## FAMILY PLANNING ENQUIRY IN RURAL SHIMOGA ( MYSORE STATE )

A Survey conducted in a region currently experiencing a high rate of growth in population

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#### PREFACE

This report embodies the results of a survey regarding family planning knowledge and attitudes in the rural areas of Shimoga district in Mysore State. The Malenad region of Mysore State, of which Shimoga district forms a part, is presently experiencing abnormally high rate of natural increase in numbers (more than 3 percent per year). Some of the questions which this survey intended to answer were : whether the people of that region were at least aware of family planning, whether they were willing to know about it, whether they approved of the small family idea and whether their attitudinal framework was in any way different from that observed in other studies conducted elsewhere in India. The findings of this survey are that the family planning movement could be expected to gain good momentum among the rural of Shimoga district.

Chapter I explains the objectives of the study, as also the sampling procedure adopted for the survey. Salient features of the sample villages are also outlined therein. The demographic and other socio-economic background of the respondents has been presented in Chapter II. The next Chapter examines their attitude towards family size. Findings in respect of awareness and knowledge of family planning are presented in Chapter IV, which also makes a reference to the few practising respondents. Analysis in respect of the data on willingness to know about family planning is given in Chapter V. In all these

chapters, reference has been made, at all relevant places, to other studies conducted elsewhere. The last (VI) chapter briefly reviews the main findings of the survey.

The Census authorities made available to us the 1961 population figures for all villages in the selected talukas, on the basis of which the sample was drawn. We are grateful to them for their willing help and co-operation in our undertakings.

My friend Shri. M. Shivmurthy of the Karnatak University (Department of Statistics) most willingly and gladly discussed some of the points concerning processing of the data. My most sincere thanks are due to him. My colleague Shri. A.P. Katti assisted me in framing the questionnaire. He also supervised the field work. I must express my deep sense of appreciation for the work done by others also, both in the field and in office. It is not possible to name them all individually at this point.

It is hoped that the report would be found useful by all those who are interested in and actively associated with the family planning movement.

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