6.00	4.68	86.39	2.81	6.00	2.61	2.19	100.00	1187	4

TABLE (5.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	.	4	6.00	4.94	85.34	2.16	5.92	4.08	2.50	100.00	1228	41
1501—1700	.	1	11.00	8.40	86.76	4.50	4.17	3.48	1.09	100.00	1540	54
1701—1900	.	1	9.00	6.11	91.62	1.08	1.01	5.69	0.60	100.00	1725	58
1901—2100	.	2	6.00	4.39	82.84	3.99	2.66	8.97	1.54	100.00	2003	70
2101—2300	.	1	9.00	6.36	97.52	0.40	1.72	..	0.35	100.00	2279	81
2301—2500	.	1	10.00	7.70	8.56	2.27	1.09	2.46	0.52	100.00	2376	71
2501—2700	.	..	..	..	..	..	..	..	..	..	..	..
2701—3000	.	..	..	..	..	..	..	..	..	..	..	..
3001—3500	.	..	..	..	..	..	..	..	..	..	..	..
3501—4000	.	..	..	..	..	..	..	..	..	..	..	..
4001 & above	.	..	..	..	..	..	..	..	..	..	..	..
all groups	.	10	7.50	5.71	89.11	2.44	3.06	4.14	1.25	100.00	1718	58

Calorie and Protein Values of Food Items in Urban Areas

TABLE (5.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit		no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	22.5	2	8.50	7.17	82.37	3.06	4.62	8.15	1.80	100.00	1284	38
1501—1700		3	6.67	5.52	82.42	1.70	2.76	11.94	1.18	100.00	1592	48
1701—1900		2	6.00	4.86	86.04	4.39	3.84	4.33	1.34	100.00	1756	58
1901—2100		2	5.50	4.37	87.89	1.91	8.19	1.65	0.36	100.00	2085	71
2101—2300		1	4.00	3.09	91.22	3.78	1.53	2.29	1.18	100.00	2122	78
2301—2500		1	9.00	6.86	93.14	1.56	0.80	2.84	1.66	100.00	2314	76
2501—2700		2	4.50	3.25	91.10	2.20	0.80	4.51	1.39	100.00	2556	87
2701—3000		..	..	..	..	..	..	..	..	..	..	..
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		13	6.31	5.06	86.90	2.49	3.43	5.92	1.26	100.00	1810	58

TABLE (5.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit		no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
					I	II	III	IV	V	total	calorie	protein (gm)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	26	1	7.00	5.74	4.28	..	12.59	22.67	60.46	100.00	692	15
1501—1700		3	7.67	6.24	71.08	5.80	9.95	7.37	5.80	100.00	1632	53
1701—1900		2	4.00	2.77	78.40	4.50	3.90	10.23	2.97	100.00	1852	58
1901—2100		3	6.67	5.42	84.59	2.25	2.50	8.44	2.22	100.00	1967	62
2101—2300		1	8.00	5.86	86.80	1.39	3.97	7.14	0.70	100.00	2151	70
2301—2500		1	8.00	6.32	90.50	2.28	3.42	1.90	1.90	100.00	2494	89
2501—2700		4	6.50	5.04	90.87	2.72	0.96	3.47	1.98	100.00	2574	90
2701—3000		1	3.00	2.30	88.04	..	..	8.84	3.12	100.00	2950	92
3001—3500		1	1.00	0.51	85.88	6.99	..	4.45	2.68	100.00	3307	119
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		17	6.12	4.79	82.65	3.03	3.79	6.39	4.14	100.00	2033	67



TABLE (5.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs.28—34

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
(1)	(1)				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	31	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	2	2.50	1.95	83.86	4.08	2.36	7.44	2.26	100.00	1809	57
1901—2100	..	6	7.00	5.79	82.17	3.14	5.91	6.84	1.94	100.00	2022	68
2101—2300	..	1	10.00	7.84	80.90	2.65	8.31	6.03	2.11	100.00	2220	67
2301—2500	..	2	7.00	5.51	85.67	1.33	8.36	2.89	1.75	100.00	2356	74
2501—2700	..	1	9.00	7.08	94.43	0.31	1.13	3.18	0.95	100.00	2664	80
2701—3000	..	2	4.50	3.59	88.93	1.65	2.77	4.28	2.37	100.00	2935	102
3001—3500	..	3	5.33	4.24	94.19	1.63	1.79	1.25	1.14	100.00	3317	119
3501—4000	..	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	1	6.00	4.27	99.50	0.17	0.05	..	0.28	100.00	4072	148
all groups	..	18	6.17	4.93	87.91	2.01	4.31	4.16	1.61	100.00	2481	83

TABLE (5.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit		no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
(1)	(1)				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	38.5	1	8.00	6.80	71.97	1.21	16.55	9.41	0.86	100.00	1407	39
1501—1700	..	3	7.33	6.05	70.45	3.76	10.61	10.49	4.69	100.00	1577	47
1701—1900	..	2	7.50	6.07	71.10	7.30	16.13	3.96	1.51	100.00	1872	60
1901—2100	..	6	6.33	5.03	76.69	5.18	8.24	6.76	3.13	100.00	1986	63
2101—2300	..	11	6.00	4.83	75.42	2.97	11.39	6.74	3.48	100.00	2157	67
2301—2500	..	2	8.00	6.00	69.57	2.02	23.55	2.62	2.24	100.00	2389	75
2501—2700	..	3	6.00	4.54	84.67	2.96	7.35	3.36	1.66	100.00	2617	90
2701—3000	..	4	10.00	7.76	77.77	3.61	10.02	6.17	2.43	100.00	2820	85
3001—3500	..	3	5.33	4.58	87.55	3.45	5.29	1.98	1.73	100.00	3312	116
3501—4000	..	1	2.00	1.21	83.58	3.76	5.47	4.92	2.27	100.00	3778	128
4001 & above	..	1	1.00	0.51	89.26	..	..	9.41	1.33	100.00	6251	187
all groups	..	37	6.54	5.20	77.24	3.61	10.69	5.75	2.71	100.00	2288	72

TABLE (5.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs.43—55

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	2.00	1.71	73.11	1.13	9.72	11.67	4.37	100.00	1504	45
1701—1900	1	9.00	7.24	65.75	5.37	19.50	5.66	3.72	100.00	1830	57
1901—2100	1	7.00	5.55	73.77	6.28	8.73	7.86	3.36	100.00	2064	60
2101—2300	4	8.25	6.70	77.02	3.33	11.09	5.14	3.42	100.00	2180	69
2301—2500	6	5.50	4.53	76.11	4.93	6.93	9.75	2.28	100.00	2404	79
2501—2700	3	6.33	5.04	69.77	4.22	14.51	6.43	5.07	100.00	2621	80
2701—3000	10	5.30	4.15	75.83	5.05	11.31	4.83	2.98	100.00	2802	92
3001—3500	3	8.00	6.50	77.47	8.03	9.55	2.47	2.48	100.00	3432	116
3501—4000	2	7.50	6.69	84.73	5.75	4.17	3.91	1.44	100.00	3724	121
4001 & above	1	2.00	1.51	90.28	2.92	1.62	3.66	1.52	100.00	5435	202
all groups	32	6.16	4.98	76.66	5.24	9.80	5.42	2.88	100.00	2708	88

TABLE (5.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm.)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	6.00	4.35	59.11	4.79	22.90	3.04	10.16	100.00	2267	67
2301—2500	4	5.00	4.21	66.92	5.26	15.31	7.69	4.82	100.00	2374	73
2501—2700	2	8.50	6.79	73.99	3.54	10.65	8.35	3.47	100.00	2646	78
2701—3000	9	4.78	4.09	75.10	2.98	10.68	7.99	3.25	100.00	2831	87
3001—3500	11	3.91	3.04	71.28	4.45	11.68	6.46	6.13	100.00	3266	102
3501—4000	7	4.00	3.28	69.28	4.77	14.44	7.56	3.95	100.00	3704	112
4001 & above	10	3.80	2.84	81.09	3.52	8.61	3.44	3.34	100.00	4614	154
all groups	44	4.43	3.55	73.83	3.97	11.58	6.35	4.27	100.00	3294	103

TABLE (5.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	4.00	3.30	57.90	5.37	22.25	9.15	5.33	100.00	1986	56
2101—2300	2	6.00	5.18	67.82	9.62	6.45	12.87	3.24	100.00	2251	62
2301—2500	3	5.00	4.17	66.23	3.66	10.65	5.85	13.61	100.00	2464	71
2501—2700	2	6.00	4.80	57.40	3.74	12.18	9.56	17.12	100.00	2615	82
2701—3000	3	3.67	3.01	56.11	4.52	15.74	10.41	13.22	100.00	2869	83
3001—3500	9	4.22	3.53	62.94	4.24	21.17	5.37	6.28	100.00	3273	116
3501—4000	2	2.00	1.64	66.07	12.91	6.98	8.57	5.47	100.00	3576	116
4001 & above	12	3.00	2.48	78.05	6.21	9.05	3.61	3.08	100.00	5088	174
all groups	34	3.88	3.22	68.74	5.58	13.17	5.95	6.56	100.00	3457	114

TABLE (5.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HARYANA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	1.00	1.02	..	..	..	..	100.00	100.00	2353	59
2501—2700	3	3.33	2.71	75.96	5.84	8.36	6.58	3.26	100.00	2659	81
2701—3000	6	2.67	2.37	52.67	4.25	17.96	8.32	16.80	100.00	2792	79
3001—3500	8	3.25	2.66	52.44	4.44	20.23	7.05	15.84	100.00	3246	93
3501—4000	14	2.86	2.46	64.27	5.25	22.42	3.80	4.26	100.00	3693	115
4001 & above	21	3.10	2.61	65.25	4.99	17.37	4.46	7.93	100.00	5627	163
all groups	54	2.94	2.50	62.46	4.92	18.39	4.94	9.29	100.00	4230	124

Calorie and Protein Values of Food Items in Urban Areas

TABLE (6·0/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH No. of sample blocks : 21 Per capita monthly expenditure group : all expenditure classes.

calorie intake per diem per consumer unit		no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	2000	3	5·33	4·12	55·32	6·60	13·22	7·26	17·60	100·00	1421	42
1501—1700		1	6·00	5·10	72·07	5·43	10·37	8·74	3·39	100·00	1683	50
1701—1900		1	6·00	4·95	80·57	4·29	7·15	5·63	2·36	100·00	1884	58
1901—2100		5	5·80	4·75	70·27	5·77	9·91	9·85	4·20	100·00	2054	60
2101—2300		9	6·56	5·24	70·99	8·19	9·71	8·40	2·71	100·00	2197	64
2301—2500		7	4·71	3·78	63·43	4·47	12·24	7·65	12·21	100·00	2371	69
2501—2700		10	5·90	4·98	59·36	5·32	15·52	10·45	9·35	100·00	2595	74
2701—3000		14	4·29	3·65	60·56	6·40	12·74	9·65	10·65	100·00	2858	83
3001—3500		12	2·92	2·66	56·06	8·06	14·42	8·87	12·59	100·00	3343	99
3501—4000		11	2·18	1·80	55·55	8·17	17·99	9·21	9·08	100·00	3698	105
4001 & above		22	1·59	1·39	54·87	7·39	16·63	9·61	11·50	100·00	4875	144
all groups		95	3·81	3·19	60·65	6·78	13·86	9·24	9·47	100·00	2823	82

TABLE (6·5/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit		no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
					I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	21	1	3·00	2·46	67·88	6·25	15·46	6·16	4·25	100·00	1486	44
1501—1700		..	..	..	..	..	..	..	..	..	..	..
1701—1900		1	6·00	4·95	80·57	4·29	7·15	5·63	2·36	100·00	1884	58
1901—2100		..	..	..	..	..	..	..	..	..	..	..
2101—2300		1	3·00	2·39	81·36	9·10	2·29	6·88	0·37	100·00	2281	75
2301—2500		1	11·00	8·15	81·99	9·18	2·80	4·67	1·36	100·00	2367	79
2501—2700		..	..	..	..	..	..	..	..	..	..	..
2701—3000		..	..	..	..	..	..	..	..	..	..	..
3001—3500		..	..	..	..	..	..	..	..	..	..	..
3501—4000		..	..	..	..	..	..	..	..	..	..	..
4001 & above		..	..	..	..	..	..	..	..	..	..	..
all groups		4	5·75	4·49	80·19	7·67	5·03	5·37	1·74	100·00	2101	68

TABLE (6.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample house holds	average house-hold size	no. of consumer units per house-hold	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	38.5	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7.00	5.48	82.03	5.73	5.38	5.29	1.57	100.00	2071	64
2101—2300	2	10.00	8.02	72.10	6.85	10.02	9.13	1.90	100.00	2151	57
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	9.00	7.17	74.56	6.57	8.87	8.18	1.82	100.00	2131	59

TABLE (6.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample house holds	average house-hold size	no. of consumer units per household	percentage of calorie form food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	43	1	9.04	71.70	9.49	7.71	9.17	1.93	100.00	1394	44
1501—1700	1	6.00	5.10	72.07	5.43	10.37	8.74	3.39	100.00	1683	50
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	6.00	5.07	65.27	5.61	15.57	11.54	2.01	100.00	2050	61
2101—2300	2	9.00	6.89	67.68	11.31	8.64	10.14	2.23	100.00	2257	68
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	7.00	5.87	81.44	6.29	2.65	6.02	3.60	100.00	2547	81
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	6	7.67	6.14	71.13	8.60	8.48	9.22	2.57	100.00	2031	62

Calorie and Protein Values of Food Items in Urban Areas

TABLE (6-8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	65	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	3	5.33	4.39	67.24	5.85	9.65	11.12	6.14	100.00	2048	58
2101-2300	1	5.00	4.11	82.16	4.95	8.42	3.19	1.28	100.00	2287	62
2301-2500	1	6.00	5.14	74.07	1.25	7.74	12.44	4.50	100.00	2346	62
2501-2700	3	3.33	2.64	72.24	5.58	10.69	7.28	4.21	100.00	2605	74
2701-3000	4	6.00	5.01	72.52	4.16	11.53	7.54	4.25	100.00	2878	78
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	1	1.00	0.64	58.87	21.06	10.98	6.59	2.50	100.00	3556	122
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	13	4.77	3.93	71.98	4.82	10.41	8.37	4.42	100.00	2529	70

TABLE (6-9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM CONSUMER AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : HIMACHAL PRADESH

Per capita monthly expenditure group : 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer units	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	87.5	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	2	6.00	4.92	67.05	6.76	13.80	6.78	5.61	100.00	2138	64
2301-2500	4	2.50	2.08	37.75	2.67	21.81	6.01	31.76	100.00	2400	64
2501-2700	3	7.00	5.91	52.12	4.90	19.37	12.95	10.66	100.00	2614	71
2701-3000	6	4.33	3.74	57.80	8.77	11.83	11.29	10.31	100.00	2842	87
3001-3500	1	6.00	5.35	67.23	6.26	11.27	8.12	7.12	100.00	3454	100
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	16	4.69	3.98	56.06	6.47	15.25	10.22	12.00	100.00	2663	77

**TABLE (6·10/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : HIMACHAL PRADESH

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	4·00	2·86	4·86	..	24·41	3·66	67·07	100·00	1433	38
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	1·00	1·02	64·42	10·56	4·70	13·78	6·54	100·00	2134	67
2301—2500	1	6·00	4·87	65·71	3·08	16·22	10·46	4·53	100·00	2356	66
2501—2700	3	7·00	6·09	53·86	5·30	17·93	10·79	12·12	100·00	2589	75
2701—3000	4	2·50	2·15	39·57	5·54	17·95	10·37	26·57	100·00	2855	82
3001—3500	11	2·64	2·41	53·72	8·43	15·08	9·03	13·74	100·00	3321	98
3501—4000	10	2·30	1·92	55·46	7·75	18·21	9·29	9·29	100·00	3703	104
4001 & above	22	1·59	1·39	54·87	7·39	16·63	9·61	11·50	100·00	4875	144
all groups	53	2·43	2·11	53·50	7·14	16·81	9·60	12·95	100·00	3556	104

**TABLE (7·0/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : JAMMU & KASHMIR

No. of sample blocks : 284

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	4	8·00	6·26	61·13	3·25	16·99	8·95	9·68	100·00	1138	37
1501—1700	10	7·60	6·21	78·69	4·17	5·34	8·95	2·85	100·00	1620	50
1701—1900	24	6·75	5·54	77·35	4·70	7·05	6·10	4·80	100·00	1839	54
1901—2100	76	6·74	5·50	79·12	3·58	6·44	6·56	4·30	100·00	2005	57
2101—2300	110	7·18	5·95	79·05	3·12	6·36	6·21	6·26	100·00	2202	61
2301—2500	145	6·68	5·44	78·17	3·10	6·77	6·41	5·55	100·00	2399	66
2501—2700	162	6·20	5·13	77·34	2·47	7·27	6·65	6·27	100·00	2603	70
2701—3000	239	5·80	4·75	77·19	2·67	7·68	6·47	5·99	100·00	2825	77
3001—3500	235	5·13	4·14	76·56	2·47	8·01	6·73	6·23	100·00	3226	86
3501—4000	120	4·03	3·31	75·19	3·18	8·95	6·36	6·32	100·00	3717	100
4001 & above	79	4·04	3·21	73·21	3·22	10·65	6·97	5·95	100·00	4739	130
all groups	1204	5·76	4·71	76·97	4·88	7·73	6·56	5·86	100·00	2772	76

Calorie and Protein Values of Food Items in Urban Areas

TABLE (7.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	7.5	..	..	..	..	..	..	..	..	..	..
1501—1700	2	6.00	4.97	89.50	4.09	1.68	3.77	0.96	100.00	1600	48
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	6.00	4.97	89.50	4.09	1.68	3.77	0.96	100.00	1600	48

TABLE (7.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	18	9.00	7.63	76.15	4.16	12.51	5.43	1.75	100.00	1086	35
1501—1700	2	8.50	6.79	77.92	3.82	5.25	10.97	2.04	100.00	1611	49
1701—1900	4	7.25	5.89	85.61	4.54	3.29	4.22	2.34	100.00	1808	55
1901—2100	13	7.15	5.60	84.18	3.60	3.96	5.42	2.84	100.00	1978	57
2101—2300	11	8.55	6.95	87.16	0.72	3.43	4.62	4.07	100.00	2167	57
2301—2500	4	7.50	5.77	87.95	0.64	3.82	4.63	2.96	100.00	2357	59
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	35	7.77	6.20	85.46	2.25	3.90	5.18	3.21	100.00	2012	56



TABLE (7.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU & KASHMIR

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	22.5	..	..	..	..	..	..	..	..	..	..
1501-1700	3	9.00	7.41	75.58	4.24	5.89	9.99	4.30	100.00	1621	51
1701-1900	7	6.43	5.25	78.08	5.70	5.30	6.54	4.38	100.00	1840	55
1901-2100	16	7.06	5.73	83.29	3.25	3.64	5.67	4.15	100.00	2021	58
2101-2300	12	8.08	6.64	82.70	2.89	4.56	5.57	4.28	100.00	2198	62
2301-2500	7	7.57	6.17	84.77	3.98	3.05	4.37	3.83	100.00	2383	67
2501-2700	4	7.50	5.94	85.66	1.60	3.27	5.16	4.31	100.00	2572	72
2701-3000	4	10.25	8.05	86.45	4.13	3.54	3.64	2.24	100.00	2815	83
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	4.00	3.52	94.99	1.83	0.85	1.53	0.80	100.00	4172	122
all groups	54	7.59	6.17	83.32	3.49	3.94	5.38	3.87	100.00	2202	63

TABLE (7.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU & KASHMIR

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	26	..	..	..	..	..	..	..	..	..	..
1501-1700	3	6.67	5.45	77.07	4.42	6.86	8.97	2.68	100.00	1637	48
1701-1900	6	7.00	5.95	79.84	3.34	7.60	5.68	3.54	100.00	1847	53
1901-2100	15	6.93	5.67	78.57	4.01	7.92	6.53	2.97	100.00	1999	58
2101-2300	22	8.00	6.59	81.34	3.02	4.53	6.01	5.10	100.00	2203	60
2301-2500	31	7.35	5.93	82.17	2.51	5.15	5.32	4.85	100.00	2386	65
2501-2700	15	6.80	5.33	83.15	2.17	4.43	5.72	4.53	100.00	2692	71
2701-3000	6	8.17	6.33	86.88	0.82	3.76	4.81	3.73	100.00	2796	69
3001-3500	3	8.33	6.48	88.45	3.34	2.08	4.11	2.02	100.00	3195	89
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	101	7.39	5.97	82.13	2.74	5.14	5.68	4.31	100.00	2315	63

Calorie and Protein Values of Food Items in Urban Areas

TABLE (7.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	6.50	5.11	73.19	7.95	7.28	9.56	2.02	100.00	1843	59
1901—2100	18	6.94	5.76	77.50	3.28	6.95	7.05	5.22	100.00	2010	56
2101—2300	26	7.58	6.33	79.32	2.99	6.71	6.44	4.54	100.00	2213	61
2301—2500	44	6.91	5.58	78.99	3.13	5.95	6.83	5.10	100.00	2406	66
2501—2700	36	6.81	5.60	81.05	2.14	5.28	6.15	5.38	100.00	2593	68
2701—3000	41	6.95	5.64	82.52	2.38	5.34	5.02	4.74	100.00	2796	75
3001—3500	21	6.00	4.71	85.31	1.73	4.70	4.72	3.54	100.00	3166	82
3501—4000	4	5.00	3.75	85.92	2.98	3.11	3.39	4.60	100.00	3691	100
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	192	6.85	5.58	80.99	2.62	5.66	5.94	4.79	100.00	2540	69

TABLE (7.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	10.00	7.58	58.91	2.74	13.88	12.32	12.15	100.00	1124	37
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	4	8.00	6.45	70.07	4.18	12.29	6.59	6.87	100.00	1853	54
1901—2100	11	5.45	4.57	70.35	3.74	10.50	8.29	7.12	100.00	2016	56
2101—2300	23	6.43	5.34	75.48	3.86	8.44	6.71	5.51	100.00	2204	64
2301—2500	30	6.73	5.52	75.77	3.34	7.69	6.83	6.37	100.00	2409	66
2501—2700	48	6.44	5.39	77.76	1.98	6.84	6.59	6.83	100.00	2614	69
2701—3000	70	6.37	5.24	78.96	1.91	6.68	6.40	6.05	100.00	2814	74
3001—3500	58	5.64	4.43	81.21	2.51	5.60	5.47	5.21	100.00	3206	85
3501—4000	13	4.92	3.85	85.92	3.15	3.83	3.85	3.25	100.00	3697	103
4001 & above	5	5.40	4.10	82.47	2.17	6.89	2.92	5.55	100.00	4132	116
all groups	264	6.19	5.05	78.62	2.51	6.78	6.17	5.92	100.00	2730	74

TABLE (7.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU & KASHMIR

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	5.00	3.84	78.54	3.54	4.18	8.43	5.31	100.00	2086	54
2101—2300	7	6.43	5.44	68.35	4.88	7.99	7.79	10.99	100.00	2227	62
2301—2500	16	5.75	4.69	71.14	4.35	11.29	8.01	5.21	100.00	2395	68
2501—2700	26	7.00	6.71	74.44	3.53	8.99	7.16	5.88	100.00	2616	73
2701—3000	51	5.08	4.03	74.15	3.11	8.97	7.45	6.32	100.00	2852	78
3001—3500	48	5.42	4.41	76.66	2.04	7.56	6.98	6.76	100.00	3212	83
3501—4000	23	4.35	3.82	80.27	4.13	6.16	4.79	4.65	100.00	3755	102
4001 & above	11	6.36	4.86	81.40	3.48	7.05	4.36	3.71	100.00	4435	122
all groups	183	5.54	4.50	75.97	3.21	8.15	6.69	5.98	100.00	3027	82

TABLE (7.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU & KASHMIR

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	3.00	2.25	33.79	3.63	45.45	..	17.13	100.00	1406	43
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	6.00	5.35	71.00	4.91	12.29	8.55	3.25	100.00	1969	68
2101—2300	5	3.60	3.00	67.83	5.00	12.99	10.36	3.82	100.00	2216	66
2301—2500	8	3.88	3.52	72.96	2.99	8.70	6.59	8.76	100.00	2383	67
2501—2700	21	4.57	3.95	70.19	3.28	12.45	7.84	6.24	100.00	2602	73
2701—3000	35	5.60	4.70	71.86	3.75	10.97	7.36	6.06	100.00	2859	81
3001—3500	54	4.93	4.05	74.50	2.27	8.82	6.96	7.45	100.00	3247	86
3501—4000	39	4.51	3.70	74.02	2.41	9.22	7.16	7.19	100.00	3689	96
4001 & above	14	4.50	3.57	77.96	3.24	7.82	6.10	4.88	100.00	4477	123
all groups	179	4.81	4.00	73.54	2.89	9.75	7.13	6.69	100.00	3178	81

Calorie and Protein Values of Food Items in Urban Areas

TABLE (7.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	3	4.67	4.18	64.75	6.94	18.89	4.88	4.54	100.00	2207	70
2301—2500	3	8.00	6.35	72.59	2.25	13.98	7.02	4.16	100.00	2467	66
2501—2700	5	4.60	3.93	72.96	2.49	8.07	9.14	7.34	100.00	2586	67
2701—3000	15	5.00	4.27	70.75	3.64	11.27	7.41	6.93	100.00	2847	81
3001—3500	34	4.53	3.72	67.22	3.85	13.01	9.53	6.39	100.00	3203	90
3501—4000	19	3.68	2.95	69.72	2.75	10.55	7.97	9.01	100.00	3726	101
4001 & above	15	3.50	2.80	71.12	3.33	10.67	8.88	6.00	100.00	4595	125
all groups	95	4.38	3.61	69.38	3.46	11.81	8.55	6.80	100.00	3292	91

TABLE (7.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : JAMMU &amp; KASHMIR

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	1.00	1.00	..	..	..	..	100.00	100.00	1774	41
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	1.00	1.00	..	..	..	..	100.00	100.00	2114	51
2301—2500	2	2.50	2.37	22.67	3.58	15.64	10.52	47.59	100.00	2406	59
2501—2700	7	2.57	2.28	52.46	3.04	15.44	6.53	22.53	100.00	2596	68
2701—3000	17	2.12	1.85	58.15	3.90	12.16	9.46	16.33	100.00	2824	78
3001—3500	17	2.76	2.37	60.55	2.67	16.20	9.51	11.07	100.00	3293	91
3501—4000	22	2.41	2.00	60.16	4.46	19.34	8.62	7.42	100.00	3751	107
4001 & above	32	3.09	2.54	64.79	3.25	15.11	8.90	7.95	100.00	5359	145
all groups	99	2.63	2.22	61.18	3.44	15.73	8.87	10.78	100.00	4000	109

TABLE (8.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

No. of sample blocks : 144

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	121	7.20	5.85	79.39	5.66	5.66	2.10	7.19	100.00	1113	28
1501—1700	60	6.40	4.98	78.08	6.34	5.46	2.28	7.84	100.00	1616	43
1701—1900	58	6.84	5.46	77.09	6.44	5.31	2.61	8.55	100.00	1789	45
1901—2100	48	5.96	4.81	76.71	6.74	6.16	2.68	7.71	100.00	1992	52
2101—2300	38	5.05	3.98	72.56	6.40	7.35	3.28	10.41	100.00	2187	60
2301—2500	33	5.21	4.20	72.37	7.81	8.28	3.47	8.07	100.00	2386	63
2501—2700	32	5.31	3.90	71.69	7.88	7.76	3.53	9.14	100.00	2606	68
2701—3000	57	4.02	3.19	66.19	7.64	6.52	2.96	16.69	100.00	2852	74
3001—3500	53	4.09	3.28	63.40	8.68	9.22	3.98	14.72	100.00	3207	87
3501—4000	29	3.41	3.78	57.66	10.00	9.39	3.59	19.36	100.00	3730	110
4001 & above	50	3.78	2.90	59.43	12.63	12.16	3.96	11.82	100.00	4338	142
all groups	579	5.58	4.40	70.70	7.87	7.56	3.07	10.80	100.00	2103	56

TABLE (8.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	19	7.26	5.71	84.87	3.75	5.49	1.71	4.18	100.00	953	24
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4001	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	19	7.26	5.71	84.87	3.75	5.49	1.71	4.18	100.00	953	24

Calorie and Protein Values of Food Items in Urban Areas

TABLE (8·2/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					Average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 18	41	7·88	6·24	80·93	4·86	5·47	2·39	6·35	100·00	1023	26
1501—1700 . . . . .	3	10·67	8·48	91·23	2·18	2·21	1·30	3·08	100·00	1635	36
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	44	8·07	6·39	82·35	4·49	5·02	2·24	5·90	100·00	1079	27

TABLE (8·3/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 22·5	24	6·54	5·18	81·79	5·84	5·40	1·79	5·18	100·00	1278	32
1501—1700 . . . . .	5	6·20	5·02	88·90	2·69	3·14	1·30	3·97	100·00	1603	38
1701—1900 . . . . .	4	5·25	3·80	88·29	3·90	2·74	1·87	3·20	100·00	1796	41
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	33	6·23	4·99	83·83	5·05	4·68	1·71	4·73	100·00	1375	34

4-18 CSO(N.D)/75

TABLE (8.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 26 . . . . .	22	7.54	6.12	78.40	5.96	5.76	1.84	8.04	100.00	1280	33
1501—1700 . . . . .	7	6.33	5.20	84.97	5.31	4.84	1.37	3.51	100.00	1618	44
1701—1900 . . . . .	6	6.50	4.79	81.97	4.36	5.13	2.34	6.20	100.00	1779	46
1901—2100 . . . . .	2	6.50	5.20	89.22	4.45	2.64	1.82	1.87	100.00	1976	44
2101—2300 . . . . .	3	7.00	5.29	89.57	4.03	2.60	1.90	1.90	100.00	2141	52
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b> . . . . .	<b>40</b>	<b>7.10</b>	<b>5.65</b>	<b>81.87</b>	<b>5.32</b>	<b>4.99</b>	<b>1.84</b>	<b>5.98</b>	<b>100.00</b>	<b>1490</b>	<b>38</b>

