



Report of the Committee on Research in Ayurveda.

BOMBAY

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CONTENTS

		PAGE
CHAPTER	I—Introduction	1
CHAPTER	II—Historical	3
CHAPTER	III—The Necessity of Research : (1) Review of Questionnaire, (2) Justification of Research	5
CHAPTER	IV— Our View Point : (1) The Aims of Research, (2) The Subjects of Research, (3) Literature Study, (4) Psychological Studies, (5) The Doctrines of Ayurveda, (6) Clinical Research also in Shalya, Shalakya etc., (7) Research in Dravya-Guna-Rasa etc. Research on Pardartha-Vidnyan, Rasa-Shastra, Agad-Tantra, (8) Research in Dietetics, and (9) Research in Pharmaceutics	10
CHAPTER	V—Cognate Problems : (1) Standardization, (2) Compilation of a Pharmacopoeia, (3) Text-Books, (4) the Study of Health and Hygiene	17
CHAPTER	VI—The Organization of Research : (1) The Search for Researchers, (2) The Research Board, (3) Roundtable Conferences, (4) Co-operation of Institutes and other Scientists	19
CHAPTER	VII—Scheme of Research	21
CHAPTER	VIII—Short and Long Term Policies	32
CHAPTER	IX—Financial Implications	34
CHAPTER	X—Recommendations	35
APPENDIX	—The Questionnaire	37

APPENDIX

THE QUESTIONNAIRE

1. What, in your opinion, should be the aim and objects of Research in Ayurveda?
2. What should be the general principles on which Research in Ayurveda be carried out?
3. What should be the order in which these Research problems be tackled?
4. What Institutions, in your opinion, are suitable for carrying out such Research?
5. Please give details of the facilities available at each Institution with regard to:—
 - (a) Average numbers of daily attendance of out-door and in-door patients;
 - (b) Names and qualifications of Vaidyas in your Institution, qualified to undertake research;
 - (c) System of keeping records in your Institution and for any Research already carried out.
6. Do you think that co-operation of practitioners of other medical systems and of scientists in general, should be invited in this research?
7. If so, in what way would you invite such co-operation from:—
 - (a) Graduates and Licentiates from Medical Colleges and Schools;
 - (b) From Yunani practitioners;
 - (c) From Homeopathic practitioners;
 - (d) From other scientists, like Chemists, Physicians, Botanists, etc.
8. What Centres, in your opinion, outside of the Bombay Province are suitable for co-ordinated research? Please give details of such centres or addresses from where these details can be obtained.
9. How would you plan research to clarify the TRI-DHATU or TRI-DOSHA theory of Ayurveda?
10. In what ways can the co-operation of modern Physiological and Pathological ideas be obtained for this purpose?
11. Give your ideas as to:—
 - (a) What is considered "DISEASE" in Ayurveda?
 - (b) The method of approach to these diseases as regards their NIDANA and CHIKITSA.
12. What should be the plan of research in testing drugs according to the RASA, GUNA, VIRYA, VIPAKA and PRABHAVA theory of Ayurveda?

13. Which Ayurvedic DRUGS are used in your practice, as SINGLE DRUG remedies? Give examples of such.
14. In what diseases are such SINGLE DRUG remedies valuable? Please give a short list of common diseases, where the above SINGLE DRUGS can be tried.
15. As a large number of compound drugs are used in certain well-known and recognised Ayurvedic preparations, is it necessary to select those most useful for study?
 - (A) Which, in your opinion, are the preparations that should be taken up for research in the first instance?
 - (B) How would you apply the RASA, GUNA, VIRYA, VIPAKA and PRABHAVA theory to such COMPOUNDED preparations?
 - (C) Do you apply this theory to each one of the individual drugs in the compounded preparation or to the whole preparation, after it has been compounded ready for use?
 - (D) Can you suggest any other procedure for determining the properties (GUNA-DHARMA) of these COMPOUND drugs?
16. In the Rasa-Shastra of Ayurveda, the heavy METALS are treated in various ways, such as Shodhan, Maran, etc. How would you plan research on the principles on which these are based and their value?
17. Various pharmaceutical processes are described in Ayurveda.
 - (A) Can you suggest methods of study for determining their value and their improvements?
 - (B) Would you like a correlated study of the Ayurvedic Pharmaceutical Processes and the modern Pharmaceutical processes?
18. In your study of Ayurveda during many years, have you come across instances where statements made in Ayurvedic texts could not be verified in actual practice? Mention these in detail.
19. (a) Is it necessary that TEXT-BOOKS in Ayurvedic Medicine be freshly written?
 - (b) Should they be written in Sanskrit, the all-India language or in the provincial languages?
 - (c) Should the writing of text-books be simultaneously in all these languages, or first in Sanskrit and then in the vernaculars?

- (d) Do you think that words used in ancient Ayurvedic texts are capable of different interpretations in parts?
 - (e) Would you agree that a final interpretation of these words is necessary, so that TEXT-BOOKS in Ayurvedic Medicine can be written in a uniform manner?
 - (f) Please describe the basis of preparing new TEXT-BOOKS.
20. How should financial help be rendered to research workers and to the Institution?
- (a) By "lump-grant"?
 - (b) Through establishing a separate Institution?
 - (c) By starting a department of research in existing Institutions?
 - (d) By scholarships or fellow-ships as recommended by an approved body?
 - (e) On approved Research through an approved body?
 - (f) On approved Research work?
 - (g) In any other manner you may suggest.