

HEALTH
ITS RECOVERY AND
MAINTENANCE

ABDUHL LATIF

R. H. SAUNDERS

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by ABDUHL LATIF
(*"The Man of Baghdad"*)

THE GREAT
PERSIAN PHYSICIAN AND PHILOSOPHER

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PREFACE

ONE of the most remarkable and convincing stories in the whole wonderful annals of psychic experience is that which is given in Mr. R. H. Saunders' previous book: "Healing Through Spirit Agency," which tells of the return of the Great Persian Philosopher, Abduhl Latif, to that earth sphere which he quitted some seven hundred years ago. The narrative is absolutely convincing to anyone who knows, as I know, the scrupulous integrity of the narrator.

Since then I have been brought in contact more than once with Abduhl, and was privileged once to sit for more than an hour listening to his own account of his life, with anecdotes of ancient Cairo, Saladin, the Crusaders, and many other events which occurred under his own eyes. It was a unique experience to partake of the ripe, gentle wisdom of this great sage, never bitter, never sarcastic, eminently reasonable and courteous, answering through the lips of an unconscious woman every kind of difficult, historical, ethnological, or philosophic question.

It is these mental tests of Spiritualism, not the physical, which impress me most.

A. C. M. Dyer

October, 1928