TABLE (8.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 31 . . . . .	26	6.81	5.06	75.75	7.48	5.40	2.62	8.75	100.00	1614	42
1501—1700 . . . . .	20	7.60	6.21	78.94	4.80	3.95	2.15	10.16	100.00	1785	43
1701—1900 . . . . .	9	7.88	6.34	82.40	5.61	4.38	1.72	5.89	100.00	1972	49
1901—2100 . . . . .	4	5.75	4.20	81.07	5.75	6.28	2.33	4.57	100.00	2225	62
2101—2300 . . . . .	3	6.00	4.34	78.80	8.12	5.65	3.63	3.80	100.00	2379	62
2301—2500 . . . . .	5	2.80	2.01	86.96	3.62	4.89	1.08	3.45	100.00	2637	68
2501—2700 . . . . .	3	3.66	2.58	77.43	3.88	4.09	0.82	13.78	100.00	2837	75
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
<b>all groups</b> . . . . .	<b>70</b>	<b>6.66</b>	<b>5.30</b>	<b>78.88</b>	<b>5.93</b>	<b>4.74</b>	<b>2.22</b>	<b>8.23</b>	<b>100.00</b>	<b>1787</b>	<b>46</b>

Calorie and Protein Values of Food Items in Urban Areas

TABLE (3.6/U) : PERCENTAGE (p.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	7	7.42	6.34	72.44	9.94	5.53	2.82	9.27	100.00	1321	34
1501-1700	11	6.45	5.12	75.68	7.09	6.80	2.60	7.83	100.00	1621	43
1701-1900	17	7.17	5.81	74.82	8.89	6.04	2.82	7.43	100.00	1790	46
1901-2100	16	5.81	4.68	78.92	6.62	5.66	2.69	6.11	100.00	2001	51
2101-2300	12	5.00	3.90	65.74	6.45	7.47	3.09	17.25	100.00	2154	60
2301-2500	6	5.50	4.16	82.44	4.31	5.97	1.61	5.67	100.00	2350	58
2501-2700	4	5.50	4.26	82.09	7.98	4.00	2.86	3.07	100.00	2580	64
2701-3000	9	6.44	4.82	82.48	4.90	4.20	2.21	6.21	100.00	2823	70
3001-3500	2	3.50	2.38	85.09	6.29	4.64	2.78	1.20	100.00	3282	84
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	84	6.17	4.90	76.66	7.02	5.78	2.63	7.91	100.00	1989	51

TABLE (3.7/U) : PERCENTAGE (p.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	4	5.00	4.19	64.95	9.84	11.22	3.22	10.77	100.00	1250	32
1501-1700	6	3.00	2.76	54.72	6.61	11.23	3.40	24.04	100.00	1594	51
1701-1900	7	6.42	4.99	71.99	7.54	8.77	3.86	7.84	100.00	1792	50
1901-2100	15	5.26	4.26	71.68	7.95	7.10	3.03	10.24	100.00	2008	56
2101-2300	10	4.50	3.70	74.21	6.73	6.42	4.71	7.93	100.00	2226	56
2301-2500	14	4.64	3.80	72.85	8.15	8.40	2.88	7.72	100.00	2396	65
2501-2700	11	4.46	4.31	73.05	7.80	5.56	2.67	10.92	100.00	2580	65
2701-3000	4	4.50	3.79	74.16	5.26	3.26	2.38	14.94	100.00	2831	76
3001-3500	8	4.62	3.84	75.21	6.63	7.23	3.86	7.07	100.00	3163	87
3501-4000	1	4.00	3.30	86.88	6.74	4.22	1.14	1.02	100.00	3993	101
4001 & above	2	2.50	1.68	82.09	7.68	5.03	1.90	3.30	100.00	4221	105
all groups	82	4.84	3.93	72.70	7.44	7.10	3.24	9.52	100.00	2289	62



TABLE (3.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample house-holds	average house-hold size	no. of consumer unit per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	2	5.00	4.22	64.40	7.95	4.27	2.63	20.75	100.00	744	18
1501-1700	2	5.00	3.61	73.40	11.77	5.64	2.78	6.41	100.00	1641	52
1701-1900	2	6.00	4.94	66.21	6.54	4.90	3.52	18.83	100.00	1856	46
1901-2100	4	6.50	5.35	67.82	7.66	10.20	4.19	10.13	100.00	1991	52
2101-2300	4	6.50	5.08	74.51	6.22	6.83	2.60	9.84	100.00	2179	63
2301-2500	4	6.00	5.02	67.65	5.23	14.61	6.96	5.55	100.00	2373	63
2501-2700	8	4.87	3.82	69.77	8.26	11.01	4.58	6.38	100.00	2621	73
2701-3000	15	4.53	3.62	69.76	9.50	6.84	3.36	10.54	100.00	2867	74
3001-3500	12	5.09	4.03	73.78	9.23	5.84	3.10	8.05	100.00	3171	80
3501-4000	5	1.40	0.94	58.54	8.03	7.79	2.97	22.67	100.00	3851	102
4000 & above	5	4.60	3.32	57.68	27.70	5.87	3.09	5.66	100.00	4501	152
all groups	63	4.86	3.84	68.97	10.61	7.72	3.66	9.04	100.00	2700	74

TABLE (3.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample house-hold	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	1	4.00	2.68	3.74	..	5.65	..	90.61	100.00	1322	29
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	2	3.00	2.68	71.99	10.19	9.87	3.13	4.82	100.00	1786	49
1901-2100	1	3.00	2.25	63.22	9.39	16.03	6.88	4.48	100.00	1937	46
2101-2300	2	6.50	5.58	64.41	8.50	19.98	4.22	2.89	100.00	2189	72
2301-2500	4	8.92	5.22	68.40	9.95	6.80	2.39	12.46	100.00	2403	64
2501-2700	1	10.00	8.02	63.27	12.30	10.94	7.81	5.68	100.00	2634	66
2701-3000	8	4.12	3.18	60.17	11.24	9.72	3.94	14.93	100.00	2843	74
3001-3500	10	5.80	4.49	61.85	10.48	14.04	3.33	10.30	100.00	3233	92
3501-4000	5	3.80	3.02	71.72	12.19	8.41	2.56	5.12	100.00	3726	109
4000 & above	8	3.12	2.47	55.86	9.43	15.82	2.63	16.26	100.00	4505	133
all groups	42	4.66	3.70	62.31	10.43	12.33	3.35	11.58	100.00	3060	86

Calorie and Protein Values of Food Items in Urban Areas

TABLE (8.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : KERALA Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	1.00	1.00	9.01	..	..	..	90.99	100.00	1473	28
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	1.00	1.00	..	..	13.08	..	86.92	100.00	1912	55
2101—2300	3	1.34	0.12	44.89	10.02	4.43	2.08	38.58	100.00	2253	59
2301—2500	2	3.50	3.14	44.56	18.73	6.75	7.79	2.17	100.00	2458	57
2501—2700	3	8.00	3.86	49.07	7.69	13.71	4.37	25.16	100.00	2665	70
2701—3000	18	2.28	2.01	40.22	7.40	8.40	3.24	40.74	100.00	2883	75
3001—3500	21	2.57	2.13	43.73	7.92	9.83	5.77	32.75	100.00	3242	88
3501—4000	18	3.83	3.18	52.06	9.79	10.11	4.07	23.97	100.00	3707	112
4001 & above	35	3.88	3.01	59.66	11.16	12.63	4.37	12.18	100.00	4972	143
all groups	102	3.30	2.62	53.12	10.02	11.17	4.41	21.28	100.00	3907	111

TABLE (9.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH No. of sample villages : 286 Per-Capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	35	6.20	4.99	74.45	7.73	5.65	7.10	5.07	100.00	1177	37
1501—1700	44	6.32	4.98	77.63	6.70	4.05	6.24	5.38	100.00	1619	49
1701—1900	64	7.12	5.86	78.85	6.55	4.46	6.48	3.66	100.00	1803	56
1901—2100	85	6.34	5.11	76.98	6.75	5.64	7.20	3.43	100.00	2010	62
2101—2300	108	5.95	4.82	75.08	6.61	6.53	7.30	4.48	100.00	2206	68
2301—2500	110	5.71	4.61	75.61	6.59	6.50	6.13	5.17	100.00	2401	74
2501—2700	124	5.17	4.17	74.21	6.74	6.55	6.90	5.60	100.00	2596	79
2701—3000	165	5.04	4.04	72.28	7.11	7.00	6.88	6.73	100.00	2836	85
3001—3500	198	4.62	3.71	73.77	7.31	7.16	6.99	4.77	100.00	3212	98
3501—4000	115	3.85	3.14	71.43	8.50	7.06	7.02	5.99	100.00	3715	114
4001 & above	180	2.90	2.26	58.02	6.14	10.25	17.86	7.73	100.00	6390	162
all groups	1228	4.98	4.00	71.28	6.92	7.21	8.91	5.68	100.00	2850	84

TABLE (9·1/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	Total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 7.5	5	5·60	4·52	89·60	2·29	0·35	3·17	4·59	100·00	836	29
1501—1700 . . . . .	2	6·50	4·68	93·37	1·37	0·46	1·60	3·20	100·00	1560	51
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	2	3·00	1·95	88·59	7·02	..	3·95	0·44	100·00	1949	68
2101—2300 . . . . .	1	5·00	4·19	95·44	1·40	..	0·70	2·46	100·00	2267	83
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	(10)	5·20	4·01	91·64	2·57	0·26	2·37	3·16	100·00	1263	44

TABLE (9·2/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of caloric from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 18	9	8·89	6·91	76·19	9·55	5·10	5·90	3·26	100·00	1218	39
1501—1700 . . . . .	18	6·33	4·84	83·99	6·83	1·64	5·55	1·99	100·00	1614	50
1701—1900 . . . . .	16	8·75	7·02	88·26	5·18	1·32	3·57	1·67	100·00	1797	55
1901—2100 . . . . .	5	7·40	5·94	88·93	5·28	1·01	3·60	1·18	100·00	1995	69
2101—2300 . . . . .	3	8·33	6·38	92·66	1·55	1·31	3·26	1·22	100·00	2134	66
2301—2500 . . . . .	1	6·00	5·21	95·06	1·65	..	1·37	1·92	100·00	2329	88
2501—2700 . . . . .	1	5·00	3·23	90·72	2·42	2·02	3·63	1·21	100·00	2559	86
2701—3000 . . . . .	..	..	..	..	..	..	..	..	100·00	..	..
3001—3500 . . . . .	1	3·00	2·14	94·30	3·11	..	1·04	1·55	100·00	3006	105
3501—4000 . . . . .	1	3·00	2·25	92·95	3·92	0·78	1·96	0·39	100·00	3778	127
4001 & above . . . . .	1	1·00	0·50	..	..	..	..	100·00	100·00	4800	120
all groups . . . . .	56	7·39	5·78	85·88	5·76	1·83	4·25	2·28	100·00	1717	54

Calorie and Protein Values of Food Items in Urban Areas

TABLE (9.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group Rs. : 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	3	8.33	6.68	84.02	5.10	2.34	5.92	2.62	100.00	1207	39
1501—1700	4	7.25	5.71	80.90	7.44	2.69	7.27	1.70	100.00	1626	51
1701—1900	8	7.75	6.01	82.63	8.27	2.42	3.70	2.98	100.00	1816	61
1901—2100	4	7.50	5.75	85.62	6.08	3.22	3.65	1.43	100.00	2026	55
2101—2300	6	6.33	4.95	87.12	4.33	1.34	4.53	2.68	100.00	2179	73
2301—2500	7	5.71	4.46	88.83	5.61	1.48	2.87	1.21	100.00	2379	76
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	4	6.75	5.15	93.33	2.69	0.53	2.40	1.05	100.00	2761	76
3001—3500	2	1.50	0.86	88.35	6.75	0.61	2.45	1.84	100.00	3159	89
3501—4000	1	4.00	2.87	95.38	2.31	..	1.65	0.66	100.00	3519	125
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	39	6.62	5.14	86.63	5.70	1.84	3.88	1.95	100.00	2032	64

TABLE (9.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	2	4.00	3.27	78.42	3.08	8.37	8.37	1.76	100.00	1159	37
1501—1700	6	6.50	5.19	77.85	7.58	3.79	7.71	3.07	100.00	1638	50
1701—1900	10	6.50	5.93	81.47	6.25	4.53	5.22	2.53	100.00	1799	60
1901—2100	11	7.27	5.90	82.84	6.30	2.88	5.66	2.32	100.00	1996	64
2101—2300	9	6.00	5.02	85.24	5.90	1.55	5.06	2.25	100.00	2187	69
2301—2500	15	7.47	6.04	86.07	5.69	2.13	4.04	2.07	100.00	2878	78
2501—2700	6	4.83	3.64	82.62	7.95	2.79	5.34	1.30	100.00	2571	84
2701—3000	2	3.50	2.80	88.88	7.00	1.65	1.44	1.03	100.00	2893	94
3001—3500	3	5.00	3.79	89.86	5.16	..	3.57	1.41	100.00	3195	100
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	64	6.39	5.25	84.01	6.20	2.66	4.97	2.16	100.00	2133	69

TABLE (9.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500 . . . . . 31 . . . . .	5	6.00	5.02	72.53	8.85	5.33	9.88	3.41	100.00	1170	38
1501-1700 . . . . .	4	6.00	5.10	73.76	8.85	4.06	8.02	5.31	100.00	1569	50
1701-1900 . . . . .	12	6.83	5.30	73.60	6.10	7.25	8.84	4.21	100.00	1779	53
1901-2100 . . . . .	17	7.18	5.78	78.98	6.39	4.34	7.37	2.92	100.00	2012	61
2101-2300 . . . . .	16	5.75	4.66	81.61	6.42	2.66	6.54	2.77	100.00	2213	70
2301-2500 . . . . .	13	5.54	4.35	82.45	6.02	3.66	5.41	2.46	100.00	2416	75
2501-2700 . . . . .	21	6.76	5.44	85.41	6.29	1.95	4.45	1.90	100.00	2591	81
2701-3000 . . . . .	7	5.00	3.89	77.07	10.57	3.99	6.84	1.53	100.00	2792	89
3001-3500 . . . . .	19	5.84	4.49	86.40	6.97	2.50	2.86	1.27	100.00	3234	107
3501-4000 . . . . .	3	3.67	2.63	88.72	4.83	0.81	4.37	1.27	100.00	3676	94
4001 & above . . . . .	4	4.25	3.32	45.41	2.75	0.97	2.13	48.74	100.00	6493	209
all groups . . . . .	121	6.10	4.84	79.77	6.50	3.19	5.40	5.14	100.00	2450	77

TABLE (9.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12) I
upto-1500 . . . . . 38.5 . . . . .	2	4.50	3.45	65.55	10.92	3.36	13.45	6.72	100.00	1150	30
1501-1700 . . . . .	4	6.75	5.63	65.74	4.20	4.38	5.46	20.22	100.00	1656	46
1701-1900 . . . . .	7	6.00	4.71	64.29	9.52	7.65	11.39	7.15	100.00	1837	53
1901-2100 . . . . .	25	6.24	5.00	75.94	7.04	5.16	7.95	3.91	100.00	2020	63
2101-2300 . . . . .	31	6.03	4.86	76.04	6.64	6.75	7.04	3.53	100.00	2194	68
2301-2500 . . . . .	25	6.20	4.86	77.87	5.91	6.92	6.37	2.93	100.00	2391	73
2501-2700 . . . . .	30	5.63	4.51	78.84	6.46	5.36	6.29	3.05	100.00	2597	81
2701-3000 . . . . .	43	5.02	4.05	80.83	6.50	4.26	5.26	3.15	100.00	2815	88
3001-3500 . . . . .	25	5.28	4.20	81.67	5.15	5.16	5.61	2.41	100.00	3160	100
3501-4000 . . . . .	10	4.60	3.61	88.88	4.39	1.71	3.68	1.34	100.00	3792	127
4001 & above . . . . .	5	3.80	2.84	88.41	4.45	3.03	3.31	0.80	100.00	4118	141
all groups . . . . .	207	5.59	4.46	79.02	6.19	5.24	6.19	3.36	100.00	2540	79

Calorie and Protein Values of Food Items in Urban Areas

TABLE (9.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	5	5.60	4.76	67.70	6.40	10.77	6.69	8.44	100.00	1444	42
1501-1700	3	8.00	6.18	62.02	5.05	17.01	6.70	9.22	100.00	1637	46
1701-1900	6	6.83	6.48	68.74	6.61	6.57	10.94	7.14	100.00	1804	53
1901-2100	13	4.92	4.03	62.70	9.03	12.76	10.14	5.37	100.00	2015	61
2101-2300	17	6.70	5.43	73.06	7.30	7.99	7.84	3.81	100.00	2211	65
2301-2500	13	5.08	4.07	71.69	9.37	6.15	6.59	6.20	100.00	2426	79
2501-2700	17	5.12	4.22	76.14	7.07	6.81	6.56	3.42	100.00	2605	80
2701-3000	36	5.80	4.53	75.82	7.61	5.92	6.97	3.68	100.00	2823	84
3001-3500	31	4.97	4.00	77.45	7.08	6.24	6.22	3.01	100.00	3224	101
3501-4000	16	5.94	4.74	75.06	13.01	3.99	5.61	2.33	100.00	3729	124
4001 & above	18	4.17	3.06	84.01	6.14	4.41	4.04	1.40	100.00	4818	159
all groups	175	5.47	4.39	75.36	8.05	6.41	6.59	3.59	100.00	2821	88

TABLE (9.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	3	2.67	2.22	37.75	16.84	12.24	18.37	14.80	100.00	982	25
1501-1700	2	3.50	3.04	62.58	13.25	9.60	7.62	6.95	100.00	1656	50
1701-1900	3	5.67	4.19	67.76	7.69	10.11	8.40	5.84	100.00	1863	55
1901-2100	6	5.83	4.88	72.36	5.37	7.79	8.08	6.40	100.00	1974	56
2101-2300	12	6.00	4.80	61.35	8.26	11.69	11.62	7.08	100.00	2256	66
2301-2500	21	6.14	5.13	68.77	7.31	11.19	8.25	4.48	100.00	2406	72
2501-2700	23	4.39	3.59	67.56	8.58	8.97	9.44	5.45	100.00	2589	75
2701-3000	34	5.20	4.21	68.66	7.14	9.33	8.39	6.48	100.00	2854	86
3001-3500	50	4.72	3.85	72.47	8.34	8.07	6.96	4.16	100.00	3220	98
3501-4000	31	3.58	2.90	74.21	7.60	6.93	6.10	5.16	100.00	3678	117
4001 & above	34	3.24	2.46	58.66	5.54	25.10	5.02	5.68	100.00	5914	142
all groups	219	4.58	3.70	67.89	7.39	12.02	7.35	5.35	100.00	3147	91

**TABLE (9.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	No. of sample households	average household size	No. of consumer units per household	percentage of calorie from food group					average intake per diem per unit consumer		
				I	II	III	IV	V	Total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	6.00	5.60	73.81	5.78	6.80	12.24	1.37	100.00	1750	51
1901—2100	2	4.50	3.87	57.14	7.45	23.60	8.49	3.32	100.00	2080	64
2101—2300	9	5.67	4.69	59.97	8.69	12.53	9.55	9.26	100.00	2224	70
2301—2500	12	3.33	2.81	46.77	7.72	12.77	8.08	24.76	100.00	2443	66
2501—2700	12	5.92	4.62	60.15	7.08	13.34	10.66	8.77	100.00	2599	76
2701—3000	18	4.89	4.08	62.29	8.31	10.39	9.58	9.43	100.00	2862	82
3001—3500	37	4.30	3.48	64.95	8.02	8.71	10.17	8.15	100.00	3219	90
3501—4000	18	5.11	4.28	68.64	9.16	8.29	8.49	5.42	100.00	3709	109
4001 & above	42	2.71	2.14	64.75	5.95	4.99	21.42	2.89	100.00	5771	151
<b>all groups</b>	<b>151</b>	<b>4.17</b>	<b>3.40</b>	<b>63.65</b>	<b>7.56</b>	<b>8.64</b>	<b>13.03</b>	<b>7.12</b>	<b>100.00</b>	<b>3456</b>	<b>97</b>

**TABLE (9.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : MADHYA PRADESH

Per capita monthly expenditure group : Rs. 100 & above

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	1.00	1.00	5.71	..	14.29	..	80.00	100.00	1167	22
150—1700	1	1.00	1.00	37.50	4.17	..	4.17	54.16	100.00	1600	40
1701—1900	1	1.00	1.00	64.82	9.26	3.70	..	22.22	100.00	1800	62
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	4	1.25	1.22	31.17	1.54	18.83	3.40	45.06	100.00	2209	59
2301—2500	3	2.67	2.51	54.31	4.40	4.77	6.61	29.91	100.00	2413	68
2501—2700	14	2.64	2.36	45.90	3.22	12.15	7.25	31.48	100.00	2631	67
2701—3000	21	3.43	2.79	48.36	5.86	12.07	6.39	27.32	100.00	2900	78
3001—3500	30	3.37	2.83	59.57	7.60	12.40	9.87	10.56	100.00	3215	90
3501—4000	35	2.31	1.99	54.15	6.94	13.25	10.58	15.08	100.00	3725	102
4001 & above	76	2.45	1.98	48.45	6.83	8.72	26.70	9.30	100.00	7807	179
<b>all groups</b>	<b>186</b>	<b>2.65</b>	<b>2.22</b>	<b>50.53</b>	<b>6.65</b>	<b>10.25</b>	<b>19.38</b>	<b>13.19</b>	<b>100.00</b>	<b>4850</b>	<b>120</b>

Calorie and Protein Values of Food Items in Urban Areas

TABLE (10.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA Per capita monthly expenditure group : all expenditure classes No. of sample blocks : 594

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calories from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	176	6.39	5.22	73.08	7.39	5.25	8.18	6.10	100.00	1292	40
1501—1700	142	6.58	5.34	73.72	7.54	5.12	8.19	5.43	100.00	1610	50
1701—1900	224	6.22	5.05	72.80	7.76	5.08	9.15	5.21	100.00	1808	55
1901—2100	265	6.10	4.99	71.87	7.89	5.53	8.87	5.84	100.00	2005	61
2101—2300	287	5.63	4.58	69.41	8.56	6.26	9.72	6.02	100.00	2201	66
2301—2500	328	4.37	3.59	62.76	8.36	6.68	9.42	12.78	100.00	2399	71
2501—2700	321	3.70	3.06	59.67	7.62	6.38	9.85	16.48	100.00	2597	75
2701—3000	392	3.75	3.10	57.03	8.32	8.36	9.88	16.39	100.00	2839	104
3001—3500	395	3.89	3.16	58.81	8.58	9.44	10.27	12.90	100.00	3228	94
3501—4000	186	3.69	3.00	61.83	8.16	9.48	10.41	10.12	100.00	3713	107
4001 & above	250	3.41	2.69	63.15	8.86	8.48	9.07	10.44	100.00	4061	150
all groups	2966	4.67	3.81	64.37	8.22	7.28	9.52	10.61	100.00	2502	77

TABLE (10.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA Per capita monthly expenditure group : Rs. 00—15

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	12	6.83	5.47	84.29	4.15	1.20	5.71	4.65	100.00	1102	34
1501—1700	3	6.67	5.05	88.27	5.32	1.91	2.32	2.18	100.00	1613	52
1701—1900	3	6.33	5.06	94.60	2.16	0.24	1.44	1.56	100.00	1831	60
1901—2100	1	11.00	9.28	96.47	0.53	0.35	0.35	2.30	100.00	2033	66
2101—2300	3	3.67	2.91	85.87	1.05	0.52	0.17	12.39	100.00	2185	70
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	22	6.50	5.18	88.25	3.20	0.96	3.20	4.39	100.00	1416	45



TABLE (10·2/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	36	6·92	5·54	83·15	5·05	2·37	5·74	3·69	100·00	1392	41
1501—1700	19	6·95	5·36	86·19	4·80	2·03	4·13	2·85	100·00	1611	53
1701—1900	15	7·00	5·33	87·91	5·94	1·43	2·45	2·27	100·00	1803	60
1901—2100	3	5·67	4·34	86·36	4·89	2·19	4·12	2·44	100·00	1989	63
2101—2300	6	5·33	3·98	90·41	2·25	1·03	4·25	2·06	100·00	2169	66
2301—2500	2	4·00	3·18	94·15	1·30	0·87	1·30	2·38	100·00	2421	82
2501—2700	1	7·00	5·47	90·53	5·18	..	2·12	2·12	100·00	2590	81
2701—3000	2	3·50	2·46	90·31	4·73	0·71	1·65	2·60	100·00	2860	98
3001—3500	1	8·00	6·75	92·55	3·26	1·24	1·40	1·55	100·00	3180	102
3501—4000	1	6·00	5·36	95·40	1·24	..	1·59	1·77	100·00	3514	114
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	86	6·64	5·20	86·49	4·73	1·81	4·10	2·87	100·00	1645	53

TABLE (10·3/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	24	6·71	5·46	74·33	7·60	5·60	7·62	4·85	100·00	1306	41
1501—1700	16	7·62	6·28	81·46	6·44	2·61	4·96	4·53	100·00	1566	49
1701—1900	15	5·67	4·64	85·33	4·81	2·03	4·73	3·10	100·00	1791	56
1901—2100	14	7·07	5·58	83·19	6·21	1·88	6·04	2·68	100·00	1970	63
2101—2300	10	7·30	5·79	87·78	3·83	1·36	4·92	2·11	100·00	2209	68
2301—2500	6	2·33	1·89	54·69	4·26	1·25	2·38	37·42	100·00	2347	69
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	2	3·00	2·28	63·87	6·81	3·93	3·66	21·73	100·00	2792	84
3001—3500	3	5·67	4·35	88·47	1·32	2·65	0·55	7·01	100·00	3280	106
3501—4000	1	5·00	3·84	88·09	7·64	0·63	2·02	1·57	100·00	3863	126
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	91	6·40	5·16	81·23	5·68	2·75	5·28	5·06	100·00	1771	55

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (10.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

Per capita monthly expenditure group : Rs. 24—28

State : MAHARASHTRA

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	caloric	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .26 . . . . .	30	6.57	5.36	73.48	8.80	4.66	8.41	4.65	100.00	1294	40
1501—1700 . . . . .	14	5.86	4.82	79.49	5.77	2.99	7.60	4.15	100.00	1617	51
1701—1900 . . . . .	24	6.33	5.15	79.82	7.20	3.28	6.47	3.23	100.00	1818	57
1901—2100 . . . . .	22	6.54	5.24	83.48	6.06	2.49	5.32	2.65	100.00	1994	62
2101—2300 . . . . .	17	6.00	4.74	84.06	5.26	2.72	5.14	2.82	100.00	2188	70
2301—2500 . . . . .	4	4.50	3.52	85.84	5.41	1.57	4.92	2.26	100.00	2409	76
2501—2700 . . . . .	4	3.50	2.56	88.50	3.37	1.75	4.00	2.38	100.00	2599	84
2701—3000 . . . . .	3	7.67	5.56	85.13	5.89	0.65	7.11	1.22	100.00	2785	91
3001—3500 . . . . .	5	5.80	4.24	87.48	4.40	1.91	4.35	1.86	100.00	3214	103
3501—4000 . . . . .	5	5.00	3.84	89.27	4.64	0.91	3.41	1.77	100.00	3819	119
4001 & above . . . . .	5	5.80	4.55	77.26	2.83	0.89	2.40	16.62	100.00	4768	187
all groups . . . . .	133	6.13	4.90	81.24	6.05	2.69	5.80	4.22	100.00	2002	64

**TABLE (10.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

Per capita monthly expenditure group : Rs. 28—34

State : MAHARASHTRA

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	caloric	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .31 . . . . .	27	6.78	5.22	71.25	7.40	6.56	8.69	6.10	100.00	1306	41
1501—1700 . . . . .	23	6.61	5.39	73.58	7.52	6.30	9.13	3.47	100.00	1629	49
1701—1900 . . . . .	37	6.76	5.49	75.44	7.25	4.62	9.16	3.53	100.00	1809	54
1901—2100 . . . . .	47	7.06	5.69	78.82	7.20	3.13	6.51	4.34	100.00	1988	62
2101—2300 . . . . .	41	5.66	4.58	77.40	7.94	3.29	7.38	3.99	100.00	2210	69
2301—2500 . . . . .	35	5.20	4.14	80.16	7.80	2.95	6.25	2.84	100.00	2371	77
2501—2700 . . . . .	13	5.92	4.73	83.53	4.93	2.74	5.45	3.30	100.00	2614	82
2701—3000 . . . . .	8	5.25	4.05	82.45	5.53	3.07	4.54	4.36	100.00	2875	96
3001—3500 . . . . .	8	5.62	4.69	73.34	5.51	2.64	8.10	10.41	100.00	3225	102
3501—4000 . . . . .	3	7.00	5.22	92.71	2.88	0.62	1.30	2.49	100.00	3720	122
4001 & above . . . . .	6	5.50	4.07	92.31	2.32	1.52	2.81	1.04	100.00	5110	175
all groups . . . . .	248	6.25	5.03	78.45	6.84	3.66	6.99	4.06	100.00	2094	66

TABLE (10·6/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 32·5	23	6·74	5·61	64·35	9·82	8·28	9·40	8·15	100·00	1342	40
1501—1700 . . . . .	39	7·13	5·88	70·36	8·98	5·99	9·21	5·46	100·00	1617	50
1701—1900 . . . . .	65	6·43	5·18	70·49	8·23	5·84	10·14	5·30	100·00	1806	54
1901—2100 . . . . .	53	6·00	4·93	72·31	8·11	5·65	8·84	5·09	100·00	2003	61
2101—2300 . . . . .	66	5·55	4·48	72·49	8·50	5·10	9·29	4·62	100·00	2190	67
2301—2500 . . . . .	45	6·07	4·84	74·24	8·34	4·40	8·18	4·84	100·00	2390	75
2501—2700 . . . . .	37	5·54	4·38	76·10	7·95	4·09	7·59	4·27	100·00	2591	80
2701—3000 . . . . .	30	4·83	3·88	78·13	8·55	3·47	7·28	2·57	100·00	2824	90
3001—3500 . . . . .	23	4·70	3·53	75·00	7·58	4·57	7·70	5·15	100·00	3287	103
3501—4000 . . . . .	6	3·83	2·86	80·29	9·96	0·98	6·76	2·01	100·00	3760	122
4001 & above . . . . .	20	4·25	3·33	78·56	4·86	1·52	3·18	11·88	100·00	4849	153
all groups . . . . .	407	5·83	4·71	73·41	8·13	4·80	8·29	5·37	100·00	2220	68

