

**BULLETIN
OF THE
NATIONAL RESEARCH COUNCIL
NUMBER 109 NOVEMBER 1943**

**INADEQUATE DIETS AND NUTRITIONAL
DEFICIENCIES IN THE UNITED STATES**

THEIR PREVALENCE AND SIGNIFICANCE

**ED BY THE NATIONAL RESEARCH COUNCIL
NATIONAL ACADEMY OF SCIENCES
WASHINGTON, D. C.**

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THEIR PREVALENCE AND SIGNIFICANCE

REPORT OF THE COMMITTEE ON DIAGNOSIS AND
PATHOLOGY OF NUTRITIONAL DEFICIENCIES
FOOD AND NUTRITION BOARD

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PREFACE

During the past decade the results of dietary surveys and nutritional appraisal among the population have been reported at irregular intervals in widely scattered journals; hence their full weight in the aggregate has scarcely been considered. For convenient reference but more for provision of proper perspective, it was thought useful to bring together all the available results.

In addition, this review contains a considerable amount of previously unpublished material. Because of lack of uniformity in selection of standards and in presentation, the results of most diet studies as originally recorded could not be compared. For this review several authors at much effort recalculated and reclassified their data on a uniform, authoritative and comparable basis. Here the results appear in this form for the first time. To these authors the Committee on Diagnosis and Pathology of Nutritional Deficiencies expresses its deepest appreciation.

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