TABLE (10·7/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 49	12	4·67	3·98	58·04	8·04	7·70	15·06	11·16	100·00	1433	41
1501—1700 . . . . .	20	5·75	4·64	59·50	9·47	8·76	12·62	9·65	100·00	1613	48
1701—1900 . . . . .	37	6·11	5·08	65·50	8·40	6·32	12·05	7·73	100·00	1804	52
1901—2100 . . . . .	62	5·71	4·68	69·43	8·36	6·16	9·92	6·13	100·00	2016	62
2101—2300 . . . . .	58	5·36	4·34	66·78	9·29	6·80	10·75	6·38	100·00	2182	65
2301—2500 . . . . .	51	4·90	4·00	67·33	8·75	6·14	9·94	7·84	100·00	2399	70
2501—2700 . . . . .	42	4·57	3·61	68·26	8·95	5·74	10·37	6·68	100·00	2606	76
2701—3000 . . . . .	32	5·81	4·63	72·61	9·82	5·15	9·64	3·78	100·00	2826	84
3001—3500 . . . . .	44	4·32	3·50	73·14	8·17	3·74	8·09	6·86	100·00	3213	97
3501—4000 . . . . .	24	4·33	3·45	79·95	6·87	2·71	6·20	4·27	100·00	3775	114
4001 & above . . . . .	15	3·40	2·61	68·84	11·67	2·75	7·61	9·13	100·00	4169	131
all groups . . . . .	397	5·13	4·16	69·38	8·69	5·51	9·80	6·62	100·00	2410	72

Calorie and Protein Values of Food Items in Urban Areas

TABLE (10·8/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 65	7	2·00	1·79	48·71	13·99	10·26	17·95	9·09	100·00	1139	32
1501—1700 . . . . .	6	5·33	4·16	57·40	9·44	8·10	12·53	12·53	100·00	1598	51
1701—1900 . . . . .	19	5·11	4·20	61·02	10·20	7·89	12·58	8·31	100·00	1808	55
1901—2100 . . . . .	46	5·76	4·82	59·04	9·74	9·17	13·00	9·05	100·00	2023	59
2101—2300 . . . . .	63	5·97	4·94	60·05	10·40	8·88	13·01	7·66	100·00	2220	65
2301—2500 . . . . .	98	4·04	3·36	55·60	8·95	8·34	10·99	16·12	100·00	2421	73
2501—2700 . . . . .	98	4·06	3·38	58·65	8·44	6·98	11·15	14·78	100·00	2590	75
2701—3000 . . . . .	72	4·11	3·40	63·59	9·24	6·90	10·44	9·83	100·00	2824	81
3001—3500 . . . . .	70	4·13	3·25	67·90	9·80	6·63	9·90	5·77	100·00	3228	96
3501—4000 . . . . .	28	4·82	3·89	69·91	8·34	6·67	10·47	4·61	100·00	3592	104
4001 & above . . . . .	33	3·06	2·31	72·97	7·49	4·35	7·32	7·87	100·00	4791	144
all groups . . . . .	540	4·44	3·64	62·28	9·19	7·40	11·01	10·12	100·00	2626	76

TABLE (10·9/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein (gm)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 87·5	2	1·00	1·00	44·83	..	..	..	55·97	100·00	967	27
1501—1700 . . . . .	1	1·00	0·71	..	..	..	..	..	100·00	..	..
1701—1900 . . . . .	4	3·75	3·23	63·76	9·87	5·50	5·78	15·09	100·00	1829	56
1901—2100 . . . . .	11	5·00	4·25	62·92	9·20	8·51	11·65	8·12	100·00	2060	59
2101—2300 . . . . .	15	5·00	4·39	55·56	9·72	11·75	10·25	12·72	100·00	2193	62
2301—2500 . . . . .	51	3·49	2·96	48·69	7·84	9·23	9·99	24·20	100·00	2411	69
2501—2700 . . . . .	64	3·58	2·24	44·66	6·43	7·66	11·83	29·42	100·00	2601	70
2701—3000 . . . . .	92	3·97	3·29	54·51	9·30	9·46	11·06	15·67	100·00	2845	80
3001—3500 . . . . .	63	4·22	3·48	58·71	8·90	9·95	11·13	11·31	100·00	3203	92
3501—4000 . . . . .	26	3·50	2·73	60·01	10·23	9·31	11·65	8·80	100·00	3637	109
4001 & above . . . . .	36	3·19	2·54	64·78	7·96	7·06	8·23	11·97	100·00	4987	153
all groups . . . . .	365	3·64	3·03	55·83	8·63	9·04	10·64	14·86	100·00	2967	85

TABLE (10.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MAHARASHTRA

Per capita monthly expenditure group : Rs. 100 and above

caloric intake per diem per consumer unit	ro. of sample households	average household size	no. of consumer units household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .	3	6.67	5.48	27.09	5.03	13.97	5.03	48.88	100.00	726	21
1501—1700 . . . . .	1	1.00	0.95	..	..	..	..	100.00	100.00	1579	19
1701—1900 . . . . .	5	5.20	4.26	44.54	12.53	13.12	17.70	12.11	100.00	1848	50
1901—2100 . . . . .	6	3.67	3.06	41.51	5.54	15.87	10.88	26.20	100.00	1971	39
2101—2300 . . . . .	8	4.88	4.02	47.02	10.06	16.07	12.59	14.26	100.00	2296	65
2301—2500 . . . . .	36	3.14	2.17	43.86	8.58	10.45	11.48	25.63	100.00	2420	69
2501—2700 . . . . .	62	2.10	1.88	30.29	6.48	9.76	9.39	44.08	100.00	2596	71
2701—3000 . . . . .	151	2.64	2.28	36.71	6.97	12.46	10.27	33.59	100.00	2856	155
3001—3500 . . . . .	178	3.28	2.73	43.69	8.85	14.30	11.99	21.17	100.00	3233	89
3501—4000 . . . . .	92	3.01	2.34	45.36	8.61	15.50	13.32	17.21	100.00	3740	101
4001 & above . . . . .	15	3.28	2.63	54.54	10.63	12.43	11.67	10.73	100.00	5068	149
	677	3.03	2.54	45.38	8.92	13.24	11.67	20.79	100.00	3442	112

TABLE (11.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (G.M.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : MEGHALAYA

No. of sample blocks : 24

Per capita monthly expenditure group : all expenditure classes

caloric intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500 . . . . .	6	5.50	4.52	69.99	5.50	10.08	7.36	7.07	100.00	1307	35
1501—1700 . . . . .	6	6.33	5.38	75.42	5.61	6.89	7.18	4.90	100.00	1617	43
1701—1900 . . . . .	7	5.43	4.41	76.19	4.05	9.17	6.64	3.95	100.00	1829	52
1901—2100 . . . . .	3	9.67	8.02	76.78	8.43	6.60	5.04	3.15	100.00	1981	52
2101—2300 . . . . .	10	4.80	4.00	71.30	7.23	9.72	7.59	4.16	100.00	2226	65
2301—2500 . . . . .	15	5.60	4.66	70.24	4.59	7.58	6.96	10.63	100.00	2375	66
2501—2700 . . . . .	13	5.62	4.36	67.17	4.84	12.03	8.91	7.05	100.00	2613	74
2701—3000 . . . . .	13	5.62	4.28	74.57	5.38	8.46	7.20	4.39	100.00	2846	79
3001—3500 . . . . .	15	4.87	4.04	73.33	5.07	10.05	7.65	3.90	100.00	3220	88
3501—4000 . . . . .	14	2.71	2.17	67.71	5.57	10.82	7.93	7.97	100.00	3736	106
4001 & above . . . . .	14	3.00	2.26	67.56	7.23	11.14	8.73	5.34	100.00	4501	125
all groups . . . . .	116	4.93	3.96	71.21	5.60	9.61	7.62	5.96	100.00	2623	71

Calorie and Protein Values of Food Items in Urban Areas

TABLE (11.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample-household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	18	4.00	3.38	93.97	..	2.29	1.38	2.36	100.00	1291	34
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	4.00	3.38	93.97	..	2.29	1.38	2.36	100.00	1291	34

TABLE (11.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample-household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	26	7.00	4.89	67.95	9.76	13.44	5.09	3.76	100.00	1205	31
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	7.00	4.89	67.95	9.76	13.44	5.09	3.76	100.00	1205	31

TABLE (11.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	31	..	..	..	..	..	..	..	..	..	..
1051—1700	2	6.00	4.53	78.28	3.89	7.54	6.12	4.17	100.00	1623	43
1701—1900	1	7.00	5.15	82.33	2.41	8.80	3.16	3.30	100.00	1843	55
1901—2100	1	9.00	7.32	82.34	10.56	2.01	2.12	2.97	100.00	1935	53
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	4	7.00	5.38	80.79	5.98	5.81	3.91	3.51	100.00	1712	49

TABLE (11.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)	
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)	
upto 1500	38.5	1	8.00	6.73	85.52	4.07	2.45	3.59	4.37	100.00	1242	30
1501—1700	1	11.00	8.31	79.91	4.53	3.67	9.44	2.45	100.00	1530	37	
1701—1900	..	..	..	..	..	..	..	..	..	..	..	
1901—2100	1	9.00	7.82	77.83	9.75	4.91	3.91	3.60	100.00	1960	55	
2101—2300	1	5.00	4.06	77.70	6.51	4.20	6.84	4.75	100.00	2160	62	
2301—2500	1	6.00	5.19	85.90	2.80	4.94	3.67	2.69	100.00	2862	57	
2501—2700	..	..	..	..	..	..	..	..	..	..	..	
2701—3000	1	10.00	7.90	78.54	9.59	5.60	2.81	3.46	100.00	2707	78	
3001—3500	..	..	..	..	..	..	..	..	..	..	..	
3501—4000	..	..	..	..	..	..	..	..	..	..	..	
4001 & above	..	..	..	..	..	..	..	..	..	..	..	
all groups	6	8.17	6.67	80.42	6.82	4.56	4.76	3.44	100.00	1970	53	

Calorie and Protein Values of Food Items in Urban Areas

TABLE (11.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group : Rs. 43—55

Calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500 . . . . .	1	9.00	7.42	73.83	5.22	8.77	8.21	3.97	100.00	1477	38
1501—1700 . . . . .	2	5.50	4.55	71.73	4.29	10.20	11.08	2.70	100.00	1637	41
1701—1900 . . . . .	3	5.67	4.50	73.50	5.18	9.27	7.40	2.65	100.00	1803	48
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	2	9.00	7.30	84.55	1.67	6.05	4.37	3.36	100.00	2352	57
2501—2700 . . . . .	3	7.67	5.94	84.27	2.72	4.70	6.30	2.01	100.00	2673	69
2701—3000 . . . . .	1	9.00	6.48	89.64	2.37	3.10	3.10	1.79	100.00	2983	70
3001—3500 . . . . .	3	5.67	4.47	84.47	5.18	4.47	4.31	1.57	100.00	3112	81
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	15	6.93	5.49	82.24	3.60	5.96	5.82	2.38	100.00	2347	60

TABLE (11.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	1	7.00	5.82	70.93	11.55	5.05	..	12.47	100.00	1700	55
1701—1900 . . . . .	1	5.00	4.16	72.57	4.54	10.88	5.95	6.06	100.00	1818	70
1901—2100 . . . . .	1	11.00	8.91	71.57	5.66	11.60	8.27	2.90	100.00	2036	49
2101—2300 . . . . .	4	4.75	3.84	74.65	7.34	8.64	5.14	4.23	100.00	2276	68
2301—2500 . . . . .	4	5.25	4.34	70.85	7.35	5.43	6.45	9.92	100.00	2411	65
2501—2700 . . . . .	1	1.00	0.97	5.24	..	..	..	94.76	100.00	2611	62
2701—3000 . . . . .	4	6.00	4.48	80.44	3.07	7.35	5.16	3.98	100.00	2924	80
3001—3500 . . . . .	1	5.00	3.73	84.91	5.54	2.99	4.90	1.66	100.00	3283	81
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	1	1.00	0.50	78.32	..	2.79	11.98	6.91	100.00	5010	115
all groups . . . . .	18	5.22	4.15	74.62	5.74	7.14	5.52	6.98	100.00	2437	68



TABLE (11.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group: Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	4.00	3.71	31.60	9.85	32.30	22.34	3.90	100.00	1267	47
1501-1700	2	4.50	4.04	75.27	3.01	8.39	7.96	5.37	100.00	1869	49
1701-1900	2	4.50	4.04	75.27	3.01	8.39	7.96	5.37	100.00	1869	49
1901-2100	2	4.50	4.04	75.27	3.01	8.39	7.96	5.37	100.00	1869	49
2101-2300	4	5.50	4.63	68.41	6.92	11.44	9.16	4.07	100.00	2212	64
2301-2500	2	4.00	3.12	64.02	6.67	13.28	9.20	6.83	100.00	2355	78
2501-2700	3	6.67	4.93	59.82	6.92	20.06	10.08	3.12	100.00	2614	77
2701-3000	4	4.25	3.08	64.24	5.06	13.86	11.79	5.05	100.00	2789	83
3001-3500	3	4.33	3.83	79.47	2.76	9.26	5.66	2.85	100.00	3231	95
3501-4000	3	5.00	3.89	76.48	4.79	10.28	5.26	3.19	100.00	3666	99
4001 & above	3	6.67	5.01	78.09	5.32	8.00	6.92	1.67	100.00	4328	116
all groups	25	5.12	4.07	71.06	5.34	11.92	8.23	3.45	100.00	2881	82

TABLE(11.10/U): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.)PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MEGHALAYA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	1.00	..	..	..	..	100.00	100.00	1200	30
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	1	2.00	2.00	58.22	10.84	13.63	14.21	3.10	100.00	2110	58
2301-2500	6	5.17	4.42	60.43	4.20	9.04	8.83	17.50	100.00	2372	68
2501-2700	6	4.83	3.86	60.88	5.40	13.20	10.61	9.91	100.00	2566	75
2701-3000	3	4.33	3.67	63.92	8.63	9.66	11.18	61.61	100.00	2803	78
3001-3500	8	4.75	3.99	65.80	5.80	13.40	10.03	5.47	100.00	3254	89
3501-4000	11	2.09	1.70	62.41	6.04	11.14	9.55	10.86	100.00	3780	110
4001 & above	10	2.10	1.62	58.10	9.12	14.13	10.19	8.46	100.00	4647	135
all groups	46	3.43	2.84	61.71	6.40	12.12	9.98	9.79	100.00	3129	89

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (12.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DEFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES**

State : MYSORE

No of sample blocks : 216

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage (0.00) of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	64	6.86	5.57	76.96	7.12	4.80	5.51	5.61	100.00	1269	34
1501-1700	46	6.52	5.34	76.85	7.40	5.24	5.31	5.20	100.00	1633	44
1701-1900	81	6.81	5.53	78.17	7.96	4.74	5.00	4.13	100.00	1797	50
1901-2100	82	6.37	5.06	78.16	7.72	5.33	5.03	3.76	100.00	2005	56
2101-2300	82	6.33	5.09	77.12	7.42	5.62	5.01	4.83	100.00	2203	61
2301-2500	90	5.32	4.32	73.72	8.07	6.47	4.86	6.88	100.00	2401	64
2501-2700	78	3.68	2.98	67.31	7.09	6.37	4.87	14.36	100.00	2608	71
2701-3000	91	4.89	3.94	70.98	7.36	6.90	5.56	9.20	100.00	2831	75
3001-3500	100	3.82	3.09	69.22	8.10	8.28	5.49	8.91	100.00	3238	88
3501-4000	43	4.44	3.48	70.45	9.07	8.26	6.74	5.48	100.00	3728	98
4001 & above	72	3.35	2.64	71.59	8.72	6.54	6.11	7.04	100.00	4234	175
all groups	829	5.26	4.24	73.53	7.85	6.23	5.37	6.92	100.00	2372	67

**TABLE (12.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : MYSORE

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	2	7.50	5.77	85.30	5.80	4.50	1.64	2.76	100.00	1590	53
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all gorups	2	7.50	5.77	85.30	5.80	4.50	1.64	2.76	100.00	1590	53

T BL3 (12.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto- 1500 . . . . .	26	7.50	6.08	82.93	5.91	3.04	4.47	3.65	100.00	1240	34
1501- 1700 . . . . .	6	7.17	5.75	86.05	5.61	1.46	3.78	3.10	100.00	1611	47
1701- 1900 . . . . .	6	7.50	5.53	86.13	5.72	1.97	3.78	2.40	100.00	1772	49
1901- 2100 . . . . .	5	10.40	7.96	88.18	5.35	0.88	3.17	2.42	100.00	2044	60
2101- 2300 . . . . .	1	9.00	6.92	95.38	2.29	0.87	0.20	1.26	100.00	2159	52
2301- 2500 . . . . .	1	5.00	4.02	89.09	6.30	1.38	1.56	1.67	100.00	2399	65
2501- 2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701- 3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001- 3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501- 4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	1	6.00	4.49	95.70	3.72	0.09	..	0.49	100.00	8587	99
all groups . . . . .	46	7.72	6.11	86.29	5.45	1.97	3.48	2.81	100.00	1619	43

TABLE (12.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto- 1500 . . . . .	12	8.08	6.52	75.97	7.35	5.82	6.80	4.06	100.00	1281	35
1501- 1700 . . . . .	3	6.00	4.89	87.54	3.02	2.46	3.38	3.10	100.00	1582	42
1701- 1900 . . . . .	11	9.09	7.36	83.94	7.09	2.64	3.13	4.20	100.00	1789	48
1901- 2100 . . . . .	3	6.67	5.02	84.85	6.56	2.29	2.07	4.23	100.00	1926	53
2101- 2300 . . . . .	3	8.00	6.23	86.83	5.58	3.18	2.18	2.23	100.00	2207	78
2301- 2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501- 2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701- 3000 . . . . .	2	6.50	4.89	93.18	3.80	0.95	0.22	1.85	100.00	2833	75
3001- 3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501- 4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	34	8.00	6.39	82.69	6.45	3.40	3.77	3.69	100.00	1685	47

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (12.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : MYSORE Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 26 . . . . .	11	6.91	5.59	75.80	8.03	5.44	6.64	4.09	100.00	1288	33
1501—1700 . . . . .	9	7.11	5.90	78.69	6.72	5.20	5.76	3.63	100.00	1596	43
1701—1900 . . . . .	9	6.11	4.98	81.48	6.36	2.80	5.41	3.95	100.00	1795	52
1901—2100 . . . . .	11	7.27	5.58	82.83	7.49	3.97	3.02	2.69	100.00	1987	54
2101—2300 . . . . .	8	7.50	5.92	85.51	4.67	1.57	3.34	4.91	100.00	2183	60
2301—2500 . . . . .	4	6.75	5.57	90.24	3.77	1.49	2.51	1.99	100.00	2414	62
2501—2700 . . . . .	3	3.67	2.55	73.82	7.86	6.60	1.86	9.86	100.00	2634	80
2701—3000 . . . . .	4	4.00	3.10	86.51	7.62	1.40	1.98	2.49	100.00	2752	74
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	59	6.59	5.26	82.14	6.46	3.47	4.16	3.77	100.00	1860	51

**TABLE (12.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : MYSORE Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 31 . . . . .	6	6.00	4.90	67.83	10.45	6.85	3.99	10.88	100.00	1341	37
1501—1700 . . . . .	13	6.46	5.42	74.19	9.53	6.14	5.73	4.41	100.00	1616	42
1701—1900 . . . . .	19	6.95	5.69	78.07	9.13	4.47	4.77	3.56	100.00	1785	51
1901—2100 . . . . .	21	6.19	5.02	81.29	6.76	3.90	4.22	3.83	100.00	2003	55
2101—2300 . . . . .	19	6.58	5.14	82.88	6.39	3.78	3.44	3.51	100.00	2199	59
2301—2500 . . . . .	12	5.00	3.92	77.72	6.21	3.11	2.24	10.72	100.00	2402	63
2501—2700 . . . . .	8	6.00	4.53	77.84	4.32	2.05	1.90	13.89	100.00	2616	70
2701—3000 . . . . .	10	6.70	5.28	86.08	5.32	2.70	2.20	3.70	100.00	2777	73
3001—3500 . . . . .	5	2.80	2.12	83.68	2.62	1.25	3.07	9.38	100.00	3220	83
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	1	7.00	4.78	61.14	33.66	2.84	1.48	0.88	100.00	4254	83
all groups . . . . .	114	6.17	4.93	79.61	7.39	3.82	3.60	5.58	100.00	2100	56

National Sample Survey

TABLE (12.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . . 38.5	6	5.33	4.39	65.02	7.98	7.09	7.15	12.76	100.00	1328	34
1501-1700 . . . . .	8	5.88	4.64	70.06	7.49	7.18	6.67	8.63	100.00	1589	40
1701-1900 . . . . .	19	5.47	4.55	73.54	7.89	7.11	6.56	4.90	100.00	1813	47
1901-2100 . . . . .	24	6.04	4.85	74.57	9.00	6.18	6.38	3.87	100.00	2009	56
2101-2300 . . . . .	18	5.89	4.89	77.20	8.09	4.74	5.47	4.50	100.00	2204	62
2301-2500 . . . . .	25	5.72	4.63	79.51	6.86	5.58	4.06	3.99	100.00	2391	63
2501-2700 . . . . .	10	5.80	4.60	78.98	6.63	4.77	4.62	5.03	100.00	2576	71
2701-3000 . . . . .	15	5.40	4.26	82.85	7.14	3.15	3.63	3.17	100.00	2799	74
3001-3500 . . . . .	12	5.17	3.95	83.21	8.17	3.34	2.32	2.96	100.00	3302	90
3501-4000 . . . . .	5	3.80	2.88	88.82	6.24	0.92	2.42	1.63	100.00	3665	97
4001 & above . . . . .	3	2.33	1.34	83.61	8.39	0.23	4.88	2.89	100.00	4425	142
all groups . . . . .	145	5.54	4.54	78.21	7.67	5.00	4.82	4.30	100.00	2292	62

Calorie and Protein Values of Food Items in Urban Areas

TABLE (12.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . . 49	..	..	..	..	..	..	..	..	..	..	..
1501-1700 . . . . .	4	5.25	4.22	69.82	10.04	6.80	7.53	5.81	100.00	1664	47
1701-1900 . . . . .	13	7.00	5.73	75.36	8.74	5.96	5.11	4.83	100.00	1828	50
1901-2100 . . . . .	10	6.00	4.82	72.66	8.50	9.22	5.86	4.36	100.00	2020	57
2101-2300 . . . . .	14	6.14	4.82	73.66	8.64	7.99	6.51	3.80	100.00	2204	62
2301-2500 . . . . .	20	5.20	4.25	71.95	9.33	6.43	5.27	7.02	100.00	2393	62
2501-2700 . . . . .	21	4.00	3.26	67.70	9.16	7.72	6.75	1.67	100.00	2610	72
2701-3000 . . . . .	15	4.80	3.94	75.83	7.54	7.12	5.75	3.76	100.00	2848	72
3001-3500 . . . . .	11	3.82	3.07	82.16	6.38	3.96	3.04	4.46	100.00	3329	90
3501-4000 . . . . .	9	5.00	3.81	82.22	6.61	4.93	3.37	2.87	100.00	3698	95
4001 & above . . . . .	5	4.60	3.86	41.82	7.84	3.99	3.26	43.09	100.00	4174	188
all groups . . . . .	122	5.15	4.15	72.33	8.26	6.53	5.26	7.62	100.00	2526	69

TABLE (12.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 55- 75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto-1500	..	..	..	..	..	..	..	..	..	..	..	..
1501-1700	2	6.50	5.55	67.36	5.59	6.90	2.92	17.23	100.00	1621	49	
1701-1900	3	6.00	4.80	63.54	11.16	10.93	9.62	4.75	100.00	1734	52	
1901-2100	6	4.83	3.86	66.31	9.40	10.54	9.25	4.50	100.00	1994	58	
2101-2300	10	6.70	5.64	66.11	10.35	8.52	6.25	8.77	100.00	2231	60	
2301-2500	19	5.68	4.64	65.97	11.06	9.95	6.85	6.17	100.00	2410	66	
2501-2700	13	3.08	2.60	67.89	7.81	6.90	5.14	12.26	100.00	2586	67	
2701-3000	17	4.94	3.90	67.91	8.22	9.78	5.68	8.41	100.00	2876	80	
3001-3500	29	3.55	2.86	69.99	8.52	7.83	4.40	9.26	100.00	3210	87	
3501-4000	8	6.13	4.78	67.82	10.50	9.46	8.03	4.19	100.00	3764	107	
4001 & above	13	3.15	2.44	80.95	6.86	5.08	4.48	2.63	100.00	4001	98	
all groups	120	4.60	3.72	69.01	9.14	8.55	5.95	7.35	100.00	2785	76	

TABLE (12.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	1	1.00	1.02	4.69	..	9.44	..	85.87	100.00	1386	35
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	1	7.00	6.09	84.86	6.22	3.57	2.73	2.62	100.00	1804	47
1901-2100	2	3.00	2.87	55.82	7.77	14.21	10.27	11.93	100.00	2035	48
2101-2300	4	5.25	4.23	66.73	7.94	10.33	8.88	6.12	100.00	2218	52
2301-2500	3	4.67	3.66	66.30	6.24	6.94	6.33	14.19	100.00	2373	65
2501-2700	14	2.43	2.08	49.74	6.99	10.72	5.75	26.80	100.00	2647	67
2701-3000	13	5.00	4.13	58.06	9.25	9.76	10.39	12.54	100.00	2862	76
3001-3500	15	5.20	4.18	64.16	9.08	12.42	7.91	6.43	100.00	3361	92
3501-4000	9	4.56	3.61	62.78	11.15	12.09	8.88	5.10	100.00	3698	94
4001 & above	27	3.19	2.53	66.79	9.25	8.67	6.07	9.22	100.00	4429	128
all groups	89	3.96	3.22	62.88	9.07	10.30	7.63	10.12	100.00	3316	90

National Sample Survey

TABLE (12.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MYSORE

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . .	2	1.00	1.00	..	..	25.99	..	74.01	100.00	641	12
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	5	4.20	3.58	66.46	6.45	12.29	7.12	7.68	100.00	2178	55
2301—2500 . . . . .	6	3.00	2.64	50.88	6.70	11.73	8.09	22.60	100.00	2454	64
2501—2700 . . . . .	9	1.33	1.23	23.86	2.94	5.42	3.06	64.72	100.00	2652	73
2701—3000 . . . . .	15	3.13	2.72	38.83	6.86	12.19	8.15	33.97	100.00	2837	74
3001—3500 . . . . .	27	2.89	2.51	54.35	8.36	11.67	8.36	17.26	100.00	3257	84
3501—4000 . . . . .	12	3.08	2.52	60.26	9.12	9.80	8.60	12.22	100.00	3780	97
4001 & above . . . . .	22	3.23	2.59	69.88	6.99	6.52	8.61	8.00	100.00	4330	30
all groups . . . . .	98	2.92	2.48	56.93	7.45	9.73	8.16	17.73	100.00	3129	130

TABLE (13.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : NAGALAND

No. of sample blocks : 24

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of Calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . .	1	11.00	8.89	79.48	4.41	5.13	7.18	3.80	100.00	1174	29
1501—1700 . . . . .	5	6.80	5.55	80.58	2.25	8.07	3.97	5.13	100.00	1633	53
1701—1900 . . . . .	1	7.00	5.26	75.99	7.11	6.73	6.17	4.00	100.00	1848	62
1901—2100 . . . . .	4	5.00	3.78	79.48	4.54	5.08	5.93	4.97	100.00	2008	58
2101—2300 . . . . .	6	3.50	2.85	84.20	3.33	5.13	2.65	4.69	100.00	2251	65
2301—2500 . . . . .	11	4.27	3.53	76.90	3.53	9.04	5.63	4.90	100.00	2400	71
2501—2700 . . . . .	13	3.15	2.74	78.14	4.87	7.42	3.95	5.62	100.00	2578	80
2701—3000 . . . . .	16	2.44	2.13	74.85	3.33	10.69	4.57	6.56	100.00	2865	92
3001—3500 . . . . .	15	3.40	2.83	71.25	4.84	12.33	6.05	5.53	100.00	3212	101
3501—4000 . . . . .	15	2.00	1.64	65.08	7.17	9.67	6.71	11.37	100.00	3730	115
4001 & above . . . . .	5	1.40	1.28	60.18	9.57	11.32	10.06	8.87	100.00	4302	145
all groups . . . . .	92	3.35	2.79	74.14	4.71	9.34	5.42	6.39	100.00	2626	81

Calorie and Protein Values of Food Items in Urban Areas

TABLE (13.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : NAGALAND

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .	1	11.00	8.89	79.48	4.41	5.13	7.18	3.80	100.00	1174	29
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	1	11.00	8.89	79.48	4.41	5.13	7.18	3.80	100.00	1174	29

TABLE (13.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : NAGALAND

Per capita monthly expenditure group Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501—1700 . . . . .	1	10.00	8.04	85.72	0.88	7.63	..	5.77	100.00	1610	49
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	1	10.00	8.04	85.72	0.88	7.63	..	5.77	100.00	1610	49



TABLE (13.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : NAGALAND

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	2	5.50	4.38	89.06	0.82	5.85	..	4.27	100.00	1599	53
1701-1900	1	7.00	5.26	75.99	7.11	6.73	6.17	4.00	100.00	1848	62
1901-2100	1	6.00	5.23	78.24	5.66	4.17	8.84	3.09	100.00	1947	51
2101-2300	1	9.00	6.83	93.11	3.00	1.99	..	1.90	100.00	2231	61
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	1	7.00	5.56	89.49	4.83	2.67	..	3.01	100.00	2556	73
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	6	6.67	5.28	86.38	3.98	4.08	2.37	3.19	100.00	2002	59

TABLE (13.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : NAGALAND

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	2	4.00	2.79	85.36	2.04	4.50	2.67	5.43	100.00	2011	59
2101-2300	1	1.00	1.00	83.71	3.87	0.79	5.39	6.24	100.00	2226	55
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	3.00	2.19	85.09	2.34	3.88	3.12	5.57	100.00	2043	58

Calorie and Protein Values of Food Items in Urban Areas

**TABLE (13.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : NAGALAND

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	Total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	2	6.50	5.48	70.50	4.30	10.06	9.80	5.34	100.00	1678	5
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	1	6.00	4.31	73.54	6.38	6.85	6.70	6.53	100.00	2079	66
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	5	5.80	4.67	77.50	4.42	7.88	6.17	4.03	100.00	2393	69
2501-2700	4	3.00	2.45	81.10	3.78	6.68	3.33	5.11	100.00	2618	75
2701-3000	4	3.75	3.19	83.61	2.84	6.48	2.81	4.26	100.00	2842	86
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	16	4.69	3.83	78.53	4.02	7.53	5.32	4.60	100.00	2373	71

**TABLE (13.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : NAGALAND

Per capita monthly expenditure group : Rs. 75-100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	2	2.00	1.62	78.33	1.54	8.01	2.01	10.11	100.00	2291	73
2301-2500	3	4.33	3.48	75.66	2.49	12.22	3.90	5.73	100.00	2398	78
2501-2700	3	5.00	4.62	76.32	4.21	10.12	4.27	5.08	100.00	2538	86
2701-3000	1	2.00	1.58	81.51	..	14.51	..	3.98	100.00	2,953	89
3001-3500	2	5.00	3.84	75.93	4.19	9.26	3.65	6.97	100.00	3217	96
3501-4000	1	4.00	2.97	67.71	6.54	13.81	5.72	6.22	100.00	3534	120
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	12	4.00	3.31	75.60	3.66	10.82	3.84	6.08	100.00	2703	88

TABLE (13.10/U): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : NAGALAND

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	2	3.50	3.02	77.54	4.58	7.78	5.50	4.60	100.00	2257	67
2301-2500	3	1.67	1.68	76.67	1.62	7.79	6.72	7.20	100.00	2431	67
2501-2700	5	1.40	1.29	67.82	7.97	6.90	7.56	9.75	100.00	2621	80
2701-3000	11	2.00	1.80	68.71	3.92	13.06	6.07	8.24	100.00	2873	95
3001-3500	13	3.10	2.68	70.24	4.98	13.00	6.57	5.21	100.00	3210	103
3501-4000	14	1.80	1.54	64.75	7.25	9.13	6.84	12.03	100.00	3756	114
4001 & above	5	1.40	1.28	60.18	9.57	11.32	10.06	8.87	100.00	4302	145
all groups	53	2.17	1.89	68.15	5.77	11.14	6.86	8.08	100.00	3197	101

TABLE (14.0/U): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

No. of Sample blocks : 144

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	17	5.52	4.48	81.73	5.33	1.16	4.24	7.52	100.00	1120	30
1501-1700	15	5.20	4.06	77.77	4.87	2.02	3.54	11.80	100.00	15.0-1500	43
1701-1900	35	5.29	4.28	86.42	3.64	1.41	3.27	5.26	100.00	1812	46
1901-2100	56	6.18	4.91	84.50	4.05	3.08	4.06	4.31	100.00	2013	54
2101-2300	38	5.05	4.07	80.47	5.48	3.04	5.09	5.92	100.00	2188	59
2301-2500	67	4.84	3.94	78.33	5.57	3.58	5.40	7.12	100.00	2402	64
2501-2700	77	3.69	3.05	72.01	4.71	3.85	4.62	14.81	100.00	2606	68
2701-3000	104	3.66	2.98	71.98	5.02	4.87	5.37	12.76	100.00	2829	75
3001-3500	109	4.02	3.26	75.66	6.12	3.82	6.02	8.38	100.00	3225	86
3501-4000	73	3.32	2.69	71.91	6.73	5.86	6.35	9.15	100.00	3750	103
4001 & above	73	2.93	2.28	75.19	6.11	5.24	5.58	7.88	100.00	4740	127
all groups	664	4.18	3.38	76.20	5.47	4.09	5.29	8.95	100.00	2737	73

Calorie and Protein Values of Food Items in Urban Areas

TABLE (14.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	No. of consumer unit per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . . 7.5	5	7.40	6.19	91.42	2.68	0.64	2.78	2.48	100.00	1027	27
1500—1700 . . . . .	2	5.50	4.48	96.44	..	0.62	0.85	2.09	100.00	1583	48
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	7	6.86	5.70	92.96	1.86	0.63	2.19	2.36	100.00	1152	32

TABLE (14.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . . 18	4	4.50	3.42	71.78	2.82	0.57	2.84	21.99	100.00	1155	29
1501—1700 . . . . .	4	6.50	4.95	88.47	4.58	1.42	2.91	2.62	100.00	1624	42
1701—1900 . . . . .	7	6.29	4.84	92.75	0.82	0.75	2.07	3.61	100.00	1794	42
1901—2100 . . . . .	3	5.33	3.95	93.86	0.61	1.52	1.64	2.37	100.00	2012	62
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	18	5.78	4.40	89.40	1.94	1.03	2.29	5.34	100.00	1674	43

TABLE (14.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : ORISSA

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	5	5.00	4.07	84.35	8.69	0.75	3.67	2.54	100.00	1385	40
1501—1700	2	5.50	4.24	90.08	4.17	0.52	1.90	3.33	100.00	1579	41
1701—1900	6	5.83	4.66	90.40	3.08	1.30	2.32	2.90	100.00	1853	47
1901—2100	4	6.25	4.84	89.86	3.80	1.48	2.81	2.05	100.00	1996	53
2101—2300	1	7.00	4.73	88.89	4.42	1.49	2.86	2.34	100.00	2219	58
2301—2500	1	3.00	2.25	93.70	2.01	0.18	2.70	1.41	100.00	2466	56
2501—2700	1	4.00	3.07	95.41	1.48	0.11	0.58	2.42	100.00	2532	74
2701—3000	2	3.00	2.14	94.19	0.24	0.63	2.67	2.27	100.00	2877	66
3001—3500	1	1.00	0.51	87.96	..	1.23	1.94	8.87	100.00	3032	82
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	23	5.09	3.94	89.75	4.00	1.06	2.61	2.58	100.00	1864	49

TABLE (14.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : ORISSA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer unit per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	2	5.00	3.80	75.04	1.68	0.61	8.42	14.25	100.00	890	20
1501—1700	2	5.50	4.03	83.55	10.90	1.11	1.97	2.47	100.00	1510	41
1701—1900	9	4.78	3.91	87.91	3.70	0.91	3.94	3.54	100.00	1796	43
1901—2100	15	5.80	4.48	90.18	1.47	2.18	2.75	3.42	100.00	2017	53
2101—2300	5	6.20	4.84	88.02	3.63	2.06	3.04	3.25	100.00	2181	56
2301—2500	4	3.75	2.95	91.32	3.35	0.25	2.77	2.31	100.00	2386	65
2501—2700	3	5.00	3.93	90.16	3.87	2.28	1.23	2.46	100.00	2589	68
2701—3000	1	7.00	5.49	94.70	0.40	..	2.01	2.89	100.00	2712	60
3001—3500	2	8.50	6.62	96.39	1.31	0.09	1.59	0.62	100.00	3276	70
3501—4000	1	3.00	1.90	97.00	..	0.14	1.30	1.56	100.00	3657	82
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	44	5.43	4.24	90.11	2.65	1.42	2.76	3.06	100.00	2115	53

Calorie and Protein Values of Food Items in Urban Areas

TABLE (14.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	5	4.40	3.69	82.42	7.88	2.51	3.76	3.43	100.00	1796	55
1901—2100	10	7.50	6.06	85.97	4.91	2.27	2.96	3.89	100.00	2017	50
2101—2300	7	5.29	4.09	87.98	3.28	2.10	3.53	3.11	100.00	2213	59
2301—2500	12	5.08	4.03	87.23	4.14	1.48	2.98	4.17	100.00	2399	64
2501—2700	7	5.00	3.96	89.21	3.90	1.81	2.81	2.27	100.00	2596	65
2701—3000	6	4.50	3.48	90.55	1.24	1.54	2.97	3.70	100.00	2804	68
3001—3500	5	5.60	4.26	89.50	4.04	0.90	3.79	1.77	100.00	3156	74
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	1	1.00	0.51	87.65	4.65	..	1.23	6.47	100.00	4784	114
all groups	53	5.40	4.27	87.64	4.09	1.77	3.16	3.34	100.00	2362	60

TABLE (14.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	6.00	4.38	69.06	9.12	8.12	8.45	5.25	100.00	1621	51
1701—1900	5	6.00	4.75	85.55	5.54	2.19	3.42	3.30	100.00	1809	47
1901—2100	13	6.31	5.19	83.84	4.96	3.24	3.89	4.07	100.00	2030	57
2101—2300	10	5.70	4.73	83.15	5.37	2.34	4.60	4.54	100.00	2182	59
2301—2500	15	6.47	5.17	82.37	4.24	3.33	6.53	3.53	100.00	2396	64
2501—2700	16	4.75	3.83	85.74	4.20	2.86	3.34	3.86	100.00	2603	68
2701—3000	14	5.50	4.28	86.02	4.90	1.79	4.11	3.18	100.00	2818	77
3001—3500	14	4.14	3.20	86.03	4.50	2.14	3.98	3.35	100.00	3181	83
3501—4000	1	2.00	1.58	87.35	3.02	1.62	5.42	2.59	100.00	3505	84
4001 & above	3	2.33	1.44	89.71	4.74	0.45	2.76	2.32	100.00	4386	104
all groups	92	5.35	4.26	84.61	4.70	2.61	4.43	3.65	100.00	2476	66

TABLE (14.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA Per capita monthly expenditure group : 43-55

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer unit per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . .	1	4.00	3.50	14.85	25.48	17.02	25.19	17.46	100.00	766	28
1501-1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701-1900 . . . . .	1	5.00	4.66	88.55	1.28	..	5.14	5.03	100.00	1876	46
1901-2100 . . . . .	4	5.50	4.25	71.12	5.85	4.54	8.08	10.41	100.00	1963	55
2101-2300 . . . . .	6	4.67	3.77	82.35	5.77	2.35	6.05	3.48	100.00	2194	61
2301-2500 . . . . .	19	5.21	4.27	74.85	7.91	4.33	6.42	6.49	100.00	2413	65
2501-2700 . . . . .	14	4.57	3.80	78.40	4.83	3.92	4.42	8.43	100.00	2599	67
2701-3000 . . . . .	21	4.29	3.43	78.74	3.79	3.65	4.95	8.87	100.00	2816	77
3001-3500 . . . . .	18	5.78	4.53	83.72	5.22	2.54	3.99	4.53	100.00	3269	84
3501-4000 . . . . .	8	4.25	3.37	87.21	5.63	1.29	3.60	2.22	100.00	3702	94
4001 & above . . . . .	5	3.80	2.86	87.02	2.93	3.35	1.37	5.33	100.00	5362	128
all groups . . . . .	97	4.83	3.89	80.46	5.33	3.26	4.73	6.22	100.00	2850	75

TABLE (14.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer units		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501-1700 . . . . .	3	3.33	3.04	41.84	4.89	4.33	8.72	40.22	100.00	1604	41
1701-1900 . . . . .	1	5.00	4.98	44.83	3.80	3.94	8.18	39.25	100.00	1840	53
1901-2100 . . . . .	7	5.57	4.55	71.31	6.41	6.97	8.89	6.42	100.00	1995	54
2101-2300 . . . . .	3	1.67	1.48	37.23	6.44	1.72	4.60	50.01	100.00	2194	59
2301-2500 . . . . .	7	3.86	3.33	72.06	5.57	7.14	4.53	10.70	100.00	2404	65
2501-2700 . . . . .	10	3.00	2.55	58.61	7.34	2.85	7.17	24.03	100.00	2600	70
2701-3000 . . . . .	21	3.67	2.96	70.05	6.37	5.45	6.71	11.42	100.00	2846	74
3001-3500 . . . . .	24	4.00	3.27	74.98	8.82	3.99	6.48	5.73	100.00	3209	92
3501-4000 . . . . .	20	3.50	2.83	80.08	6.81	3.38	4.69	5.04	100.00	3703	103
4001 & above . . . . .	16	3.88	2.99	81.83	5.14	4.38	3.75	4.90	100.00	4320	112
all groups . . . . .	112	3.76	3.07	74.04	6.78	4.44	5.75	8.99	100.00	3092	84

TABLE (14.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : ORISSA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit (1)	no. of sample-household (2)	average house-hold size (3)	no. of consumer units per household (4)	percentage of calorie from food group					average intake per diem per consumer unit			
				I (5)	II (6)	III (7)	IV (8)	V (9)	total (10)	calorie (11)	protein (gm.) (12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	3.00	2.14	..	..	..	..	100.00	100.00	1542	32	87.5
1701—1900	1	1.00	1.00	..	..	..	..	100.00	100.00	1758	38	
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	3	4.67	3.89	61.28	8.70	11.98	10.08	7.96	100.00	2170	63	
2301—2500	4	2.50	2.29	54.16	8.78	3.71	6.34	27.01	100.00	2412	68	
2501—2700	7	2.57	2.22	51.06	4.79	7.89	7.76	28.50	100.00	2659	71	
2701—3000	24	3.09	2.67	59.22	7.39	9.29	7.02	17.08	100.00	2853	79	
3001—3500	20	4.00	3.33	69.91	6.71	5.73	9.10	8.55	100.00	3283	92	
3501—4000	20	3.40	2.82	67.61	7.23	7.45	7.43	10.28	100.00	3767	105	
4001 & above	20	2.75	2.08	76.24	6.03	5.00	5.28	7.45	100.00	4843	132	
all groups	100	3.23	2.63	66.76	6.80	6.88	7.29	12.27	100.00	3390	94	

TABLE (14.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : ORISSA

Per capita month by expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit (1)	no. of sample-households (2)	average house-hold size (3)	no. of consumer units per household (4)	percentage of calorie from food group					average intake per diem per consumer unit			
				I (5)	II (6)	III (7)	IV (8)	V (9)	total (10)	calorie (11)	protein (gm.) (12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..	..
2101—2300	3	4.33	3.86	62.83	11.89	3.90	9.76	11.62	100.00	2161	59	72.0
2301—2500	5	2.40	2.07	50.86	4.15	5.87	4.91	34.21	100.00	2364	59	
2501—2700	19	2.21	1.93	37.91	4.64	6.65	6.68	44.12	100.00	2625	68	
2701—3000	15	1.53	1.39	24.72	4.12	7.93	5.11	58.12	100.00	2822	73	
3001—3500	25	2.16	1.94	49.17	6.23	6.95	8.61	29.04	100.00	3155	83	
3501—4000	23	2.83	2.29	59.09	6.96	9.34	8.49	16.12	100.00	3816	108	
4001 & above	21	2.50	2.06	65.28	7.85	6.91	8.51	11.45	100.00	4885	137	
all groups	118	2.36	2.02	54.39	6.72	7.43	8.01	23.45	100.00	3530	96	



TABLE (15.0/U) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB No. of sample blocks : 97 Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	8	8.00	6.28	80.45	3.35	7.68	5.02	3.50	100.00	1315	43
1501-1700	17	6.82	5.58	79.23	5.05	5.61	6.78	3.33	100.00	1626	51
1701-1900	14	5.57	4.47	76.17	4.16	7.87	7.15	4.65	100.00	1805	56
1901-2100	24	6.08	4.97	71.14	3.73	12.32	8.11	4.70	100.00	1998	62
2101-2300	40	6.48	5.21	73.08	4.65	11.15	6.23	4.89	100.00	2269	70
2301-2500	28	4.39	3.54	65.20	5.69	13.08	9.34	6.69	100.00	2408	73
2501-2700	42	5.79	4.70	67.64	4.76	12.31	7.12	8.17	100.00	2583	78
2701-3000	42	4.17	3.36	67.81	4.19	13.73	7.03	7.24	100.00	2818	86
3001-3500	72	4.11	3.39	66.31	3.74	12.40	6.25	11.30	100.00	3185	95
3501-4000	39	2.85	2.35	58.75	5.25	16.09	6.79	13.12	100.00	3760	113
4001 & above	99	2.15	1.70	57.60	4.61	16.37	5.23	16.19	100.00	4949	145
all groups	425	4.29	3.47	66.20	4.47	13.07	6.53	9.68	100.00	2806	85

TABLE (15.1/U) : PERCENTAGE(0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	1	8.00	6.24	92.71	1.57	..	3.98	1.74	100.00	1208	42
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	8.00	6.24	92.71	1.57	..	3.98	1.74	100.00	1208	42

Calorie and Protein Values of Food Items in Urban Areas

TABLE (15.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	2	10.50	8.55	87.60	3.38	3.62	2.82	2.58	100.00	1242	41
1501—1700	5	6.80	5.51	84.25	3.98	4.05	5.19	2.53	100.00	1581	49
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	7	7.86	6.38	85.32	3.79	3.93	4.41	2.55	100.00	1451	46

TABLE (15.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	2	5.50	4.26	76.09	6.29	7.79	6.75	3.08	100.00	1309	44
1501—1700	1	11.00	9.03	84.54	5.63	3.28	3.96	2.59	100.00	1675	55
1701—1900	1	5.00	4.58	84.83	2.92	6.22	3.76	2.27	100.00	1747	57
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2301	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	2.00	1.31	88.59	8.59	..	1.88	0.94	100.00	3049	110
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	5	5.80	4.69	82.55	5.57	4.90	4.53	2.45	100.00	1633	54

TABLE (15.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	7.00	5.33	76.13	1.53	11.38	6.87	4.09	100.00	1441	2
1501—1700	3	8.00	6.26	77.69	4.87	6.43	7.22	3.79	100.00	1663	52
1701—1900	5	5.60	4.66	84.87	4.21	3.55	5.71	1.66	100.00	1804	58
1901—2100	1	7.00	5.64	89.33	2.15	4.57	0.67	3.28	100.00	1949	68
2101—2300	4	6.50	5.17	80.30	4.23	9.14	4.46	1.87	100.00	2198	74
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	15	6.60	5.27	81.31	3.92	6.81	5.40	2.56	100.00	1835	59

TABLE (15.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	10.00	7.73	68.36	4.30	15.43	5.60	6.31	100.00	1394	45
1501—1700	6	6.50	5.51	74.15	6.40	6.65	8.53	4.27	100.00	1640	52
1701—1900	4	4.25	3.14	72.22	5.40	8.47	5.45	8.46	100.00	1760	55
1901—2100	7	7.00	5.67	79.80	4.36	4.82	8.15	2.87	100.00	1951	61
2101—2300	5	7.80	6.28	81.31	3.32	9.44	3.23	2.70	100.00	2226	69
2301—2500	1	5.00	3.46	61.79	6.71	11.85	13.90	5.75	100.00	2489	70
2501—2700	2	5.00	3.75	81.33	3.13	7.83	3.09	4.62	100.00	2587	82
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	2	6.50	5.13	86.93	4.41	4.76	2.33	1.57	100.00	3129	94
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	28	6.50	5.20	78.49	4.55	7.32	5.98	3.66	100.00	2022	63

TABLE (15.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	2	4.00	3.25	81.42	2.25	7.35	6.62	2.36	100.00	1570	47
1701-1900	3	7.00	5.45	69.36	4.24	13.47	9.94	2.99	100.00	1841	54
1901-2100	6	7.50	6.14	76.35	3.86	8.74	7.26	3.79	100.00	2030	65
2101-2300	5	5.20	3.99	73.13	5.38	9.84	7.15	4.50	100.00	2155	69
2301-2500	5	5.00	3.78	71.51	4.25	11.36	8.60	4.28	100.00	2394	74
2501-2700	5	7.60	6.24	78.88	5.46	9.23	4.54	1.89	100.00	2538	84
2701-3000	3	2.33	1.65	72.14	7.21	9.74	5.14	5.77	100.00	2843	93
3001-3500	2	5.00	3.78	88.35	0.73	3.94	4.41	2.57	100.00	3149	100
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	31	5.81	4.59	76.07	4.44	9.41	6.71	3.37	100.00	2252	72

TABLE (15.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : Punjab

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	1	7.00	5.82	62.30	2.11	9.32	11.16	15.11	100.00	1846	60
1901-2100	3	5.67	4.44	46.35	3.78	32.07	10.64	7.16	100.00	2011	60
2101-2300	15	7.60	6.16	73.47	5.02	10.89	6.82	3.80	100.00	2212	67
2301-2500	8	5.63	4.66	68.70	5.35	9.72	10.39	5.84	100.00	2417	75
2501-2700	3	5.33	4.06	73.46	4.47	13.17	7.13	1.77	100.00	2596	83
2701-3000	11	5.45	4.21	75.12	4.03	11.85	5.12	3.88	100.00	2818	88
3001-3500	16	4.94	4.00	79.63	3.59	8.88	4.94	2.96	100.00	3186	101
3501-4000	1	6.00	4.38	80.07	1.45	12.74	2.87	2.87	100.00	3588	123
4001 & above	3	3.33	2.35	80.23	8.05	7.34	3.45	0.93	100.00	4921	166
all groups	61	5.80	4.64	74.20	4.46	11.07	6.42	3.85	100.00	2647	83

TABLE (15.8/U): PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	65	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	5	4.80	4.01	56.61	2.98	22.67	9.87	7.87	100.00	2047	58
2101—2300	8	5.25	4.39	68.93	5.20	13.57	7.60	4.70	100.00	2211	66
2301—2500	7	3.43	2.73	57.48	9.66	18.35	8.24	6.27	100.00	2387	74
2501—2700	22	6.18	5.02	67.87	4.56	12.61	7.46	7.50	100.00	2586	77
2701—3000	11	5.64	4.60	69.45	4.24	14.59	7.98	3.74	100.00	2831	88
3001—3500	15	4.60	3.83	74.56	3.76	10.94	5.85	4.89	100.00	3208	95
3501—4000	6	2.83	2.17	70.69	3.87	12.71	9.61	3.12	100.00	3777	114
4001 & above	17	1.82	1.30	75.72	5.50	8.70	5.36	4.72	100.00	4814	146
all groups	91	4.45	3.60	69.60	4.64	12.93	7.24	5.59	100.00	2845	85

TABLE (15.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer		
				I	II	III	IV	V	Total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	87.5	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	4.50	3.57	45.45	4.33	11.67	10.29	28.26	100.00	2247	65
2301—2500	4	4.25	3.47	68.75	3.96	12.02	9.47	5.80	100.00	2397	73
2501—2700	4	3.75	3.05	33.28	4.71	23.91	3.26	34.84	100.00	2635	77
2701—3000	9	3.89	3.23	63.29	4.77	15.38	9.25	7.31	100.00	2790	84
3001—3500	10	5.50	4.44	60.62	4.66	18.89	8.69	7.14	100.00	3165	95
3501—4000	12	3.17	2.63	66.98	5.88	12.59	6.99	7.56	100.00	3748	115
4001 & above	15	2.73	2.19	64.32	3.92	12.43	5.41	13.92	100.00	4563	136
all groups	56	3.75	3.05	61.79	4.67	15.09	7.34	11.11	100.00	3339	100

Calorie and Protein Values of Food Items in Urban Areas

TABLE (15.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PUNJAB

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)		
				(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	2.00	1.88	70.48	1.96	9.98	9.19	8.39	100.00	1958	61		
2101—2300	..	..	..	..	..	..	..	..	..	..	..	..	..
2301—2500	3	2.33	2.13	43.75	3.03	25.38	5.78	22.06	100.00	2439	64		
2501—2700	6	4.67	3.96	62.71	5.35	9.94	12.10	9.90	100.00	2596	76		
2701—3000	8	1.38	1.25	36.07	1.93	15.31	5.53	41.16	100.00	2828	78		
3001—3500	26	2.62	2.28	41.51	3.29	15.44	7.21	32.55	100.00	3192	88		
3501—4000	20	2.50	2.14	47.05	5.58	20.02	6.14	21.21	100.00	3781	111		
4001 & above	65	2.06	1.66	50.99	4.34	19.53	5.21	19.93	100.00	5166	149		
all groups	130	2.32	1.95	48.94	4.30	18.17	6.19	22.40	100.00	4023	115		

TABLE (16.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTAN

No. of sample blocks : 212

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein (gm.)		
				(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)
upto—1500	21	4.95	3.98	62.18	5.53	9.00	5.60	17.69	100.00	1043	32		
1501—1700	18	5.22	4.18	69.11	3.30	9.00	6.99	11.60	100.00	1627	52		
1701—1900	30	6.10	5.02	72.22	3.97	9.06	7.75	7.00	100.00	1814	56		
1901—2100	59	6.58	5.27	74.40	3.77	8.13	7.84	5.86	100.00	2002	62		
2101—2300	52	6.15	4.95	71.57	4.42	9.22	7.33	7.46	100.00	2196	70		
2301—2500	78	6.35	5.13	72.24	4.12	9.19	6.22	8.23	100.00	2408	76		
2501—2700	86	5.19	4.19	71.14	4.40	10.08	6.85	7.53	100.00	2608	81		
2701—3000	105	5.48	4.01	71.75	3.77	9.73	6.18	8.57	100.00	2848	90		
3001—3500	152	4.55	3.71	68.59	4.22	11.27	6.13	9.79	100.00	3229	100		
3501—4000	88	4.07	3.23	71.04	4.19	10.38	6.46	7.93	100.00	3757	118		
4001 & above	138	3.80	3.01	66.22	3.68	13.53	6.19	10.38	100.00	5601	161		
all groups	827	5.05	4.02	69.85	4.02	10.78	6.49	8.86	100.00	3006	92		

TABLE (16.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	5	8.00	6.51	81.87	4.56	2.98	5.60	4.99	100.00	986	33
1501—1700	1	8.00	6.36	91.87	4.94	0.51	1.96	0.72	100.00	1803	60
1701—1900	3	7.00	5.34	91.16	2.26	1.19	2.35	3.04	100.00	1987	68
1901—2100	2	5.00	4.03	89.51	0.99	2.86	2.57	4.07	100.00	2171	77
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	4.00	3.28	69.55	4.71	10.04	10.14	5.56	100.00	3158	95
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	12	6.92	5.53	85.90	3.30	2.84	4.14	3.82	100.00	1558	52

TABLE (16.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	7.00	5.75	74.71	1.55	8.02	6.97	8.75	100.00	1311	42
1501—1700	1	11.00	9.30	83.53	0.81	2.85	4.20	8.61	100.00	1535	52
1701—1900	3	9.67	7.58	86.25	2.29	5.27	2.54	3.65	100.00	1820	64
1901—2100	8	5.00	3.90	89.16	1.91	1.14	3.91	3.88	100.00	1966	64
2101—2300	4	6.00	4.77	90.40	1.95	1.98	2.20	3.47	100.00	2144	72
2301—2500	5	5.20	3.99	91.27	1.67	1.67	2.47	2.92	100.00	2430	82
2501—2700	2	7.50	5.49	96.22	1.45	1.19	0.54	0.60	100.00	2545	82
2701—3000	4	4.50	3.20	94.03	1.95	0.19	1.90	1.93	100.00	2771	92
3001—3500	1	2.00	1.48	94.08	2.38	..	1.55	1.99	100.00	3265	113
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	30	5.97	4.63	89.60	1.83	2.25	2.79	3.53	100.00	2084	71

Calorie and Protein Values of Food Items in Urban Areas

TABLE (16.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	3.00	2.18	..	..	..	..	100.00	100.00	47	0
1501—1700	2	5.00	3.76	70.13	3.80	11.39	7.37	7.31	100.00	1622	52
1701—1900	3	5.67	4.84	80.99	3.14	3.81	5.80	6.26	100.00	1780	54
1901—2100	4	6.50	5.24	83.59	2.73	4.44	5.82	3.42	100.00	1971	65
2101—2300	5	7.00	5.58	81.19	2.09	7.08	5.12	4.52	100.00	2206	72
2301—2500	6	7.00	5.43	80.75	5.37	2.75	3.92	7.21	100.00	2408	80
2501—2700	2	4.50	3.58	84.77	2.50	6.68	4.04	2.01	100.00	2597	80
2701—3000	5	5.20	3.97	83.60	5.25	4.41	3.94	2.80	100.00	2784	95
3001—3500	2	4.50	3.35	83.13	1.88	9.64	2.68	2.67	100.00	3340	113
3501—4000	1	7.00	5.05	92.77	2.32	4.21	..	0.70	100.00	3957	129
4001 above	..	..	..	..	..	..	..	..	..	..	..
all groups	31	5.94	4.66	82.36	3.62	5.19	4.33	4.50	100.00	2324	76

TABLE (16.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	2	6.00	4.71	66.07	2.88	16.74	4.48	9.83	100.00	1067	34
1501—1700	2	7.50	6.29	74.06	3.32	10.83	4.33	7.46	100.00	1652	52
1701—1900	4	5.00	3.90	75.58	3.62	3.95	7.86	8.99	100.00	1847	55
1901—2100	9	8.11	6.80	80.10	2.66	4.92	7.65	4.67	100.00	1985	59
2101—2300	4	8.25	6.68	76.10	7.82	4.93	6.21	4.94	100.00	2169	74
2301—2500	4	7.00	5.48	75.62	3.89	8.95	4.50	7.04	100.00	2429	79
2501—2700	10	7.00	5.47	82.82	3.38	5.37	3.97	4.46	100.00	2583	84
2701—3000	8	6.25	4.73	83.32	4.22	3.85	4.81	3.80	100.00	2803	94
3001—3500	2	6.50	4.75	86.61	4.77	1.37	3.60	3.65	100.00	3064	102
3501—4000	1	6.00	5.16	98.88	..	..	..	1.12	100.00	3694	121
4001 & above	7	3.71	2.88	48.30	1.12	3.44	2.18	44.96	100.00	7717	150
all groups	53	6.53	5.19	74.00	3.26	4.85	4.59	13.30	100.00	2705	80



TABLE (16.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm.)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 31 . . . . .	2	6.00	4.81	22.98	27.75	2.44	9.41	37.42	100.00	993	32
1501—1700 . . . . .	3	5.33	4.29	67.77	1.62	6.35	3.52	20.74	100.00	1658	60
1701—1900 . . . . .	9	6.22	5.25	72.40	4.40	8.95	7.90	6.35	100.00	1789	57
1901—2100 . . . . .	11	6.00	4.78	74.96	4.10	8.70	6.05	6.19	100.00	2026	65
2101—2300 . . . . .	10	7.20	5.73	70.28	4.67	8.99	7.33	8.73	100.00	2216	71
2301—2500 . . . . .	16	7.38	5.99	78.44	3.33	5.07	5.23	7.93	100.00	2394	77
2501—2700 . . . . .	11	5.45	4.28	76.74	3.69	5.56	6.95	7.06	100.00	2597	82
2701—3000 . . . . .	9	7.22	5.60	80.43	2.65	7.11	4.03	5.78	100.00	2844	91
3001—3500 . . . . .	9	6.44	5.37	84.73	2.34	5.18	3.74	4.01	100.00	3152	104
3501—4000 . . . . .	2	3.00	2.11	84.40	4.58	3.25	2.92	4.85	100.00	3648	124
4001 & above . . . . .	3	8.00	6.12	69.67	2.50	21.76	2.37	3.70	100.00	4999	131
all groups . . . . .	85	6.50	5.22	76.31	3.58	7.87	5.32	6.92	100.00	2486	79

TABLE (16.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm.)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 38.5 . . . . .	3	2.67	2.09	32.24	0.74	18.93	4.64	43.45	100.00	1288	35
1501—1700 . . . . .	6	4.17	3.25	63.18	4.31	10.80	8.45	13.26	100.00	1637	49
1701—1900 . . . . .	4	7.00	5.91	63.08	4.97	14.24	11.77	5.94	100.00	1832	53
1901—2100 . . . . .	11	6.91	5.52	66.59	5.20	9.51	10.64	8.06	100.00	2007	61
2101—2300 . . . . .	14	5.79	4.59	71.85	3.84	7.02	9.71	7.58	100.00	2223	68
2301—2500 . . . . .	15	6.73	5.51	72.51	3.77	11.18	5.57	6.97	100.00	2412	77
2501—2700 . . . . .	12	5.92	4.82	74.07	3.34	10.39	5.89	6.31	100.00	2598	84
2701—3000 . . . . .	19	5.37	4.27	79.17	3.31	5.90	5.44	6.18	100.00	2847	95
3001—3500 . . . . .	19	6.58	5.13	78.52	2.95	8.98	4.18	5.37	100.00	3188	106
3501—4000 . . . . .	9	4.56	3.45	80.99	3.57	7.87	3.73	3.84	100.00	3815	127
4001 & above . . . . .	9	4.44	3.47	86.38	2.99	4.59	2.50	3.54	100.00	4742	156
all groups . . . . .	121	5.77	4.59	75.73	3.55	8.52	5.89	6.31	100.00	2709	87

Calorie and Protein Values of Food Items in Urban Areas

TABLE (16.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calore p otein(gm.)	
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	2	2.50	1.98	35.62	1.20	18.	3.22	41.33	100.00	1178	32
1501—1700	1	5.00	3.95	55.54	5.30	8.95	22.43	7.78	100.00	1693	49
1701—1900	2	4.50	3.91	68.14	6.64	11.81	9.54	3.87	100.00	1806	54
1901—2100	9	5.89	4.65	61.36	4.44	14.72	11.10	8.38	100.00	2034	59
2101—2300	4	4.50	3.63	67.44	4.57	10.21	7.96	9.82	100.00	2206	66
2301—2500	16	5.56	4.54	65.92	4.41	13.95	8.33	7.39	100.00	2416	74
2501—2700	21	6.38	5.15	66.15	5.19	12.86	8.61	7.19	100.00	2625	81
2701—3000	22	4.50	3.60	68.77	3.68	12.27	6.31	8.97	100.00	2883	
3001—3500	32	5.47	4.33	72.76	4.18	10.53	4.97	7.56	100.00	3239	102
3501—4000	21	5.19	4.17	77.76	3.92	7.11	4.69	6.52	100.00	3747	124
4001 & above	22	4.59	3.65	71.91	3.71	16.25	3.28	4.85	100.00	4983	158
all groups	152	5.24	4.20	70.68	4.18	12.13	5.94	7.07	100.00	3143	98

TABLE (16.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm.)	
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	1	6.00	4.33	73.35	2.38	6.88	8.26	9.13	100.00	1678	52
1701—1900	3	5.00	3.86	46.35	2.92	22.87	13.76	14.10	100.00	1881	42
1901—2100	2	9.50	7.36	63.43	4.39	18.56	9.03	4.59	100.00	2029	56
2101—2300	2	10.00	7.95	47.42	4.34	34.76	3.78	9.70	100.00	2118	64
2301—2500	10	6.10	4.84	64.47	5.31	10.25	8.02	11.95	100.00	2398	72
2501—2700	15	3.53	2.93	59.11	6.18	14.69	7.83	12.19	100.00	2632	77
2701—3000	18	4.67	3.85	66.84	4.78	12.91	7.01	8.46	100.00	2869	88
3001—3500	28	4.71	3.45	67.92	5.08	11.03	6.23	9.74	100.00	3276	102
3501—4000	26	4.08	3.17	67.82	5.06	11.79	7.32	8.01	100.00	3770	117
4001— & above	34	4.15	3.24	67.46	3.81	16.82	4.80	7.11	100.00	5271	159
all groups	139	4.58	3.66	66.11	4.65	14.17	6.37	8.70	100.00	3476	106

TABLE (16.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	3.00	2.44	89.84	..	..	..	10.16	100.00	363	0
1501—1700	1	5.00	4.43	69.53	6.61	10.84	8.88	4.14	100.00	1526	48
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	7.00	5.90	66.73	6.05	12.12	10.28	4.82	100.00	1978	59
2101—2300	3	6.00	4.96	58.40	8.47	10.61	12.92	9.60	100.00	2187	68
2301—2500	5	5.80	4.94	54.59	5.84	17.46	10.32	11.79	100.00	2412	71
2501—2700	6	3.00	2.51	62.32	4.32	11.09	8.44	13.83	100.00	2591	77
2701—3000	9	5.22	4.16	54.20	3.97	18.32	6.85	16.66	100.00	2805	87
3001—3500	21	3.05	2.82	60.40	5.20	12.85	9.23	12.32	100.00	3240	93
3501—4000	12	3.50	2.88	64.57	5.10	11.08	11.52	7.73	100.00	3785	112
4001 & above	16	4.94	3.85	66.83	5.14	15.91	4.60	7.52	100.00	4966	150
all groups	76	4.20	3.50	62.36	5.17	14.38	7.89	10.20	100.00	3365	100

TABLE (16.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : RAJASTHAN

per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	2.33	1.85	41.94	0.88	20.68	2.28	34.82	100.00	1185	33
1501—1700	1	1.00	0.71	29.83	5.98	28.63	..	35.56	100.00	1619	46
1701—1900	1	1.00	1.00	..	..	..	..	100.00	100.00	1760	44
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	4	2.25	2.14	48.11	5.72	19.61	11.16	15.40	100.00	2201	59
2301—2500	1	1.00	1.02	..	..	..	..	100.00	100.00	2406	59
2501—2700	7	2.29	2.13	56.47	6.44	13.13	9.16	14.80	100.00	2648	76
2701—3000	11	3.55	2.96	49.11	3.81	13.92	12.89	20.27	100.00	2899	78
3001—3500	37	2.95	2.47	46.42	5.01	18.50	9.48	20.59	100.00	3247	91
3501—4000	16	2.56	2.13	49.48	3.26	20.51	8.69	18.06	100.00	3665	98
4001 & above	47	2.42	1.99	60.47	3.81	11.06	12.35	12.31	100.00	6886	184
all groups	128	2.64	2.21	54.44	4.13	14.27	11.09	16.07	100.00	4342	118

Calorie and Protein Values of Food Items in Urban Areas

TABLE (17.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TAMIL NADU No. of sample blocks : 360 Per capita monthly expenditure group : All expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	207	5.98	4.85	78.33	5.39	3.95	4.61	7.72	100.00	1209	31
1501—1700	125	5.67	4.54	79.54	4.74	4.12	4.35	7.25	100.00	1598	40
1701—1900	136	5.41	4.35	80.15	5.70	3.86	4.37	5.92	100.00	1801	46
1901—2100	130	5.02	4.03	77.13	6.17	5.13	5.45	6.12	100.00	1999	51
2101—2300	134	5.01	3.99	76.72	6.43	5.15	4.88	6.82	100.00	2196	55
2301—2500	140	4.98	3.96	75.86	6.66	5.85	5.25	6.38	100.00	2399	60
2501—2700	117	3.87	3.15	68.85	6.92	7.82	5.83	10.58	100.00	2598	67
2701—3000	139	3.63	2.95	69.06	7.23	6.34	5.63	11.74	100.00	2830	72
3001—3500	151	3.00	2.41	64.12	6.72	7.34	5.74	16.08	100.00	3233	82
3501—4000	77	3.44	2.72	66.59	7.76	8.50	6.59	10.56	100.00	3729	96
4000 & above	99	2.58	1.95	56.09	10.56	8.34	7.24	17.77	100.00	5701	173
all groups	1455	4.56	3.66	72.15	6.75	5.97	5.42	9.71	100.00	2239	58

TABLE (17.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : TAMIL NADU Per capita monthly expenditure group : Rs. 00-15

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	24	5.79	4.74	84.17	3.41	1.95	3.07	7.40	100.00	934	25
1501—1700	3	5.33	3.94	91.50	2.95	..	3.44	2.11	100.00	1638	37
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	2.00	1.44	65.84	16.32	4.61	9.13	4.10	100.00	3103	80
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	28	5.79	4.54	84.63	3.78	1.75	3.33	6.51	100.00	1024	26

TABLE (17.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 15-21

calorie intake per diem per consumer unit	no. of sample household	average household size	no. of consumer units per households	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	proten(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	54	6.78	5.46	83.96	4.40	2.57	3.69	5.98	100.00	1198	30
1501—1700	20	6.35	4.83	86.97	2.96	1.89	3.02	5.16	100.00	1591	39
1701—1900	9	4.89	2.87	88.49	4.05	1.52	2.79	3.15	100.00	1786	46
1901—2100	4	4.50	3.23	82.52	2.87	0.29	2.58	11.74	100.00	2023	51
2101—2300	1	6.00	4.38	86.57	6.75	2.16	2.27	2.25	100.00	2114	49
2301—2500	1	1.00	0.51	75.75	0.91	..	2.19	21.15	100.00	2416	54
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	2	2.00	1.24	82.23	3.38	1.77	0.86	11.76	100.00	3071	84
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	91	6.22	4.91	85.11	3.96	2.18	3.33	5.42	100.00	1374	34

TABLE (17.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	25	6.24	4.94	82.13	5.33	3.22	4.44	4.88	100.00	1302	33
1501—1700	14	5.64	4.48	78.82	5.75	3.80	2.90	8.73	100.00	1586	41
1701—1900	17	5.41	4.22	86.48	3.41	2.12	3.07	4.92	100.00	1820	45
1901—2100	4	2.25	1.62	87.04	5.33	1.72	3.15	2.76	100.00	2010	52
2101—2300	3	6.00	4.79	89.56	4.61	1.09	2.62	2.12	100.00	2166	59
2301—2500	2	7.50	5.91	90.79	2.10	3.12	2.89	1.10	100.00	2373	58
2501—2700	1	4.00	2.97	89.69	6.05	0.95	1.80	1.51	100.00	2688	80
2701—3000	2	3.50	2.58	58.84	6.86	13.78	10.84	9.68	100.00	2944	77
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	3	1.33	0.91	33.40	1.13	3.37	3.81	58.29	100.00	4610	142
all groups	71	5.40	4.25	81.87	4.64	3.16	3.68	6.65	100.00	1654	42

Calorie and Protein Values of Food Items in Urban Areas

TABLE (17.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 26 . . . . .	43	5.74	4.64	75.98	6.70	4.18	5.22	7.92	100.00	1254	32
1501—1700 . . . . .	21	6.09	4.83	83.15	4.39	3.65	4.05	4.76	100.00	1592	39
1701—1900 . . . . .	18	6.44	5.11	85.43	4.05	2.17	4.07	4.28	100.00	1795	44
1901—2100 . . . . .	18	5.00	3.92	87.11	2.80	1.61	3.79	4.69	100.00	1992	48
2101—2300 . . . . .	6	5.33	4.20	91.01	2.48	0.19	1.98	4.34	100.00	2193	51
2301—2500 . . . . .	9	4.56	3.48	89.51	2.65	1.94	2.28	3.62	100.00	2373	55
2501—2700 . . . . .	1	3.00	2.25	92.71	1.50	1.75	1.84	2.20	100.00	2539	64
2701—3000 . . . . .	3	4.00	3.24	92.37	3.08	0.67	2.16	1.72	100.00	2831	75
3001—3500 . . . . .	1	2.00	1.21	63.40	1.48	..	1.18	33.94	100.00	3156	75
3501—4000 . . . . .	2	1.00	0.93	..	..	1.82	..	98.18	100.00	3943	100
4001 & above. . . . .	2	6.00	4.69	74.59	1.85	0.99	1.71	20.86	100.00	4489	112
all groups . . . . .	124	5.52	4.39	82.41	4.24	2.63	3.85	6.87	100.00	1714	42

TABLE (17.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500 . . . . . 31 . . . . .	31	6.03	5.01	74.39	5.59	6.79	5.42	7.81	100.00	1258	33
1501—1700 . . . . .	31	6.23	5.06	78.59	4.89	4.91	4.67	6.94	100.00	1594	41
1701—1900 . . . . .	32	5.50	4.38	80.11	6.33	3.61	4.70	5.25	100.00	1806	45
1901—2100 . . . . .	25	5.76	4.69	82.30	5.50	4.02	3.87	4.31	100.00	1997	50
2101—2300 . . . . .	17	5.76	4.52	85.14	5.22	2.25	2.88	4.51	100.00	2195	54
2301—2500 . . . . .	20	4.70	3.58	85.69	3.78	3.07	3.03	4.43	100.00	2397	59
2501—2700 . . . . .	9	3.22	2.52	80.54	2.03	4.05	2.10	11.28	100.00	2617	62
2701—3000 . . . . .	6	3.00	2.40	89.64	3.22	1.56	2.73	2.85	100.00	2843	64
3001—3500 . . . . .	7	4.57	3.42	80.95	5.71	5.56	2.25	5.53	100.00	3065	75
3501—4000 . . . . .	6	2.00	1.48	74.11	2.26	1.08	2.10	20.45	100.00	3652	98
4001 & above. . . . .	1	4.00	2.97	41.94	0.97	0.86	0.98	55.25	100.00	5152	138
all groups . . . . .	185	5.34	4.27	80.46	5.02	4.06	3.89	6.57	100.00	1889	48

TABLE (17.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

7-18 C S O (ND)/76

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	14	5.29	4.47	68.44	6.19	5.92	6.36	13.09	100.00	1262	31
1501-1700	22	5.23	4.32	73.64	5.80	6.29	6.46	7.81	100.00	1608	42
1701-1900	34	5.53	4.45	77.09	6.42	5.16	4.48	6.85	100.00	1790	46
1901-2100	35	5.40	4.35	78.67	6.17	4.28	5.78	5.10	100.00	1995	51
2101-2300	40	5.45	4.29	77.42	6.67	5.42	5.01	5.48	100.00	2152	55
2301-2500	29	5.55	4.50	78.29	6.81	5.23	5.23	4.44	100.00	2407	60
2501-2700	20	4.15	3.28	80.91	5.03	3.85	3.64	6.57	100.00	2594	66
2701-3000	12	4.50	3.48	82.75	5.86	3.56	4.07	3.76	100.00	2778	72
3001-3500	13	3.54	2.74	74.33	5.14	3.88	6.84	9.81	100.00	3180	84
3501-4000	8	3.25	2.50	87.10	5.45	2.27	2.39	2.79	100.00	3765	93
4001 & above	4	1.50	1.01	68.64	3.26	2.09	2.17	23.84	100.00	4216	106
all groups	231	5.02	4.03	77.78	6.15	4.79	5.06	6.22	100.00	2137	54

TABLE (17.7/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	11	5.00	4.22	63.99	8.42	5.32	6.46	15.81	100.00	1269	35
1501-1700	7	5.00	4.18	77.62	5.23	4.49	3.87	8.79	100.00	1636	40
1701-1900	13	5.23	4.39	75.82	6.66	5.31	5.52	6.69	100.00	1801	47
1901-2100	25	4.76	3.80	70.86	8.90	7.46	6.75	6.03	100.00	2012	54
2101-2300	30	4.90	4.00	77.67	6.10	5.26	5.78	5.19	100.00	2189	55
2301-2500	42	5.36	4.31	75.11	7.54	6.17	5.41	5.77	100.00	2400	62
2501-2700	35	4.06	3.28	73.21	6.93	6.85	5.64	7.37	100.00	2592	67
2701-3000	35	3.91	3.11	74.75	7.90	4.60	5.90	6.85	100.00	2852	73
3001-3500	27	3.41	2.66	74.12	5.35	5.57	3.99	10.97	100.00	3221	82
3501-4000	10	2.70	1.96	82.44	5.58	2.63	5.36	3.99	100.00	3653	89
4001 & above	8	1.62	1.07	77.55	5.70	3.18	3.73	9.84	100.00	4474	111
all groups	243	4.36	3.51	74.67	7.02	5.68	5.50	7.13	100.00	2401	62

Calorie and Protein Values of Food Items in Urban Areas

TABLE (17.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 65 . . . . .	1	1.00	1.00	..	..	..	..	100.00	100.00	1194	23
1501—1700 . . . . .	4	2.75	2.22	52.62	9.69	3.92	7.19	26.58	100.00	1586	42
1701—1900 . . . . .	10	4.30	3.71	71.36	8.85	7.20	6.16	6.43	100.00	1820	46
1901—2100 . . . . .	11	5.45	4.51	65.33	7.80	11.72	7.93	7.22	100.00	1997	50
2101—2300 . . . . .	27	4.81	3.83	67.88	8.71	8.22	6.03	9.16	100.00	2213	56
2301—2500 . . . . .	26	4.85	3.83	67.23	8.89	9.30	7.58	7.00	100.00	2385	61
2501—2700 . . . . .	19	4.53	3.74	66.93	8.38	10.91	7.33	6.45	100.00	2596	71
2701—3000 . . . . .	39	4.49	3.65	71.20	7.97	7.00	5.86	7.97	100.00	2829	72
3001—3500 . . . . .	45	2.89	2.33	65.38	7.25	6.63	6.16	14.58	100.00	3237	84
3501—4000 . . . . .	17	3.76	2.98	72.14	7.63	6.87	5.04	8.32	100.00	3709	95
4001 & above . . . . .	17	2.82	2.11	75.34	10.41	5.34	4.20	4.71	100.00	4862	121
all groups . . . . .	216	4.05	3.26	68.89	8.30	7.79	6.18	8.84	100.00	2750	71

TABLE (17.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample house- holds	average house- hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 87.5 . . . . .	2	1.00	1.00	..	..	..	..	100.00	100.00	1123	22
1501—1700 . . . . .	2	2.00	1.72	54.15	0.95	2.31	4.20	38.39	100.00	1564	36
1701—1900 . . . . .	2	4.00	3.18	63.05	6.86	3.57	1.98	24.54	100.00	1790	45
1901—2100 . . . . .	5	3.00	2.45	46.59	9.31	7.37	8.49	28.24	100.00	1987	47
2101—2300 . . . . .	5	2.60	2.16	59.90	4.57	5.68	3.81	26.04	100.00	2254	53
2301—2500 . . . . .	6	4.84	3.87	64.71	7.39	8.53	7.18	12.19	100.00	2456	62
2501—2700 . . . . .	10	4.50	3.84	67.74	10.33	6.90	7.24	7.79	100.00	2593	66
2701—3000 . . . . .	12	2.67	2.26	50.87	6.31	9.66	6.43	26.73	100.00	2802	69
3001—3500 . . . . .	22	3.18	2.66	64.59	7.63	8.13	7.82	11.83	100.00	3310	85
3501—4000 . . . . .	9	5.44	4.39	66.79	9.04	10.67	8.47	5.03	100.00	3790	105
4001 & above . . . . .	23	2.57	1.96	56.72	7.62	5.26	6.50	23.90	100.00	5166	142
all groups . . . . .	98	3.33	2.72	61.17	7.94	7.62	7.14	16.13	100.00	3288	86



TABLE (17.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : TAMIL NADU

Per capita monthly expenditure group : Rs. 100 & above

caloric intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	2.50	2.14	86.00	..	..	..	14.00	100.00	1235	25
1501—1700	1	1.00	1.02	..	..	..	..	100.00	100.00	1633	30
1701—1900	1	1.00	0.95	..	..	..	..	100.00	100.00	1860	51
1901—2100	3	2.67	2.33	59.93	3.52	7.22	8.50	20.83	100.00	1966	47
2101—2300	5	2.00	1.75	36.92	6.30	8.80	8.34	39.64	100.00	2222	55
2301—2500	5	1.00	0.93	..	..	..	..	100.00	100.00	2435	51
2501—2700	22	2.77	2.32	39.72	7.20	13.81	8.02	31.25	100.00	2609	64
2701—3000	30	2.33	2.04	45.08	7.23	9.70	6.15	31.84	100.00	2831	69
3001—3500	33	2.27	1.94	38.45	7.76	12.65	5.87	35.27	100.00	2372	80
3501—4000	25	3.40	2.74	52.88	9.31	13.05	8.96	15.80	100.00	3723	95
4001 & above	41	2.66	2.06	47.63	13.46	11.91	9.51	17.49	100.00	6726	230
all groups	168	2.56	2.12	45.75	10.08	11.87	8.14	24.16	100.00	3913	112

TABLE (18.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

No. of sample blocks : 564

Per capita monthly expenditure groups : all expenditure classes

caloric intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	67	6.75	5.41	77.65	5.65	5.98	5.63	5.09	100.00	1320	44
1501—1700	78	6.71	5.46	78.63	5.74	6.31	6.02	3.30	100.00	1610	52
1701—1900	130	6.46	5.20	79.04	6.07	5.62	5.89	3.38	100.00	1812	59
1901—2100	169	5.94	4.78	79.61	6.34	5.08	5.52	3.45	100.00	2004	67
2101—2300	214	6.11	4.93	79.97	5.82	5.23	5.72	3.26	100.00	2205	74
2301—2500	258	5.27	4.25	76.43	5.83	6.16	5.83	5.75	100.00	2397	77
2501—2700	221	4.82	3.86	76.55	5.51	6.87	5.85	5.22	100.00	2598	84
2701—3000	301	4.88	3.92	76.71	6.32	6.98	5.74	4.25	100.00	2842	92
3001—3500	340	3.91	3.14	75.19	6.54	7.47	6.03	4.77	100.00	3218	102
3501—4000	198	3.53	2.82	74.62	6.35	7.67	5.86	5.50	100.00	3692	116
4001 & above	291	2.22	1.78	69.04	6.96	9.93	6.89	7.18	100.00	4765	148
all groups	2267	4.72	3.79	76.15	6.19	6.90	5.94	4.82	100.00	2616	84

TABLE (18.1/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM). PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER. CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	13	7.24	5.67	84.40	6.06	2.33	3.86	3.35	100.00	1226	43
1501—1700	8	8.13	6.33	90.71	2.82	1.73	2.67	2.07	100.00	1601	51
1701—1900	2	6.00	5.00	86.43	5.63	0.63	4.92	2.39	100.00	1830	64
1901—2100	1	6.00	4.33	95.96	0.99	..	1.76	1.29	100.00	1968	62
2101—2300	4	5.75	4.60	95.34	1.50	0.10	2.19	0.87	100.00	2238	81
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above.	1	1.00	0.95	73.43	6.66	12.30	5.97	1.64	100.00	5293	172
all groups	29	6.93	5.45	88.67	4.02	1.75	3.23	2.33	100.00	1547	53

TABLE (18.2/U) : PERCENTAGE (0.00) OF GALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE(GM). PER CONSUMER UNIT BY GROUPS OF GALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER. CAPITA MONTHLY EXPENDITURE CLASSES

Rtate : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	24	8.00	6.36	82.78	5.72	3.98	5.56	1.96	100.00	1356	46
1501—1700	17	6.00	4.98	85.01	4.58	3.54	4.39	2.48	100.00	1573	52
1701—1900	22	7.55	5.98	86.81	4.93	2.37	4.27	1.62	100.00	1822	61
1901—2100	16	6.75	5.14	86.74	5.21	2.09	3.20	2.76	100.00	1997	67
2101—2300	12	6.09	4.67	90.65	3.17	1.69	3.12	1.37	100.00	2186	75
2301—2500	3	5.34	3.95	91.64	3.20	0.55	3.17	1.44	100.00	2400	80
2501—2700	4	5.50	3.97	93.06	1.32	1.51	1.80	2.31	100.00	2628	89
2701—3000	6	5.84	4.28	93.57	1.55	0.92	1.67	2.29	100.00	2834	98
3001—3500	1	1.00	1.00	65.62	8.15	8.44	13.13	4.66	100.00	3426	115
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above.	..	..	..	..	..	..	..	..	..	..	..
all groups	105	6.82	5.35	87.01	4.45	2.55	3.95	2.04	100.00	1804	61

TABLE (18.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	4	7.25	5.97	77.24	5.10	7.40	6.98	3.28	100.00	1440	46
1501—1700	12	6.34	5.11	82.35	5.62	4.53	4.41	3.09	100.00	1609	55
1701—1900	22	5.91	4.76	84.99	5.10	3.34	4.80	1.77	100.00	1808	60
1901—2100	24	6.09	4.79	85.51	6.22	2.02	4.42	1.83	100.00	1998	65
2101—2300	21	6.29	5.02	88.47	4.20	1.89	3.29	2.15	100.00	2176	73
2301—2500	17	7.36	5.81	88.72	3.80	2.05	3.45	1.98	100.00	2380	80
2501—2700	8	6.88	5.20	88.30	4.30	2.25	3.11	2.04	100.00	2610	91
2701—3000	7	5.14	3.75	91.62	2.28	1.14	4.03	0.93	100.00	2841	100
3001—3500	2	3.00	2.00	90.09	4.58	0.78	3.82	0.73	100.00	3446	124
3501—4000	2	9.00	6.86	91.47	4.07	0.54	2.67	1.25	100.00	3692	120
4001 & above	2	2.50	1.84	65.51	10.35	10.45	9.46	4.23	100.00	4333	123
all groups	121	6.27	4.94	86.72	4.73	2.54	4.01	2.00	100.00	2139	71

TABLE (18.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	8	6.13	5.07	66.09	5.52	11.81	4.50	12.08	100.00	1279	39
1501—1700	11	6.09	4.98	76.40	7.60	7.34	6.36	2.30	100.00	1635	53
1701—1900	27	6.15	4.86	78.30	6.66	5.02	5.82	4.20	100.00	1811	58
1901—2100	33	6.31	4.99	82.55	6.63	4.09	4.33	2.40	100.00	1991	69
2101—2300	32	6.85	5.42	84.57	5.32	3.78	4.26	2.07	100.00	2218	74
2301—2500	27	6.04	4.57	84.64	5.42	3.93	3.93	2.08	100.00	2411	81
2501—2700	22	6.09	4.83	88.02	4.98	2.30	3.03	1.67	100.00	2591	88
2701—3000	13	5.00	3.77	87.92	4.64	1.68	4.36	1.40	100.00	2803	93
3001—3500	8	4.75	3.79	87.71	3.52	1.92	3.79	3.06	100.00	3169	106
3501—4000	5	7.00	5.35	91.50	3.67	2.42	1.82	0.59	100.00	3538	114
4001 & above	2	1.00	0.51	87.41	7.90	..	2.62	2.07	100.00	4197	142
all groups	188	6.10	4.79	83.86	5.56	3.86	4.20	2.52	100.00	2215	74

Calorie and Protein Values of Food Items in Urban Areas

TABLE (18.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM). PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPIT MONTHLY EXPENDITURE CLASSES

State : UTTER PRADESH

Per capita monthly cexpenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500 . . . . .	11	6.00	4.80	70.32	5.49	10.85	9.22	4.12	100.00	1340	45
1501—1700 . . . . .	14	7.36	5.89	73.84	6.50	7.73	7.32	4.61	100.00	1613	51
1701—1900 . . . . .	27	6.97	5.61	78.10	6.58	6.35	5.56	3.41	100.00	1813	59
1901—2100 . . . . .	26	5.39	4.39	78.06	6.98	5.23	6.91	2.82	100.00	2004	68
2101—2300 . . . . .	41	7.00	5.63	81.19	5.28	5.16	5.55	2.82	100.00	2217	81
2301—2500 . . . . .	46	6.18	4.92	82.50	5.81	4.73	5.09	1.87	100.00	2401	81
2501—2700 . . . . .	38	5.19	4.03	83.22	6.12	3.75	4.64	2.27	100.00	2607	85
2701—3000 . . . . .	37	6.17	4.82	85.40	6.86	2.67	3.46	1.61	100.00	2821	94
3001—3500 . . . . .	29	4.25	3.23	85.75	6.55	2.13	3.88	1.69	100.00	3181	106
3501—4000 . . . . .	4	4.50	3.34	89.85	5.45	1.46	1.78	1.46	100.00	3598	117
4001 & above . . . . .	3	1.00	0.60	62.84	5.43	1.47	1.76	28.50	100.00	4707	157
all groups . . . . .	276	5.93	4.70	81.84	6.18	4.47	5.03	2.48	100.00	2498	84

TABLE (18.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM). PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500 . . . . .	2	4.00	3.27	72.79	4.90	4.09	3.21	15.01	100.00	1430	44
1501—1700 . . . . .	10	7.40	6.08	67.59	6.74	11.15	9.52	5.00	100.00	1659	52
1701—1900 . . . . .	17	6.53	5.51	72.84	7.65	7.58	8.26	3.67	100.00	1792	57
1901—2100 . . . . .	32	6.66	5.45	77.32	5.98	6.64	6.88	3.18	100.00	2011	65
2101—2300 . . . . .	46	5.27	4.27	78.21	6.44	5.47	6.67	3.21	100.00	2214	71
2301—2500 . . . . .	57	5.09	4.15	75.70	7.29	5.98	6.25	4.78	100.00	2382	77
2501—2700 . . . . .	37	5.41	4.38	79.68	5.38	6.92	5.33	2.69	100.00	2606	84
2701—3000 . . . . .	65	5.30	4.25	80.91	6.58	5.33	5.08	2.10	100.00	2841	94
3001—3500 . . . . .	56	4.63	3.63	84.32	5.59	4.02	4.14	1.93	100.00	3170	103
3501—4000 . . . . .	30	3.97	3.13	84.84	7.12	2.55	3.78	1.71	100.00	3693	123
4001 & above . . . . .	18	2.89	2.13	82.76	6.61	2.63	5.42	2.58	100.00	4469	149
all groups . . . . .	370	5.17	4.17	79.71	6.42	5.39	5.60	2.88	100.00	2592	84

TABLE (18.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUM AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTER PRADESH

per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .4)	2	3.00	2.23	49.14	6.52	14.02	1.33	28.99	100.00	1266	38
1501—1700 . . . . .	6	6.00	5.18	73.46	6.46	9.32	7.93	2.83	100.00	1584	48
1701—1900 . . . . .	3	6.00	4.98	71.89	3.57	8.37	12.01	4.16	100.00	1839	52
1901—2100 . . . . .	21	6.19	5.14	75.90	6.45	7.12	6.25	4.28	100.00	2012	68
2101—2300 . . . . .	27	5.97	4.96	74.45	8.22	6.62	6.70	4.01	100.00	2189	72
2301—2500 . . . . .	42	5.79	4.71	72.93	6.18	8.65	6.36	5.88	100.00	2392	76
2501—2700 . . . . .	43	5.31	4.20	74.08	5.64	8.99	6.70	4.59	100.00	2581	85
2701—3000 . . . . .	65	4.60	3.69	76.93	6.24	7.48	6.19	3.16	100.00	2845	92
3001—3500 . . . . .	70	4.69	3.76	76.42	7.54	6.74	6.11	3.19	100.00	3216	104
3501—4000 . . . . .	30	3.64	2.84	78.29	6.08	5.50	5.64	4.49	100.00	3691	118
4001 & above . . . . .	29	3.07	2.37	83.88	5.91	3.21	4.53	2.47	100.00	4501	47
all groups . . . . .	338	4.87	3.93	76.26	6.57	7.07	6.17	3.93	100.00	2775	90

TABLE (18.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTER PRADESH

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . .65)	1	4.00	4.00	64.21	7.30	14.22	5.88	8.39	100.00	1275	33
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	6	4.17	3.30	62.02	6.73	15.01	7.22	9.02	100.00	1847	54
1901—2100 . . . . .	9	4.56	4.04	64.35	5.95	10.80	7.54	11.36	100.00	2030	62
2101—2300 . . . . .	24	5.50	4.46	67.08	6.77	10.47	9.05	6.63	100.00	2197	67
2301—2500 . . . . .	39	4.28	3.61	67.25	5.20	9.26	8.64	9.65	100.00	2414	72
2501—2700 . . . . .	34	3.27	2.68	65.22	6.57	10.70	8.27	9.24	100.00	2570	77
2701—3000 . . . . .	62	4.74	3.89	69.82	6.34	10.37	7.36	6.11	100.00	2853	90
3001—3500 . . . . .	83	3.50	2.86	73.48	6.60	9.07	6.50	3.35	100.00	3209	101
3501—4000 . . . . .	51	3.65	2.91	75.81	6.85	7.95	6.39	3.00	100.00	3711	118
4001 & above . . . . .	43	2.49	1.91	78.48	7.55	7.20	4.42	2.35	100.00	4576	147
all groups . . . . .	352	3.86	3.15	71.64	6.55	9.29	6.98	5.54	100.00	2979	93

Calorie and Protein Values of Food Items in Urban Areas

TABLE (18·9/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	1	3·00	2·69	...	...	...	...	100·00	100·00	912	23
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	4	5·75	4·71	54·86	4·90	20·26	9·00	10·98	100·00	1813	69
1901—2100	1	5·00	3·77	64·34	21·85	9·31	..	4·50	100·00	2072	86
2101—2300	5	5·40	4·71	69·37	7·93	7·91	8·39	6·40	100·00	2238	68
2301—2500	15	2·94	2·54	51·53	6·11	10·72	7·12	24·52	100·00	2411	67
2501—2700	18	3·39	2·89	58·56	5·82	10·75	8·73	16·14	100·00	2627	76
2701—3000	24	4·25	3·55	60·82	7·65	13·50	7·70	10·33	100·00	2867	86
3001—3500	47	3·51	2·94	64·85	6·62	12·33	7·51	8·69	100·00	3279	98
3501—4000	28	2·68	2·23	67·95	5·97	11·79	7·78	6·51	100·00	3691	112
4001 & above	48	2·13	1·70	71·15	6·03	10·70	6·52	5·60	100·00	4580	142
all groups	191	3·18	2·65	64·69	6·52	11·82	7·44	9·53	100·00	3214	97

TABLE (18·10/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : UTTAR PRADESH

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	1	1·00	0·90	..	..	..	..	100·00	100·00	1137	14
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	6	1·00	0·97	42·70	9·08	12·29	5·99	29·94	100·00	2022	87
2101—2300	2	5·50	4·43	64·69	7·26	11·35	7·98	8·72	100·00	2122	62
2301—2500	12	2·17	1·91	47·96	3·82	6·43	6·48	35·31	100·00	2428	64
2501—2700	17	3·42	2·93	54·77	4·76	12·99	10·41	17·07	100·00	2617	72
2701—3000	22	3·05	2·69	58·40	7·00	11·83	7·96	14·81	100·00	2863	85
3001—3500	44	2·68	2·21	58·31	6·48	12·53	9·09	13·59	100·00	3297	98
3501—4000	48	2·88	2·41	58·33	6·46	13·52	7·71	13·98	100·00	3715	108
4001 & above	145	1·97	1·65	59·66	7·34	13·40	8·62	10·98	100·00	5024	150
all groups	297	2·99	2·02	58·51	6·82	12·97	8·50	13·20	100·00	3902	115

TABLE(19·0/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

No. of sample blocks : 431

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample-households	average household size	no. of consumer units per household	Percentage of calorie from food groups						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	53	6·13	5·04	80·81	4·31	2·10	5·19	7·59	100·00	1277	39
1501—1700	61	5·74	4·65	80·77	4·26	2·39	5·82	6·76	100·00	1613	47
1701—1900	81	5·99	4·88	80·91	4·21	3·38	5·93	5·57	100·00	1815	53
1901—2100	115	5·57	4·57	78·01	4·65	4·51	6·50	6·33	100·00	1999	58
2101—2300	128	5·30	4·32	78·52	4·67	4·04	6·82	5·95	100·00	2202	64
2301—2500	189	4·30	3·61	70·45	4·75	5·72	6·84	12·24	100·00	2407	70
2501—2700	193	3·22	2·71	64·49	4·42	4·72	6·14	20·23	100·00	2593	74
2701—3000	209	3·11	2·63	60·11	4·58	6·13	6·81	22·37	100·00	2847	81
3001—3500	192	2·94	2·44	66·05	5·32	7·48	7·64	13·51	100·00	3207	91
3501—4000	67	2·60	2·12	63·76	5·95	10·16	8·98	11·15	100·00	3719	111
4001 & above	64	2·45	1·96	66·77	5·06	11·45	7·55	9·17	100·00	4763	137
all groups	1352	4·03	3·34	70·18	4·75	5·71	6·81	12·55	100·00	2431	70

TABLE (19·1/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	7	5·29	4·29	78·74	3·47	0·54	3·68	13·57	100·00	921	29
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	7	5·29	4·29	78·74	3·47	0·54	3·68	13·57	100·00	921	20

Calorie and Protein Values of Food Items in Urban Areas

TABLE (19'2/U) : PERCENTAGE (0'00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500 . . . . .18 . . . . .	19	6'42	5'29	82'24	4'17	1'18	3'77	8'64	100'00	1282	40
1501—1700 . . . . .	9	5'44	4'37	90'72	2'89	0'74	3'19	2'46	100'00	1588	47
1701—1900 . . . . .	3	4'33	3'35	87'64	3'01	1'82	4'26	3'27	100'00	1753	54
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	1	1'00	0'68	88'20	3'90	0'60	4'10	3'20	100'00	2152	68
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	32	5'78	4'70	85'25	3'69	1'10	3'64	6'32	100'00	1397	43

TABLE(19'3/U) : PERCENTAGE (0'00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500 . . . . .22'5 . . . . .	7	6'57	5'46	84'14	4'13	1'84	5'58	4'31	100'00	1475	45
1501—1700 . . . . .	14	6'21	4'80	81'13	4'16	1'52	4'97	8'22	100'00	1572	45
1701—1900 . . . . .	11	6'55	5'28	85'90	4'10	0'96	4'21	4'83	100'00	1785	53
1901—2100 . . . . .	3	7'33	5'44	85'67	5'55	0'82	4'15	3'81	100'00	1991	63
2101—2300 . . . . .	3	8'00	5'95	86'26	4'83	1'32	4'53	3'06	100'00	2134	65
2301—2500 . . . . .	1	1'00	0'51	81'34	6'93	..	7'23	4'50	100'00	2441	74
2501—2700 . . . . .	1	4'00	3'27	67'89	16'85	3'74	9'15	2'37	100'00	2508	85
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	40	6'40	5'04	83'73	4'65	1'37	4'82	5'43	100'00	1716	51



**TABLE (19.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . . 26 . . . . .	10	7.70	6.25	80.86	4.20	3.20	6.80	4.94	100.00	1324	37
1501—1700 . . . . .	9	6.00	4.90	85.38	4.01	1.93	5.50	3.78	100.00	1613	46
1701—1900 . . . . .	17	6.76	5.61	86.55	3.59	1.94	4.43	3.49	100.00	1823	52
1901—2100 . . . . .	18	6.06	4.68	83.43	5.90	2.70	5.01	3.56	100.00	1958	59
2101—2300 . . . . .	6	7.00	5.64	90.63	2.71	0.66	3.71	2.29	100.00	2175	63
2301—2500 . . . . .	1	6.00	4.71	93.91	2.06	..	1.35	2.68	100.00	2357	66
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	3.00	1.65	86.02	1.76	1.05	6.12	5.05	100.00	2971	88
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	62	6.55	5.26	85.97	4.05	2.05	4.93	3.60	100.00	1784	52

**TABLE (19.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES**

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500 . . . . . 31 . . . . .	3	4.00	3.25	82.67	3.83	2.28	5.79	5.43	100.00	1380	37
1501—1700 . . . . .	10	4.60	3.64	77.73	4.92	4.10	6.07	7.18	100.00	1642	49
1701—1900 . . . . .	21	6.48	5.23	80.54	4.25	3.62	6.43	5.16	100.00	1837	53
1901—2100 . . . . .	19	6.26	5.04	84.88	4.18	2.50	4.99	3.45	100.00	2010	58
2101—2300 . . . . .	12	5.67	4.52	85.40	3.97	1.40	4.29	4.94	100.00	2191	63
2301—2500 . . . . .	9	4.89	3.81	83.53	4.01	1.98	5.05	5.43	100.00	2425	68
2501—2700 . . . . .	7	5.57	4.06	87.63	3.85	1.46	4.61	2.45	100.00	2596	73
2701—3000 . . . . .	3	6.33	4.83	81.21	4.38	0.42	2.54	11.45	100.00	2850	84
3001—3500 . . . . .	1	2.00	1.31	88.24	1.43	0.70	5.61	4.02	100.00	3060	84
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
rc . . . . .	85	5.71	4.52	83.21	4.16	2.47	5.19	4.97	100.00	2051	59

TABLE(19·6/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	5	4·60	3·80	64·67	6·66	6·04	8·75	13·58	100·00	1219	44
1501—1700	11	6·64	5·59	80·36	4·62	2·62	7·60	4·80	100·00	1668	48
1701—1900	19	5·05	4·08	76·99	4·82	5·59	7·27	5·39	100·00	1818	54
1901—2100	27	6·93	5·74	79·63	4·11	4·46	6·24	5·56	100·00	1995	57
2101—2300	29	6·21	5·02	81·79	4·78	3·29	6·63	3·57	100·00	2198	63
2301—2500	27	5·96	4·85	82·84	5·02	3·90	5·64	3·80	100·00	2396	71
2501—2700	19	5·84	4·67	83·68	4·68	2·48	4·02	5·16	100·00	2590	73
2701—3000	3	4·67	3·57	85·27	5·91	1·64	4·88	2·30	100·00	2875	90
3001—3500	6	6·00	4·70	89·45	3·02	2·01	3·20	2·32	100·00	3096	82
3501—4000	1	3·00	2·30	89·48	2·82	0·43	5·59	1·74	100·00	3541	101
4001 & above	2	2·50	1·67	93·38	1·10	0·68	2·03	2·81	100·00	8863	82
all groups	149	5·97	4·85	81·69	4·55	3·44	5·82	4·50	100·00	2207	63

TABLE(19·7/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	Total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	1	7·00	6·24	85·68	5·75	0·66	1·88	6·03	100·00	1279	42
1501—1700	4	6·50	5·39	73·13	5·92	6·50	6·89	7·56	100·00	1616	49
1701—1900	3	5·67	4·73	73·16	5·02	5·74	11·13	4·95	100·00	1806	52
1901—2100	24	4·54	3·89	73·03	5·37	5·20	7·99	8·41	100·00	2007	59
2101—2300	42	5·21	4·39	77·22	4·95	4·23	6·76	6·84	100·00	2215	65
2301—2500	54	5·04	4·20	76·29	4·99	4·98	7·15	6·59	100·00	2395	69
2501—2700	27	4·81	3·90	76·86	5·81	5·20	7·32	4·81	100·00	2581	78
2701—3000	27	5·52	4·39	78·16	5·46	4·68	6·86	4·84	100·00	2849	82
3001—3500	13	4·46	3·53	78·31	4·18	5·90	6·63	4·98	100·00	3277	88
3501—4000	3	3·00	2·45	72·21	6·66	4·11	5·36	11·66	100·00	3616	94
4001 & above	1	4·00	2·76	94·25	2·97	..	1·30	1·48	100·00	4187	116
all groups	199	5·03	4·15	76·71	5·18	4·88	7·05	6·18	100·00	2427	70

TABLE (19.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM). PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 55—75.

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	65	..	..	..	..	..	..	..	..	..	..
1501—1700	3	4.66	4.23	62.42	3.54	2.62	8.33	23.09	100.00	1561	48
1701—1900	5	6.40	5.43	69.90	4.70	5.04	6.94	13.42	100.00	1791	57
1901—2100	15	4.40	3.73	71.54	4.95	7.10	8.82	7.59	100.00	2038	61
2101—2300	24	3.79	3.20	70.00	5.16	6.51	9.12	9.21	100.00	2206	64
2301—2500	50	3.68	2.17	62.70	4.95	6.94	7.88	17.53	100.00	2413	70
2501—2700	62	2.98	2.57	61.99	4.21	5.48	6.71	21.61	100.00	2590	73
2701—3000	45	3.40	2.84	70.01	4.55	5.98	6.85	12.61	100.00	2830	81
3001—3500	44	3.68	3.00	72.86	6.25	7.10	7.15	6.64	100.00	3193	93
3501—4000	11	2.00	1.53	72.70	6.56	4.90	6.89	8.95	100.00	3617	108
4001 & above	7	4.42	3.27	80.65	3.43	6.91	4.93	4.08	100.00	4249	118
all groups	266	3.53	2.97	68.25	4.97	6.34	7.29	13.15	100.00	2644	77

TABLE (19.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM). PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample-households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	87.5	1.00	1.00	72.01	..	3.28	11.25	13.46	100.00	1067	25
1501—1700	1	1.00	1.00	..	..	..	..	100.00	100.00	1636	40
1701—1900	2	2.00	1.62	39.41	3.97	8.39	5.17	43.06	100.00	1787	63
1901—2100	7	2.85	2.52	55.61	3.04	8.28	8.90	24.17	100.00	1999	56
2101—2300	7	4.43	3.89	69.05	4.30	7.01	10.50	9.14	100.00	2247	65
2301—2500	33	3.45	3.01	57.11	4.29	9.27	7.25	22.08	100.00	2432	75
2501—2700	50	2.16	1.93	46.39	3.88	5.97	6.76	37.00	100.00	2615	73
2701—3000	64	2.45	2.19	50.54	4.91	5.44	7.60	31.51	100.00	2858	79
3001—3500	60	2.47	2.09	66.07	5.30	6.57	7.74	14.32	100.00	3214	92
3501—4000	13	2.61	2.22	66.27	6.69	8.76	8.66	9.62	100.00	3607	107
4001 & above	6	3.00	2.16	74.12	4.82	7.56	7.07	6.43	100.00	4265	123
all groups	244	2.61	2.27	57.53	4.78	6.84	7.63	23.22	100.00	2822	81

Calorie and Protein Values of Food Items in Urban Areas

TABLE (19.10) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : WEST BENGAL Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	2	4.50	3.58	43.38	5.75	22.82	10.87	17.18	100.00	2042	50
2101-2300	4	3.50	2.94	59.74	5.18	12.92	10.27	11.89	100.00	2176	67
2301-2500	14	2.14	1.92	38.92	3.20	9.08	5.66	43.14	100.00	2409	64
2501-2700	27	1.67	1.55	28.43	2.00	4.75	4.84	59.98	100.00	2596	71
2701-3000	66	2.35	2.05	40.38	3.43	9.27	6.51	40.41	100.00	2846	80
3001-3500	68	2.33	2.01	50.43	5.34	10.39	9.25	24.59	100.00	3214	92
3501-4000	39	2.71	2.23	59.99	5.63	12.30	9.85	12.23	100.00	3785	115
4001 & above	48	2.06	1.74	59.70	5.84	14.18	8.83	11.45	100.00	4836	147
all groups	268	2.30	1.98	50.44	4.81	11.11	8.30	25.34	100.00	3341	97

TABLE (20.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

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State : CHANDIGARH

per capita monthly expenditure group (in rupees)	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
00-15	..	..	..	..	..	..	..	..	..	..	..
15-21	..	..	..	..	..	..	..	..	..	..	..
21-24	..	..	..	..	..	..	..	..	..	..	..
24-28	..	..	..	..	..	..	..	..	..	..	..
28-34	3	6.67	5.24	75.61	3.67	7.11	8.44	5.17	100.00	1920	60
34-43	1	6.00	5.04	69.85	4.69	10.37	11.97	3.12	100.00	1989	58
43-55	2	4.00	2.92	73.90	7.32	7.27	6.73	4.78	100.00	2099	63
55-75	4	6.25	5.17	72.56	4.39	11.52	8.12	3.41	100.00	2187	65
75-100	6	4.00	2.98	53.72	4.54	20.41	12.46	8.87	100.00	2559	69
100 & above	16	4.31	3.51	47.85	4.76	22.44	12.41	12.54	100.00	3551	102
all groups	32	4.75	3.79	55.91	4.68	18.48	11.29	9.64	100.00	2826	82

TABLE (20·0/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : CHANDIGARH

No. of sample blocks : 8

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . .	1	4·00	2·92	58·39	7·11	11·56	13·87	9·07	100·00	1482	44
1501—1700 . . . . .	1	7·00	5·81	76·46	2·61	12·70	6·54	1·69	100·00	1580	46
1701—1900 . . . . .	2	7·00	5·35	60·62	2·51	19·66	12·92	4·29	100·00	1797	51
1901—2100 . . . . .	4	6·00	4·94	71·99	4·66	5·13	10·17	5·05	100·00	2016	60
2101—2300 . . . . .	3	5·67	4·53	52·25	4·62	25·31	11·20	6·62	100·00	2246	64
2301—2500 . . . . .	1	4·00	3·56	38·85	2·60	15·37	6·76	33·42	100·00	2492	75
2501—2700 . . . . .	3	5·00	3·98	69·36	4·70	12·77	7·91	5·26	100·00	2624	79
2701—3000 . . . . .	3	3·67	2·68	59·60	4·89	14·68	9·09	11·74	100·00	2774	79
3001—3500 . . . . .	6	4·33	3·56	43·80	6·66	25·83	10·42	13·29	100·00	3236	99
3501—4000 . . . . .	4	3·50	2·66	55·85	4·10	15·95	12·40	8·70	100·00	3756	98
4001 and above . . . . .	4	4·00	3·24	51·15	3·96	18·51	15·07	11·31	100·00	5300	148
all groups . . . . .	32	4·75	3·79	55·91	4·68	18·48	11·29	9·64	100·00	2826	82

TABLE (21·0/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

No. of sample blocks : 120

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . .	26	6·15	5·10	68·72	5·18	8·71	9·15	8·24	100·00	1292	42
1501—1700 . . . . .	24	6·00	4·94	72·31	5·57	8·47	8·33	5·32	100·00	1604	50
1701—1900 . . . . .	33	7·18	5·83	72·50	5·02	9·78	8·67	4·03	100·00	1792	54
1901—2100 . . . . .	40	6·85	5·58	70·79	4·85	10·33	9·42	4·61	100·00	1997	60
2101—2300 . . . . .	50	6·06	4·98	70·98	4·84	9·74	8·96	5·48	100·00	2197	67
2301—2500 . . . . .	53	4·70	3·81	64·74	5·70	11·58	10·72	7·26	100·00	2415	71
2501—2700 . . . . .	60	4·77	3·89	62·51	5·05	13·49	9·56	9·39	100·00	2605	77
2701—3000 . . . . .	51	4·65	3·79	60·90	4·73	15·91	7·20	11·26	100·00	2836	87
3001—3500 . . . . .	87	4·15	3·37	61·53	5·19	14·75	8·55	9·98	100·00	3225	96
3501—4000 . . . . .	42	3·00	2·45	59·86	5·30	14·53	8·57	11·74	100·00	3721	109
4001 & above . . . . .	77	2·21	1·83	64·57	5·94	13·29	8·40	8·80	100·00	4939	150
all groups . . . . .	543	4·69	3·84	65·06	5·22	12·62	8·84	8·26	100·00	2579	78

TABLE (21·2/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GRUOPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit (1)	no. of sample house-holds (2) ✓	average house-hold size (3)	no. of consumer units per household (4) ✓	percentage of calorie from food group					average intake per diem per consumer unit		
				I (5)	II (6)	III (7)	IV (8)	V (9)	total (10)	calorie (11) ✓	protein(gm) (12)
upto—1500 . . . . . 18 . . . . .	5	7·60	6·21	79·98	5·63	6·01	5·85	2·53	100·00	1239	4 <sup>1</sup>
1501—1700 . . . . .	1	9·00	6·72	87·51	5·04	1·75	3·95	1·75	100·00	1697	59
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	1	6·00	4·66	90·16	4·32	..	3·17	2·35	100·00	2028	66
2101—2300 . . . . .	1	7·00	5·36	90·92	3·04	2·15	2·58	1·31	100·00	2172	76
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	8	7·50	5·90	84·35	4·93	3·89	4·65	2·18	100·00	1485	50

TABLE (21·3/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit (1)	no. of sample house-holds (2) ✓	average house-hold size (3)	no. of consumer units per household (4) ✓	percentage of calorie from food group					average intake per diem per consumer unit		
				I (5)	II (6)	III (7)	IV (8)	V (9)	total (10)	calorie (11) ✓	protein (gm) (12)
upto—1500 . . . . . 22·5 . . . . .	2	8·50	6·55	66·00	3·95	11·78	15·59	2·68	100·00	1323	38
1501—1700 . . . . .	1	7·00	6·28	80·09	3·65	5·40	6·23	4·63	100·00	1533	46
1701—1900 . . . . .	1	8·00	6·07	80·97	6·12	4·76	5·29	2·86	100·00	1867	60
1901—2100 . . . . .	1	6·00	4·69	86·14	0·92	..	3·24	9·70	100·00	1974	61
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	5	7·60	6·03	76·34	3·82	6·52	8·84	4·48	100·00	1578	48

TABLE (21.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total calorie	protein(gm)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	2	9.50	7.80	79.22	3.93	6.23	6.20	4.42	100.00	1551	49
1701—1900	4	6.75	5.40	78.79	5.66	5.88	7.61	2.06	100.00	1825	57
1901—2100	2	7.00	5.41	76.96	5.24	8.42	7.06	2.32	100.00	1965	62
2101—2300	2	7.50	6.22	95.83	0.84	0.96	1.35	1.02	100.00	2234	75
2301—2500	2	5.00	3.53	84.76	7.36	1.07	4.34	2.47	100.00	2453	90
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	1	6.00	4.66	94.93	1.13	1.84	1.11	0.99	100.00	2911	97
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	13	7.00	5.55	84.14	4.15	4.40	5.07	2.24	100.00	1989	65

TABLE (21.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total calorie	protein(gm)	
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	9	7.22	6.08	74.18	5.54	8.81	8.19	3.28	100.00	1339	45
1501—1700	10	5.90	4.71	74.22	6.71	7.87	7.82	3.38	100.00	1591	53
1701—1900	10	6.80	5.53	77.75	6.47	6.70	6.61	2.47	100.00	1778	53
1901—2100	6	6.33	5.05	74.42	4.78	8.06	8.72	3.02	100.00	1987	64
2101—2300	2	6.50	5.40	79.78	4.76	8.56	5.16	1.74	100.00	2154	77
2301—2500	2	4.50	3.52	79.69	5.23	2.88	9.51	2.69	100.00	2468	76
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	1	13.00	10.24	90.85	2.99	0.48	3.63	2.05	100.00	3028	69
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	40	6.63	5.39	77.28	5.62	6.99	7.29	2.82	100.00	1756	55

TABLE (21.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . . 38.5	3	7.33	5.99	65.39	6.55	6.70	16.00	5.36	100.00	1279	38
1501-1700 . . . . .	3	6.33	5.20	77.18	3.67	4.66	9.52	4.97	100.00	1616	49
1701-1900 . . . . .	7	8.14	6.88	72.50	3.31	12.24	9.73	2.22	100.00	1761	55
1901-2100 . . . . .	10	7.80	6.34	73.66	5.21	6.82	10.24	4.07	100.00	1987	60
2101-2300 . . . . .	8	7.13	5.72	76.99	4.88	7.26	7.83	3.04	100.00	2217	69
2301-2500 . . . . .	11	4.73	3.73	74.75	5.83	6.19	9.08	4.15	100.00	2422	77
2501-2700 . . . . .	6	3.83	3.08	72.25	5.29	10.08	6.83	4.55	100.00	2615	87
2701-3000 . . . . .	5	5.20	4.13	79.44	4.30	7.01	6.92	2.93	100.00	2830	91
3001-3500 . . . . .	4	4.75	3.92	89.97	3.29	1.48	2.80	1.46	100.00	3071	108
3501-4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	57	6.19	5.03	75.86	4.83	7.30	8.60	4.41	100.00	2144	68

TABLE (21.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500 . . . . . 49	..	..	..	..	..	..	..	..	..	..	..
1501-1700 . . . . .	2	6.00	5.30	66.59	7.00	11.71	9.04	5.66	100.00	1646	49
1701-1900 . . . . .	3	8.00	6.49	75.56	3.79	6.79	9.40	4.46	100.00	1883	55
1901-2100 . . . . .	12	7.17	5.84	69.85	4.01	10.97	10.41	4.76	100.00	2016	60
2101-2300 . . . . .	12	5.50	4.53	74.16	4.93	8.10	8.40	4.41	100.00	2169	66
2301-2500 . . . . .	8	4.88	3.95	70.19	4.76	6.34	10.38	8.33	100.00	2421	76
2501-2700 . . . . .	5	4.00	3.42	73.91	6.38	6.51	8.04	5.16	100.00	2619	78
2701-3000 . . . . .	6	4.67	2.92	76.33	4.17	5.67	5.90	7.93	100.00	2809	90
3001-3500 . . . . .	10	4.40	3.30	80.54	5.03	5.01	5.72	3.70	100.00	3259	106
3501-4000 . . . . .	3	3.67	2.79	85.48	3.03	5.09	3.41	2.99	100.00	3669	118
4001 & above . . . . .	1	1.00	0.51	71.50	7.48	4.27	12.80	3.95	100.00	4596	134
all groups . . . . .	62	5.34	4.33	74.42	4.65	7.51	8.20	5.22	100.00	2387	74



TABLE (21.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 55—75

calorie intake in diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	2	6.00	4.99	50.19	3.93	15.35	8.91	21.62	100.00	11.81	45
1501—1700	3	5.67	4.97	56.41	6.26	13.96	14.04	9.33	100.00	16.48	43
1701—1900	5	7.80	6.14	62.89	5.48	13.56	11.28	6.79	100.00	17.76	51
1901—2100	4	6.25	5.33	66.07	4.71	16.59	7.42	5.21	100.00	19.93	57
2101—2300	12	5.75	4.77	68.15	5.29	10.04	10.90	5.62	100.00	22.02	64
2301—2500	7	4.00	3.36	61.29	4.57	15.55	11.10	7.49	100.00	23.84	64
2501—2700	25	4.76	3.80	64.17	4.57	12.60	9.34	9.32	100.00	26.10	75
2701—3000	12	5.42	4.16	64.25	4.14	16.14	8.30	7.17	100.00	28.41	84
3001—3500	17	3.71	2.90	72.17	4.80	10.52	7.70	4.81	100.00	31.94	100
3501—4000	3	2.67	2.25	82.64	4.12	2.70	6.07	4.47	100.00	37.27	108
4001 & above	9	2.00	1.49	78.14	6.67	7.31	5.53	2.35	100.00	45.05	139
all groups	99	4.68	3.76	66.89	4.85	12.32	9.04	6.90	100.00	25.49	75

TABLE (21.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie protein(gm)	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	1.00	0.97	..	..	1.67	..	98.33	100.00	13.66	33
1501—1700	1	1.00	1.00	..	..	20.91	..	79.09	100.00	15.94	44
1701—1900	2	6.00	4.66	57.61	4.66	18.64	11.92	7.17	100.00	17.55	48
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	10	5.80	4.73	59.79	4.76	14.70	11.32	9.43	100.00	22.11	64
2301—2500	14	4.64	3.77	59.34	5.85	13.91	12.02	8.88	100.00	24.07	71
2501—2700	9	6.22	5.13	63.86	4.25	13.90	9.84	8.15	100.00	25.74	77
2701—3000	7	2.43	2.02	54.79	7.15	11.72	11.29	15.05	100.00	28.24	85
3001—3500	15	4.00	3.36	65.72	5.65	14.01	8.47	6.15	100.00	31.98	97
3501—4000	14	3.07	2.58	68.47	4.98	9.94	9.63	6.98	100.00	37.98	114
4001 & above	16	2.38	1.96	76.73	5.02	5.01	8.07	5.17	100.00	50.45	157
all groups	91	3.88	3.20	65.17	5.17	11.73	9.77	8.16	100.00	29.80	89

Calorie and Protein Values of Food Items in Urban Areas

TABLE (21.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : DELHI

Per capita monthly expenditure group : Rs. 100 &amp; above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . . 203 . . . . .	2	1.50	1.46	7.47	..	19.89	..	72.64	100.00	1217	31
1501—1700 . . . . .	1	1.00	0.80	10.88	..	83.03	..	6.09	100.00	1505	53
1701—1900 . . . . .	1	2.00	1.95	14.78	2.77	27.87	..	54.58	100.00	(1840)	43
1901—2100 . . . . .	4	5.25	4.53	49.70	8.06	23.00	10.78	8.46	100.00	1996	59
2101—2300 . . . . .	3	6.00	5.33	54.10	6.93	16.85	10.76	11.36	100.00	2180	67
2301—2500 . . . . .	9	5.11	4.29	52.50	6.60	19.63	12.18	9.09	100.00	2413	63
2501—2700 . . . . .	15	4.53	3.80	51.75	6.03	17.83	11.04	13.15	100.00	2612	78
2701—3000 . . . . .	20	4.75	4.01	48.62	5.16	22.59	6.61	17.02	100.00	2741	87
3001—3500 . . . . .	40	4.05	3.37	46.38	5.47	21.36	10.54	16.25	100.00	3270	93
3501—4000 . . . . .	22	2.91	2.36	46.54	6.06	20.90	8.98	17.52	100.00	3674	104
4001 & above . . . . .	51	2.22	1.88	57.32	6.15	16.84	8.85	10.84	100.00	4967	149
all groups . . . . .	168	3.53	2.97	50.73	5.87	19.76	9.43	14.21	100.00	3326	97

TABLE (22.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

No. of sample blocks : 24

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500 . . . . . 000 . . . . .	3	5.99	4.98	71.10	12.01	7.48	4.23	5.18	100.00	1423	40
1501—1700 . . . . .	1	9.00	8.20	75.58	10.19	7.88	1.20	5.15	100.00	1521	38
1701—1900 . . . . .	4	6.98	5.74	68.79	9.37	9.69	3.92	8.23	100.00	1833	51
1901—2100 . . . . .	8	6.99	5.73	71.71	8.86	7.76	5.77	5.90	100.00	2018	54
2101—2300 . . . . .	8	5.63	4.45	77.19	8.93	5.37	3.17	5.34	100.00	2213	58
2301—2500 . . . . .	7	6.14	5.00	68.21	10.82	8.85	4.35	7.77	100.00	2420	61
2501—2700 . . . . .	7	3.56	2.84	52.40	9.94	12.11	8.10	17.45	100.00	2568	72
2701—3000 . . . . .	12	6.17	4.75	72.66	7.38	8.68	6.69	4.59	100.00	2800	79
3001—3500 . . . . .	6	6.84	5.72	48.20	19.14	15.09	6.64	10.93	100.00	3245	98
3501—4000 . . . . .	6	2.82	2.08	55.35	7.13	16.03	9.22	12.27	100.00	3620	111
4001 & above . . . . .	9	3.80	3.00	55.25	9.14	16.01	8.46	11.14	100.00	4489	147
all groups . . . . .	71	5.50	4.41	64.25	10.32	10.84	6.19	8.40	100.00	2614	75

TABLE (22.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State: GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 21-24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	1	9.00	7.19	84.87	6.50	0.24	6.07	2.32	100.00	2064	47
2101-2300	1	4.00	2.78	77.66	6.45	2.66	9.57	3.66	100.00	2255	64
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	6.54	5.02	82.78	6.48	0.94	7.09	2.71	100.00	2116	52

TABLE (22.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 24-28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto-1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	1	8.00	6.09	78.63	8.30	3.91	6.58	2.58	100.00	2247	53
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	..	..	..	..	..	..	..	..	..	..	..
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	8.00	6.09	78.63	8.30	3.91	6.58	2.58	100.00	2247	5

Calorie and Protein Values of Food Items in Urban Areas

TABLE (22.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 31 . . . . .	1	6.00	5.24	77.75	9.16	3.20	6.04	3.85	100.00	1421	38
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	1	7.00	5.99	91.92	1.15	3.14	1.39	2.40	100.00	1806	52
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	1	12.00	9.73	90.98	5.07	0.97	0.96	2.62	100.00	2152	61
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	6.00	4.64	80.97	6.14	5.51	4.59	2.79	100.00	2816	90
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	4	7.75	6.40	86.79	5.10	2.88	2.44	2.79	100.00	2042	59

TABLE (22.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	Percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 38.5 . . . . .	1	7.00	5.85	75.18	10.07	7.76	3.45	3.54	100.00	1486	43
1501—1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	1	10.00	8.41	80.39	7.73	4.14	3.48	4.26	100.00	2051	53
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	1	6.00	4.60	77.67	9.33	4.29	2.79	5.92	100.00	2334	54
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	1	8.00	5.78	77.55	6.81	5.85	3.69	6.10	100.00	2821	77
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	4	7.75	6.16	78.11	8.16	5.29	3.40	5.04	100.00	2150	56

TABLE (22.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500 . . . . . 49 . . . . .	1	5.00	3.89	54.91	19.27	13.18	2.89	9.75	100.00	1233	39
1501-1700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1701-1900 . . . . .	2	7.48	5.89	67.54	9.58	10.02	2.69	10.17	100.00	1879	52
1901-2100 . . . . .	5	6.00	4.80	66.99	8.54	11.36	6.07	7.04	100.00	2014	57
2101-2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301-2500 . . . . .	2	7.00	5.83	76.22	11.47	5.68	2.13	4.50	100.00	2403	60
2501-2700 . . . . .	2	5.51	4.23	73.51	5.94	6.85	9.81	3.89	100.00	2549	78
2701-3000 . . . . .	4	6.02	4.53	69.87	6.09	8.58	8.74	6.72	100.00	2809	73
3001-3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501-4000 . . . . .	1	3.00	1.91	75.97	9.98	1.48	8.72	3.85	100.00	3601	119
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups	17	6.00	4.78	70.02	8.50	8.71	6.24	6.53	100.00	2291	63

TABLE (22.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 55-75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto-1500 . . . . . 65 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1501-1700 . . . . .	1	9.00	8.20	75.58	10.19	7.88	1.20	5.15	100.00	1521	38
1701-1900 . . . . .	1	6.00	5.19	44.42	18.60	16.65	9.83	10.50	100.00	1763	49
1901-2100 . . . . .	1	7.00	6.32	62.46	14.52	7.68	7.36	7.98	100.00	1936	48
2101-2300 . . . . .	3	3.67	3.06	75.72	9.55	7.61	2.02	5.10	100.00	2181	55
2301-2500 . . . . .	3	5.98	5.13	64.64	9.24	9.43	5.80	10.89	100.00	2448	63
2501-2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701-3000 . . . . .	6	6.00	4.74	72.06	8.54	9.86	6.33	3.21	100.00	2787	82
3001-3500 . . . . .	2	7.50	6.12	52.72	31.69	8.60	1.34	5.65	100.00	3394	97
3501-4000 . . . . .	1	2.00	1.71	71.27	7.16	8.15	9.52	3.90	100.00	3684	132
4001 & above . . . . .	1	12.00	9.66	77.10	7.36	5.65	6.59	3.30	100.00	4240	106
all groups	19	6.11	5.08	67.66	12.97	8.75	5.15	5.47	100.00	2695	74

Calorie and Protein Values of Food Items in Urban Areas

- TABLE (22·9/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GOA, DAMAN, DIU

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per Consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	87·5	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	2	5·00	3·88	61·30	14·15	10·07	2·96	11·52	100·00	2285	58
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	1·00	1·00	9·95	..	6·25	..	83·80	100·00	2667	59
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	1	4·00	2·84	66·11	7·12	15·22	5·79	5·76	100·00	3650	88
4001 & above	1	3·00	2·15	57·68	23·05	9·14	6·41	13·72	100·00	4355	119
all groups	5	3·60	2·75	58·23	11·16	10·91	4·27	15·43	100·00	2908	73

TABLE (22·10/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : GAO, DAMAN, DIU

Per capita monthly expenditure group :Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	200	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	1	5·00	3·30	44·54	17·93	23·19	7·36	6·98	100·00	2472	61
2501—2700	4	3·24	2·61	39·83	14·11	16·88	7·55	21·63	100·00	2573	68
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	4	6·50	5·52	45·72	11·44	19·07	9·89	14·18	100·00	3160	98
3501—4000	3	2·65	2·02	39·08	6·22	23·35	10·91	20·44	100·00	3595	114
4001 & above	7	2·71	2·14	41·79	9·68	23·17	9·85	15·51	100·00	4673	178
all groups	19	3·73	2·99	42·61	10·87	20·87	9·56	16·09	100·00	3454	113

TABLE (23.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

10  
f/23

State : MANIPUR

No. of sample blocks : 48

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein(gm.)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)	
upto—1500	..	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..	..
1701—1900	5	8.40	6.92	88.94	3.36	1.47	4.62	1.61	100.00	1784	46	
1901—2100	10	7.60	5.98	89.13	2.90	2.83	2.91	2.23	100.00	2028	54	
2101—2300	11	7.27	5.81	87.07	3.48	2.60	4.15	2.70	100.00	2204	57	
2301—2500	18	7.56	6.05	88.43	2.34	3.19	2.89	3.15	100.00	2382	63	
2501—2700	17	5.94	4.96	89.00	2.76	2.25	2.69	3.30	100.00	2618	69	
2701—3000	29	6.17	4.90	90.97	2.12	2.25	2.69	1.97	100.00	2850	73	
3001—3500	35	5.89	4.61	89.45	2.86	3.09	2.61	1.99	100.00	3226	83	
3501—4000	19	5.89	4.67	91.78	3.10	1.84	1.95	1.33	100.00	3774	95	
4001 & above	33	3.03	2.86	86.84	3.12	4.20	3.73	2.11	100.00	4588	121	
all groups	177	5.83	4.64	89.33	2.79	2.79	2.89	2.20	100.00	2948	77	

TABLE (23.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	8.00	6.34	91.03	4.88	0.78	2.33	0.98	100.00	2027	51
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	8.00	6.34	91.03	4.88	0.78	2.33	0.98	100.00	2027	51

TABLE (23·3/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

States : MANIPUR

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	7·00	5·65	89·80	5·41	0·81	2·87	1·11	100·00	1852	47
1901—2100	1	11·00	9·00	91·80	1·26	2·61	2·50	1·83	100·00	2003	55
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	9·00	7·33	91·08	2·78	1·95	2·63	1·56	100·00	1945	52

TABLE (23·4/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	1	10·00	8·59	91·99	3·74	0·91	2·02	1·34	100·00	1729	43
1901—2100	3	6·33	4·84	90·49	3·31	3·07	2·24	0·89	100·00	2076	56
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	5·00	3·92	89·06	3·27	2·28	1·46	3·93	100·00	2625	71
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	2	9·50	7·66	94·20	1·98	1·25	1·76	0·81	100·00	3342	81
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	7	7·57	6·05	92·35	2·72	1·82	1·90	1·21	100·00	2515	64



TABLE (23.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 28-34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	31	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	1	9.00	7.81	85.73	5.02	2.02	4.50	2.73	100.00	1707	47
1901-2100	1	8.00	6.18	89.33	1.42	3.11	2.52	3.62	100.00	1925	55
2101-2300	2	5.50	4.16	84.04	6.73	2.57	4.05	2.61	100.00	2222	65
2301-2500	4	7.75	6.37	92.99	1.93	1.56	1.95	1.57	100.00	2414	59
2501-2700	4	7.25	6.14	91.36	3.30	1.82	2.02	1.50	100.00	2563	67
2701-3000	3	7.67	6.22	93.75	2.55	0.35	1.99	1.36	100.00	2835	67
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	1	8.00	6.00	92.83	3.19	0.67	2.32	0.99	100.00	3775	90
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	16	7.44	6.06	91.46	3.05	1.46	2.34	1.69	100.00	2512	64

TABLE (23.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto-1500	38.5	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	2	8.00	6.26	88.46	1.22	1.80	7.16	1.36	100.00	1839	46
1901-2100	1	6.00	4.27	84.86	2.63	4.30	3.49	4.72	100.00	2015	51
2101-2300	4	7.25	5.63	88.47	2.90	2.20	3.38	3.05	100.00	2167	58
2301-2500	6	8.33	6.51	89.71	2.57	3.20	2.25	2.27	100.00	2388	64
2501-2700	3	7.33	5.87	92.66	2.83	1.38	1.93	1.20	100.00	2647	65
2701-3000	9	7.56	5.75	92.71	1.96	1.59	2.09	1.65	100.00	2853	70
3001-3500	5	8.00	6.08	92.08	3.36	1.64	1.88	1.04	100.00	3.79	83
3501-4000	2	5.00	3.53	94.25	2.78	0.92	1.33	0.72	100.00	3996	99
4001 & above	2	6.00	4.18	87.24	6.57	3.91	1.53	0.75	100.00	4112	105
all groups	34	7.44	5.70	91.09	2.81	2.09	2.35	1.66	100.00	2740	70

Calorie and Protein Values of Food Items in Urban Areas

TABLE (23·7/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7·00	5·84	88·80	2·79	1·42	3·76	3·25	100·00	2050	50
2101—2300	1	8·00	6·32	87·85	1·69	3·57	3·28	3·61	100·00	2169	55
2301—2500	4	6·25	5·03	86·02	3·23	4·74	3·16	2·85	100·00	2361	69
2501—2700	5	6·60	5·50	88·61	2·27	3·07	3·58	1·47	100·00	2662	72
2701—3000	6	5·00	4·25	91·14	2·92	1·66	2·52	1·76	100·00	2860	72
3001—3500	12	5·83	4·44	90·79	2·29	2·31	2·46	2·15	100·00	3205	80
3501—4000	5	7·20	5·77	94·06	1·79	1·75	1·62	0·78	100·00	3858	96
4001 & above	3	2·00	1·54	92·95	2·62	0·79	1·40	2·24	100·00	4635	116
all groups	37	5·81	4·64	90·76	2·36	2·38	2·52	1·93	100·00	3039	78

TABLE (23·8/U) : PERCENTAGE (0·00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	8·50	6·85	86·42	3·38	3·69	3·77	2·74	100·00	2035	54
2101—2300	2	12·00	9·83	90·25	2·74	1·14	3·38	2·49	100·00	2258	54
2301—2500	3	9·67	7·76	87·16	1·73	3·81	4·93	2·37	100·00	2354	60
2501—2700	2	5·00	4·38	87·74	2·40	2·10	3·85	4·11	100·00	2580	67
2701—3000	7	6·00	4·78	89·44	1·14	3·70	3·33	2·39	100·00	2829	82
3001—3500	9	5·33	4·25	86·29	2·80	4·95	3·24	2·72	100·00	3139	87
3501—4000	9	4·11	3·30	90·86	3·01	2·07	2·17	1·89	100·00	3599	91
4001 & above	11	2·73	2·09	90·99	2·44	1·26	3·38	1·93	100·00	4633	115
all groups	45	5·27	4·22	88·96	2·41	2·96	3·30	2·37	100·00	3044	80

TABLE (23.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	3.00	2.68	80.52	6.03	4.34	5.29	3.82	100.00	2116	68
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	1	1.00	0.95	73.78	7.07	2.51	6.27	10.37	100.00	2518	77
2701—3000	3	3.39	2.57	82.09	3.13	6.30	5.49	2.99	100.00	2835	77
3001—3500	5	4.60	3.70	83.99	4.03	5.84	3.61	2.53	100.00	3261	88
3501—4000	1	14.00	10.80	87.66	7.52	1.65	2.11	1.06	100.00	3948	106
4001 & above	10	3.00	2.32	89.99	1.96	3.70	2.46	1.89	100.00	4732	109
all groups	21	3.86	3.04	87.00	3.70	4.11	3.06	2.13	100.00	3802	104

TABLE (23.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY PER CAPITA MONTHLY EXPENDITURE CLASSES

State : MANIPUR

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average house-hold size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto—1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	5.00	4.44	74.19	4.64	8.82	12.17	0.18	100.00	2221	65
2301—2500	1	1.00	1.00	..	..	..	..	100.00	100.00	2454	61
2501—2700	1	1.00	1.00	4.91	..	6.17	..	88.92	100.00	2699	67
2701—3000	1	6.00	5.50	86.15	3.09	3.09	3.67	4.00	100.00	2974	74
3001—3500	2	3.00	2.78	88.42	4.31	2.09	2.85	2.33	100.00	3308	90
3501—4000	1	7.00	6.36	88.85	1.98	3.73	2.57	2.87	100.00	3669	95
4001 & above	7	3.14	2.67	75.88	4.18	9.48	7.30	3.16	100.00	4554	128
all groups	14	3.43	3.04	77.82	3.65	6.87	5.78	5.88	100.00	3719	100

Calorie and Protein Values of Food Items in Urban Areas

TABLE (24.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PONDICHERY

No. of sample blocks : 24

Per capita monthly expenditure group : all expenditure classes

calorie intake per diem per consumer unit	no. of sample house holds	average house hold size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	12	5.67	4.62	73.79	6.10	6.31	6.59	7.21	100.00	1189	32
1501—1700	5	10.00	8.07	80.39	5.75	7.06	3.64	3.16	100.00	1592	44
1701—1900	5	7.00	5.57	73.10	6.24	10.89	6.56	3.21	100.00	1808	46
1901—2100	5	6.00	4.79	75.97	5.52	7.74	4.81	5.96	100.00	2031	57
2101—2300	7	7.43	5.85	69.80	7.56	10.10	15.86	6.68	100.00	2169	58
2301—2500	6	6.17	4.68	67.69	8.11	10.94	6.64	6.62	100.00	2384	66
2501—2700	6	5.67	4.51	67.10	7.77	12.10	7.92	5.11	100.00	2576	77
2701—3000	7	5.14	4.11	67.28	9.78	9.58	8.57	4.79	100.00	2863	89
3001—3500	9	5.56	4.33	64.13	7.68	10.51	7.14	10.54	100.00	3216	93
3501—4000	10	3.30	2.64	51.78	12.00	14.78	7.48	13.96	100.00	3772	115
4001 & above	10	2.60	1.85	53.44	7.21	10.55	7.18	21.62	100.00	5226	140
all groups	82	5.50	4.35	66.05	7.89	10.33	6.74	8.99	100.00	2410	68

TABLE (24.1/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 00—15

calorie intake per diem per consumer unit	no. of sample house-holds	average household size	no. of consumer units per household	percentage of calorie from food group						average intake per diem per consumer unit	
				I	II	III	IV	V	total	calorie	protein
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500	1	1.00	0.69	...	...	...	...	100.00	100.00	105	1
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	1	1.00	0.69	..	..	..	..	100.00	100.00	105	1

TABLE (24.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	3	5.67	4.68	84.29	3.97	2.78	6.48	2.48	100.00	1155	29
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	5.67	4.68	84.29	3.97	2.78	6.48	2.48	100.00	1155	29

TABLE (24.3/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 21—24

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto—1500	1	6.00	4.82	62.59	6.90	13.48	7.94	9.09	100.00	1176	35
1501—1700	1	7.00	5.81	88.87	1.53	4.11	2.43	3.06	100.00	1593	41
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	6.50	5.32	78.89	3.57	7.67	4.52	5.35	100.00	1404	38

Calorie and Protein Values of Food Items in Urban Areas

TABLE (24.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 26 .	3	6.33	5.37	72.52	5.33	9.94	5.38	6.83	100.00	1022	32
1501—1700 . . . . .	1	8.00	5.67	80.60	2.01	4.57	7.04	5.78	100.00	1502	40
1701—1900 . . . . .	..	..	..	..	..	..	..	..	..	..	..
1901—2100 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2101—2300 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3501—4000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	4	6.75	5.44	75.28	4.19	8.11	5.95	6.47	100.00	1147	34

TABLE (24.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto—1500 . . . . . 31 .	3	5.00	4.05	66.15	8.66	6.88	10.53	7.78	100.00	1325	35
1501—1700 . . . . .	3	11.67	9.62	78.65	7.28	6.11	3.66	2.70	100.00	1609	45
1701—1900 . . . . .	3	6.67	5.04	73.92	5.74	10.84	6.48	3.02	100.00	1838	47
1901—2100 . . . . .	2	7.00	5.22	77.41	3.60	8.02	3.80	3.72	100.00	2045	63
2101—2300 . . . . .	1	6.00	4.59	88.85	5.19	0.38	3.08	2.52	100.00	2123	50
2301—2500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
2501—2700 . . . . .	1	5.00	3.63	79.94	6.85	6.68	3.29	3.24	100.00	2514	73
2701—3000 . . . . .	..	..	..	..	..	..	..	..	..	..	..
3001—3500 . . . . .	..	..	..	..	..	..	..	..	..	..	..
4001 & above . . . . .	..	..	..	..	..	..	..	..	..	..	..
all groups . . . . .	13	7.31	5.73	76.75	6.33	7.95	4.92	4.15	100.00	1745	48

9-18 CSO (ND)/76

TABLE (24.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

Per capita monthly expenditure group : Rs. 34-43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit			
				I	II	III	IV	V	total	calorie	protein(gm)	
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	
upto 1500	..	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..	..
1701-1900	1	9.00	7.36	70.41	8.55	11.53	6.92	2.59	100.00	1768	46	
1901-2100	1	7.00	5.75	77.29	5.85	5.00	7.09	4.77	100.00	2061	50	
2101-2300	2	6.00	4.25	74.76	5.55	7.85	4.63	7.16	100.00	2110	56	
2301-2500	1	8.00	5.84	75.14	6.62	8.82	6.24	3.18	100.00	2463	71	
2501-2700	1	8.00	6.44	78.60	4.70	10.85	2.59	3.26	100.00	2521	76	
2701-3000	..	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..	..
3501-4000	..	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..	..
all groups	6	7.33	5.65	75.32	6.15	8.89	5.31	4.93	100.00	2167	59	

TABLE (24.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : PONDICHERRY

per capita monthly expenditure group : Rs. 43-55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
				(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	10.00	7.63	77.51	6.26	1.78	2.35	12.10	100.00	1493	31
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	1	6.00	5.36	74.37	4.56	10.20	6.29	4.58	100.00	1780	44
1901-2100	2	4.50	3.88	72.96	7.90	9.46	4.47	5.21	100.00	1989	53
2101-2300	3	7.33	5.99	68.91	9.04	11.87	4.22	6.56	100.00	2156	54
2301-2500	1	8.00	6.08	77.38	4.63	6.66	3.69	7.64	100.00	2404	65
2501-2700	2	4.00	3.20	68.59	8.41	10.31	8.29	4.46	100.00	2564	75
2701-3000	1	8.00	6.89	79.35	5.60	6.51	6.11	2.43	100.00	2850	78
3001-3500	2	5.00	3.69	74.46	5.95	9.40	6.27	3.92	100.00	3117	94
3501-4000	1	2.00	1.48	77.98	3.78	9.99	4.28	3.97	100.00	3550	121
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	14	5.99	4.78	73.38	6.88	9.00	5.16	5.58	100.00	2300	62

Calorie and Protein Values of Food Items in Urban Areas

TABLE (24.8/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	2	4.50	1.75	69.20	8.42	10.16	7.05	5.17	100.00	2369	64
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	4	4.25	3.22	58.68	12.51	11.96	10.11	6.74	100.00	2896	102
3001—3500	4	5.75	4.41	55.08	9.30	10.99	7.76	16.87	100.00	3269	92
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	5	2.20	1.52	46.65	4.74	7.54	6.89	34.18	100.00	4402	120
all groups	15	4.00	3.00	55.68	8.97	10.34	8.08	16.93	100.00	3214	96

TABLE (24.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES.

State : PONDICHERY

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	12.00	9.91	60.13	7.64	13.07	10.84	8.32	100.00	2263	70
2301—2500	2	6.00	4.51	54.80	11.28	15.94	8.60	9.38	100.00	2330	66
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	2	5.50	0.45	70.57	8.99	8.46	8.22	3.76	100.00	2824	79
3001—3500	3	5.67	4.65	70.47	6.50	10.48	6.78	5.77	100.00	3201	92
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	2	4.50	3.45	48.89	9.71	10.57	7.87	22.96	100.00	4584	123
all groups	10	6.04	4.85	61.92	8.51	11.34	8.16	10.07	100.00	2974	113



TABLE (24.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND PER CAPITA MONTHLY EXPENDITURE CLASSES

State : PONDICHERY

Per capita monthly expenditure group: Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501-1700	..	..	..	..	..	..	..	..	..	..	..
1701-1900	..	..	..	..	..	..	..	..	..	..	..
1901-2100	..	..	..	..	..	..	..	..	..	..	..
2101-2300	..	..	..	..	..	..	..	..	..	..	..
2301-2500	..	..	..	..	..	..	..	..	..	..	..
2501-2700	2	6.50	5.30	55.35	9.47	15.66	12.34	7.18	100.00	2637	79
2701-3000	..	..	..	..	..	..	..	..	..	..	..
3001-3500	..	..	..	..	..	..	..	..	..	..	..
3501-4000	9	3.44	2.77	50.34	12.46	15.05	7.66	14.49	100.00	3786	115
4001 & above	3	2.00	1.33	65.19	7.32	13.72	6.81	6.96	100.00	7903	205
all groups	14	3.57	2.82	54.29	10.86	14.89	8.34	11.62	100.00	3894	115

TABLE (25.0/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : all expenditure classes

No. of sample blocks : 48

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	4	4.25	3.50	79.56	3.41	2.15	4.54	10.34	100.00	1324	35
1501-1700	2	4.50	3.76	90.80	0.29	1.66	4.19	3.06	100.00	1667	39
1701-1900	3	4.00	3.20	75.60	3.67	6.69	4.70	9.34	100.00	1796	48
1901-2100	9	7.00	5.63	81.88	3.48	4.08	6.59	3.97	100.00	2024	51
2101-2300	20	4.85	3.98	85.29	2.08	2.64	4.47	5.52	100.00	2199	79
2301-2500	14	4.21	3.42	71.45	2.86	4.89	4.98	15.82	100.00	2403	64
2501-2700	23	6.26	5.07	76.77	3.92	5.72	5.49	8.10	100.00	2588	67
2701-3000	19	4.42	3.63	72.49	4.33	6.33	6.20	10.65	100.00	2836	74
3001-3500	25	4.88	3.80	80.16	3.34	5.90	5.54	5.06	100.00	3178	82
3501-4000	14	4.00	3.30	67.33	5.55	8.24	6.87	12.01	100.00	3731	101
4001 & above	15	3.60	2.87	61.95	6.04	9.81	10.32	11.88	100.00	5616	157
all groups	148	4.84	3.91	74.70	4.01	6.14	6.33	8.82	100.00	2857	78

Calorie and Protein Values of Food Items in Urban Areas

TABLE (25.2/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 15—21

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	1	9.27	6.80	88.58	2.31	2.75	4.52	1.84	100.00	1466	38
1501—1700	1	2.00	1.51	93.32	..	..	3.09	3.39	100.00	1609	36
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	2	5.00	4.16	89.51	1.86	2.22	4.23	2.18	100.00	1492	38

TABLE (25.4/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 24—28

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					total	average intake per diem per consumer unit	
				I	II	III	IV	V		calorie	protein(gm.)
(1)	(2)✓	(3)	(4)✓	(5)	(6)	(7)	(8)	(9)	(10)	(11)✓	(12)
upto 1500	1	4.00	2.92	76.61	7.25	2.63	7.58	5.93	100.00	1084	29
1501—1700	1	7.00	6.00	90.19	0.36	2.06	4.46	2.93	100.00	1682	40
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	1	5.00	4.33	91.21	0.31	0.56	3.19	4.73	100.00	2169	49
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	3	5.33	4.12	88.72	1.30	1.52	4.37	4.09	100.00	1709	40

TABLE (25.5/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM.) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 28—34

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	1	4.00	3.24	87.03	4.30	1.00	3.76	3.91	100.00	1230	36
1501—1700	1	7.00	5.90	79.73	3.69	2.93	4.12	9.53	100.00	1851	47
1701—1900	2	8.50	7.22	86.98	3.34	1.85	5.14	2.69	100.00	2021	48
1901—2100	4	4.75	3.72	91.95	0.44	1.70	3.60	2.91	100.00	2185	52
2101—2300	1	7.00	5.69	86.99	1.65	6.46	1.74	3.16	100.00	2431	66
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	..	..	..	..	..	..	..	..	..	..	..
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	..	..	..	..	..	..	..	..	..	..	..
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	9	6.00	4.91	87.67	2.13	2.60	3.88	3.72	100.00	2048	50

TABLE (25.6/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 34—43

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm.)
				(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	3	8.00	6.20	85.95	1.68	3.40	5.61	3.36	100.00	2012	52
2101—2300	5	5.40	4.42	85.18	2.73	3.84	3.86	4.39	100.00	2178	54
2301—2500	1	5.00	3.32	84.89	4.44	4.19	3.11	6.37	100.00	2325	58
2501—2700	2	7.50	5.92	83.11	2.81	3.86	4.53	5.69	100.00	2516	62
2701—3000	..	..	..	..	..	..	..	..	..	..	..
3001—3500	2	7.50	5.55	91.83	1.01	1.01	4.41	1.74	100.00	3069	69
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	13	6.62	5.15	86.39	2.21	3.00	4.49	3.91	100.00	2347	58

Calorie and Protein Values of Food Items in Urban Areas

TABLE (25.7/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FCCD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CCNSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 43—55

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	49	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	2	5.00	4.11	74.95	4.68	7.93	8.09	4.35	100.00	2030	53
2101—2300	7	5.00	4.13	81.59	2.92	2.58	4.80	8.11	100.00	2244	60
2301—2500	4	6.25	5.09	77.79	2.62	5.40	5.18	9.01	100.00	2417	64
2501—2700	7	6.43	5.27	83.71	3.34	4.23	5.19	3.53	100.00	2566	66
2701—3000	3	6.67	5.05	83.30	4.07	4.66	5.02	2.95	100.00	2840	74
3001—3500	2	11.50	8.85	87.35	3.68	2.84	3.30	2.83	100.00	3085	82
3501—4000	..	..	..	..	..	..	..	..	..	..	..
4001 & above	..	..	..	..	..	..	..	..	..	..	..
all groups	25	6.32	5.09	82.49	3.37	4.09	4.92	5.13	100.00	2533	81

TABLE (25.8/U) PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CCNSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 55—75

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food groups					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein(gm)
(1)	(2) ✓	(3)	(4) ✓	(5)	(6)	(7)	(8)	(9)	(10)	(11) ✓	(12)
upto 1500	65	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	1	7.00	5.18	78.69	3.54	4.30	8.55	4.92	100.00	2033	49
2101—2300	3	3.67	3.11	84.80	1.38	2.46	6.83	4.53	100.00	2233	53
2301—2500	4	4.50	3.65	68.54	3.75	5.03	6.87	15.81	100.00	2397	66
2501—2700	7	7.71	6.11	71.99	4.94	6.02	5.85	11.20	100.00	2610	67
2701—3000	7	3.86	3.29	74.81	4.42	5.86	5.32	9.59	100.00	2816	75
3001—3500	9	5.44	4.18	81.94	3.30	5.58	5.33	3.85	100.00	3231	80
3501—4000	2	2.00	1.51	78.09	5.32	3.98	6.92	5.69	100.00	3602	94
4001 & above	2	3.00	2.67	82.75	1.41	1.51	1.54	12.79	100.00	5132	21
all groups	35	5.03	4.02	76.88	3.81	5.18	5.55	8.58	100.00	2858	76

TABLE (25.9/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State : TRIPURA

Per capita monthly expenditure group : Rs. 75—100

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	1	1.00	1.02	..	..	..	..	100.00	100.00	1361	34
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	2	2.50	1.85	68.47	3.64	13.17	5.70	9.02	100.00	1708	49
1901—2100	1	5.00	4.20	64.41	9.33	6.82	10.38	9.06	100.00	2064	64
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	..	..	..	..	..	..	..	..	..	..	..
2501—2700	3	5.00	4.32	72.90	4.43	9.27	7.53	5.87	100.00	2609	70
2701—3000	6	4.17	3.45	70.28	5.21	5.49	7.19	11.83	100.00	2823	74
3001—3500	3	3.33	2.87	69.37	7.42	7.66	8.96	6.59	100.00	3264	86
3501—4000	5	3.40	2.84	71.59	5.77	4.07	7.17	11.40	100.00	3686	94
4001 & above	2	5.50	3.82	65.96	7.00	15.45	4.38	7.21	100.00	4477	124
All groups	23	3.87	3.18	63.49	5.86	7.77	7.07	9.81	100.00	3057	81

TABLE (25.10/U) : PERCENTAGE (0.00) OF CALORIE INTAKE PER CONSUMER UNIT UNDER DIFFERENT FOOD GROUPS AND AVERAGE PROTEIN INTAKE (GM) PER CONSUMER UNIT BY GROUPS OF CALORIE INTAKE PER DIEM PER CONSUMER UNIT AND BY MONTHLY PER CAPITA EXPENDITURE CLASSES

State TRIPURA

Per capita monthly expenditure group : Rs. 100 & above

calorie intake per diem per consumer unit	no. of sample households	average household size	no. of consumer units per household	percentage of calorie from food group					average intake per diem per consumer unit		
				I	II	III	IV	V	total	calorie	protein (gm)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
upto 1500	..	..	..	..	..	..	..	..	..	..	..
1501—1700	..	..	..	..	..	..	..	..	..	..	..
1701—1900	..	..	..	..	..	..	..	..	..	..	..
1901—2100	..	..	..	..	..	..	..	..	..	..	..
2101—2300	..	..	..	..	..	..	..	..	..	..	..
2301—2500	4	1.00	0.99	15.20	1.22	2.43	3.19	77.96	100.00	2379	61
2501—2700	4	3.75	3.01	71.01	2.58	7.07	3.80	15.54	100.00	2620	69
2701—3000	3	4.00	3.37	55.95	2.74	11.45	7.92	21.94	100.00	2903	77
3001—3500	9	2.78	2.22	69.13	2.58	10.97	6.95	10.37	100.00	3185	90
3501—4000	7	5.00	4.14	64.21	5.47	10.66	6.73	12.93	100.00	3767	104
4001 & above	11	3.36	2.74	58.04	6.56	10.00	12.77	12.63	100.00	5990	156
all groups	38	3.37	2.77	61.17	5.00	10.03	9.12	14.68	100.00	4027	108

## Sl. No.

- 1 General report No. 1 on the 1st round (October 50-March 51)
- 2 Tables with notes on the 2nd round (April-June 51)
- 3 Tables with notes on the 3rd round (August-November 51)
- 4 Special report on the survey of persons in the "Live-Register" of Delhi Employment Exchange (August-September 53)
- 5 Technical Paper on some aspects of the development of the sample design
- 6 Survey of Faridabad township (March-April 54)
- 7 Couple fertility 2nd round (April-June 51) and 4th round (April-September 52)
- 8 Report on preliminary survey of urban unemployment (September 53)
- 9 Report on the sample survey of displaced persons in the urban areas of the Bombay State (July-September 53)
- 10 1st report on land holdings, rural sector, 8th round (July 54-March 55)
- 11 Report on sample survey of manufacturing industries 1949 & 1950
- 12 A technical note on age grouping
- 13 Report on household transport operations, 7th round (October 53-March 54)
- 14 Report on some characteristics of the economically active population, 4th to 7th round (April 52-March 54)
- 15 Report on sample survey of manufacturing industries, 1951
- 16 Preliminary report on employment and unemployment, 9th round (May-November 55)
- 17 Report on sample survey of employment in Calcutta (1953)
- 18 Tables with notes on consumer expenditure, 4th round (April-September 52)
- 19 Report on small scale manufacture: Household enterprise smaller than registered factories 7th round (October 53-March 54)
- 20 Report on pattern of consumer expenditure, 2nd to 7th rounds (April 51-March 54)
- 21 Household small scale manufacturing establishments (smaller than those covered by industries (Development & Regulations) Act 1951) 9th round (May-November 55)
- 22 Report on sample survey of manufacturing industries, 1952
- 23 Report on sample survey of manufacturing industries, 1953
- 24 Report on household retail trade, 7th to 9th rounds (October 53-November 55)
- 25 Sample verification of live stock census: 1956
- 26 A preliminary report on housing condition, 7th round (October 53-March 54)
- 27 Technical records of sample design, instructions to field workers and list of sample villages and urban books, 9th round (May-November 1955)
- 28 Report on sample survey of manufacturing industries, 54(1)
- 29 Notes on some results of the land utilisation survey, 10th round (December 55-May 56)
- 30 Report on land holdings (2): operational holdings in rural India, 8th round (July 54-April 55)
- 31 Tables with notes on household transport operation, 8th to 10th rounds (July 54-May 56)
- 32(I) Some aspects of cost of cultivation of paddy, wheat, jowar and bajra, 5th to 7th rounds (1951-52 & 1952-53)
- 32(II) Some aspects of costs of cultivation of barley, maize, ragi, gram, small millets, groundnut, cotton and Jute, 5th to 7th rounds (1951-52 & 1952-53)
- 32(III) Some aspects of cost of cultivation of Minor cereals, pulses, sugarcane, oil seeds, potato, spices and tobacco, 5th to 7th rounds (1951-52 & 1952-53)
- 33 Tables with notes on wages, employment, income and indebtedness of agricultural labour households in rural areas, 11th and 12th rounds (August 56-August 57)
- 34 Tables with notes on employment and unemployment, 10th round (December 55-May 56)
- 35 Tables with notes on livestock products, 5th to 7th rounds (April 52-March 54)
- 36 Report on land holdings (3): Some aspects of ownership holdings, 8th round (July 54-March 55)

- 37 Survey of book reader's preference in India, 13th round (September 57-May 58)
- 38 Some results on the land utilisation survey and crop-cutting experiments, 13th round (September 57-May 58)
- 39 Tables with notes on consumer expenditure, 8th round (July 54-March 55)
- 40 Tables with notes on consumer expenditure, 9th round (May-November 55)
- 41 Household retail trade, 10th round (December 55-May 56)
- 42 Report on small scale manufacture: household enterprises smaller than registered factories, 7th to 8th rounds (October 53-April 55)
- 43 Tables with notes on small scale manufacture: household enterprises smaller than registered factories, 9th and 10th rounds (May 55-May 56)
- 44 A note on profession and services, 4th to 8th rounds (April 52-April 55)
- 45 Report on Indian Villages: A study of some social and economic aspects, 10th to 12th rounds (December 55-August 57)
- 46 Tables with notes on consumer expenditure of agricultural labour households in rural areas, 11th and 12th round (August 56-August 57)
- 47 Tables with notes on consumer expenditure, 10th round (December 55-May 56)
- 48 Preliminary estimates of birth and death rates and of the rate of growth of population, 14th round (July 58-July 59)
- 49 Report on morbidity, 7th round (October 53-March 54) and 11th to 13th rounds (August 56-May 58)
- 50 Tables with notes on housing condition, 10th round (December 55-May 56)
- 51 Tables with notes on housing condition, 11th round (August 56-January 57)
- 52 Tables with notes on employment and unemployment, 11th and 12th rounds (August 56-August 57)
- 53 Tables with notes on internal migration, 9th, 11th, 12th and 13th rounds (May 55-May 58)
- 54 Vital rates, 7th round (October 53-March 54)
- 55 Report on sample survey of manufacturing industries, 1954(2): Exploratory survey of scheduled industries
- 56 Report on sample survey manufacturing industries, 1955(1): Survey of Scheduled industries
- 57 Report on sample survey of manufacturing industries, 1955(2)
- 58 Report on sample survey of manufacturing industries, 1956(1): Survey of Scheduled Industries
- 59 Tables with notes on pattern of household ownership and possession of land in rural areas, 1950-51 to 1953-54, 8th round (July 54-April 55)
- 60 Tables with notes on farming condition and practices in rural areas 1953-54, 8th round (July 54-April 55)
- 61 Notes on the results of the land utilisation survey and crop cutting experiments, 11th round (August 56-February 57)
- 62 Report on employment and unemployment, 9th round (May-November 55)—Supplementary to Report No. 16
- 63 Tables with notes on employment and unemployment in urban areas, 13th round (September 57-May 58)
- 64 Indian villages: A study of some social and economic aspects, 13th round (September 57-May 58)
- 65 Tables with notes on Animal husbandry, 11th round (August 56-January 57)
- 66 Report on land holdings (4): Rural sector, States, 8th round (July 54-April 55)
- 67 Tables with notes on housing condition, 12th round (March-August 57)
- 68 Tables with notes on rural indebtedness, 8th round (July 54-April 55)
- 69 Notes on the results of the land utilisation survey and crop-cutting experiments, 12th round (March-August 57)
- 70 Technical paper on sample design, 14th round (July 58-June 59)
- 71 Consumer expenditure by levels of household expenditure, 13th round (September 57-May 58)

- 72 Tables with notes on milk production, 12th round (March-August 57)
- 73 Some results of the land utilisation survey and crop-cutting experiments, 14th round (July 58-June 59)
- 74 Report on land holdings (5), rural sector some aspects of operational holdings population zones and All India, 8th round (July 54-April 55)
- 75 Report on sample survey of manufacturing industries, 1956(2)
- 76 Fertility and mortality rates in India, 14th round (July 58-June 59)
- 77 Tables with notes on consumer expenditure, 11th round (August 56-February 57)
- 78 Tables with notes on consumer expenditure, 12th round (March-August 57)
- 79 Some results of the land utilisation survey and crop-cutting experiments, 15th round (July 59-June 60)
- 80 Tables with notes on consumer expenditure, 13th round (September 57-May 58)
- 81 Report on land holdings, urban sector, 8th round (July 54-April 55)
- 82 Tables with notes on some aspects of cost of cultivation of paddy, wheat, barley, maize, millets, pulses, oilseeds and vegetables, urban area, 5th to 7th rounds (1951-53)
- 83 Report on sample survey of manufacturing industries, 1957(1)
- 84 Tables with notes on sample survey of manufacturing Industries Survey of Scheduled Industries 1957
- 85 Tables with notes on employment and unemployment in urban areas, 14th round (July 58-June 59)
- 86 Tables with notes on sample survey of manufacturing industries 1957(2)
- 87 Tables with notes on average budget of agricultural labour households in rural areas, 11th and 12th rounds (August 56-August 57)
- 88 Tables with notes on household receipts and disbursements, 14th round (July 58-June 59)
- 89 Tables with notes on dwelling habits of occupants of the two room government residences in New Delhi, July 60
- 90 Tables with notes on the Survey of Scheduled Industries, 1958: Sample Survey of Manufacturing Industries 1958
- 91 Tables with notes on the Annual Survey of Industries, 1959; Sample Sector: Summary Results
- 92 Some Results of Land Utilisation Survey and Crop-cutting Experiments (Sixteenth Round: July 1960-June 1961)
- 93 Tables with notes on the Sample Survey of Manufacturing Industries, 1958. Factory Establishments: Summary Results
- 94 Tables with notes on Small Scale Manufacture: Rural and Urban (Household Enterprises Smaller than Registered Factories) (Fourteenth Round: July 1958-June 1959)
- 95 Tables with notes on Household Indebtedness (Sixteenth Round: July 1960-June 1961)
- 96 Tables with notes on the Annual Survey of Industries 1960: Sample Sector: Summary Results
- 97 Tables with notes on Capital Formation (Fifteenth Round—Rural: July 1959-June 1960)
- 98 Tables with notes on Consumer Expenditure (Preliminary) Fifteenth Round: July 1959-June 1960)
- 99 Tables with notes on Household Non-Registered Trade (Fifteenth Round: July 1959-June 1960)
- 100 Tables with notes on Rural Employment and Unemployment (Fourteenth Round: July 1958-June 1959)
- 101 Tables with notes on Consumer Expenditure (Preliminary) Sixteenth Round: July 1960-June 1961)
- 102 Tables with notes on Consumer Expenditure (Fourteenth Round: July 1958-June 1959)
- 103 Tables with notes on Urban Labour Force (Sixteenth Round: July 1960-June 1961)
- 104 Tables with notes on Consumer Expenditure (Fifteenth Round: July 1959-June 1960)
- 105 Tables with notes on Household Non-Mechanised Transport and Utilisation of Working Animals (Fifteenth Round: July 1959-June 1960)



- 106 Tables with Notes on Land Utilisation Survey and Crop-cutting Experiments (Seventeenth Round: July 1961-June 1962)
- 107 Tables with Notes on Consumer Expenditure (Eleventh and Twelfth Rounds: August 1956-August 1957)
- 108 Report on the Type Study on Consumption and Disposal of Cereals and Capital Formation by Household: 1959-60
- 109 Tables with Notes on Indian Villages (Fourteenth Round: July 1958-June 1959)
- 110 Tables with Notes on Rates of Birth, Death and Growth of Rural Population (Fifteenth Round: July 1959-June 1960)
- 111 Tables with Notes on Sample Survey of Manufacturing Industries, 1958: Factory Establishments: Detailed Results
- 112 Tables with Notes on Land Utilisation Survey and Crop-cutting Experiments (Eighteenth Round: July 1962-June 1963)
- 113 Tables with Notes on Agricultural Holdings in Rural Area (Sixteenth Round: July 1960-June 1961)
- 114 Tables with Notes on Employment and Unemployment in Rural Areas (Sixteenth Round: July 1960-June 1961)
- 115 Tables with Notes on Disposal of Cereals by Producer Households in Rural Areas (Fifteenth Round: July 1959-June 1960)
- 116 Tables with Notes on Family Planning (Sixteenth Round: July 1960-June 1961)
- 117 Tables with Notes on the Enquiry of Physically Handicapped Persons (Sixteenth Round: July 1960-August 1961)
- 118 Tables with Notes on the Annual Survey of Industries, 1961: Sample Sector: Summary Results
- 119 Special study on Morbidity, (November 1960-October 1961)
- 120 Tables with Notes on the Annual Survey of Industries, 1962: Sample Sector: Summary Results
- 121 Preliminary Estimates of Birth and Death Rates and of the Rate of Growth of Population (Eighteenth Round: February 1963-June 1964)
- 122 Tables with Notes on the Annual Survey of Industries, 1959: Sample Sector: Detailed Results
- 123 Tables with Notes on the Annual Survey of Industries, 1963: Sample Sector: Summary Results
- 124 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Eighteenth Round: July 1963-June 1964)
- 125 Technical Paper on Sample Design (Nineteenth Round: July 1964-June 1965)
- 126 Tables with Notes on Internal Migration (Fourteenth Round: July 1958-June 1959 & Fifteenth Round: July 1959-June 1960)
- 127 Tables with Notes on Urban Labour Force (Seventeenth Round: September 1961-July 1962)
- 128 Tables with Notes on Internal Migration (Rural) (Fourteenth Round: July 1958-June 1959)
- 129 Report on Pilot Enquiry on Morbidity (Seventeenth Round: September 1961-July 1962)
- 130 Tables with Notes on Professions and Liberal Arts (Eighteenth Round: February 1963-January 1964)
- 131 Tables with Notes on the Annual Survey of Industries, 1960: Sample Sector: Detailed Results
- 132 Tables with Notes on the Annual Survey of Industries, 1964: Sample Sector: Summary Results
- 133 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Nineteenth Round: July 1964-June 1965)
- 134 Tables with Notes on Income of Rural Labour Households (Eighteenth Round: February 1963-January 1964)
- 135 Tables with notes on Consumer Expenditure (Preliminary) (Seventeenth Round: September 1961-July 1962)

- 136 Tables with Notes on Capital Formation (Urban) (Seventeenth Round: September 1961-July 1962)
- 137 Tables with Notes on Housing Condition (Sixteenth Round: July 1960-August 1961)
- 138 Tables with Notes on Consumer Expenditure (Sixteenth Round: July 1960-August 1961)
- 139 Tables with Notes on the Annual Survey of Industries, 1961: Sample Sector: Detailed Results
- 140 Tables with Notes on Some Aspects of Agriculture in India (Rural) (Eleventh Round: August 1956-February 1957)
- 141 Tables with Notes on Household Consumption of Fuel and Light (Eighteenth Round: February 1963-January 1964)
- 142 Tables with Notes on Consumer Expenditure (Preliminary) (Eighteenth Round: February 1963-January 1964)
- 143 Tables with Notes on Indebtedness of Scheduled Tribe Household (Eighteenth Round: February 1963-January 1964)
- 144 Tables with Notes on Some Aspects of Land Holdings in Rural Areas (State and All-India Estimates) (Seventeenth Round: September 1961-July 1962)
- 145 Tables with Notes on Income of Scheduled Tribe Households (Eighteenth Round: February 1963-January 1964) in rural areas in Manipur & Tripura
- 146 Tables with Notes on Housing Condition (Fifteenth Round: July 1959-June 1960)
- 147 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Twentieth Round: July 1965-June 1966)
- 148 Report on Special Survey on Household Entrepreneurial Activities in Aligarh Town, 1959-60
- 149 Report on Pilot Study on Non-Household Enterprises (Nineteenth Round: February 1964-June 1965)
- 150 Tables with Notes on Housing Condition (Seventeenth Round: September 1961-July 1962)
- 151 Tables with Notes on Consumer Expenditure (Some Selected Items) (Eighteenth Round: February-June 1964) gap period.
- 152 Tables with Notes on Urban Labour Force (Eighteenth Round: February 1963-January 1964)
- 153 Differential Birth, Death and Infant Mortality Rates in Rural Households (Fifteenth Round: July 1959-June 1960)
- 154 Tables with Notes on Couple Fertility (Seventeenth Round: September 1961-July 1962)
- 155 Tables with Notes on Consumer Expenditure (Some Selected Items) (Eighteenth Round: February 1963-January 1964)
- 156 Tables with Notes on Rural Employment and Unemployment (Fifteenth Round: July 1959-June 1960)
- 157 Tables with Notes on Urban Employment and Unemployment (Fifteenth Round: July 1959-June 1960)
- 158 Tables with Notes on Consumer Expenditure of Scheduled Tribe Households (Eighteenth Round: June 1963-May 1964) of Manipur and Tripura
- 159 Tables with Notes on Some Aspects of Land Holdings in Rural Areas (Sixteenth Round: July 1960-June 1961)
- 160 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (Twenty first Round: July 1966-June 1967)
- 161 Tables with Notes on the Annual Survey of Industries, 1965: Sample Sector: Summary Results
- 162 Tables with Notes on Some Results of Land Holdings in Rural Areas (Seventeenth Round: September 1961-July 1962)
- 163 Tables with Notes on Urban Labour Force (Nineteenth Round: July 1964-June 1965)
- 164 Tables with Notes on Annual Survey of Industries, 1962: Sample Sector: Detailed Results
- 165 Tables with Notes on Some Aspects of Land Holdings in Urban Areas (17th Round: September 1961-July 1962)
- 166 Tables with Notes on Urban Labour Force (20th Round: July 1965-June 1966)
- 167 Tables with Notes on Villages and Towns in India (19th Round: July 1964-June 1965)

- 168 Tables with Notes on the Annual Survey of Industries, 1963: Sample Sector: Detailed Results
- 169 Tables with Notes on Housing Condition of Scheduled Tribe Households of Manipur (18th Round: June 1963-May 1964)
- 170 Tables with Notes on Housing Condition (18th Round: February 1963-January 1964)
- 171 Some Results Relating to Construction of Pucca Houses in Rural and Urban Area (22nd Round: July 1967-June 1968)
- 172 Tables with Notes on Indian Villages: Some Important Results (18th Round: February 1963-January 1964)
- 173 Tables with Notes on Employment and Unemployment in Rural and Urban Areas of India (19th Round: July 1964-June 1965)
- 174 Tables with Notes on the Annual Survey of Industries, 1966: Sample Sector: Summary Results
- 175 Tables with Notes on Differential Fertility and Mortality Rates in India (18th Round: February 1963-January 1964)
- 176 Some Results of the Land Utilisation Survey and Crop-cutting Experiments (22nd Round: July 1967-June 1968)
- 177 Vital rates in India (19th Round: July 1964-June 1965)
- 178 Tables with Notes on Annual Survey of Industries, 1965: Sample Sector: Detailed Results
- 179 Tables with Notes on Consumer Expenditure (Preliminary) (19th Round: July 1964-June 1965)
- 180 Tables with Notes on the Fertility and Mortality Rates in Urban Areas of India (16th Round: July 1960-August 1961)
- 181 Tables with Notes on Urban Labour Force (21st Round: July 1966-June 1967)
- 182 Tables with Notes on Internal Migration (18th Round: February 1963-January 1964)
- 183 Tables with Notes on Post Census Survey of Livestock Numbers—1966 (Rural Sector)
- 184 Tables with Notes on Consumer Expenditure (17th Round: September 1961-July 1962)
- 185 Age pattern of Marriages and Fertility of Couples (19th Round: July 1964-June 1965)
- 186 Tables with Notes on Differential Fertility and Mortality Rates in Rural and Urban Areas of India (19th Round: July 1964-June 1965) (Integrated Household Survey, Schedule 17)
- 187 Pilot Enquiry on Building Construction — Some Results (22nd Round: July 1967-June 1968) Urban
- 188 Tables with Notes on the Annual Survey of Industries, 1964: Sample Sector: Detailed Results
- 189 Tables with Notes on Household Consumer Expenditure and enterprise for the Rural & Urban areas of India (Schedule 17) (19th Round: July 1964-June 1965)
- 190 Tables with Notes on Employment and Unemployment in Rural Areas (17th Round: September 1961-July 1962)
- 191 Tables with Notes on Consumer Expenditure in Urban Areas (18th Round: February 1963-January 1964)
- 192 Tables with Notes on Consumer Expenditure (19th Round: July 1964-June 1965)
- 193 Tables with Notes on Family Planning (22nd Round: 5th Sub-round: March-April 1968)
- 194 Tables with Notes on the Annual Survey of Industries, 1967: Sample Sector: Summary Results
- 195 Tables with Notes on Housing Condition (19th Round: July 1964-June 1965)
- 196 Tables with Notes on Villages and Towns in India: Some Results (19th Round: July 1964-June 1965)
- 197 Tables with Notes on Household Distribution Trade (20th Round: July 1965-June 1966)
- 198 Tables with Notes on the Annual Survey of Industries, 1966: Sample Sector: Detailed Results
- 199 Tables with Notes on Capital Formation (19th Round: July 1964-June 1965)
- 200 Some Results on the Land Utilisation Survey and Crop-cutting Experiments (23rd Round: July 1968-June 1969)

- 201 Tables with Notes on Household Consumer Expenditure enterprise and demographic particulars (20th Round : July 1965-June 1966)
- 202 Tables with Notes on Farm practices (22nd Round : July 1967-June 1968)
- 203 Tables with Notes on Household Enterprise (19th Round : July 1964-June 1965)
- 204 Vital Rates by per capita monthly Household Expenditure (22nd Round : July 1967-June 1968)
- 205 Some Results on Small Scale manufacture in Rural and Urban Areas (23rd Round: July 1968-June 1969)
- 206 Tables with Notes on Birth and Death Rates and Fertility Rates (20th Round : July 1965-June 1966)
- 207 Tables with Notes on household non-registered trade (24th Round: July 1969-June 1970)
- 208 Tables with Notes on Annual Survey of Industries, 1967 : Sample Sector : Detailed Results
- 209 Tables with Notes on Consumer Expenditure (20th Round: July 1965-June 1966)
- 210 Birth and Death rates by Recall Period (21st Round : July 1966-June 1967)
- 211 Some Results relating to construction of pucca houses in urban areas (23rd Round : July 1968-June 1969)
- 212 Some results relating to construction of Pucca houses in urban areas (23rd Round : July 1968-June 1969)
- 213 Tables with Notes on Annual Survey of Industries, 1969 (Sample Sector : Summary Results)
- 214 Tables with Notes on Urban Labour Force (22nd Round : July 1967-June 1968)
- †215 Tables on Land Holdings, Regional, State and All India, 26th Round (July 1971-September 1972)
- 216 Tables with Notes on Consumer Expenditure (Preliminary) 22nd Round : (July 1967-June 1968)
- 217 Tables with Notes on the Annual Survey of Industries, 1968 : Sample Sector : Summary Results
- 218 Tables with Notes on Small Scale manufacture in Rural & Urban Areas 23rd Round (July 1968-June 1969)
- 219 Tables with Notes on the Annual Survey of Industries, 1968 : Sample Sector : Detailed Results
- 220 Tables with Notes on the enquiry of Physically handicapped persons, 24th Round (July 1969-June 1970) and 28th Round (October 1973-June 1974)
- 221 Tables with Notes on the some features of household non-registered Trade, 24th Round (July 1969-June 1970)
- 222 Selective Tables on Employment & Unemployment, Sub-rounds 1 and 2 (October 1972-March 1973) of the 27th Round
- 223 Time disposition, wage rate & attitude towards employment opportunities outside village of the weaker section of the rural population in India, sub-round I (July 1970-September 1970) of the 25th Round
- 224 Tables with Notes of the Annual Survey of Industries, 1970 : Sample Sector : Summary Results
- 225 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round II (October 1970-December 1970) of the 25th Round
- 226 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round III (January 1971-March 1971) of the 25th round
- 227 Time disposition & wage rate for economically weaker section of the rural population of India, sub-round IV (April 1971-June 1971) of the 25th Round
- \*228 Tables with Notes on Consumer Expenditure (23rd Round : July 1968-June 1969)
- \*229 Tables with Notes on Annual Survey of Industries, 1969 (Sample Sector : Detailed Results)
- \*230 Tables with Notes on Consumer Expenditure (Preliminary) (21st Round : July 1966-June 1967)
- \*231 Tables with Notes on Consumer Expenditure (25th Round : July 1970-June 1971)

- \*232 Consumer Expenditure of the Weaker Section of the Rural Population of India (25th Round : July 1970-June 1971)
  - \*233 Earnings, Indebtedness Cultivated Holdings and Assets of the Weaker Section Households in Rural Areas (25th Round : July 1970-June 1971)
  - \*234 Tables with Notes on Dimensions of the Economic Problems of Weaker Section of Rural population of India (25th Round : July 1970-June 1971)
  - \*235 Tables with Notes on Consumer Expenditure (24th Round : July 1969-June 1970)
  - 236 Small Scale Manufacture (non-households) non-registered (23rd Round : 1968-1969)
  - \*237 Time Disposition and Wage Rate for Economically Weaker Section of the Rural Population of India, all sub-rounds combined, 25th Round (July 1970-June 1971)
  - \*238 Calorie and Protein content of Food Items Consumed per diem per Consumer unit in Rural and Urban Areas (26th Round : July 1971-June 1972) Volume I & II
  - \*239 Tables with notes on consumer expenditure for cultivator households in rural areas, 26th Round (July 1971-June 1972)
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\*Under Print.

†Issues in cyclostyled form.